

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



## Bay Village

Eric Nichols ..... President/CEO  
 Jennifer Grimes ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Marvin Lunsford ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Shirley Laurence ..... Dir. of Health Service  
 Ann Aldrich ..... Dir. of Human Resources  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Diana Caughron ..... Resident Enrichment Dir.  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Mission Statement

*Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.*

[www.bayvillage.org](http://www.bayvillage.org)

[www.facebook.com/BayVillageSRQ/](https://www.facebook.com/BayVillageSRQ/)

## December 2019

### NICHOLS' NOTES

December is here and it's time to look back at a few of the highlights here at Bay Village in 2019.

- \* Several new Directors joined the Bay Village management team: Jennifer Grimes, COO, Shirley Laurence, DON, and Diana Caughron, Resident Enrichment Director.
- \* Point of Sale was implemented in the Dining Room and Poolside Cafe.
- \* A major cleanup of the invasive plants occurred on our property working with our neighbors from Pelican Cove.
- \* The poolside grill opened with new equipment, making it a place to host apartment floor parties, and it provides enhancements to the popular Chill and Grill each Friday.
- \* There were nine risers replaced during the year and shut off valves added to the west wing.
- \* The over three year chiller project came to a close with the installation of the new chiller.
- \* The director team, along with SFCS architects, worked on the schematic designs and the design development plans for memory care and master plan.
- \* Several of the Citrus Health Care rooms and Terrace Assisted Living rooms were upgraded.
- \* Work began on improvements to the 8/9/11 apartment floors and core areas.

It has been a busy year and I appreciate all the support the Bay Village of Directors, the residents, and the employees have given to me through this year. I wish you and your family a very happy holiday season!

## Village Vibes

### MEET THE CONSTRUCTION CREW

Every month, we are going to introduce you to one of the crew who are helping with the remodel of Bay Village. This month, we are meeting Josh West. Josh is a Project Superintendent for ME&S. He has worked with the company for 11 years. Some other projects Josh has worked on include the 2 story Publix, Whole Foods, Sarasota County School Board, and the Catholic Diocese. Away from work, Josh keeps busy with his 4 children, coaches soccer and enjoys off-shore fishing. Thank you, Josh, for your work.



### OTHER NEWS

On Tuesday, Dec. 10th, there will be a special concert in the Bay Village Auditorium! Children from Wilkinson Elementary School will perform a concert for us at 10:00 a.m. Please make an effort to come hear the joyful music and to support these boys and girls.

Have you always wanted to learn to play bridge? If so, give Diana a call at extension 4036. If we can get at least 4 residents who want to learn, we will try to have a class.

The day after Christmas can be kind of BLAH! Guests often leave, many of the staff are off, we have opened all of the gifts, stayed up too late, and eaten too much. Resident Services staff are going to try to make it a little more fun. At 10:00, Diana will lead a walk around the pond so we can burn some of those extra calories. Then at 2:00, we will see how well you know Bay Village as we host a Scavenger Hunt. There will be a prize for the winners and healthy refreshments for all. Don't just spend the day in your room feeling BLAH; please come join the fun.

### BILL NEWS

Dec. 3rd the topic is: "Climate Change: Causes, Consequences and Coping." The speaker is Dr. Terry L. Root, who is a major research contributor to the UN Intergovernmental Panel for Climate Change (IPCC), which was co-awarded the Nobel Peace Prize in 2007. Dr. Root will discuss the science behind our changing climate and how plants, animals and humans are being affected. She will also address Florida's particular vulnerabilities and necessary remedies.

Peggy Martin will present, "Teacher: The Story of Anne Sullivan" on Dec. 10th. In this one-woman show, Ms. Martin portrays Anne Sullivan, who taught the deaf and blind child, Helen Keller, how to read. Anne served as a beacon for those in the teaching profession who every day are faced with the task of reaching students and changing their lives forever.

On Dec. 17th, Daniel Spohn will speak on "Tracking Our Enemies: An Overview of the U.S. Intelligence Community." There are 17 separate U.S. intelligence agencies, employing tens of thousands, gathering and analyzing information about the threats to U.S. security. Physicist Daniel Spohn, a 20-year veteran of the Department of Defense Intelligence Agency, provides an overview of U.S. intelligence activities, how it is organized, what they do and how they interact.



## The Village Vibes

### Wellness Corner ... By Petra Mueller

Time flies when you are having fun. We arrived at the most festive season of the year and have many activities planned for you, starting with a Ringling Bridge walk and breakfast on Dec. 7th for your physical wellness. On Dec. 16th and Dec. 19th we are taking you on the Holiday Light Trolley Tour for your social, emotional and spiritual wellness. During the month, we offer many opportunities for educational programs and entertainment to involve your intellectual wellness. It is up to you to participate and invite friends to come along and join in.

On the morning of Christmas Eve, we will meet in the auditorium for our annual Holiday Workout followed by some refreshments to celebrate the season. No matter what your fitness level is, you will be able to join us and have fun...even if you just sing along! Every resident is invited to give it a try.

### DECEMBER ENTERTAINMENT

Dec. 5th Joan Streit will sing and play the piano for us at 7:30.

Dec. 8th there will be a Suzuki Recital in the Auditorium from 1:00-5:00.

Dec. 12th we are very pleased to have the small ensemble bell choir from Ring Sarasota called Ring Side. They will play holiday music on handbells at 7:30 p.m. in the auditorium.

Dec. 13th the Cantori Choir from Church of the Palms will perform a Christmas Program at 7:30 p.m in the auditorium.

Dec. 14th there will be a piano recital in the auditorium from 3:00-5:00.

Dec. 16th at 3:30 in the auditorium, there will be a sing a long for all interested residents.

Dec. 23rd the Adult and Children's Orchestra will perform their Christmas concert at 2:30 p.m.

### 'TIS THE SEASON

Dec. 11th is the resident Christmas Party, and Bay Village will be transformed into a winter wonderland! There will be amazing food, music, and fun for all.

Dec. 14th a group of residents will be attending the Ditchfield Family Christmas.

Dec. 15 we will honor and celebrate Ida Gordon Poole as she turns 100 years old with a party at 3:00 in the living room.

Dec. 16th and 19th we have 2 different groups riding on the Christmas Light Trolley.

Dec. 18th there is a matinee showing of "ALF the Musical" that a group of residents will be attending.

Dec. 31st Bay Village residents will have the chance to ring in the New Year with our neighbors in Greece. The party starts at 3:30 p.m. and we will ring in 2020 at 5:00 p.m. (midnight in Greece). There will be live music, a dance floor, and wonderful Greek treats.

### VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to remain debt free.

### WELCOME NEW RESIDENTS

Robert & Emilie  
Kimbrough  
Apartment 435  
David Brubaker  
Apartment 701

## KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- HC=Health Center
- W=Wellness Center
- LR=Living Room



## NEWS FROM DINING SERVICES

The dining room will be closed for lunch Friday, Dec. 13th, for the employee Christmas Party. Chillin' & Grillin' will not be offered either. The Poolside counter service will be open from 9:30-12:30. Dinner hours will remain the same.

Chef Sean and his culinary team will be creating a special menu for Christmas Eve and New Year's Eve, as well as Christmas Day and New Year's Day, so no special function dinner orders will be taken on those days. I would like to take this opportunity, on behalf of the entire Dining Services staff, to wish each and every resident a very merry Christmas and a prosperous New Year.



Sunday	Monday	Tuesday
1	2	3
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 6:15 Florida Studio Theater (B) 7:00 Sunday Night Movie: "Holiday Inn" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00 Mahjong (GR) 2:30 Downton Abbey (A) 6:15 Venice Concert (B)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:30 BILL: "Climate Change: Causes, Consequences and Coping," Dr. Terry L. Root (A)</p>
8	9	10
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:30 Sarasota Orchestra at Van Wezel (B) 7:00 Sunday Night Movie: "The Miracle Worker" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00 Mahjong (GR) 2:30 Downton Abbey (A)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 10:00 Wilkinson Elementary School Concert (A) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 7:30 BILL: "Teacher: The Story of Anne Sullivan," Peggy Martin (A)</p>
15	16	17
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 3:00 100th Birthday Party for Ida Poole (LR) 7:00 Sunday Night Movie: "Joyeux Noel" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00 Mahjong (GR) 3:30 Christmas Sing-A-Long (A) 4:00 Christmas Light Trolley (B)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 7:30 BILL: "Tracking Our Enemies: An Overview of the U.S. Intelligence Community," Daniel Spohn (A)</p>
22	23	24
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "White Christmas" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00 Mahjong (GR) 2:30 Downton Abbey (A)</p>	<p>10:00 Holiday Workout (A) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 1:00 Pinochle (C) 2:30 Movie "The Nativity" (A) 7:00 Movie "The Nativity" (A)</p>
29	30	31
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Christmas in Connecticut" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00 Mahjong (GR) 2:30 Downton Abbey (A)</p>	<p>9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 3:30 New Year's Eve Party With a Dance Floor and Music by 3 Hits and a Miss (A)</p>

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 2:00 Move &amp; Groove (W) 2:30 Popcorn &amp; Movie "Holiday Inn" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>5</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 10:00 Sing for Life (A) 11:30 Chair Fitness (A) 12:00 Guys Luncheon (DR) 1:00 Yoga (A) 7:30 Music by Joan Streit (A)</p>	<p>6</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Writers Group (C) 11:00 Posture &amp; Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>7</p> <p>8:00 Men's Shuffleboard (courts) 9:30 Ringling Bridge Walk (B) 11:30 Chair Fitness on Video (A) 7:00 Movie "Pearl Harbor" (A)</p>
<p>11</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 2:00 Move &amp; Groove (W) 4:00 Resident Christmas Party</p>	<p>12</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 10:00 Watch Doctor (C) 10:00 Sing for Life (A) 11:30 Chair Fitness (A) 1:00 Yoga (A) 7:30 Music by Ring Side Bell Choir (A)</p>	<p>13</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Posture &amp; Balance 11:30 Chair Fitness (A) 12:30 Employee Party (DR) 2:00 Shabbat (HC) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:45 Players Theater (B) 7:30 Music: Cantori Choir From Church of the Palms (A)</p>	<p>14</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 12:45 Ditchfield Family Christmas (B) 3:00 Piano Recital (A) 7:00 Movie "A Christmas Story" (A)</p>
<p>18</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 12:45 Venice Theater, "Assisted Living the Musical" (B) 2:00 Move &amp; Groove (W) 2:30 Popcorn &amp; Movie "Joyeux Noel" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)</p>	<p>19</p> <p>9:00 Strength Class (W) 9:45 Splash (P) 11:30 Chair Fitness (A) 12:00 Men's Luncheon (DR) 1:00 Yoga (A) 4:00 Christmas Light Trolley (B)</p>	<p>20</p> <p>9:30 Tai Chi, Advanced (W) 11:00 Posture &amp; Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:30 Black Theater at Opera House (B)</p>	<p>21</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 2:45 Venice Symphony (B) 7:00 Movie "The National Tree" (A)</p>
<p>25</p> <p>12:00, 2:00, 4:00 Seatings for Christmas Dinner 2:30 Movie, "Elf" (A) 7:30 Movie, "Elf" (A)</p> <p>Merry Christmas</p>	<p>26</p> <p>10:00 Walk Around the Pond With Diana (Meet by Terrace Exit) 11:30 Chair Fitness on Video (A) 1:00 Yoga (A) 2:00 Bay Village Scavenger Hunt (A) 7:30 Movie, "Beyond Christmas" (A)</p>	<p>27</p> <p>9:30 Tai Chi, Advanced (W) 11:00 Posture &amp; Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>28</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance &amp; Posture (W) 11:30 Chair Fitness (A) 7:00 Movie "The Christmas Blessing" (A)</p>
			



## "Village Vibes"

### MOVIES

We will start off the month with 2 serious movies, "Pearl Harbor" and "The Miracle Worker." But for the rest of December, all of our movies will have a holiday theme. Some older and some newer movies will be shown, so check channel 195 or the monitors for the descriptions.

Last month, we took a poll about movie start times and the winner was ... 7:00. So the movies shown on Saturday and Sunday night will continue to start at 7:00. However, if there is a movie on Thursday night in place of entertainment, then it will start at 7:30 since that is the usual time for entertainment.

On Christmas Eve, Christmas Day and New Year's Day, we will be showing the same movie at 2 different times during the day, 2:30 and 7:00, to give residents some options.

### ENVIRONEWS

Kudos for those of you who use reusable bags when shopping. They now have a sign in front of Publix stores to remind you or, if you forget as I did, to purchase a bag for 98 cents.

The "Recork it" program is an ongoing project. Either give your used wine corks to your Floor Rep or to Judy Evenson in apartment 1043. The corks will be given to Whole Foods which is partnering with Cork ReHarvest. They have a bin near the front door. Some of the corks are made of plastic. Don't worry. They will sort them for us.

The purpose of this project is twofold: to recycle the cork into new products, and to help sustain the cork forest. The cork forests hold some of the planet's highest levels of biodiversity supporting endemic and endangered species. We do have enough cork to bottle wine for the next 100 years. Products such as handbags, flooring and innersoles for shoes are made from the cork you

recycle instead of allowing it to return to the landfill.

We can do our part to improve the health and wellness of the world we live in. Remember the earth is not infinite. Buying and recycling natural wine corks are easy ways to start. Although synthetic screw caps and plastic closures are cheaper, they are extremely harmful to the environment.

Remember, when we work together, we can accomplish great things.

### ART WALL

Have you ever looked at the amazing art displayed in the Game Room every month? There is a dedicated committee that decides the monthly theme, requests art from residents, and arranges and displays that art. Your artwork is handled with extreme care, so please consider sharing it for one of the monthly displays. Committee chair is June Carol Hines in 906.

### RAINBOWS & SHOWERS!

**RAINBOWS** to all who donated socks, underwear, and personal care items for the children at Wilkinson Elementary School. These items are greatly appreciated and will be put to good use.

**RAINBOWS** to the Bay Village volunteers who are giving so generously of their time and talents to the children, teachers, and staff at Wilkinson Elementary.

**RAINBOWS** to Keith Gallagher, son-in-law of Doyle and Mary King, for his wonderful presentation during our Veterans Day Program.

**RAINBOWS** to Russell Howard, grandson of Suzanne Fensterwald, for his presentation on the Bahamas after Hurricane Dorian.

**RAINBOWS** to all of the residents who worked so hard on the Holiday Bazaar. It was a huge success!



### CONGRATULATIONS BAY VILLAGE CHEFS!

Join us in congratulating Chef Sean and Chef Richard on taking 1st place for the second year in a row! This year, they competed in the "Hot Appetizer" category at the Best of the Best Senior Living, Culinary Extravaganza, put on by the Sarasota County Aging Network.

### EMPLOYEE YEARS OF SERVICE

On October 22nd, Bay Village celebrated employees who have worked at the company 3, 5, 10, 15, 20, 25, 30, and even 40 years! A delicious lunch was served to the honored employees and their Directors. CEO Eric Nichols spoke and presented the employees with service pins. A special award was presented to Ardith Wright of the Housekeeping Department for her 40 years of service!



### DECEMBER BIRTHDAYS

December 1

Angelina Passarella, Inga Ingeburg

December 3

Al Chamberland

December 4

Phyllis LaTempa

December 6

Shirley Weiss, Ed Brown

December 7

Janet Mahler

December 9

Ron Shankland

December 10

Carol-Jane Guardino

December 13

Jean Cota

December 14

Carol Talbot

December 17

Ida Poole, Lourane Salvaggio

December 19

Milt Heinowitz

December 23

Elaine Eldridge, Mary Ann Mason

December 25

Martha Bonham, Josi Madigan

December 27

Rose Layton

December 29

Bam Justice

### DECEMBER ANNIVERSARIES

December 6

Don & Carolyn McGarvey

December 30

David & Elna Laux

Carl & Gillian Stockton

### The Village Vibes

#### December Vespers Ministers

December 6

Rev. Dr. Chuck Moffett

Bay Village Chaplain

December 13

Rev. Dr. Chuck Moffett

Bay Village Chaplain

December 20

**CHRISTMAS COMMUNION**

Rev. Dr. Chuck Moffett

Bay Village Chaplain

December 27

**Service of Carols & Stories**

Rev. Dr. Chuck Moffett

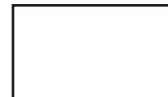
Bay Village Chaplain

#### Transportation Updates

Starting in January, we will be charging residents \$15.00 if they do not cancel a scheduled limo or wheelchair van ride by 4:30 p.m. the day before.

Please remember to sign up for any church bus you plan on riding. It is still free, but we want to know 24 hours in advance which routes we need to run.





John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

### **CHAPLAIN'S CORNER**

*Rev. Dr. Chuck Moffett*

"Whew! I cannot wait for this year to be over!" Hold on - it almost is over. One more month of enduring this past year. Finally, a chance to bid farewell to the problems and pains of 2019. Now, to settle in to the cozy comfort of the year-end parties and numbed nostalgia in the form of consumption buying of gifts which no one really needs, and which we really cannot afford. BUT, we convince ourselves that this year's end will be time of renewal.

Maybe, we hope and we yearn, that the new year will be the time of freedom from the political partisanship and moral morass in which we are drowning, personally and as a nation.

The question is: *How desperate, truly, are we for a change?!* Nothing will be better for us unless we work it better for everyone! Simply to wish life would return to where I was safe, secure, satisfied, and selfish ignores the trauma and terror of those on the outside, which creates the trauma and terror for everyone.

For people of all faiths, this time of year, as described by Jim Wallis of *Sojourners* magazine "*is nothing less than a manifesto for turning the world upside down!*"... or I would suggest, "turning the world right-side up!"

As Jim Wallis continues: "*In this ...season, we need to prepare for the (God) who taught us to love our neighbor as we love ourselves - and remember that our neighbor is the one who is different from us. We need to prepare for the (God) who teaches us that the 'least of these' are the most important, even as they are treated as the least important by many of our politicians*"...(and by many of us).

As we prepare for this holiday season, may we remember the radical word of God: "*Do not say a word of relief for the year gone by. Instead, prepare intentionally to meet God who is at work for a new life for ALL!*"