

THE VILLAGE VIBES

JULY 2026



Eric Nichols
President/CEO
Jennifer Grimes
Chief Operating Officer
Christina Wizba
Chief Financial Officer
Marcus Celestine
Dir. of Food & Beverage
Marvin Lunsford
Dir. of Facilities
Laura Pitcher
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Kimberly Roth
Dir. of Health Services
Ashley Williams
Dir. of Human Resources
Cevin Alverson
Dir. of Housekeeping
Diana Caughron
Dir. of Resident Enrichment
Rev. Dr. Chuck Moffett
Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

bayvillage.org
facebook.com/BayVillageSRQ/

Bay Village of Sarasota
8400 Vamo Road
Sarasota, FL 34231
(941) 966-5611



NICHOLS' NOTES



As we move into the heart of summer, I want to begin with some truly outstanding news that reflects the very core of what makes Bay Village such a special place to live and work. Back in June, our health center underwent its formal survey, and I am absolutely thrilled to share that the results were nothing short of stellar. State surveys are rigorous and exhaustive, examining every detail of care, safety, and operations. Passing with such high marks is a direct reflection of the exceptional standards we maintain every single day. An achievement like this doesn't happen by accident. It is the result of tireless dedication, professionalism, and a deep, genuine love for our residents. Our incredible health center staff did a phenomenal job, working together seamlessly to demonstrate the first-class service and care that defines Bay Village.

This year, as our nation prepares to mark a monumental milestone—America's 250th birthday—it brings to mind our own historic milestone here at Bay Village. Just last year, we proudly celebrated our 50th anniversary. Half a century of community, shared memories, growth, and living abundantly right here in Sarasota. While 50 years may seem modest compared to the grand 250-year history of our country, both celebrations share the exact same heart: the spirit of community, a dedication to looking out for one another, and a commitment to building a bright future together.

Happy
4th of July



BILL NEWS



BILL continues every Tuesday evening of July at 7:30 in the auditorium with the Ken Burn's acclaimed series on the American Revolutionary War. Add to your knowledge and enjoyment by participating in the informal discussion group held in the Coffee Bean after the presentation, hosted by Ted Copland and Jan Holmes.

JULY 7 "The Southern Campaign". British forces push into the South, where brutal guerilla war erupts. American patriots wear down the British. Enslaved American seek freedom, and neighbors become enemies.

JULY 14, "Allies and Hardship". Spain and the Netherlands join in the war efforts on the side of the Americans. Washington holds the army together, even as naval battles and privateering expand.

JULY 21, "The Final Campaign". Hard fighting continues to take place with the commencement of the Southern campaigns. Washington attempts to retake Philadelphia and makes a tactical error at Brandywine Creek and fails. Hardships for everyone – Patriots, Loyalists, British, Slaves and Indigenous Peoples.

JULY 28, "Endurance, Leadership and Global Dimensions of War". Washington and the French continue to pressure the British – not winning every engagement but inflicting irreplaceable casualties, stretching their supplies and causing both frustration and war weariness on King George III and Parliament.

Before you discard that old laptop sitting on your shelf that just won't turn on, you may want to think twice. According to the Sarasota Technology Users Group (S.T.U.G.), it may be able to change someone's life, helping to bridge the digital divide. Your old computer could foster connectivity for those who cannot afford one. The S.T.U.G. organization established the Refurb Project, in which volunteers refurbish used laptops for community members in need.

Fixing about 2,000 laptops each year, the group had refurbished over 25,415 as of March 1st, says Mike Hutchinson, the projects leader. Every computer gets wiped clean of all the donor's information using Dept of Defense designed software.

The process is as simple as turning in a laptop computer to the organization storefront at 3949 Sawyer Road, or emailing for a pickup at your front door, msharff@gmail.com.

The team works closely with local nonprofits including Goodwill Manasota, the Patterson Foundation and the Children's Guardian Fund, Faulhaber Fab Lab, Girls Inc. and the Sarasota Housing Authority, plus many others.

Call or email for a PICKUP at your front porch – Mark 941.374.1107 or msharff@gmail.com



LIBRARY LINES



WOW! According to Diana you residents have opened the library data base in the BV app over 3400 times in 3 months!!!! AND you know we have all of the DVDs listed IF you click on the 4 white squares on the top right and choose Movies.

I've culled a bunch of fiction that haven't been checked out since 2022, BUT there are a lot by well known authors. They are FREE on the cart just inside the library office door.

We got quite a few Large Print Books in the past month and more on the way! I watch the Best Sellers lists and we have over half of them in our collection.

For Low Vision Residents we are going to offer a way to access the audio books from the Sarasota Library System on your cell phone and ipad or tablet using the Cloud Library app. This is a 2 part "adventure".

IF you do not know your Password to download from the Apple store or Google Play store, we will help you do that WEDNESDAY JULY 15 AT 1 PM IN THE PALM CENTER. PLEASE BRING YOUR IPAD OR TABLET AND YOUR PHONE.

A team from the Sarasota County Library will be here in August to help you get or update your library card; and how to use the Cloud Library App to get your audio books.

The Art Gallery: An exhibit of work on the theme of "Rivers and Bridges" is on view on The Art Gallery Wall opposite the Movie Theater until July 9. The theme will be "Reflections." Please submit your ready-to-hang art on the weekend of July 11 and 12 in the Craft Room. (Please note that any submissions after 6 pm Sunday will not be accepted.)

The Collection Showcase: Russell Handee's collection of Titanic memorabilia will be on view in July. The next Showcase after that will be vintage cameras. If residents have any vintage cameras they are willing to lend, please be in touch with Ruth Walsh, ext. 1412.

Newcomers Committee: Dinner in Paradise (Room), formerly known as Singles Dinner, will be held July 1st & 15th at 5:00. Anyone is welcome, just call 4335 to get your name on the list. The Meet & Greet for July will be July 14th & 28th at 5:00 in the Salty Nichol.

Down Under: will be open Friday, July 10th & 24th from 9:00-12:00.

Socrates Seekers: The next meeting is Saturday, July 18th at 3:00 in the Wellness Classroom. Anyone is welcome.

Creative Writers Group: The next meeting is Friday, July 3rd at 10:00 in the Palms Event Center. If you want to know more about this group you can contact Jeannetta Mouncey at 1432.

Monday Morning Discussion Group: While this group takes a break for the summer, there is an alternative group meeting. Helen Collins is leading a Bible Study that meets in the Meditation Room on Monday mornings at 9:30. All are welcome.

Bay Village Book Group: The next meeting is Thursday, July 23rd in the Paradise Room. The book is My Antonia by Willa Cather and the discussion will be led by Vicki Menefee.

Environmental Committee: Please don't kill bees. Honeybees pollinate 1/3 of all the food we eat. That amounts to 20 billion dollars worth of crops yearly, especially the good stuff (super foods rich in vitamins and nutrients). 80% of the honeybee population has been negatively affected by the use of pesticides with Neonics in them. One infected bee can bring death to a whole colony when they are covered with contaminated pollen. We must fight to reverse rollbacks to the Endangered Species Act, one of our most effective environmental laws that hold ecosystems together.

MEN'S BREAKFAST \\\

**More Than Just Good Food
All Bay Village Men Invited**



Laura Pitcher,
Bay Village Director
of Sales & Marketing

*"Sharing Our Story Marketing
Behind the Scenes"*

When: July 14, 2026

Where: Palms Event Center
8:00am

RSVP to Howard Bloom Apt #866
or Nate Miller Apt #809

DID YOU KNOW? \\\

It's here! Hurricane Season began on June 1st.

Bay Village makes every effort to keep residents informed re hurricane preparation and what to do in the event we have an uninvited visitor. This information can be found in the App in the Searchable Resident Handbook under "Prepare in Advance for Hurricane Season". You'll also find Hurricane Prep info in your Core's binder. The Marketplace routinely stocks a wide variety of goods including batteries, extension cords, and battery "puck-shaped lights". Now that it's Hurricane Season, you'll even find special Hurricane Snack Kits on their seasonal table. The Marketplace is open from 10:00 til noon Monday thru Saturday and 3:00 to 4:00 on Thursday.

KEY:
 A = Auditorium
 B = Bus Service Provided
 BD = Board Room
 CR = Craft Room
 M = MeditationRoom
 P = Pool
 W = Wellness Center
 SN = Salty Nichol
 EC = Event Center
 T = Theater



7/1: Paul McClusky
 7/3: Valentina Bovkis
 7/5: Bill Brown
 7/6: Joe Spangler,
 Ken Asakura
 7/7: William Holmes,
 William Yopp
 7/8: Terry Kall
 7/9: Carolyn Blum
 7/10: Nate Miller
 7/12: Jeanne Asakura
 7/15: Florence Banovich
 7/17: Bonnie Pittenger,
 Marsha Crowley
 7/21: Judy Hendricks,
 Mary Ellen Rourke,
 Mary Beth Mediavilla
 7/22: Mary Jane Smith,
 Margie Noll
 7/24: Jeri Christensen
 7/26: Jim Kennedy,
 Bob Levine
 7/28: Barbara Farmer,
 Susan Zwakman
 7/30: Tony Dalsimer

Sunday	Monday	Tuesday
JULY 2026		
Church Buses 5 3:00 & 7:30 Movie: The Life List	9:00 Tai Chi with Gina (W) 6 9:00 Cornhole 9:30 Bible Study (MR) 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 1:30 Hand Class (CR) 3:00 Yoga (W) 3:00 & 7:30 Movie: The Choral	9:00 Strength (W) 7 9:30 Mystery History Tour (B) 10:00 Splash (P) 10:00 Card Crafters (CR) 7:30 BILL (A)
Church Buses 12 3:00 & 7:30 Movie: Rescued By Ruby (T)	9:00 Tai Chi with Gina (W) 13 9:00 Cornhole 9:30 Bible Study (MR) 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 1:00 Pet Therapy (MR) 1:30 Hand Class (CR) 3:00 Yoga (W) 3:00 & 7:30 Movie: Babe Ruth 4:00 Alan on the Piano (LR)	8:00 Men's Breakfast (EC) 14 9:00 Strength (W) 10:00 Splash (P) 10:00 Card Crafters (CR) 5:00 Meet & Greet (SN) 7:30 BILL (A)
Church Buses 19 3:00 & 7:30 Movie: Soul On Fire (T)	9:00 Tai Chi with Gina (W) 20 9:00 Cornhole 9:30 Bible Study (MR) 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 1:30 Hand Class (CR) 3:00 Yoga (W) 3:15 Movie & Dinner 7:30 Movie: Miss Pettigrew	9:00 Strength (W) 21 10:00 Splash (P) 10:00 Card Crafters (CR) 7:30 BILL (A)
Church Buses 26 3:00 & 7:30 Movie: Our Souls at Night (T)	9:00 Tai Chi with Gina (W) 27 9:00 Cornhole 9:30 Bible Study (MR) 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 1:30 Hand Class (CR) 3:00 Yoga (W) 3:00 & 7:30 Movie: Monster In-Law (T)	9:00 Strength (W) 28 10:00 Splash (P) 10:00 Card Crafters (CR) 5:00 Meet & Greet (SN) 7:30 BILL (A)

THE SALTY NICHOL

Happy Birthday AMERICA! In celebration of the last 250 years, bartender Teresa has created a very festive cocktail for you to enjoy as we all cheer our Declaration of Independence! The cocktail will debut on JULY 3rd. The Blueberry Sparkler: Blueberry Vodka, Blueberry Purée, Lemon Juice, Blue Curaçao & Club Soda (While Supplies Last).

Bar hours for July 4th will be 12:00pm -4:00pm.

There will be a Happy Hour in the Salty Nichol on Thursday, July 9th with Brian Gurl playing his keyboard and singing some tunes.



Wednesday	Thursday	Friday	Saturday
1 8:30 Shuffleboard 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 2:00 Mat Makers (CR) 2:00 Catholic Service (MR) 3:00 Yoga (W) 5:00 Dinner in Paradise (Room) 7:30 Bingo (EC)	2 9:00 Cornhole 9:00 Strength (W) 10:00 Splash (P) 12:00 Men's Lunch (SN) 1:00 Artists' Studio (CR) 1:15 Lift & Lengthen (W) 7:30 Movie: Gettysburg part 1 (T)	3 10:00 Creative Writers' Group (EC) 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 3:30 Vespers (A) 7:30 Movie: Gettysburg part 2 (T)	4 8:30 Shuffleboard Dinner Seatings: 12:00, 1:30, 3:00 3:30 St. Thomas More Bus 5:00 Ice Cream Sundaes & American History Trivia (A)
8 8:30 Shuffleboard 11:00 Balance & Posture (W) 11:15 Episcopal Service (MR) 11:30 Chair Fitness (W) 2:00 Mat Makers (CR) 2:00 Catholic Service (MR) 3:00 Yoga (W) 7:30 Bingo (EC)	9 9:00 Cornhole 9:00 Strength (W) 10:00 Splash (P) 10:00 Quarterly Meeting (A) 1:00 Artists' Studio (CR) 1:15 Lift & Lengthen (W) 4:30-5:30 Happy Hour with Brian Gurl (SN)	10 9:00-12:00 Down Under Open 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 3:30 Vespers (A) 5:00 Sabbath Service (MR) 7:30 Entertainment: The Romigs' Patriotic Concert (A)	11 8:30 Shuffleboard 9:00 Strength (W) 10:00 Splash (P) 3:00 & 7:30 Movie: Nonnas (T) 3:30 St. Thomas More Bus
15 8:30 Shuffleboard 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 2:00 Mat Makers (CR) 2:00 Catholic Service (MR) 3:00 Yoga (W) 5:00 Dinner in Paradise (Room) 7:30 Bingo (EC)	16 9:00 Cornhole 9:00 Strength (W) 10:00 Splash (P) 12:00 Men's Lunch (SN) 1:00 Caregivers Support (MR) 1:00 Artists' Studio (CR) 1:15 Lift & Lengthen (W) 7:30 Video: 50 Best Places to Visit in the U.S. (A)	17 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 2:30 Equipment Orientation-W 3:00 & 7:30 Movie: Marty, Life is Short (T) 3:30 Vespers (A) 5:00 Trivia (SN)	18 8:30 Shuffleboard 9:00 Strength (W) 10:00 Splash (P) 3:00 Socrates Seekers (W) 3:00 & 7:30 Movie: Thursday Murder Club (T) 4:00 Pizza Bingo (T)
22 8:30 Shuffleboard 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 2:00 Mat Makers (CR) 2:00 Catholic Service (MR) 3:00 Yoga (W) 7:30 Bingo (EC)	23 9:00 Cornhole 9:00 Strength (W) 10:00 Splash (P) 1:00 Artists' Studio (CR) 1:15 Lift & Lengthen (W) 1:30 Book Group (PR) 2:30 Therapy Presentation (A) 7:30 Entertainment: Christopher Sherman (A)	24 9:00-12:00 Down Under Open 10:30 Trip to Bishop Museum 3:00 & 7:30 Movie: Eleanor The Great (T) 3:30 Vespers (A) 5:00 Sabbath Service (MR)	25 8:30 Shuffleboard 9:00 Strength (W) 10:00 Splash (P) 3:00 & 7:30 Movie: And So It Goes (T) 3:30 St. Thomas More Bus
29 8:30 Shuffleboard 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 2:00 Mat Makers (CR) 2:00 Catholic Service (MR) 3:00 Yoga (W) 7:30 Bingo (EC)	30 9:00 Cornhole 9:00 Strength (W) 10:00 Splash (P) 12:00 Men's Lunch (SN) 1:00 Artists' Studio (CR) 1:15 Lift & Lengthen (W) 7:30 Entertainment: Karlus Trapp (A)	31 11:00 Balance & Posture (W) 11:30 Chair Fitness (W) 3:00 & 7:30 Movie: The Long Game (T) 3:30 Vespers (A)	



Oceans of Opportunities Donor Wall

Coming Soon - August 2026

Honoring Those Who Are Committed to
Leaving a Legacy of Living Abundantly

Featuring Original Artwork by Norman Gitzen

To make a gift and be included on the Donor Wall contact:

Leah Miles, Philanthropic Advisor
561-281-1793
leah.miles@bayvillage.org

BAY VILLAGE
A Shirley's Way Program

July 2nd at 7:30 We will show the first half of the movie Gettysburg.

July 3rd at 7:30 We will show the second half of the movie Gettysburg.

July 9th from 4:30-5:30 Brian Gurl will entertain in the Salty Nichol. Brian is a favorite of Bay Village residents and is sure to entertain.

Friday, July 10th at 7:30 we welcome Chris & Karen Romig in the Auditorium. They will present: A Patriotic Concert of Stars, Stripes, and Song. This concert is an uplifting and unforgettable program of music for flute and piano! This lively patriotic concert features beloved classics such as America the Beautiful and Yankee Doodle, alongside charming folk melodies, the jazzy brilliance of Gershwin, and a stirring march of John Philip Sousa. Join us for a joyful musical journey that honors tradition, celebrates heritage, and fills the air with the sounds of patriotism.

Monday, July 13th Alan Souza will be playing in the Living Room from 4:00-5:30.

July 16th we will be showing a video in the Auditorium that will help us to continue the celebration of America's 250th birthday. We will watch The 50 Best Places to Visit in the U.S. This video covers some of our nation's beautiful natural wonders as well as some of the most exciting cities in America.

July 23rd we welcome Christopher Sherman to the stage. Christopher plays the steel drums and performed in the Dining Room during the Hawaiian Luau/Pig Roast. He will be performing a variety of songs but will also take time to explain the steel drum and how he plays it. This should be an interesting, educational, and fun performance.

July 30th Karlus Trapp will be on the Bay Village stage. Karlus is a talented musician and music teacher, but he is coming to Bay Village to perform his program, A 100 Year Journey of African American Music. Karlus performed this program at many schools and libraries in New York before moving to Sarasota. During Covid he performed it virtually all over the United States. This should be an interesting and entertaining program.

SPECIAL DAYS

July 3rd: Since Independence Day is on a Saturday, the observed holiday is Friday, July 3rd. Administration will be closed.

July 4th: Independence Day, Dining will be serving a special meal with seatings at 12:00, 1:30 & 3:00. The Salty Nichol will be open 12:00 – 4:00. At 5:00 Resident Enrichment will be hosting an event in the Auditorium. There will be make your own Ice Cream Sundaes and then trivia. The trivia will include some questions from 8th Grade U.S. History tests. Your chance to prove you are smarter than an 8th grader!

Tuesday, July 7th there will be a History Mystery Tour. It has been awhile since Diana has done one of these trips. It is a surprise as to where we are going but this time it relates to U.S. history. We will spend most of our time in the bus. There will be a few times you can get out and look around a bit but there is very little walking required on this trip. We will also stop for lunch, but that is also a surprise. This trip will depart at 9:30 on July 7th. Please sign up in the Activity Book.

We had a very successful Pet Therapy visit with volunteers from the Humane Society in May so we have scheduled another visit for **July 13th** at 1:00 in the Meditation Room. Volunteers will bring their therapy dogs for residents to pet and snuggle. To keep group size manageable, there will be a sign up sheet in the Activity Book with a limit of 20 participants.

Monday, July 20th we are having another Movie, Dinner & Discussion. The movie is Miss Pettigrew Lives for a Day. We will meet in the theater at 3:15 to watch the movie. We will then head to the Port of Call to order off the menu for the evening. While we are waiting for our meals, we will have time to discuss the movie. Diana will bring in a special dessert for the conclusion of the evening. Please sign up in the Activity Book. The meal cost will come off of your food allotment.

Friday, July 24th there is a trip to the Bishop Museum in Bradenton. This unique place has a planetarium, a rehabilitation habitat for manatees, is a natural history museum as well as a wonderful review of South Florida history. The museum also hosts rotating exhibits, and the current one is on ocean conservation and preservation. This trip will depart at 10:30 and there will be a stop for lunch. Please sign up in the Activity Book.

After the age of 60, age related muscle loss (sarcopenia) can accelerate to 3% a year. On average, adults who don't do regular strength training can lose 4-6 pounds of muscle per decade. Most of that is being replaced by fat. Weak muscle can increase loss of independence. This means everyday activities of walking, shopping, dressing, become harder. "Disability is 1.5-4.6 times higher in older people with moderate to severe sarcopenia. Making recovery for injury or illness harder." People with stronger muscles are less likely to fall and when they do, less likely to sustain a serious injury. While it's tempting to blame all these changes on aging alone, disuse of muscles plays a bigger role than people suspect.

Recent research has found that just 2 hours of strength training per week may help you live longer. Lowering risk of death by 13% of cardiovascular and neurological diseases.

They are many benefits to strength training, including; better balance and stability, bone health, weight management, reduced arthritis pain, greater joint mobility, stronger back and improved confidence. "By training and growing your muscle mass, you can improve your metabolic health and reduce cardiovascular risk" said Dr. Calrinda Houge, primary sports medical specialist at Cedars-Sinai Orthopedics in Los Angeles.

WELCOME

Louise Dailey Apt 1213

Louise was born and raised in New York City. After receiving a degree in Fine Arts from Cornell University, she married her husband, Bob. The couple raised 7 children, and are blessed with 14 grandchildren and 4 great grandchildren. Before moving to Sarasota in 1996 they lived in Rochester, NY and Darien, Connecticut, always near enough to water to pursue their love of boating. In Connecticut the opportunity opened for Louise to work for a company that chartered yachts as vacation rentals, which eventually led to her founding her own company, "Jubilee Yacht Charters", which she managed for 30 years. Now a widow, Louise enjoys traveling, reading books, and playing bridge. After 8 years waiting for the right time and the right apartment at Bay Village, Louise is happy to join many of her Sarasota friends who were already here.

Bill Yopp Apt 567

Bill was born in Burlington, Wisconsin but grew up in Mundelein, Illinois. He earned a degree in Petroleum Engineering at the Colorado School of Mines. Bill married his high school sweetheart, Nancy and then went on to get his Master's Degree from the University of Tulsa. Bill spent his entire work career with Mobil Oil. He and Nancy and their 3 girls lived in New York City, Japan, Canada, and London. After retirement Bill and Nancy lived in Hawaii before moving to Florida in 2003. Nancy passed away in 2023. Bill enjoys sports and is a dedicated 3 day a week golfer.

John & Sherry Sholtis Apt 314

John and Sherry were both born in Pennsylvania. They met and were married while students at Fairmont State College in West Virginia, both earning their Bachelor Degrees in Education. John pursued his Masters Degree in Education at Indiana University of PA and Duquesne University of PA for post Master's Administrative Degree. His entire career was in education. First, as a gym teacher, then Guidance Counselor, then school Administrator. They have two children; a son and wife who live in Maryland and have two children and two grandchildren. John is a member of Tatum Men's Golf Association and Sahib Shrine. John and Sherry have enjoyed ushering at the Van Wezel Performing Arts Center for over 15 years. They are members of Pine Shores Presbyterian Church. John has enjoyed golf, officiating football, basketball, track and golf. He also enjoys our Bay Village Wellness Center for exercise. After receiving her Master's Degree, Sherry's career was as an elementary school teacher. Her favorite hobbies are crafting, gardening and traveling. Sherry is looking forward to volunteering here at Bay Village. They have taken five repositioning cruises to various countries and really enjoy traveling. We have been very happy with our new "family" on the 3rd floor and love all the activities here and the people.



CHAPLAIN'S CORNER

"non-essential" information. I suggest exactly the opposite is true when it comes to BAY VILLAGE OF SARASOTA (CCRC)! Without the letters in (parentheses) "Bay Village of Sarasota" could refer to a boat rental firm, a restaurant, or a lawn care company. Who would know?

Aha!, But with the addition of the (CCRC), one discovers the true identity and purpose of Bay Village of Sarasota: a Continuing Care Retirement Community! Now that is "essential information. Of the many retirement communities in our area, Bay Village is among the select few certified as offering CONTINUING CARE. That applies not only to continuing care on all 5 levels of medical care, but also includes resident enrichment, health * wellness, nutrition, dietary, housekeeping, financial, facility maintenance, security....it also includes an amazing variety of continuing care for all aspects of mental, emotional, and spiritual well-being:

--GRIEF SUPPORT GROUPS for personal and confidential support for residents grieving death of a loved one, health crisis, family division, emotional tragedy, financial set-back. This support knows no end. It is continuing!

--COUNSEL & SUPPORT FOR MEMORIAL SERVICES to reflect the needs and convictions of the families, whether on campus, at a local congregation, or in the Bay Village Memorial Garden.

--CARE GIVERS SUPPORT GROUP for residents needing personal and confidential support as they serve as the primary caregiver to spouse or family, and who need to know they are not alone in the demanding privilege of offering 24/7 care, while needing self-care.

--BAY VILLAGE PRAYER CHAIN of over 30 residents dedicated to offering confidential prayers of support, discernment, celebration on behalf of any resident in need. Requests are submitted to Laura Pardee, Beryl Perry, or the Chaplain.

--NEIGHBOR-TO-NEIGHBOR informal visits to residents who are feeling alone, or new residents in need of a "Buddy" for help in becoming acclimated to BV, and also to our residents in The Tides Memory Care.

--WEEKLY STUDY & DISCUSSION GROUPS which nurture respectful dialogue and insights on a variety of topics confronting us in a world of turmoil.

--A VARIETY OF WORSHIP OPPORTUNITIES for residents from multiple faith backgrounds: Christian denominations, Jewish, and non-denominations.

--THE MEDITATION ROOM available 24/7 for individual residents, staff, employees needing a quiet space; small meditation/prayer groups; intimate group worship.

--PRIVATE AND CONFIDENTIAL SESSIONS with the Bay Village Chaplain to share any concern, complaint, or celebration to discern healthy options for realizing hope, peace, and love.

Bay Village is a community of retired residents committed to caring for each other continually. It is the Spirit of Bay Village. That is the core of what it means to be a CCRC!

Google defines "parentheses" () as punctuation marks used to enclose