

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Eric Nichols President/CEO
 Jennifer Grimes Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Marvin Lunsford Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Shirley Laurence Dir. of Health Service
 Ann Aldrich Dir. of Human Resources
 Larry Buczkowski Dir. of Housekeeping
 Diana Caughron Resident Enrichment Dir.
 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

February 2020

NICHOL'S NOTES

I was asked late last year to write an article about Bay Village's Endowment Fund. The endowment fund celebrated its 40th anniversary last month. In late 1990, The Restated Indenture of Trust creating the Bay Village Endowment Fund was completed to bring the endowment up to date. Within this 1990 document, the purpose stated "....to make distributions of the income therefrom and the principal thereof directly to the Corporation to assist in the operation and maintenance of the retirement home operated by the Corporation and to assist needy residents of such retirement home in times of financial difficulty." Fast forward to 2018, it was again necessary to amend The Restated Indenture of Trust for the Endowment Fund to bring it up to date with current IRS rules. The Restated Indenture of Trust defines the general purposes of the indenture to be: "To assist financially needy residents of such facilities operated by Bay Village for the purpose of defraying the cost of residing at Bay Village; To assist in the operation, maintenance, growth and improvement of any and all of the operations of Bay Village now in existence or as may be in existence in the future; For any additional purpose related to the stated purpose of Bay Village at the discretion of the Board of Trustees as long as all such purposes are solely such charitable purposes as will qualify it as an exempt organization under 501 (C)(3) of the IRS code of 1986..." The fund through the years has been used to assist residents who, through no fault of their own, require financial aid to meet the costs of living at Bay Village. Continued on page 2.

Village Vibes

NICHOL'S NOTES CONTINUED

Last year the Trustees passed a motion to provide funding "up to 2 million dollars" for the memory care household that will start construction later this year. At the end of 2019, the Endowment Fund had close to \$15 million.

PLEASE DON'T FEED THE BIRDS

This is not an idle request. Research has shown that feeding human food to the Florida *white ibis* may spread disease among them and between the ibises and humans. Their normal diet includes fish, snails, and crayfish. Leaving food like bread and bagels in the gazebo causes the birds to have indigestion leading to excessive excrement. Thank you for your cooperation in helping to keep the ibises and humans healthy and the gazebo clean.



MEET THE CONSTRUCTION CREW

Eddie Feagle is the job supervisor for Circuit Electric, the electric company that is working with ME&S on the Bay Village remodel. Eddie has been with Circuit Electric for 3 1/2 years but has been an electrician for about 30 years. Eddie has also done plumbing and roofing in the past. When not working, Eddie enjoys riding his motorcycle. Eddie says he has enjoyed meeting the nice residents at Bay Village. Thank you for all of your hard work, Eddie.



BILL NEWS

This month we begin a new Great Courses program - *Ancient Civilizations of North America*. Centuries before European contact, there were cities with thousands of people, road systems connecting cities across hundreds of miles, great artists, astronomers, and much more.

February 4 "The Unknown Story of Ancient North America" and "The First Human Migrations to the Americas"

February 11 "Clovis Man: America's First Culture" and "The Archaic Period: Diversity Begins"

February 18 **ABRAHAM LINCOLN AND FREDERICK DOUGLASS, A WALK TO RESPECT** This special program is sponsored by the Patterson Foundation. Three nationally known actors will present this one-act play. Invite your friends to this special event for Presidents Day!

February 25 "Late Archaic Innovations" and "Poverty Point: North America's First City"

March 3 "Indispensable Nation: The United States Role in World Order" Dr. Robert Lieber, Professor of Government and International Affairs at Georgetown, will discuss how the United States should position itself in international affairs. He asks if the role of indisputable leader of the free world is still possible or even desirable, and what the consequences are should America abandon that role.

Wellness Corner...by Petra Mueller

We are excited to welcome **Alex Rotas** back to Bay Village on **Tuesday, Feb. 11th at 2 pm**. She is an award winning **British photographer**, who specializes in photographing older sportsmen and women who still compete internationally through their 60s to 100+. She has held exhibitions in the UK, across Europe and in the US. Her photos have been featured on the BBC national website and in numerous other online and print publications in the UK and across the globe. She is a frequent contributor on TV and radio and gives talks about her work internationally. In May 2020, the World Health Organization in Geneva, Switzerland, is hosting a large outdoor exhibition of her work on the banks of Lake Geneva to coincide with the 73rd World Health Assembly. She is above all, an anti-ageism activist, determined to challenge, through photography, the widely held, pessimistic notion that getting old inevitably means diminished horizons, purpose, fulfillment and happiness.

FEBRUARY OUTINGS

February 5th there is a group going to see the musical "Bandstand" at the Van Wezel.

February 8th Petra will lead a Ringling bridge walk.

February 9th we'll take a picnic lunch to watch the Ski-a-Rees perform their amazing water skiing show.

February 12th there is a group going out for lunch at Der Dutchman and then heading to the Big Top to see Circus Sarasota.

February 17th we are going to check out the new Sarasota Art Museum and then stop for lunch at Grill Smith.

February 22 residents will attend the Chorus of the Keys Concert.

FEBRUARY ENTERTAINMENT

Lenny Dave and Bob Vogel will lead us in a love song sing-a-long on February 3rd. There may also be a little comedy thrown in too.

My Three Sons consists of Stephen Ditchfield and his three sons. This

wonderful quartet will delight us on February 6th.

On February 10th Phyllis Lowitt will give another opera talk. This time she will show clips and give us details about "Romeo and Juliet."

The beautiful voices of the ladies of Belle Canto will surely impress everyone on February 13th.

The Mummerts have been here before; they always entertain with their music, dancing, and comedy. Mark your calendar for February 20th.

Finally we will hear classical music such as Mozart, Dvorak, Turina, and Piazzolla from the Bay Arts Trio on February 27th. The trio includes Margot Zarzycka on violin, Diego Villa on cello and Lise Frank on piano.

SPECIAL SPEAKER

Apologies to the Bingo players, but we are cancelling Bingo on February 5th for a special speaker. Alan Wissenberg, son of Herman and Marian Wissenberg, will give a talk entitled "German Politics after Angela Merkel."

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefits package and have the capability to remain debt free.

MAT MAKERS

The group that turns plastic shopping bags into mats for the homeless is starting up again on Wednesdays at 2:00 in the Craft Room. Everyone is welcome.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- HC=Health Center
- W=Wellness Center
- LR=Living Room

BOOK GROUP NEWS


You don't want to miss the opportunity to hear Patricia Gussin talk about her novel "Come Home." Mrs. Gussin is a New York Times and USA Today best-selling author of seven novels. Come and hear from this local writer on Friday, February 14th at 10:00.

WATCH DOCTOR

Did you know we have a new Watch Doctor who typically comes to Bay Village the second Thursday of the month from 10:00-12:00? Jeff from Venice Estate and Jewelry will replace watch batteries for \$10 and clean jewelry on site for free.

THE APP

We now have the option of using "Alexa" with the Bay Village App. This will be very helpful for residents with vision difficulties. Call Diana at 4036 for more information.

Sunday	Monday	Tuesday
		<p><i>American</i> HEART MONTH ♥</p>
2	3	4
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:30 Sarasota Orchestra (B) 6:00 Super Bowl Party (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 7:30 Music by Lenny & Bob (A)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:30 BILL: "Ancient Civilizations of North America" DVD (A)</p>
9	10	11
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 12:30 Trip to See the Ski-a-Rees (B) 7:00 Sunday Night Movie: "Always Be My Maybe" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 7:30 Opera Talk With Phyllis Lowitt (A)</p>	<p>9:00 Strength! (W) 9:30 Town Hall (B) 9:45 Splash (P) 10:00 Craft Class (CR) 11:00 Get Moving Bay Village Kick-off (A) 12:45 Duplicate Bridge (GR) 1:00 Pinochle (C) 2:00 Special Presentation by Alex Rotas (A) 7:30 BILL: "Ancient Civilizations" (A)</p>
16	17	18
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 12:45 Opera (B) 7:00 Sunday Night Movie: "The Sun Is Also a Star" (A)</p>	<p>9:30 Bible Class (A) 9:30 Town Hall (B) 9:30 Sarasota Art Museum (B) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 7:00 Movie "The Big Year" (A)</p>	<p>8:30 Men's Breakfast (TBA) 9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 7:30 BILL: "Abraham Lincoln and Frederick Douglass, A Walk to Respect" (A)</p>
23	24	25
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 12:45 Opera (B) 1:00 Asolo Theater (B) 1:30 Sarasota Orchestra (B) 7:00 Sunday Night Movie: "Five Feet Apart" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:30 Yoga (WC) 2:30 Downton Abbey (A) 6:15 Venice Concert Band (B) 7:00 Movie "Jerry Maguire" (A)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 12:45 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 BILL: "Ancient Civilizations of North America" DVD (A)</p>

Wednesday	Thursday	Friday	Saturday
			1 8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 1:00 Ballet (B) 7:00 Movie "The English Patient" (A)
5 8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "The Queen" (A) 6:00 Duplicate Bridge (GR) 6:15 "Bandstand" (B) 7:30 Special Presentation Alan Wissenberg (A)	6 9:00 Strength Class (W) 9:45 Splash (P) 10:00 Sing for Life (HC) 10:00 Wilkinson School STEAM Program (A) 11:30 Chair Fitness (A) 12:00 Guys Only Lunch (DR) 1:30 Yoga (W) 2:00 Poodles on Parade (A) 7:30 Music by My Three Sons (A)	7 9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 10:00 Writers Group (C) 11:00 Posture & Balance (W) 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8 8:00 Men's Shuffleboard (courts) 9:30 Ringling Bridge (B) 11:30 Chair Fitness on Video (A) 2:45 Venice Symphony (B) 7:00 Movie "Out of Africa" (A)
12 8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:00 Lunch & Circus (B) 11:30 Chair Fitness (W) 2:00 Move & Groove (W) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	13 9:00 Strength Class (W) 10:00 Shuffleboard Orientation (SC) 10:00 Sing for Life (A) 10:00 Watch Doctor (CR) 11:30 Chair Fitness (A) 1:30 Yoga (W) 2:30 Program On Artist Vik Muniz (A) 7:30 Music by Belle Canto (A)	14 9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 2:00 Shabbat (HC) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	15 8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness Video (A) 1:45 Chorus of the Keys (B) 2:30 Adult & Children's Orchestra (A) 7:00 Movie "City of Angels" (A)
19 8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "The Sun Is Also a Star" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	20 9:00 Strength Class (W) 9:45 Splash (P) 10:00 Campus Update (A) 11:30 Chair Fitness (A) 12:00 Guys Only Lunch (DR) 7:30 Music by the Mummerts (A)	21 9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 3:00 Yoga (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	22 8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 1:45 Chorus of the Keys (B) 7:00 Movie "The Notebook" (A)
26 8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 10:00 Ash Wednesday Service (A) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "Five Feet Apart" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	27 9:00 Strength Class (W) 9:45 Splash (P) 11:30 Chair Fitness (A) 1:30 Yoga (W) 7:30 Music by the Bay Arts Trio (A)	28 9:15 SILL (B) 9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	29 8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness Video (A) 1:00 Ballet (B) 2:45 Venice Symphony (B) 7:00 Movie "From Here to Eternity" (A)

"Village Vibes"

WILKINSON SCHOOL NEWS

On Thursday, February 6 at 10:00 AM staff and students will be bringing the exciting STEAM Program to the Bay Village Auditorium. STEAM is an acronym for science, technology, engineering, arts, and math. Fourth and fifth grade STEAM students are studying force and motion. Students will bring re-purposed materials with them and will explain the project they are going to complete. They are requesting one or two residents to sit with each student while they explain their learning process. The residents can enrich the learning process through conversation and vocabulary. A resident sign-up sheet is in the Activity Book. Please volunteer and enjoy this wonderful opportunity to participate with the very bright and spirited students while they are here at Bay Village.

ENVIRONNEWS

This article is a continuation from last month regarding the Sarasota County Sustainability Conference.

Tom Barwin, Sarasota City Manager, said that Sarasota had been named the most environmentally conscious city in Florida. A contract with FPL that runs to 2040 limits our ability to utilize solar. An increase in recycling volume increases contamination risks. The public needs continuous education to maintain awareness and be responsible.

Chris Castro, Manager of Sustainability and Resiliency for Orlando, an outstanding speaker, spoke of sustainability projects he has done in Orlando utilizing the Orlando model and in other parts of the world to improve the environment and increase sustainability. He is in addition to the city of Orlando working on all the Disney parks. Chris is a genius. Ideas sprouted from him like water from a hydrant. One idea: instead of growing grass in your yard

for no purpose, plant a garden and grow your own vegetables.

On energy, they are going to automatic control systems for opening and closing doors and utilizing solar where possible. Costs can be reduced and payback accelerated by communities doing bulk purchasing and using solar floating on ponds to make neighborhoods more sustainable.

Planning of new communities should utilize energy/water mapping which would result in fairer rates for everyone.

Emission control in Florida needs to be required since it makes up 30% of pollution.

Babcock Ranch, a self-sustainable community, was referenced and the determination was made for our Environmental Committee to visit it.

We came away with positive feelings about what is being done in our community and country by people young enough to be our grandchildren!

RAINBOWS & SHOWERS!

RAINBOWS to the generous donors who responded to the request from Wilkinson Elementary School for much needed school supplies.

RAINBOWS to everyone who responded so promptly to the FLiCRA call for action regarding the possible loss of exemption to the Florida skilled nursing bed tax.

RAINBOWS to all of you who may have stepped out of your comfort zone to try a new activity during our promotion for Activity Professionals Week.

GIFT SHOP NEWS

Ah, love is in the air. It's my favorite season - Valentine's Day. This is the time to entice your honey or your best friend or your favorite grandchild with his or her favorite food, chocolate (it'll get 'em every time) and a card from the gift shop to go with it. Also keep your eyes on the jewelry in the gift shop as well. What girl doesn't feel pretty in a smart new necklace or pair of earrings? We also have some beautiful new scarves to pick from. Happy Valentine's Day!

SPECIAL EVENTS

February 2 **SUPER BOWL PARTY**
Join us for trivia, beer, soda, chips & dip, wings, pizza bites and the **SUPER BOWL** on the big screen. We will start with some trivia at 6:00 then get our food in time for the 6:30 kick-off.

February 6th we will have **Poodles On Parade**. Eric and Sheila will be bringing their dogs to visit and they will show us pictures from their trip to California to the poodle convention.

February 11th will be the introduction to a new program, **GET MOVING BAY VILLAGE**. This will be our new Bay Village walking program. We will meet at 11:00 in the auditorium to learn more about the program and have some healthy snacks. All participants in this program will get a free pedometer. This is for people of all levels of fitness, you don't need to be able to walk 3 miles to get the benefits! We just want everyone to get out and move.

February 13th Jan Holmes is going to introduce residents to the artwork of Vik Muniz and then show a documentary, "Waste Land," about his work with the catadores or garbage pickers in Brazil. He often uses discarded items to create his art. Vik Muniz is a featured artist at the new Sarasota Art Museum.

We have a wide variety of movies offered on Wednesday afternoons, Saturday, Sunday and some Monday evenings. Some of the new releases include: "Always Be My Maybe," "The Sun is Also a Star," and "Five Feet Apart." Please check the calendar or TouchTown for other titles and more details.

FEBRUARY BIRTHDAYS

February 1

Bennie Baptist

February 2

Janet Schmidlein

February 4

Margaret Gutzmer, Robert Vandevier

February 6

Elva Stookey

February 7

Harvey Wolfson, Lucielle Scholfield

February 12

Alice Shankland, June Carol Hines

February 13

Madelyn Nordmark, Cathy Dobbs

February 14

Bea Eisele

February 16

Sara Atz

February 17

John Godman

February 18

JoAnne Ryan

February 19

Wren McHargue, Joyce Huber

February 20

Elaine Hevrdejs, James Huber

February 28

Opal Akscin, Sally Kall

February Anniversaries

February 2

Tom Cliff & Bob Wiegand

February 3

Jack & Jacquie Rieke

February 12

Al & Cecile Chamberland

February 23

John & Donna Gary

WELCOME NEW RESIDENTS

Alan & Beryl Perry

Apartment 365

The Village Vibes

February Vespers Ministers

February 7

Rev. Dr. Chuck Moffett

Bay Village Chaplain

February 14

Rev. Dr. Chuck Moffett

Bay Village Chaplain

February 21

Rev. Dr. Chuck Moffett

Bay Village Chaplain

February 28

Guest TBA

MEN WHO LOVE TO SING!

Every Friday afternoon at our Vespers Service we have the opportunity to sing together hymns and songs of praise. We have openings for several men to join us. If you have been attending Vespers or have sung in church choirs and would like to consider singing with our Vespers Singers, you would be most welcome. We have good times together. Feel free to call John Gary at 1665 for more information.



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

One of the classic Aesop's fables tells of a dispute between the WIND and the SUN, as to which had the greater strength. In order to settle the dispute, they agreed that whichever one could force a traveler coming down the road to take off his coat, that one would be the stronger of the two.

The WIND was the first to try. He puffed, and roared, and wailed against the traveler. But the harder he blew, the more closely he wrapped his coat around him.

Then it was the turn for the SUN. Quietly and gently he shown down on the traveler until, in the comforting warmth of his rays, the traveler threw aside his coat.

The gentleness of the sun proved to be stronger than the bluster of the wind.

We live in a noisy, competitive, violent, divisive world. Headlines and tweets from all sides encourage us to take sides by being assertive, to fight our way to the top, to look out only for self. We are encouraged to believe that roughness, rudeness, and ridicule are signs of strength.

We dismiss the power of gentleness, kindness, compassion because they seem to appear as weakness, capitulation, and compromise of self.

Consider the power of gentle drops of dripping water which can wear down a mighty rock. Watch the power of a young, tender plant which thrives by gently pushing through a piece of concrete on its pursuit of light.

If there is any virtue in Valentine's Day, other than gilding the coffers of Hallmark and Hershey, perhaps it is to remember that love is expressed in a gentle whisper, not a self-serving shout. Healing comes from the gentleness of a listening, respectful spirit. Compassion comes in the form of the presence of a patient friend.