

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



## Bay Village

Eric Nichols ..... President/CEO  
 Jennifer Grimes ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Ron Simon ..... Dir. of Dining Services  
 Marvin Lunsford ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Shirley Laurence ..... Dir. of Health Service  
 Ann Aldrich ..... Dir. of Human Resources  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Diana Caughron ..... Resident Enrichment Dir.  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Mission Statement

*Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.*

[www.bayvillage.org](http://www.bayvillage.org)

[www.facebook.com/BayVillageSRQ/](https://www.facebook.com/BayVillageSRQ/)

April 2020

### Nichols' Notes

Last month Bay Village implemented several measures to keep the campus safe from the Coronavirus that is (or hopefully when you read this, was) sweeping the nation. The management team met each morning to discuss how the various procedures that were put in place were working and what needed to be changed. I am pleased that the team did an outstanding job in facilitating the changes that needed to be made in our operations at Bay Village. Teamwork is so important to any organization and we have an outstanding team here at Bay Village.

I wish Denis O'Connor the best as he resigned from his position after 31 years at Bay Village. He has seen many changes here at Bay Village during those years and in doing some quick math, Denis oversaw the preparation of over **six million** meals here on the campus. That is a lot of meals! Ron Simon is Bay Village's new Director of Dining Services. I am sure with his wealth of experience he will do an outstanding job with the culinary operations here at Bay Village.

I wish you and your family a very happy Easter.



## Village Vibes

### Environews

There are many ways to celebrate the 50th Anniversary of Earth Day in Sarasota and at Bay Village:

April 17th there is the showing of the movies, "Chasing Ice" and "Chasing Coral" at the Beatrice Friedman Theater.

On April 18th Jane Alexander will be the keynote speaker at the Opera House. There will also be a discussion led by Dr. Terry Root and a photography display by Clyde Butcher.

Sunday April 19 will be the World Premiere of James Grant's "Listen to the Earth Cantata" also at the Opera House.

At Bay Village we will show the movies "Chasing Ice" and "The Plastic Ocean" as well as giving out re-usable produce bags on April 20th. The Environmental Committee is also having a flowering tree planted near the Memorial Garden in honor of Earth Day.



### 50 Years of Earth Day

The modern-day environmental movement kicked off 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a "national teach-in on the environment" that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people, about 10% of the country's population at the time, took part in rallies, raising awareness about environmental issues and appealing to protect the planet's health.

Earth Day's success contributed to several landmark changes, including many of the first laws against air and water pollution, as well as the creation of a new government organization to respond to such issues, the Environmental Protection Agency, which began work in December 1970. By 1990, Earth Day became a worldwide observance.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day.

### April Movies

We have a few Academy Award nominated movies in April.

"Richard Jewell" directed by Clint Eastwood will be shown April 5th and 8th. "Bombshell" starring Charlize Theron, Nicole Kidman, and Margot Robbie will be shown April 12th and 15th. "Ford vs. Ferrari" based on the story of American car designer Carroll Shelby and starring Matt Damon and Christian Bale is showing April 19th and 22nd. And the 7th film adaptation of the 1868 novel by Louisa May Alcott, "Little Women" will be shown April 26th and 29th. The rest of the movies this month celebrate Earth Day. We hope that they will inspire you to try to do your part to help our planet. "Before The Flood" is an account of the dramatic changes occurring around the world due to climate change and will be shown April 4th. "Silkwood" starring Cher, Kurt Russell and Meryl Streep will be shown April 6th. On April 11th we will show "Racing Extinction" a Sundance Film Festival Official Selection. "March of the Penguins" will be shown April 13th. "The Biggest Little Farm" is a blueprint for better living and a healthier planet and will be shown April 18th. For Earth Day (Bay Village is celebrating on April 20th) we will show "Chasing Ice" at 3:00 with refreshments served and "Plastic Ocean" at 7:00 with a gift for all who come. We will finish up the month with "Wasted" on the 25th and "Everest" on the 30th.

## Wellness Corner ... By Petra Mueller

Recently we had some issues, when residents put **too much perfume** on and then join an exercise class and literally take the breath away from other residents. While working out, one takes deep breaths and therefore is even more sensitive to chemicals and fragrances. Whenever you are in close proximity with other people at lectures or concerts in the auditorium or restaurants you should have the common courtesy not to wear any strong smelling perfumes. It influences other people's enjoyment of the event negatively. Headaches, teary and puffy eyes are only some of the symptoms experienced. Thank you for understanding and acting on this. No perfume should be used when you come to the Wellness Center.

The outing to **Lemon Bay Park** on April 07 is a chance to explore the park with a guide, followed by lunch at Fin's in Venice on the beach.

We invite you to join **Rev. Dr. Kathleen Weller** for a meditation in the auditorium on April 25 - a time to reflect and relax.

## BILL News

April 7th "Spy Pilot Francis Gary Powers, the U-2 Incident, and the Cold War Legacy" Speaker: Francis Gary Powers, Jr. Mr. Powers returns to discuss the Cold War, the U-2 Incident, the controversy that surrounded his father, what the family has done to set the record straight, and the Steven Spielberg 2015 movie, "Bridge of Spies" that portrays his father's exchange for Soviet spy Rudolph Abel.

April 14th Ancient Civilizations of North America

"De Soto Versus the Mississippians" and "The Ancient Southwest: Discovering Diversity".

April 21st Ancient Civilizations of North America

"The Basket-maker Culture" and "The Mogolian Culture".

April 28th Ancient Civilizations of North America

"The Hokokam: Masters of the Desert" and "The Ancient Pueblo".

## Other Activities

We are offering an Apple iPhone & iPad class on April 3rd & 10th from 10:00-11:00 in the board room. The cost is \$10. If the class fills up, we will offer another one April 17th & 24th.

Join us on the Pool Deck on April 13th for a tropical Happy Hour. We will have live music by Arun Bhagwat, tropical beverages and hors d'oeuvres.

There will be a birthday party for residents celebrating their birthday in February, March, and April on April 21st at 2:00 in the auditorium. There will be live music, cake & ice cream, and trivia.

Cardio drumming is an exercise class offered April 6th & 20th at 9:00 in the Wellness Center. You don't have to be a musician, but you do get to hit things with drumsticks! Come try this fun class.

"How Novel" is a book discussion group led by Alice Blueglass. There is a list of the books, discussion questions and class dates in Resident Services.

## The Village Vibes

### VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefits package and have the capability to remain debt free.



## KEY

A=Auditorium  
 B=Bus Service Provided  
 BD=Board Room  
 C=Card Room  
 CR=Craft Room  
 D=Dining Room  
 GR=Game Room  
 M=Meeting Room  
 P=Pool  
 HC=Health Center  
 W=Wellness Center  
 LR=Living Room

## Collections


We have had many nice compliments about Harvey Wolfson's items in the Showcase. I'm sure there are many more of you who have collected things over the years that residents would enjoy seeing as well.

Do you have mementos/souvenirs from trips, or a collection of some sort? We would love to share it with everyone. Please contact Judy Hendricks at 1438.

## New Massage Therapist

Please welcome our new Massage Therapist, Csilla Callesen LMT. Csilla comes highly recommended by some of our residents that she has worked with for many years. Csilla will be using the Doctor's Office for her massage therapy. She is offering many different days and times to schedule massages. Just call her cell phone at 941-402-0794.

Sunday	Monday	Tuesday
		
5	6	7
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:30 Sarasota Orchestra (B) 7:00 Sunday Night Movie: "Richard Jewell" (A)	9:00 Cardio Drumming (W) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (W) 2:30 Downton Abbey (A) 7:00 Movie "Silkwood" (A)	9:15 Trip to Lemon Bay Park (B) 9:30 Town Hall (B) 10:00 Social Singing for the Soul (A) 10:00 Craft Class (CR) 11:30 Chair Fitness on Video (A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:30 BILL: "Gary Powers" (A)
12	13	14
7:30 Easter Sunrise Service on the Third Floor Terrace 10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Bombshell" (A)	9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 3:30 Pool Deck Happy Hour With Live Music 7:00 Movie "March of the Penguins" (A)	9:00 Strength! (W) 9:30 Trip to Selby Gardens (B) 9:45 Splash (P) 10:00 Social Singing for the Soul (A) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 7:30 BILL: "Ancient Civilizations of North America" DVD (A)
19	20	21
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:00 Asolo (B) 7:00 Sunday Night Movie: "Ford vs. Ferrari" (A)	9:00 Cardio Drumming (W) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 3:00 Earth Day Movie: "Saving Ice" (A) 7:00 Earth Day Movie: "Plastic Ocean" (A)	8:30 Men's Breakfast (DR) 9:00 Strength! (W) 9:45 Splash (P) 10:00 Social Singing for the Soul (A) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Birthday Party (A) 7:30 BILL: "Ancient Civilizations of North America" DVD (A)
26	27	28
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Little Women" (A)	9:15 Tampa Bay History Museum (B) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 6:15 Venice Concert (B) 7:30 Music by Chamber Accord (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Social Singing for the Soul (A) 10:00 How Novel (BR) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 6:45 Venice Theater (B) 7:30 BILL: Ancient Civilizations of North America DVD (A)

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>8:00 Men's Shuffleboard            10:00 Beg. Tai Chi (W)            10:15 Trip to Bay Front Park (B)            11:00 Balance &amp; Posture (W)            11:30 Chair Fitness (A)            2:00 Move &amp; Groove (W)            2:30 Popcorn &amp; Movie "Overcomer" (A)            6:00 Duplicate Bridge (GR)            7:15 Bingo (A)</p>	<p style="text-align: right;">2</p> <p>9:00 Strength Class (W)            9:45 Splash (P)            10:00 Women's Shuffleboard            11:30 Chair Fitness (A)            12:00 Guys Only Lunch (DR)            1:30 Yoga (W)            7:30 Entertainment: "Bell Telephone Hour Revisited" By Phyllis Lowitt</p>	<p style="text-align: right;">3</p> <p>9:30 Tai Chi, Advanced (W)            10:00 Writers Group (MR)            10:00 Apple Class (BR)            11:00 Posture &amp; Balance            11:30 Chair Fitness (A)            2:00 Hand Class (CR)            2:00 Open Gym (W)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">4</p> <p>8:00 Men's Shuffleboard (courts)            9:30 Strength (W)            10:15 Balance (W)            11:30 Chair Fitness on Video (A)            7:00 Movie "Before the Flood" (A)</p>
<p style="text-align: right;">8</p> <p>8:00 Men's Shuffleboard            10:00 Beg. Tai Chi (W)            11:00 Balance &amp; Posture (W)            11:00 Episcopal Church (C)            11:30 Chair Fitness (A)            2:00 Move &amp; Groove (W)            2:30 Popcorn &amp; Movie "Richard Jewell" (A)            6:00 Duplicate Bridge (GR)            7:15 Bingo (A)</p>	<p style="text-align: right;">9</p> <p>9:00 Strength Class (W)            9:45 Splash (P)            10:00 Women's Shuffleboard            10:00 Watch Doctor (C)            11:30 Chair Fitness (A)            1:30 Yoga (W)            7:30 Entertainment by Holly (A)</p>	<p style="text-align: right;">10</p> <p>9:30 Tai Chi, Advanced (W)            10:00 Book Group (A)            10:00 Apple Class (BR)            11:00 Posture &amp; Balance            11:30 Chair Fitness (A)            2:00 Hand Class (CR)            2:00 Open Gym (W)            3:30 Vespers With Good Friday Communion (A)            6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">11</p> <p>8:00 Men's Shuffleboard (courts)            9:00 Strength (W)            9:45 Splash (P)            11:00 Balance &amp; Posture (W)            11:30 Chair Fitness on Video (A)            7:00 Movie "Racing Extinction" (A)</p>
<p style="text-align: right;">15</p> <p>8:00 Men's Shuffleboard            10:00 Beg. Tai Chi (W)            11:00 Balance &amp; Posture (W)            11:30 Chair Fitness (A)            2:00 Move &amp; Groove (W)            2:30 Popcorn &amp; Movie "Bombshell" (A)            6:00 Duplicate Bridge (GR)            7:15 Bingo (A)</p>	<p style="text-align: right;">16</p> <p>9:00 Strength Class (W)            9:45 Splash (P)            10:00 Women's Shuffleboard            11:30 Chair Fitness (A)            12:00 Guys Only Lunch (DR)            1:30 Yoga (W)            7:30 Music by Doug Renfro (A)</p>	<p style="text-align: right;">17</p> <p>9:30 Tai Chi, Advanced (W)  <i>11:30 Chair Fitness on Video (A)</i>            2:00 Hand Class (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">18</p> <p>8:00 Men's Shuffleboard (courts)            9:30 Strength (W)            10:15 Balance (W)            11:30 Chair Fitness on Video (A)            1:45 Pop Series (B)            2:30 Children &amp; Adult Orchestra (A)            7:00 Movie "The Biggest Little Farm" (A)</p>
<p style="text-align: right;">22</p> <p>8:00 Men's Shuffleboard            10:00 Beg. Tai Chi (W)            11:00 Balance &amp; Posture (W)            11:30 Chair Fitness (A)            2:00 Move &amp; Groove (W)            2:30 Popcorn &amp; Movie "Ford vs. Ferrari" (A)            6:00 Duplicate Bridge (GR)            7:15 Bingo (A)</p>	<p style="text-align: right;">23</p> <p>9:00 Strength Class (W)            9:45 Splash (P)            10:00 Campus Update (A)            11:30 Chair Fitness (A)            1:30 Yoga (W)            7:30 Music by Cynthia Sayer (A)</p>	<p style="text-align: right;">24</p> <p>9:30 Tai Chi, Advanced (W)            11:00 Posture &amp; Balance  <i>11:30 Chair Fitness (A)</i>            2:00 Hand Class (CR)            2:00 Open Gym (W)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">25</p> <p>8:00 Men's Shuffleboard (courts)            9:00 Strength (W)            9:45 Splash (P)            11:00 Meditation With Kathleen Weller (A)            1:00 Ballet (B)            2:45 Venice Symphony (B)            7:00 Movie "Wasted" (A)</p>
<p style="text-align: right;">29</p> <p>8:00 Men's Shuffleboard            10:00 Beg. Tai Chi (W)            11:00 Balance &amp; Posture (W)            11:30 Chair Fitness (A)            2:00 Move &amp; Groove (W)            2:30 Popcorn &amp; Movie "Little Women" (A)            6:00 Duplicate Bridge (GR)            6:15 "Come From Away" (B)            7:15 Bingo (A)</p>	<p style="text-align: right;">30</p> <p>9:00 Strength Class (W)            9:45 Splash (P)            11:30 Chair Fitness (A)            1:30 Yoga (W)            7:00 Movie "Everest" (A)</p>		

## "Village Vibes"

### Social Singing for the Soul

Teri Groze is an accomplished singer and music teacher. She has performed all over the world, even at Disney World! She has a great way of using music and singing to promote socialization, health, and fun! During this class you will enjoy singing some favorite songs, learn the history behind them, and benefit your health. Teri has techniques to improve breathing and voice control. Singing is also a great way to improve memory and cognition. This class can even improve your immune system and lower stress. Sounds like we all should be trying it! This class will be held every Tuesday at 10:00 in the auditorium.



### April Outings

April 1st there is a group having lunch at Marina Jack's and then walking around Bay Front Park. Not only will they enjoy the sun and water but there is an art display in the park called, "Embracing Our Differences".

April 7th we will be exploring Lemon Bay Park and Environmental Center in Englewood. Afterwards we will go eat at Fins in Venice.

April 14th is a trip to Selby Gardens to enjoy the Salvador Dali display. The group will then have lunch at PF Chang's afterward.

April 27th we will drive up to Tampa to see the Tampa Bay History Museum. We will have a private tour and will eat at the famous Columbia Restaurant that is located inside the museum.

For those who purchased tickets last fall, it is finally time to see the play, "Come From Away" at the Van Wezel on April 29th.

### April Entertainment

Do you remember the Bell Telephone Hour? On April 2nd Phyllis Lowitt is going to bring back some memories of this classic show.

Get out your cowboy boots, our very own Holly is going to perform country classics on April 9th. We will have the auditorium decorated and serve refreshments to make this a real Hoe-Down!

Douglas Renfroe is an internationally acclaimed bass baritone who has performed at the Lincoln Center and Carnegie Hall and now the Bay Village Auditorium! Doug will entertain us on April 16th.

April 23rd, Cynthia Sayer will be back in town with her exciting show. Cynthia is one of the top 4-string banjoists in the world!

And on April 27th we will enjoy the classical music of Chamber Accord. This group includes violin, viola, cello and piano.

## RAINBOWS & SHOWERS!

**RAINBOWS** to everyone who donated books for the Wilkinson Elementary School Book Fair.

**RAINBOWS** to all residents who remember to bring their re-usable plastic containers to the dining room for their left-overs.

**RAINBOWS** to the residents who bring cookies to the coffee area for all of us to enjoy.

**RAINBOWS** to those who take their re-usable shopping bags to the grocery store. From your dining services committee, **SHOWERS** to those residents who don't remind their guests about our dining room dress code. Refer to your resident handbook or the app for details.

**RAINBOWS** to all those residents using the hand sanitizer at the entrance to the dining room and poolside cafe.

## Staff News

Congratulations to Ron Simon and Sean Manown on their promotions! Ron is now the Director of Dining Services at Bay Village and Sean is the Executive Chef/Culinary Operations Manager.



You may have noticed some new faces at the front desk. Regina Arigo was working weekends, but is now the Front Desk Supervisor. We also have added 2 new staff at the front desk: Joseph Rouleau and Melissa Sommers.

You will notice a change at the pool-side cafe. Long-time employee Veronica Duffy is making a move. She will now be working mornings in the Health Center as an activity assistant and afternoons in the resident services office. Taking Veronica's place in the poolside is Maria from dietary.

Another Maria, Maria Grimm has also made a move, from dining services to the Health Center. This Maria is the new administrative assistant at the desk on the second floor.

And Bay Village has hired a new Clinical Educator, Ryan McGee. Ryan works on the second floor and provides training to all Bay Village employees.

## April Birthdays

April 1

Marie Burgett

April 2

Teresa Deak, Nancy Gail Heins,

Mary Good

April 4

Ruth Maguire

April 6

Sandy Wallis

April 7

Annica Reddish

April 8

Anne Marshall

April 10

Art Johnson, Laura Pardee

April 12

Otto Plescia, Joyce Menk

April 13

John Swift

April 18

Jean Morrill

April 20

Pauline Speir

April 21

Christine Burnstan

April 22

Tomoko Nishikawa

April 23

Pat Hardeman, Nancy Goodwill

April 26

Millie Hightower

April 27

Charlie Reich, Cathy Garcia

## April Anniversaries

April 20

Elam & Janet Hertzler

## The Village Vibes

### April Vespers Ministers

April 3

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

April 10

**GOOD FRIDAY  
COMMUNION**

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

April 17

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

April 24

Rev. Steve Jeantet  
Exec. Pastor

Covenant Life Presby.

### New Residents

Patty Fortin

Apartment 708

Joan Adley

Apartment 1060

Joseph & Dorene  
Sefack

Apartment 513

Sandy Palumbo

Apartment 1031

Betty Smith

Apartment 505





John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

### **CHAPLAIN'S CORNER**

*Rev. Dr. Chuck Moffett*

"Pandora's box!" speaks to the doom and despair which many feel today.

(A recent Dial Hope meditation by Joe Albright spoke to me.)

Pandora, the Greek Goddess, was sent to earth with a little box which she was forbidden to open. Curiosity finally took its toll! She removed the lid to the forbidden box and all kinds of evil escaped into the world. She tried to slam close the lid...but it was too late.

*But one ingredient was left at the bottom of the box: HOPE!*

The myth tries to explain why evil is in the world. The myth also is intended to proclaim that, even when all seems lost, THERE STILL IS HOPE!

In today's fatalism due to financial crises, coronavirus reality, political hatred, individual greed, caustic incivility....where is there any hope?!

In this month of April, we are INVITED to look to a God of HOPE!

The Jewish celebration of PASSOVER (April 4-16) is a reminder and celebration of deliverance from slavery to freedom = HOPE.

The Christian celebration of EASTER (April 12) is a reminder and celebration of deliverance to God's Kingdom, here and forever = HOPE.

The Muslim celebration of RAMADAN (April 23 - May 23) is a celebration of deliverance to a new commitment to God beyond human pride. = HOPE

Each tradition reminds us that we have a God who is not limited by our limited and prideful sense of what is possible. Each of us, if only we will, can rely on a God of HOPE!