

Bay Village



OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Eric Nichols President/CEO
 Jennifer Grimes COO
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Marvin Lunsford Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Kim Joynes Dir. of Health Services
 Ann Aldrich Dir. of Human Resources
 Diana Caughron Dir. of Resident Service
 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

September 2019

NICHOLS' NOTES

The word **change** evokes various emotions with individuals. To some, it means uncertainties, restlessness, and not knowing. To others, change means opportunities, new beginnings, and growth. One of life's constants is change. Ready or not, it happens. We like change on our own terms, but don't always have that option. I have heard a lot of comments over the past weeks after the display boards were placed by the dining room that showed the master plan for Bay Village and how it will position the campus to move into its future. For the most part, the feedback has been very positive, i.e., "I can't wait to get it started!" and "I hope to see it when it is all done in a few years!". Then there are those who have said, "Why do we have to change?" and "Why move the library to a new location?". Everything that is being shown on the display boards is going to provide Bay Village opportunities to have new amenities for our existing residents and position Bay Village to be able to grow into our future. So whether you are one to look at these changes positively or are questioning why, just remember that all of these feelings are normal as Bay Village moves into its future.

Labor Day is this month and constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. I would like to take this opportunity to thank our wonderful staff who provide service and care to our residents on a daily basis here at Bay Village.

Village Vibes

SEPTEMBER OUTINGS

September 16 we will take a sunset cruise on the Marina Jack. We will eat from a lovely buffet that includes prime rib and salmon while we travel the bay and enjoy the sunset. The cost is \$57.95 and we will leave Bay Village at 5:30.

September 23 we will get a private tour of the Sarasota Opera House for just \$12. Afterwards we will have lunch around the corner at Umbrella's. We will leave Bay Village at 9:15.

Please sign up for these trips in the activity book.

WRITERS' GROUP

The Writers' Group will resume meeting on Friday, September 6 at 10:00 in the meeting room. Newcomers are welcome!



SEPTEMBER SPECIAL EVENTS

September 9 at 3:30 Betty Camora will be playing the piano in the living room and leading us in a sing a long.

September 10 Toale Brothers will provide a presentation in the auditorium at 10:00.

September 17 our Salon staff will be celebrating their one year anniversary. They would like residents to join them for a party in the auditorium from 3:00-5:00.

Do you have a piece of jewelry from your grandmother, or a trinket that has been in the family for decades? We will have our own version of Antique Roadshow here at Bay Village. We have experts from a local antique store who will tell you what your item is worth. There will not be any buying or selling, just fun finding out "What It's Worth". If you have an item you would like appraised please sign up in resident services.



FLU SHOT SEASON

Yes it will soon be that time of year, FLU SEASON! Bay Village will again be offering a flu shot clinic in the auditorium October 2. Some of you may be wondering, do I really need a flu shot? Well, here are the facts:

People 65 years and older are at high risk of serious flu complications due to weakened immune systems. 70-85% of flu related deaths in the United States occur among people 65 years and older.

While flu vaccine can vary in how well it works, vaccination is the best way to prevent flu and its potentially serious complications. Some people who get vaccinated may still get sick, but with reduced severity than if they had not been vaccinated.

The side effects of flu shots (red, tender arm, headache, tiredness, nausea) are mild when compared to potentially serious consequences of flu infection.

The flu can make long-term health problems worse. This includes issues such as diabetes, asthma, and chronic heart disease.

There are 2 vaccines designed specifically for people 65 and older:

A high dose flu vaccine that contains 4 times the amount of antigen as the regular flu shot to create a stronger immune response.

An adjuvanted vaccine is a standard dose flu vaccine with an adjuvant to create a stronger immune response.



Wellness Corner...by Petra Mueller

On September 12th we have Kerri Asmus, a Hearing Aid Specialist giving a presentation on "Hearing Loss and New Technology".

The summer heat is not over yet, so we are heading to the Nokomis Beach one more time on September 18th. The monthly walk will be indoors at the Southgate Mall on September 28th.

Thank you to the participants at the first Golf Games here at Bay Village - a very competitive bunch!



SEPTEMBER MOVIES

For the month of September we will be showing musicals.

September 1 & 4 we will show "Amazing Grace" starring Aretha Franklin.

September 7 is "De-Lovely" the Cole Porter story.

September 8 & 11 you will enjoy "The Greatest Showman" which is the story of PT Barnum.

September 14 we will show an old Elvis movie "GI Blues".

September 15 & 18 you can watch "Mary Poppins Returns".

September 21 is Bette Midler in "Gypsy".

September 22 & 25 you will enjoy "Mama Mia, Here We Go Again".

September 28 is "Phantom of the Opera".

September 29 we hope to have the brand new release about Elton John, "Rocket Man".

Now this one is not a musical, but for Labor Day September 2 we have another brand new release, "Poms".

SEPTEMBER ENTERTAINMENT

September 5 our own Holly from the salon will share her talent with us as she does a cabaret like show with '50s music! We will also serve refreshments.

September 12 you will enjoy the talented Stephen Ditchfield as he shares his beautiful voice with us.

September 19 we will have a classical concert by the duo of Susan Knapp Thomas on harp and Linda Bento-Rei on flute.

And finally on September 26 we will show the musical "Bohemian Rhapsody" about the life of singer Freddie Mercury.

HEALTH FAIR

The Therapy Department along with Nursing Services, Home Health Department, and our Wellness Department will hold a HEALTH FAIR for all Bay Village residents on Wednesday, September 25 from 1:00-3:00.

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to remain debt free.

WILKINSON SCHOOL TOUR

Buses will leave Bay Village at 9:30 and return at 11:00 on Monday, September 9 and Thursday, September 12 to tour Wilkinson School. You must bring a picture ID.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- HC=Health Center
- W=Wellness Center
- LR=Living Room


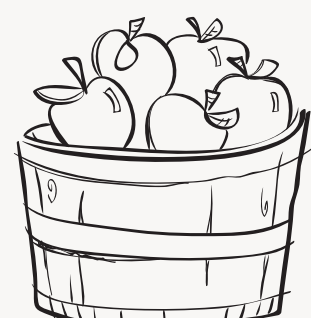
BOOK GROUP NEWS

On Friday, September 13th at 10:00 we will welcome back Clarissa Thomasson. She will begin our season by combining two of her books into one presentation. She will tell us about Sarasota in "Surviving Sarasota" and Venice in "Venice Dreamers". Be sure to join us in the auditorium at 10:00 on September 13th. Remember ALL BAY VILLAGE RESIDENTS are members of the Book Group.

AUDIOLOGIST

The audiologist, Jennifer, is here the first Wednesday of the month from 8:00-4:00. You can schedule an appointment in the Resident Services office. Jennifer uses the doctor's office on the lower level for the appointments.

Sunday	Monday	Tuesday
1	2	3
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Aretha Franklin, Amazing Grace" (A)</p>	<p>11:30 Chair Fitness on Video (A) 12:00, 2:00, 4:00 Labor Day Special Meal (DR) 7:00 Movie "Poms" (A)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:30 BILL "History of Spain" (A)</p>
8	9	10
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "The Greatest Showman" (A)</p>	<p>9:30 Wilkinson School Tour (B) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:30 Table Games (GR) 2:30 Downton Abbey (A) 3:30 Sing a Long (LR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Presentation From Toale Brothers (A) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 12:45 Bridge (GR) 1:00 Pinochle (C) 7:30 BILL "History of Spain"(A)</p>
15	16	17
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Mary Poppins Returns" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:30 Table Games (GR) 2:30 Downton Abbey (A)</p>	<p>8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 3:00 Salon Anniversary (A) 7:30 BILL History of Spain (A)</p>
22	23	24
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Mama Mia, Here We Go Again" (A)</p>	<p>9:30 Opera House Tour & Lunch (B) 9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:30 Table Games (GR) 2:30 Downton Abbey (A)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 12:45 Bridge (GR) 1:00 Pinochle (C) 7:30 BILL "History of Spain" (A)</p>
29	30	
<p>10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Rocket Man" (A)</p>	<p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 1:00 Yoga (WC) 1:30 Table Games (GR) 2:30 Downton Abbey (A) 3:30 Happy Hour (P)</p>	

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; margin-bottom: 0;">4</p> <p>8:00 Men's Shuffleboard 8:00 Audiologist (Dr. Office) 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie "Aretha Franklin, Amazing Grace"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right; margin-bottom: 0;">5</p> <p>9:00 Strength Class (W) 9:30 Splash (P) 11:30 Chair Fitness (A) 12:30 Guys Only Luncheon (D) 1:00 Yoga (W) 2:00 Music for Life (A) 7:30 1950s Music by Holly and Root Beer Floats (A)</p>	<p style="text-align: right; margin-bottom: 0;">6</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Writers Group (C) 11:00 Posture & Balance 11:30 <i>Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right; margin-bottom: 0;">7</p> <p>8:00 Men's Shuffleboard (courts) 11:30 Chair Fitness on Video (A) 7:30 Movie "De-Lovely" (A)</p>
<p style="text-align: right; margin-bottom: 0;">11</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:15 <i>Episcopal Svc (C)</i> 11:30 Chair Fitness (A) 2:30 Popcorn & A Movie "Greatest Showman"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right; margin-bottom: 0;">12</p> <p>9:00 Strength Class (W) 9:30 Wilkinson School Tour (B) 9:30 Splash (P) 11:30 Chair Fitness (A) 1:00 Yoga (W) 2:00 K. Asmus, Hearing Aid Specialist (A) 7:30 Stephen Ditchfield (A)</p>	<p style="text-align: right; margin-bottom: 0;">13</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Posture & Balance (W) 11:30 <i>Chair Fitness (A)</i> 2:00 Shabbat (HC) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right; margin-bottom: 0;">14</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 7:30 Movie "GI Blues" (A)</p>
<p style="text-align: right; margin-bottom: 0;">18</p> <p>8:00 Men's Shuffleboard 10:00 Nokomis Beach Outing (B) 11:30 Chair Fitness on Video (A) 2:30 Popcorn & A Movie "Mary Poppins Returns"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right; margin-bottom: 0;">19</p> <p>9:00 Strength Class (W) 9:30 Splash (P) 10:00 Tour of Out of Door Academy (B) 11:30 Chair Fitness (A) 12:30 Guys Only Lunch (D) 1:00 Yoga (W) 7:30 Flute and Harp Duo (A)</p>	<p style="text-align: right; margin-bottom: 0;">20</p> <p>9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance (W) 11:30 <i>Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right; margin-bottom: 0;">21</p> <p>8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 7:30 Movie "Gypsy" (A)</p>
<p style="text-align: right; margin-bottom: 0;">25</p> <p>8:00 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 1:00 Wellness Fair (A) 6:15 Duplicate Bridge (GR) 7:15 MEGA BINGO (A)</p>	<p style="text-align: right; margin-bottom: 0;">26</p> <p>9:00 Strength Class (W) 9:30 Splash (P) 10:00 Campus Update (A) 11:30 Chair Fitness (A) 1:00 Yoga (W) 2:00 What It's Worth (A) 7:00 Movie "Bohemian Rhapsody" (A)</p>	<p style="text-align: right; margin-bottom: 0;">27</p> <p>9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance (W) 11:30 <i>Chair Fitness (A)</i> 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right; margin-bottom: 0;">28</p> <p>8:00 Men's Shuffleboard (courts) 10:00 Southgate Mall Walk (B) 11:30 Chair Fitness on Video (A) 2:30 Children's Orchestra (A) 7:30 Movie "Phantom of the Opera" (A)</p>
			

"Village Vibes"

BILL SERIES FOR SEPTEMBER

For the month of September we will finish out "The History of Spain: Land on a Crossroad".

September 3 will be The Spanish Main: Trade Convoys and Piracy and The Golden Age of the Spanish Habsburgs.

September 10 we will study Religious Wars on Muslims and Protestants and the The 18th Century Bourbon Kings of Spain.

September 17 we will watch Spain Loses Its Empire and 20th Century Spanish Modernism.

We will finish the series on September 24 with The Spanish Civil War and Franco's Reign and Modern Spain: Still on a Crossroad.



ENVIRONNEWS

This is an exciting time at Bay Village, as we prepare for a major reconstruction of parts of the main building and the creation of a memory care unit at another location. Since the drawings have been posted there has been a great deal of discussion about how the changes will affect the present residents of Bay Village.

Our biggest concern is how much the environmental impact will be. We have been educating ourselves about sustainable construction and what constitutes environmentally sound practices. We are interested in the choices for insulation, flooring, lighting, and a myriad of things that go into the finished construction.

We feel that a green building is a marketable asset, as well as a necessary effort to combat the high production of waste produced in the health care industry.

Please contact the environmental committee with your questions and concerns.

OTHER NEWS

Did you know Bay Village has a group that makes mats for the homeless. This dedicated group went on an outing August 28 and gave the mats they had made to some folks who really appreciated them! Please continue to donate your plastic bags and leave them in the craft room.

Bay Village has highly trained, compassionate caregivers that are ready to help with non-medical activities of daily living. Call extension 4111 for a FREE CONSULTATION.

September 8-14 Bay Village will be celebrating Assisted Living Week with fun activities for our staff and residents. Stop by the Assisted Living on the first floor and check it out.

How Novel will take a break for the month of September. The book for October 15 is "Wonder" by Patricia Polacco and the book for October 29 is "The Human Stain" by Phillip Roth. All meetings begin at 10:00. Sign up in the Activity Book.

RAINBOWS & SHOWERS!

RAINBOWS to all the thoughtful donors who made the GEAR campaign a huge success.

RAINBOWS to Joan McKniff and the entertainment committee for all their work to bring wonderful performers to Bay Village.

RAINBOWS to the App Super Users for all their work in helping get almost every resident's picture onto the app!

RAINBOWS to Eric and Sheila for bringing Martini, Margarita, Shaker and Salt to visit during the Dog Days of Summer.

RAINBOWS to all those who participated in our Name That Tune Competition. And to Mary Jo Hopkins for playing the piano!

RAINBOWS to those residents who have all of the needed information when scheduling transportation.

SEPTEMBER BIRTHDAYS

September 2

Linda Pierce

September 3

Joyce Tyler, Ida Andalora

September 4

Roger Grimshaw

September 5

Ernest Grove

September 6

Elaine Hedrick

September 7

Nancy Sneider

September 8

Peggy Hipple, Elizabeth Farkas

September 9

Harry Macy

September 10

Jane Daly, Janet Steele

September 17

Anne Moffitt

September 18

Janice Berrier

September 20

Florrie Hornsby, Carolyn McGarvey

September 21

Erskine Hopkins, Margaret Ann

Ross-Hudson

September 23

Irene Ballschneider

September 24

Mary Ann Hartley, Dr. Alvar Elbing

September 25

Judy Evenson

September 27

June Hasse, Georgette Golfinos,

William Erwin

September 28

Muriel Patram, Mary Testa

September 29

Bill Bridgman, Mary Jo Hopkins,

Inge Wray

September 30

Dan Brabeck

SEPTEMBER ANNIVERSARIES

September 2

Ernie & Kay Gerlach

Art & Marcy O'Connor

September 7

Doyle & Mary King

September 10

Jim & Pauline Kennedy

Wade & Theda Schulte

September 17

Robert & Claire Fink

September 25

Bill & Betty Bridgman

SPECIAL BILL LECTURE

Mark your calendar now for October 1st at 7:30 in the auditorium. The BILL committee is proud to offer a 5 star lecture by **Dr. Susan MacManus**, Florida's most-quoted political scientist, who has appeared on every major broadcast and cable network and in dozens of newspapers. She will discuss the 2020 presidential election and why Florida is the most hotly-contested state in the union. Don't miss this one!

WELCOME NEW RESIDENTS

Wade & Theda Schulte moved into apartment 914.

Art & Marcy O'Connor moved into apartment 614.

TOUCHTOWN

We know that there is a lot of information on the Touchtown monitors. This is an easy, environmental friendly, and cost effective way for us to get information out to everyone. Did you know that if you have the Bay Village App you can scroll through the screens as quickly or as slowly as you want? If you would like assistance getting the App please call Resident Services at 4005.

The Village Vibes

September Vespers Ministers

September 6

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

September 13

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

September 20

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

September 27

Rev. Dr. Tom Cook
Siesta Key Chapel

ART WALL

Did you know that Bay Village has an Art Committee that decides a theme and displays art and photos related to that theme? The information for upcoming themes is posted on Touchtown. Anyone is welcome to share their artwork. The display is located in the Game (Computer) Room. The chair of the committee is June Carol Hines in Apt. 906 and she would be happy to tell you more about it!



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

A poignant story coming out of the carnage in the city of Sarajevo during the Bosnian War.

One day a reporter witnessed the shooting of an innocent young girl crossing the city square. Immediately, the reporter, and another man, ran to the girl. She was alive. The unidentified man began to stop the bleeding from the gunshot wounds. The reporter hustled the man and the young girl into his car to take them to the hospital.

As the car sped on its way, the man cried out to the reporter, *"Faster, her bleeding is less. Still she lives!"*
--*"Faster, her body still is warm. Still she lives!"* --*"Faster, her body is growing cold, but still she lives!"*

As they pulled up to the hospital, the man moaned, *"Her body is cold and still. She does not live! Now, I must do the most difficult task: I must find her father and tell him his daughter is dead."*

The reporter was stunned! *"Are you not the girl's father?"*

"No", said the man... "but are not all these children really ours?"

The residents of Bay Village are in a partnership with the children of the Wilkinson Elementary School. With 80% of the children coming from families who are under the poverty level, we have said, ***"No, we are not their parents, but are not all these children really ours?"***

Thanks to the generosity of Bay Village residents, in our first year we have donated over 300 books to their recent Book Fair; provided 200 pounds of personal toiletries; and funded the sponsorship of at least TEN classrooms with supplies otherwise paid for by out-of-pocket money from the teacher.

Thanks for the compassion of Bay Village residents who live by the conviction that "all these children really ARE ours!"