

Bay Village



OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

March 2020

NICHOLS' NOTES

The apartment floor renovations are moving along nicely. ME&S is working ahead of schedule with floors taking about three weeks versus a month to be completed and readied for carpet. The carpet for floors four and six should be here when you read this and installation will begin the first of March for those two floors. The remaining floors should have the carpet arriving in May with installations scheduled accordingly. I have heard a lot of positive comments from residents, family members, and visitors about the renovated floors.

A final piece of property was secured last month for our memory care household. The small house located on Colleen Street to the east of Bay Village's memory care property was purchased. By securing this property, the parking lot and storm water management systems can be better configured on the property.

St. Patrick's Day is later this month. May you find your pot of gold under a rainbow!



Bay Village

Eric Nichols President/CEO
 Jennifer Grimes Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Marvin Lunsford Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Shirley Laurence Dir. of Health Service
 Ann Aldrich Dir. of Human Resources
 Larry Buczkowski Dir. of Housekeeping
 Diana Caughron Resident Enrichment Dir.
 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/



Village Vibes

April Book Fair for Wilkinson School

During the month of March, the residents of Bay Village have been invited to donate books for the annual April Book Fair at Wilkinson Elementary School. Paperback and/or hard back books, new and/or gently used which are appropriate for children in kindergarten through the fifth grade are requested. Our very generous response last year was deeply appreciated. Hopefully this year we can do even more. Please deposit the books in the blue receptacles on the round level next to the doctor's office.

Massage Therapist

Unfortunately our Massage Therapist, Maude has resigned. We are currently looking for someone to offer massage therapy services at Bay Village.



March Entertainment

On March 5th enjoy the unique duo called, "Flaming Flutes". There may not be actual flames, but these two flutists are sure to thrill.

Steve McAllister will bring his humor and songs to Bay Village on March 12th. His program will have an Irish theme.

We have a special program March 13th when resident Estelle Estes' sons will entertain. All three brothers share their Mom's musical talent and will play the guitar, violin, and mandolin.

March 19th resident Charlotte Trautwein will be playing with the Earlye Musieke Consort. This group plays all different types of recorders and they dress in period clothing.

The wonderful pianist Tao Lin will entertain with his classical repertoire on Monday March 23rd.

Singer Katie Eagleson is bringing her show, "Come to the Cabaret" to our auditorium on March 26th.

Tuesday March 31st at 11:00 the Key of Sea Women's chorus will put on a show for us.

March Movies

Over the next few months we will be showing some of the Oscar nominated movies. This month that includes "Harriet" on March 8th & 11th, and "A Beautiful Day in the Neighborhood" on March 22nd & 25th. Although "Downton Abbey" the movie did not receive any Oscar nominations, it did win several Critics' Choice Awards. We will show it March 15th.

The rest of the movies for March are inspirational stories. March 1st & 4th are "Wish Man," which is based on the story of Frank Shankwitz, a founder of the Make A Wish Foundation. We will watch Julia Roberts as Erin Brockovich on March 2nd. "Maiden" will be shown March 7th. This is based on an all female sailing team. March 9th is a movie called "Big Miracle" starring Drew Barrymore and John Krasinski. "Lilies of the Field" starring Sidney Poitier will be shown on March 14th. March 16th we will watch "127 Hours", the story of a man trapped in a remote canyon. Richard Dreyfuss stars in "Mr. Holland's Opus" on March 21st. The story of Dian Fossey, "Gorillas in the Mist" will be shown March 28th. "Overcomer" is an inspirational story that has faith, humor, and heart. It shows March 29th. And finally we will show "Hidden in Silence" on March 30th. The true story of a young woman's selfless commitment in the face of war.

Wellness Corner ... By Petra Mueller

"Get moving Bay Village" is in full swing and you will have another chance to get extra steps in, to reach your goal on March 14th walking the Ringling Bridge.

March 20th is the big Shuffleboard Tournament between a team of the Directors of Bay Village and a team of residents. Come to the Shuffleboard Courts and cheer for your team.

A trip and tour of Global Echo Farms in Fort Myers, where agricultural and developing programs to help world hunger are the focus, are planned for March 24.

Sean and Jeni Leonard will give a presentation on March 31 in the auditorium, "A natural approach to Anti-Aging".

We added the cardio drumming class on the 1st and 3rd Monday with Diana to the calendar, as well as a walking group on Tuesdays and Thursdays at 2:30 pm with Leesa.

March Outings

March 3rd there is a group headed to the Classic Car Museum with a stop at Captain Brian's for lunch.

We hope to see some eagles on our trip to Oscar Scherer State Park March 11th. We will go on a tram ride around the park then have a picnic lunch.

It's baseball time! We are headed to an Orioles game at Ed Smith Stadium March 17th. Join us for some peanuts or popcorn and after the game we can run the bases.

ECHO Farm's purpose is to help teach farmers around the world to be more effective. We will have a tour of this amazing organization on March 24th.

March 28th we are going to see the Ditchfield Family Singers as they perform gospel songs and hymns.

We are also providing transportation to the free concert at Pine Shores Presbyterian Church on March 29th. This concert features "Ring Sarasota" bell choir.

Meet the Construction Crew

Dave is a project superintendent for ME&S. He has worked with the company for 24 years! Dave has worked on projects such as Venice Middle School, Whole Foods, and numerous Publix and Bealls remodels. When he is not working, David enjoys hunting, camping, and ax throwing.



The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefits package and have the capability to remain debt free.

Volunteers Needed

Any resident interested in serving as a Eucharistic Minister once a month in the Health Center please contact Diana at 4036. Training will be provided.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- HC=Health Center
- W=Wellness Center
- LR=Living Room

Stephen Ministers

The Spiritual Life Committee would like to identify those residents who are currently, or have been in the past, Stephen Ministers. Please contact Linda Pierce, chair, in apartment 339 if you would like to continue your ministry here at Bay Village.



Book Group

Be sure to save the date, Friday March 13th. One of our favorite presenters and long time friend, Ehsan Shah, will be presenting the book "Boys in the Boat". Join us in the auditorium at 10:00 to give Ehsan a hearty welcome back.

Election Day

March 17th is the Primary Election in Florida. There will be transportation provided to Faith Lutheran Church, the polling place for Bay Village, at 8:30, 10:30, and 12:30. You must be registered with a party to vote in this election.

Sunday	Monday	Tuesday
1	2	3
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 12:45 Opera (B) 6:15 Florida Studio Theater (B) 7:00 Sunday Night Movie: "Wishman" (A)	9:00 Cardio Drumming (W) 9:30 Bible Class (A) 9:30 Town Hall at Van Wezel (B) 11:30 Chair Fitness on Video (A) 1:30 Yoga (W) 2:30 Downton Abbey (A) 7:00 Movie "Erin Brockovich" (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 11:30 Classic Car Museum (B) 1:00 Pinochle (C) 2:00 Residents' Council (A) 2:30 Walking 6:45 Venice Theater (B) 7:30 BILL: Dr. Robert Lieber (A)
8	9	10
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:00 Asolo Theater (B) 7:00 Sunday Night Movie: "Harriet" (A)	9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (W) 2:00 Card Making Class (CR) 2:30 Downton Abbey (A) 7:00 Movie "Big Miracle" (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:30 Walking 7:30 BILL: "Dali & Surrealism" Baila Miller (A)
15	16	17
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:00 Asolo Theater (B) 1:30 Sarasota Orchestra (B) 7:00 Sunday Night Movie: "Downton Abbey" (A)	9:00 Cardio Drumming (W) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (W) 2:30 Downton Abbey (A) 7:00 Movie "127 Hours" (A)	8:30, 10:30, 12:30 Voting at Faith Lutheran Church (B) 8:30 Men's Breakfast (DR) 9:00 Strength! (W) 9:45 Splash (P) 10:00 How Novel (BR) 11:30 Orioles Baseball (B) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:30 Walking 7:30 BILL: DVD (A)
22	23	24
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 12:45 Opera (B) 7:00 Sunday Night Movie: "A Beautiful Day in the Neighborhood" (A)	9:30 Bible Class (A) 9:30 Town Hall (B) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 6:15 Venice Concert Band (B) 7:30 Music by Tao Lin (A)	8:45 ECHO Farms (B) 10:00 Craft Class (CR) 11:30 Chair Fitness on Video (A) 1:00 Pinochle (C) 2:30 Walking 7:30 BILL: "Ancient Civilizations of North America" DVD (A)
29	30	31
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 4:15 Ring Sarasota at Pine Shores (B) 7:00 Sunday Night Movie: "Overcomer" (A)	9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (W) 2:00 Alcohol Ink Class (CR) 2:30 Downton Abbey (A) 7:00 Movie "Hidden in Silence" (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:00 Key of Sea (A) 11:30 Chair Fitness (W) 1:00 Pinochle (C) 2:30 Walking 3:00 Wellness Speaker (A) 7:30 BILL: "Ancient Civilizations of North America DVD (A)

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "Wishman" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>5</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 10:00 Sing for Life (A) 11:30 Chair Fitness (A) 12:00 Guys Only Lunch (DR) 1:30 Yoga (W) 2:00 Florida Studio Theater Presentation (A) 2:30 Walking 7:30 Music by the Flaming Flutes (A)</p>	<p>6</p> <p>9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 10:00 Writers Group (LR) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>7</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 1:45 Pop Series at Van Wezel (B) 7:00 Movie "Maiden" (A)</p>
<p>11</p> <p>8:00 Men's Shuffleboard 9:30 Oscar Scherer Park (B) 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:00 Episcopal Church (C) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "Harriet" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>12</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 10:00 Sing for Life (A) 10:00 Watch Doctor (C) 11:30 Chair Fitness (A) 1:30 Yoga (W) 2:30 Walking 7:30 Entertainment by Steve McAllister (A)</p>	<p>13</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:30 Music by the Estes Brothers (A)</p>	<p>14</p> <p>8:00 Men's Shuffleboard (courts) 9:30 Ringling Bridge Walk (B) 11:30 Chair Fitness on Video (A) 7:00 Movie "Lilies of the Field" (A)</p>
<p>18</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Introduction to a Formal Tea (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>19</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 11:30 Chair Fitness (A) 12:00 Guys Only Lunch (DR) 1:30 Yoga (W) 2:30 Walking 7:30 Music by Earlye Musieke Consort (A)</p>	<p>20</p> <p>9:15 SILL (B) 10:00 Shuffleboard Tournament 11:30 Chair Fitness on Video (A) 2:00 Hand Class (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>21</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 2:30 Children & Adults Orchestra (A) 7:00 Movie "Mr. Holland's Opus" (A)</p>
<p>25</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "A Beautiful Day in the Neighborhood" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>26</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 10:00 Quarterly Meeting (A) 11:30 Chair Fitness (A) 1:30 Yoga (W) 2:30 Walking 7:30 Music by Katie Eagleson (A)</p>	<p>27</p> <p>9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:30 WCBT (B)</p>	<p>28</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 12:45 Ditchfield Concert (B) 1:00 Ballet (B) 2:45 Venice Symphony (B) 7:00 Movie "Gorillas in the Mist" (A)</p>
 <p>HAPPY ST. PATRICK'S DAY</p>			

“Village Vibes”

Environews

This month’s report comes from Roger Grimshaw who attended the February 6th meeting of SEEK (Scientists and Engineers Expanding Knowledge). Roger provided some highlights from speaker Terry Root, who has also spoken here at Bay Village.

1. 100% of sea salt tested had micro plastics in it.

2. Marine animals impacted by plastics are sea turtles, seals, birds, fish, whales, and porpoises.

3. Land animals range from turtles to birds and mammals.

4. By far single-use plastics are the worst, such as bags, straws, and bottles.

5. We can easily change our habits, for example by using dish covers, which can be washed, rather than plastic wrap, cutting up beer can holders, which can slip over animals’ heads.

6. Micro plastics break down into micro beads, which fish ingest.

Special Events for March

Diana will be teaching a Cardio Drumming class on Monday March 2nd and 16th at 9:00 in the Wellness Center. This class can be modified for your fitness level. It is fun and we will use great music!

March 9th we are offering a free card making class. You will learn some simple techniques to make cute cards for any occasion. All supplies are provided, just sign up in the activity book.

March 18th Gillian Stockton and some of her friends will be hosting another Formal Tea. This is an educational and fun social event, but space is limited. Please sign up in the activity book.

Everyone should come see the Shuffleboard competition between some of the Directors and residents of Bay Village. It will be out on the courts Friday March 20th at 10:00.

We are having another art class in alcohol inks. This time you can make at least 3 different projects on glass

such as candle holders, wine glasses, framed glass and more. The date is March 30th, the cost is \$5, and the sign-up is in the activity book!

AGING OPTIMISM

This is part of a poem that Sallie Lutz found in the “Dear Annie” column of the Herald Tribune.

The Optimist

Why live to 100 asked my friend.
Isn’t 90 enough to make a good end?

I think of the things I would miss
I replied,

If at 90 I stopped and simply died.
10 more New Years to welcome in,
To wonder what the year will bring.

Will there be a new baby for me
to see?

A great-grandchild on my family
tree?

I strive for another decade of living,
Of hoping and praying and loving
and giving.

And if I reach 100 what then?
Why, I’d plan to live to 110!

RAINBOWS & SHOWERS!

RAINBOWS to the wonderful volunteers who were so engaged with the Wilkinson School boys and girls in the STEAM project. The experience was invaluable and memorable for everyone who participated.

RAINBOWS to Beth Duda and the Patterson Foundation for bringing the amazing performance of “Abraham Lincoln and Frederick Douglass, A Walk to Respect” to Bay Village.

RAINBOWS to all residents who joined in the new walking program at Bay Village. Let’s keep Bay Village moving!

RAINBOWS to the members of the Men’s Shuffleboard Group who gave a lesson to the Directors and some residents in this sport of finesse. We are looking for a few more women who would like to give it a try.

RAINBOWS to all of the talented entertainers that performed at Bay Village during the month of February.

BILL NEWS

March 3rd Dr. Robert Lieber will present "Indispensable Nation: The U.S. Role in World Order". Dr. Lieber is a Professor of Government & International Affairs at Georgetown and will discuss how the U.S. should position itself in international affairs. He asks if the role of indisputable leader of the free world is still possible or even desirable, and what are the consequences should America abandon that role.

Baila Miller will present "Dali and Surrealism" on March 10th. Ms. Miller describes the life and art of Salvador Dali, a major figure in the 20th century art world. Using pictures of his works, she explains his unique talents, styles of painting and how other artists, social trends and new findings in science and psychology influenced his move to surrealism. This is a timely talk as it ties in with the special Dali theme exhibit at Selby Gardens. Bay Village will be planning a trip to see this exhibit in April.

The rest of March we will continue with the Ancient Civilizations of North America DVD. March 17th will be "Medicine Wheels of the Great Plains" and "Adena Culture and the Early Woodlands Period". March 24th will include "The Hopewell and Their Massive Earthworks" and "The Origins of the Mississippian Culture". And March 31st we will show "The Mississippian City of Cahokia" and "The Wider Mississippian World".



March Birthdays

March 1

Pat Kelly

March 4

Jean Brown, Roger Decker

March 5

Marta Rapoport, Tom Evenson

March 6

Clarice Jardine

March 7

Wade Schulte

March 8

Gloria Duffy

March 9

Roger Woodrow, Maxine Libert

March 10

Annadele Jackson, Nancy Swift, Lou

MeKush, Anna Tsakarissianos

March 12

Betty Campbell, Joan Freeberg,

Charlotte Trautwein

March 13

Irene Burkhardt

March 15

Carol Elbing, Carolyn Parkman

March 18

Ken Bradt

March 21

James Mummert

March 22

Jack Rieke, Virginia McArdle

March 23

Barbara Walsh

March 28

Evalyn Hill

March 30

Herman Wissenberg

March Anniversaries

March 5

Chuck & Judy Hendrick

March 6

Tom & Judy Evenson

The Village Vibes

March Vespers Ministers

March 6

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

March 13

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

March 20

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

March 27

Guest TBA

Welcome New Residents

Cynthia Guiles
Apartment 631

Ed Brown

Apartment 1033

Eileen Campbell

Apartment 660

Big Screen Viewing

After watching the Super Bowl on the big screen, we decided to make the auditorium available for other special events on television. We have already had a suggestion for the NCAA Basketball final. Please let us know any other events that we could show.



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

"COMMUNICATION"....Please do not turn me off right away. We all are over-exhausted with diatribes about communication....stay with me, please.

Many people, regardless of their faith background or preference, have a connection with the Christian text from 1 Corinthians 13 - often called the "Love Chapter."

Consider that the apostle Paul was "communicating" more about God's love, than about our usual interpretation of "romantic love."

The words of a 20th century hymn capture the dramatic difference: "*Though I may speak with bravest fire, and have the gift to all inspire; and have not love, my words are vain; as sounding brass, and hopeless gain.*"

Much of social media, tweets, and conversations are filled only with "bravest fire" ...lacking any semblance of compassionate and respectful love. The culture is full of "sounding brass and personal gain."

Communication is so much deeper than mere exchange of information. Communication is the engagement of persons in open and respectful dialogue leading to mutual learning, understanding, and growth.

Here at Bay Village we need continually to nurture and advocate that style in our daily "communication": Administration, Staff, Employees, Residents. The core of Bay Village from the beginning has been a commitment to foster a spirit of "communicating God's love" vs. "bravest fire."

A possible motto: "SPEAK in such a way that others love to listen to you....LISTEN in such a way that others love to speak to you."