

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

## November 2019



### Bay Village

Eric Nichols ..... President/CEO  
 Jennifer Grimes ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Marvin Lunsford ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Shirley Laurence ..... Dir. of Health Service  
 Ann Aldrich ..... Dir. of Human Resources  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Diana Caughron ..... Resident Enrichment Dir.  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Mission Statement

*Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.*

[www.bayvillage.org](http://www.bayvillage.org)

[www.facebook.com/BayVillageSRQ/](https://www.facebook.com/BayVillageSRQ/)

Back in September I hosted a Question and Answer session that answered various questions that residents have with the master plan renovation work and the memory care household. I asked for questions ahead of time in order to put together a presentation that would address the questions. Overall, this special Campus Update went very well and I had a lot of positive comments from residents about the meeting. If you have questions, please feel free to ask me as we move Bay Village into the future.

The eighth and ninth floor corridors and core renovation work are moving along nicely. I have heard nothing but positive comments from the residents on these floors about the courteous workers and how clean they keep the hallways. By the time you read this, the fourth, sixth, and seventh floors will have selected their color schemes for their floors. These floors will be completed during the first quarter of 2020. I am pleased to announce that floors five, ten, and twelve will be completed in 2020 and not have to wait until 2021. I expect the work on these floors to be completed during the second quarter of 2020. The remaining floor (third) will have their renovation work completed when the work is happening on the new wellness center/spa on the third floor roof deck. I hope this work begins sometime late third quarter/early fourth quarter 2020.

I wish you and your family a wonderful Thanksgiving. We have a lot to be thankful for!



## Village Vibes

### November Entertainment

Nov. 7th Sarasota residents Chris and Karen Romig will perform a flute and piano concert. Besides being a very talented pianist, Chris is the Senior Pastor at Venice Presbyterian Church. Karen has been playing the flute since the age of 8 and has won numerous awards.

Nov. 14th Jimmy Mazz will have us jumping in our seats with his variety of music and comedy. Jimmy performs jazz, swing and rock and roll.

Nov. 21st we have the Maple Sugar Serenaders from Vermont. This husband and wife duet will bring us lively swing songs and fiddle tunes from the '30s-'50s.

Nov. 28th, Thanksgiving, we will show a movie.



### NOVEMBER SPECIAL EVENTS

November 4th the National Cremation Society will have a presentation at 10:00 in the board room.

November 5th is resident council meeting at 2:00 in the auditorium.

November 6th some of our outdoor enthusiasts will be going on a tram ride at Oscar Scherer State Park and then having a picnic lunch.

November 11th is Veterans Day. We will have a program in the auditorium at 10:00 to honor our Veterans. Part of the program will include a presentation by Keith Gallagher, son-in-law of Doyle & Mary King. Keith will talk about his time serving in the Navy.

November 13th Peter Huber will be doing a presentation on SILL at 10:00 in the auditorium.

November 14th is a busy day! The Holiday Bazaar will be from 9:00-2:00 in the lobby area and card room. They will have many wonderful things for sale. Later that evening we have a group going to the Van Wezel to hear a talk from Julie Andrews.

November 15th Russell Howard, grandson of Bay Village resident Suzanne Fensterwald, will speak to us about his recent experiences in the Bahamas after Hurricane Dorian. Russell is Chief Boatswain Mate on the Winslow Greisser of the U.S. Coast Guard.

November 16th the Pineview Concert Crew will put on a concert for us in the auditorium at 4:00. Please come out and support this group of kids.

November 17th we will host a Suzuki recital in the auditorium from 1:00-5:00.

November 18th-22nd is our annual Food Drive for the All-Faiths Food Bank. The collection boxes will be in the elevator lobby area.

November 18th there will be a happy hour out on the pool deck.

November 19th we are taking a trip to the UTC Mall to shop, eat, and see the Christmas decorations.

November 20th there is a group going on the Circus Trolley to see some of Sarasota's Historic Sites.

November 21st will be the last Campus Update of the year in the auditorium at 10:00.

The Adult and Children's Orchestra will perform in the auditorium at 2:30 on November 23. Did you know there are several Juilliard graduates in the group?



## Wellness Corner ... By Petra Mueller

November, the time for Thanksgiving in our lives for all the good things that we experience every day. Practicing gratitude on a daily basis will help us live happier and healthier lives, besides being physically active. Trade an encouraging smile with your fellow residents in the hallways and see how that makes you feel.

Laugh with each other and grieve with each other - we are one community.

Give each other a helping hand if needed.

On a more practical note, I am planning a little fun competition on the Mini Golf Course at Smuggler's Cove, where you can win lunch! **Saturday, November 9** we are on our way by bus to do this.

**Sing for Life** continues during November and if you did not try it yet, come and join the crowd.

Take advantage of the variety of classes that are being offered here at Bay Village and invite your neighbors to come along.

## ENVIRONEWS

This report comes from a meeting regarding red tide that was held September 9, 2019 at Glenridge. Some of our committee attended that meeting.

The presentation of solutions to avoid red tide and reduce the excess nutrients that feed red tide and other algae was made by Sandy Gilbert, CEO of START, an organization developed to preserve coastal waters, headquartered in Tallevast, FL.

The algae that causes red tide (*karagenia bravis*) is 31% solid and carries high concentrations of nitrogen and phosphorus. The nutrient reduction program START is involved with has a reduction goal of 70% for nitrogen and 87% for phosphorus.

To address the issues, programs such as a seeding of cultivated clams which are resistant to red tide are being used to filter over 4 million gallons of water in Sarasota Bay daily. Other methods include under

dock filtration devices which reduce phosphorus by 40% (Ocean Habitats).

Creation of mini reefs is accomplished through oyster recycling using shells from local restaurants used to build these mini reefs to grow new oysters (Gulf Coast Oyster Recycling and Renewal Program).

Sandy Gilbert, referenced above, is a very committed and accomplished head of START.

## APP UPDATE

Bay Village is getting close to 200 users on the app. Those users are getting on the app about 2000 times a month. That number includes staff and residents. Bay Village posts 50 activities and 55 announcements on Touchtown every month. Touchtown reports that that number is about 3 times more than most of their clients. If you don't have the app but are interested, please see Diana, Director of Resident Enrichment. The app is very easy to use and extremely helpful!

## The Village Vibes

### VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to remain debt free.

### WELCOME NEW RESIDENTS

Judy Strenk  
Apartment 713  
Mary Symes-Leith  
Apartment 314  
Ivona Adams-Smith  
Apartment 938  
Marion Larsen  
Apartment 1113

## KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- HC=Health Center
- W=Wellness Center
- LR=Living Room



## NEWS BITS

If you are available on Thursday mornings, the mail room is looking for a volunteer to help sort the mail. Contact resident services if interested.

Speaking of volunteers, please make sure you are keeping track of your volunteer hours. Not only is this a marketing tool for Bay Village to show how active and involved our residents are, it also helps us honor our volunteers annually. If you need a form to track your hours, see Leesa in resident services.

Please continue to give Diana suggestions for movies, entertainment and outings. We might not be able to schedule these things immediately, but we will try to use as many resident suggestions as possible.



Sunday	Monday	Tuesday
		 <b>GATHER</b> <i>Together</i>
3	4	5
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Pavarotti" (A)	9:30 Bible Class (A) 10:00 Cremation Society Presentation (BR) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:00-3:00 Shred Event 2:30 Downton Abbey (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel (BR) 10:00 Prayer Group (C) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:30 BILL: "SRQ Airport", Ric Piccolo (A)
10	11	12
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "A Dog's Journey" (A)	10:00 Veterans Day Program (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 2:30 Downton Abbey (A)	9:00 Strength! (W) 9:45 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 12:30 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 BILL: "A Life With UNICEF", Mahesh Patel (A)
17	18	19
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 1:00 Suzuki Recital (A) 7:00 Sunday Night Movie: "The Art of Racing in the Rain" (A)	9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 2:30 Downton Abbey (A) 3:30 Happy Hour (P)	8:30 Men's Breakfast (DR) 9:00 Strength! (W) 9:45 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 3:00 UTC Mall Trip (B) 7:30 BILL: "From Bestselling Crime Author to Recovery Advocate", Leslie Glass (A)
24	25	26
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Armstrong" (A)	9:30 Bible Class (A) 9:30 Strength (W) 10:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 2:30 Downton Abbey (A)	9:45 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness on Video (A) 12:30 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 BILL: "Revisiting the American Frontier", Sylvia & Al Eckes (A)

Wednesday	Thursday	Friday	Saturday
		1	2
		9:30 Tai Chi, Advanced (W) 10:00 Writers Group (C) 11:00 Balance & Posture (W) <i>11:30 Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 7:00 Movie "Marley and Me" (A)
6	7	8	9
8:15 Men's Shuffleboard 9:30 Trip to Oscar Scherer Park (B) 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Move & Groove (W) 2:00 Mat Making (CR) 2:30 Popcorn & Movie "Pavarotti" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	10:00 Sing for Life (A) 11:30 Chair Fitness on Video (A) 12:00 Guys Lunch (DR) 1:00 Yoga (A) 7:30 Music by Chris & Karen Romig (A)	9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Balance & Posture (W) <i>11:30 Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Shabbat (HC) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:30 Mini-golf & Lunch (B) 11:30 Chair Fitness on Video (A) 7:00 Movie "While You Were Sleeping" (A)
13	14	15	16
8:15 Men's Shuffleboard 10:00 SILL Program (A) 10:00 Beg. Tai Chi (W) 11:00 Episcopal Service (C) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Mat Making (CR) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "A Dog's Journey" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	9:00-2:00 Holiday Bazaar (C) 9:00 Strength Class (W) 9:30 Splash (P) 10:00 Sing for Life (A) 10:00-12:00 Watch Doctor (GR) 11:30 Chair Fitness (A) 1:00 Yoga (A) 5:30 Julie Andrews (B) 7:30 Music by Jimmy Mazz (A)	9:30 Tai Chi, Advanced (W) 10:00 Speaker: Russell Howard "Bahamas After Dorian" (A) 11:00 Balance & Posture (W) <i>11:30 Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 4:00 Pineview Concert Crew (A) 7:00 Movie "Midnight in Paris" (A)
20	21	22	23
8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 12:00 Circus Trolley (B) 2:00 Mat Making (CR) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "Art of Racing in the Rain" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	9:00 Strength Class (W) 9:45 Splash (P) 10:00 Campus Update (A) 11:30 Chair Fitness (A) 12:00 Guys Lunch (DR) 1:00 Yoga (A) 7:30 Music by Maple Sugar (A)	9:30 Tai Chi, Advanced (W) 11:00 Balance & Posture (W) <i>11:30 Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:45 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 2:30 Adult & Children's Orchestra (A) 7:00 Movie "As Good as It Gets" (A)
27	28	29	30
8:15 Men's Shuffleboard 9:30 Strength (W) 10:00 Balance & Posture (W) 11:30 Chair Fitness on Video (A) 2:00 Mat Making (CR) 2:00 Move & Groove (W) 2:30 Popcorn & Movie "Armstrong" (A) 6:00 Duplicate Bridge (GR) 7:15 Bingo (A)	Happy Thanksgiving!  Special Meal Seating: 12:00, 2:00, 4:00 7:30 Movie: "Old Fashioned Thanksgiving" (A)	9:30 Tai Chi, Advanced (W) <i>11:30 Chair Fitness on Video (A)</i> 2:00 Hand Class (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:45 Splash (P) 11:30 Chair Fitness on Video (A) 7:00 Movie "Stan & Ollie" (A)

## "Village Vibes"

### BOOK GROUP

The next meeting of the Book Group will be Friday, Nov. 8th at 10:00 in the auditorium. Bay Village Resident and Author Jim Hensal will challenge us to solve the murder of an old man in his mansion in the South of France. His book, "Portrait of Suspicion" will entertain and surprise!

### DINING SERVICES

It's time for floors to book their Christmas luncheon parties. All luncheons will be held in the main dining room. You may elect to have a brunch either in the main dining room or out on the pool deck. Please call ext. 2112 for reservations.

### WATCH DR.

Jeff Taube from Venice Estate & Jewelry will be here the second Thursday of every month 10:00-12:00 to replace watch batteries (\$10) and clean jewelry. Jeff is licensed & bonded.

### BILL NEWS

Nov. 5th: "SRQ Airport" Speaker:  
Ric Piccolo

Mr. Piccolo will discuss the Airport Authority's structure, terminal renovations, expanding air service destinations, the economic impact the airport has on our community, the airport's infrastructure and the way it functions as a mini-city with its own Police and Fire departments... among other things!

Nov. 12th: "A Life With UNICEF"  
Speaker: Mahesh Patel

In 25 years with the United Nations Children's Fund (UNICEF), Mahesh Patel traveled to 90 countries in Asia, Eastern Europe and Africa working closely with local people from villagers to heads of state and participated in several humanitarian relief projects. He will describe and respond to questions about his life and work.

Nov. 19th: "From Bestselling Crime Author to Recovery Advocate" Speaker:  
Leslie Glass

Leslie Glass will tell how she gave up a successful career as an author and crime novelist to produce documentaries, publish recovery workbooks and develop the most comprehensive addiction recovery website on the Internet.

Nov. 26th: "Revisiting the American Frontier: The Wild West and the Wild East" Performers:  
Sylvia and Al Eckes

Saddle up for a lively hour of history, music, and song about the similarities between the 19th century cattle frontiers of central Kansas and central Florida. Both areas were truly "wild," with cattle drives, predators, Indian wars, range conflicts and family feuds, rustlers and vigilantes, cow-town duels, shoot-outs and assassinations.

And Dec. 3rd we will have major research contributor, Dr. Terry L. Root speaking about "Climate Change: Causes, Consequences and Coping."

## RAINBOWS & SHOWERS!

RAINBOWS to all who dressed in costumes for the Halloween Party. A good time was had by all.

RAINBOWS to Ken Bradt for introducing us to his very talented son, Gary Bradt. Gary gave a fun and informative talk on dealing with change.

RAINBOWS to those who give at least 24 hour notice when they need to cancel transportation or an outing.

RAINBOWS to Passerine, Sarasota Academy of the Arts, Tahja and her team, and Jumping Joey for the wonderful entertainment during October.

Rainbows to all of the interesting speakers during October. We covered topics such as the Presidential election, Oscar Scherer State Park, safety from scams, the Van Wezel, change, nutrition and more.

## NOVEMBER MOVIES

In the month of November we are watching some biographical movies, some warm and fuzzy dog movies and some random requests.

November 2nd is the movie "Marley and Me" starring Owen Wilson and Jennifer Aniston.

November 3rd & 6th we will show the new Ron Howard documentary, "Pavarotti."

Sandra Bullock finds herself in love with brothers in the romantic comedy, "While you Were Sleeping." It will be shown November 9th.

"A Dog's Journey" shows us how a dog can bring love to many people. This movie will be shown November 10th & 13th.

November 16th we will watch the Woody Allen movie, "Midnight in Paris."

Another movie involving a dog is "The Art of Racing in the Rain," which we will show November 17th and 20th.

Jack Nicholson's rude demeanor totally changes after he dog-sits for his neighbor in "As Good As It Gets." This will be shown November 23rd.

November 24th and 27th we will show the movie "Armstrong" about the life of famous astronaut Neil Armstrong.

On Thanksgiving, November 28th, we will watch "An Old Fashioned Thanksgiving."

The highly rated movie, "Stan & Ollie" tells the story of Laurel & Hardy later in life. This movie will be shown November 30th.



## NOVEMBER BIRTHDAYS

November 2

Inge Jasson, Curtis Hood

November 3

Joy DeCarolis, Eleanore Flagg

November 4

Peg Wickham, Phyllis Peterman

November 5

David Laux

November 6

Rita Wallace

November 9

Elam Hertzler

November 11

Margaret Beisswenger

November 12

Joan Maxwell, Sibyl Hardeman

November 13

Betty Gasch, Chuck Hendricks, Sonnie Brooks

November 15

Galina Sullivan

November 16

Anna Gannon

November 17

Joan Bullen

November 18

Barbara Heistand

November 19

Betty Bridgman, Margaret Roberts

November 20

Sally Bell

November 21

Theda Schulte

November 22

Marian Wissenberg

November 24

Beverly Ford, Joan Davis, Jim Symons

November 25

James Blanchard

November 28

Helen Williams, Wolf Shindlebower

## The Village Vibes

### November Vespers Ministers

November 1

*ALL SAINTS' DAY*

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

November 8

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

November 15

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

November 22

*Service of Giving  
Thanks*

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

November 29

**ADVENT**

*"Hanging of the  
Greens"*

Rev. Dr. Chuck  
Moffett

Bay Village Chaplain

### NOVEMBER ANNIVERSARIES

November 8

Pet & Dolores Decker

November 21

Milt & Marlene  
Heinowitz

November 23

Robert & Irene Chesek

November 24

Mike & Doris Mayer

November 28

Peter & Jean Huber



John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

### **CHAPLAIN'S CORNER**

*Rev. Dr. Chuck Moffett*

There is a collision today between *"thanksgiving"* and *"giving thanks."*

We are taught by our deformed tradition and commercials that *"Thanksgiving"* is time to celebrate all we enjoy in our daily sufficiency and safety. Not all bad, unless we allow ourselves the illusion that what we have is because WE have *earned it and worked hard for it.*

Recently I received an email which said the difference between the *"have's"* and the *"have not's"* can be traced to those who *"did"* and those who *"did not."* The insinuation is obvious: everyone could be like me if they just would get a job and work harder. Thanksgiving becomes self-praise. But my question is: what about those who *DID NOT* only because they had no chance to *"DO?!"*

Thought: Any *"self-made"* person actually is incapable of *"thanksgiving"* or *"compassion"* due to an attitude of *"I made it, so should you."* We see too many examples of this today in our culture, our government, and ourselves.

On the other hand, *"giving thanks"* is an attitude and lifestyle of HUMILITY.

As Pearl Maria Marros, professor of religious studies at Santa Clara University, reminds us: *"Humility is not a stance of being passive or subservient....true humility is recognizing that our skills and talents are gifts from God....to be used, not for ourselves, but to engage in the task of building a more just society for everyone."*

That kind of humble GIVING THANKS has the power to change the world!

May this be a season, not just of selfish thanksgiving....but an intentional and consistent lifestyle of GIVING THANKS!