

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

August 2019



Bay Village

Eric Nichols President/CEO
 Jennifer Grimes COO
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Marvin Lunsford Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Kim Joynes Dir. of Health Services
 Ann Aldrich Dir. of Human Resources
 Diana Caughron Dir. of Resident Service
 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

As I write this article, Bay Village is preparing to welcome our new Chief Operating Officer (COO), Jennifer Grimes. Jennifer comes to Bay Village with many years of experience in senior service and care. She is a Florida Licensed Nursing Home Administrator and will be the administrator of record for Bay Village's Health Center. Her office is located on the administrative wing of the Health Center and she has an open door policy. Please welcome her when you see Jennifer in our hallways here on campus.

During July, the Health and Wellness committee organized several tours of our Health Center. These tours of approximately 25 residents each were conducted to provide information about the health center and what to expect if you need these services. I heard from several residents how beneficial the tour was and the Q/A that was held afterwards to answer everyone's questions. I hope that through this outreach the residents of Bay Village will have a better understanding of this important part of our campus.

It's August and the dog days of summer are here! Our teacup poodles are scheduled to come on campus one day later this month.



Village Vibes

AUGUST SPECIAL EVENTS

August 5th we will celebrate the Dog Days of Summer with ice cream and dogs! Eric and his wife Sheila will bring their poodles for a visit and we will serve ice cream sundaes.

August 11th & 12th is the repeat showing of "The History of Spain" with refreshments served on the 12th.

August 13th Gayle Williams will present "Best Practices for Skin Care as We Age" at 2:00.

Starting August 15th we will have a special 4 week trial of "Singing for Life" presented by Teri Walker. Teri has over 30 years of music teaching experience and promises a fun, healthy singing program.

Tuesday August 20th we will have an organ concert by Fletcher music. Several of our residents take lessons and thought others may be interested in this program.



AUGUST ENTERTAINMENT

Thursday August 1st we will be entertained by the group 3 Hits and a Miss. The 3 Hits are Chris Norton on guitar, Chris Smith on keyboard and horns, and John DeWitt on Bass. The Miss is Judy Alexander, an amazing vocalist. This group will have us dancing in our seats!

Thursday August 8 Eleonora Lvov will delight us with her beautiful piano performance of classical music.

Thursday August 15 we will show the newest version of "A Star Is Born" starring Lady Gaga and Bradley Cooper.

Thursday August 22 we will actually be dancing as Al Hixon brings his band to Bay Village. We will have a temporary dance floor installed for this amazing performance. There will be keyboards, drums, various horns, bass and guitar as well as Corrine Manning singing some wonderful swing music.

Thursday August 29 we will test our music knowledge in a game of Name That Tune. We will have teams like we did for trivia. Sign up in Resident Services.

AUGUST OUTINGS

On Tuesday August 6 we will depart Bay Village at 9:00 am and head to the Sarasota County Emergency Operations Center. We will receive a private tour of this facility which includes the 911 call center and a hurricane shelter. Following the tour we will stop at Mad Fish Grill for an early lunch before we head back home by 1:00.

Wednesday August 14 we are going to historic Arlington Park. We will leave at 9:00 to beat the heat. Arlington Park is a beautiful neighborhood park with duck ponds, shaded walking paths, playgrounds for children, a pool and several sports areas. We will take a light breakfast and spend a little time exploring the park before we return to Bay Village around 11:30.

Friday August 23 we are headed out to J.R.'s Old Packinghouse Cafe. This unique Sarasota restaurant offers a wide variety of delicious food and even better bluegrass music! We will leave Bay Village at 5:45 and be back about 9:00.

Thursday August 29 is the final Opera Guild Summer Salon. We return to the Bird Key Yacht Club for a delicious lunch. The entertainment will be Karen and Chris Romig for a flute and piano duo. The cost for this is \$40.

For all of these outings, please sign up in the activity book.

The Village Vibes

Wellness Corner...by Petra Mueller

We have a fun morning with Golf Games in the auditorium planned for you on August 8th. A little individual and team competition run by Brad Knight, a professional Golf Instructor. No previous knowledge or experience required. If you have an idea how to play golf or mini golf or can hold a club, you should come and join in! If you just want to come and watch or cheer for your friend or team, you are also welcome. In the middle of the month we are going to one of our beautiful beaches once more, where you can enjoy the sun, sand and surf. The end of the month we are heading to the UTC Mall for another chance to exercise in the AC or shop depending on how you want to use your time.

ENVIRONNEWS

Kudos and rainbows for those of you who stopped at the environmental table June 12th and picked up a free reusable container. We gave out 130 containers! They fit nicely in walker compartments. Also, you can put them in bags with handles and place them on the hook on the back of your door as a reminder.

Did you know that if you take your own glass with a lid to the cafe for iced tea or lemonade it is free? It was a welcome surprise for me.

Next time you go to the grocery store, envision a floating island of plastic garbage the size of Texas. Please don't add to it.

One resident suggested not using the plastic lining in the bathroom waste basket or as I do, empty the basket into my big garbage container in the kitchen and leave the liner in the waste basket to use again.

The internet is full of interesting articles. Several companies are in late

stage research developing a biodegradable plastic. Actually, the process takes CO2 out of the environment and is plant-based.

Many of you have asked about disposal of batteries. As of right now, the only kind the county will accept are lithium batteries from cell phones and hearing aid batteries. Those are collected at Bay Village in a box in the mail room.

Incidentally old eyeglasses can be donated through the Lions Club with a collection box in the living room of the Assisted Living.

When we work together we can help save the planet. Contact us with your concerns and information, Janet Mahler, Judy Evenson, Anne Moffitt, Laura Pardee, and Ron Shankland.



VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to remain debt free.

VOLUNTEER OPPORTUNITY

Resident Services is looking for several people who would be interested in helping with basic office duties. Please talk to Diana.

KEY

A=Auditorium
 B=Bus Service Provided
 BD=Board Room
 C=Card Room
 CR=Craft Room
 D=Dining Room
 GR=Game Room
 M=Meeting Room
 P=Pool
 R=Rooftop Terrace
 W=Wellness Center

Welcome New Residents

Joseph Cleary moved into apartment 660.

Jane Razny moved into apartment 402.


DUPLICATE BRIDGE

Kathleen Rankin is the new manager of the Duplicate Bridge Game on the second and fourth Tuesdays at 12:45 in the Game Room. This is a Common Game participant group like large bridge clubs but in a very relaxed setting.

Kathleen is happy to put partnerships together.

Entry fee is \$7 for Bay Village residents and \$10 for others. Reservations are required, please contact Kathleen at 352-801-9523 or johnkath327@gmail.com.



Sunday	Monday	Tuesday
		
4	5	6
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Murder on the Orient Express" (A)	11:30 Chair Fitness on Video (A) 12:30 Yoga (W) 2:00 Dog Days of Summer Party (A)	9:00 Strength! (W) 9:30 SRQ Emergency Center Tour (B) 9:30 Splash (P) 10:00 Prayer Group (C) 10:00 Craft Class (CR) 10:00 How Novel (BD) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 7:30 BILL Speaker Sue Firestone on "Age-Friendly Sarasota"
11	12	13
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 2:00 "The History of Spain" Parts 1-6 (A) 7:00 Sunday Night Movie: "Lost in Translation" (A)	11:30 Chair Fitness on Video (A) 12:30 Yoga (W) 1:30 Table Games (GR) 2:00 "The History of Spain" Parts 7-12 (A)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 Prayer Group (C) 11:30 Chair Fitness (A) 12:45 Duplicate Bridge (GR) 1:00 Pinochle (C) 2:00 Speaker Gayle Williams "Skin Care as We Age" (A) 7:30 BILL "The History of Spain" Parts 13 & 14(A)
18	19	20
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Grand Budapest Hotel" (A)	11:30 Chair Fitness on Video (A) 12:30 Yoga (W) 1:30 Table Games (GR) 2:30 Downton Abbey (A)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 1:00 Pinochle (C) 2:00 Organ Concert (A) 7:30 BILL "The History of Spain" Parts 15 & 16 (A)
25	26	27
10:30 St. Thomas More Catholic Service (HC) 10:45 Non-Denominational Service (HC) 7:00 Sunday Night Movie: "Best Exotic Marigold Hotel" (A)	11:30 Chair Fitness on Video (A) 12:30 Yoga (W) 1:30 Table Games (GR) 2:30 Downton Abbey (A)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness (A) 12:45 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 BILL "Ronald and Nancy Reagan" (A)

Wednesday	Thursday	Friday	Saturday
	1	2	3
	9:00 Strength Class (W) 9:30 Splash (P) 11:30 Chair Fitness (A) 12:30 Yoga (W) 12:30 Guys Only Luncheon (D) 7:30 3 Hits and a Miss (A)	9:30 Tai Chi, Advanced (W) 11:30 Chair Fitness on Video (A) 2:00 Hand Class (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 7:00 Movie "Captain Phillips" (A)
7	8	9	10
8:00 Men's Shuffleboard 11:00 Beach Outing (B) 11:30 Chair Fitness on Video (A) 2:00 Mat Making (CR) 2:30 Popcorn & A Movie "Murder on the Orient Express"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	10:00 Golf Games For All Levels (A) 12:30 Yoga (W) 7:30 Eleonora Lvov (A)	9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 2:00 Shabbat (HC) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 7:00 Movie "Rear Window" (A)
14	15	16	17
8:15 Men's Shuffleboard 9:00 Trip to Arlington Park (B) 10:00 Beg. Tai Chi (W) 10:00 Wilkinson School (A) 11:00 Balance & Posture 11:15 Episcopal Svc (C) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making (CR) 2:30 Popcorn & A Movie (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash (P) 11:30 Chair Fitness (A) 12:30 Yoga (W) 12:30 Guys Only Luncheon (D) 2:00 Singing for Life (A) 7:00 Movie Special "A Star Is Born" (A)	9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 7:00 Movie "The Illusionist" (A)
21	22	23	24
8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making (CR) 2:30 Popcorn & A Movie "Grand Budapest Hotel"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash (P) 10:00 Quarterly Meeting (A) 11:30 Chair Fitness (A) 12:30 Yoga (W) 2:00 Singing for Life (A) 7:30 Swing Music With the Al Hixon Band (A)	9:30 Tai Chi, Advanced (W) 11:30 Chair Fitness on Video (A) 2:00 Hand Class (CR) 3:30 Vespers (A) 5:45 Trip to J.R.'s Old Packinghouse Cafe (B) 6:15 Duplicate Bridge (GR)	8:00 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:30 Children's Orchestra (A) 7:00 Movie "The Hunchback of Notre Dame" (A)
28	29	30	31
8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making (CR) 2:30 Popcorn & A Movie "The Best Exotic Marigold Hotel"(A) 6:15 Duplicate Bridge (GR) 7:15 MEGA BINGO (A)	9:00 Strength Class (W) 9:30 Splash (P) 11:00 Opera Guild Summer Salon (B) 11:30 Chair Fitness (A) 12:30 Yoga (W) 12:30 Guys Only Lunch (D) 2:00 Singing for Life (A) 7:30 Name That Tune (A)	9:30 Tai Chi, Advanced (W) 11:00 Posture & Balance 11:30 Chair Fitness (A) 2:00 Hand Class (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:00 Men's Shuffleboard (courts) 10:00 UTC Mall Walk/Shop (B) 11:30 Chair Fitness on Video (A) 7:00 Movie "To Catch a Thief" (A)

"Village Vibes"

Get in GEAR at Bay Village

The Wilkinson Elementary School Partnership at Bay Village invites you to participate in an exciting program to support the students and teachers at Wilkinson. It is our hope that together the residents on each floor will be able to raise \$150.00 to sponsor a classroom at the school. GEAR means Giving that Extends our Academic Reach. The program makes it possible for teachers to provide and supplement books, computer software, and other enrichment opportunities for the children who attend this Title One school. Your voluntary contribution will make a big difference in the lives of the children at Wilkinson. The floor reps will provide more detailed information regarding this valuable program. Thank you for your enthusiastic and thoughtful participation.

BILL NEWS

August 6th the speaker will be Sue Firestone and she will discuss "Age Friendly Sarasota". This focuses on promoting active, engaged, and healthy living for people of all ages.

August 11th & 12th there will be a marathon review of the first 6 weeks of "The History of Spain: Land on a Crossroad". If you missed a week or just want to review, this is the perfect opportunity. Sessions 1-6 will be shown on the 11th and sessions 7-12 on the 12th. There will be tapas and sangria served on the 12th.

August 13 & 20 we will begin the next sessions of "The History of Spain". This includes: Gypsy Influences on Spain, The Growth of Catholic Religious Passion, Columbus and the New World, and Conquistadors and Missionaries.

August 27 we have a special program by William and Sue Willis as they present Ronald and Nancy Reagan. They have performed over 5000 presidential shows!

AUGUST MOVIES

The Sunday/Wednesday movies in August will continue with the travel theme. First up will be the new version of "Murder on the Orient Express". Next is "Lost in Translation". This romantic comedy is set in Tokyo. "The Grand Budapest Hotel" is set in the 1930s in a fictional war-torn European country. We will finish out the month with "The Best Exotic Marigold Hotel" set in India.

The Saturday evening resident choice movies for the month of August are all suspense movies. August 1st we will show "Captain Phillips" starring Tom Hanks. August 10th the movie will be a classic, "Rear Window" by Alfred Hitchcock. "The Illusionist" will be the movie for August 17th. August 24th we will see Anthony Hopkins as he stars in "The Hunchback of Notre Dame". And we will close out the month with another Alfred Hitchcock film, "To Catch a Thief".

RAINBOWS & SHOWERS!

RAINBOWS for Jan Holmes and the BILL committee for arranging so many wonderful speakers, especially about local issues.

RAINBOWS for Gillian Stockton and friends for the informative and fun formal tea.

RAINBOWS for the French Club for hosting the Bastille Day movie and refreshments.

RAINBOWS for all of the residents who participated in our Trivia game. We have some smart, competitive people here at Bay Village!

RAINBOWS for Eric for his informative Hurricane Preparation presentation.

RAINBOWS for Sandy Moulin and Rich & Stacy Ridenhour for sharing their amazing talent with us.

RAINBOWS for Melissa Berry for bringing Yoga to Bay Village. Come try out the class on Mondays and Thursdays at 12:30.

TRANSPORTATION

Please try to sign up for transportation as soon as you are aware of your needs. Our transportation services have been booking up quickly. Although we try to accommodate in emergency situations, we ask for at least 24 hours' notice in scheduling your rides.

When calling to schedule your transportation, please have the address and phone number of the location you are travelling to. This greatly helps the person scheduling your ride.

The doctors bus goes out on Mondays, Tuesdays and Thursdays at 8:30, 10:30 and 12:30. We need to limit the doctors bus to 3 residents at any given time. It is very difficult for the drivers to get more than 3 people to their appointments in a timely manner.

The doctors bus goes North to Bahia Vista and East to I-75. The doctors bus does not go south of Bay Village.

The Wednesday and Friday shopping buses will drop residents off at various stops along the route. However, residents need to be understanding that the driver may vary the route slightly to accommodate others.

The Friday shopping bus will no longer go to Trader Joe's as this parking lot is very difficult to maneuver. We are adding a stop at the Gulf Gate Library on Fridays.

The drivers cannot control traffic, so please try to be understanding if they are a few minutes late. Also remember that other residents may be calling for a pickup at the same time as you. The drivers try to manage the pickups in the most efficient manner.

Please remember to sign up for the church buses.

AUGUST BIRTHDAYS

August 1

Phil Goodell, Robert Chesek

August 3

Vally Hawley

August 4

Charlotte Hagggar

August 5: Mary King,

Jack Brown, Marilyn Johnson

August 7: Anne Plescia, Marlene Heinowitz, Lisa Wolfer, Mike Mayers

August 8

Ron Cota, Anna Small

August 10

Lucy Martinez, Robert Kitterer

August 11

Bill McCampbell

August 12

Jacquie Rieke

August 13

Joan Siegel

August 14

Gillian Stockton, Valerie DiPasquale

August 16

Donna Gary, Terry Butner

August 17

Larry Ream, Jane Hammond

August 18

Peggy Hoffman

August 20

Joyce Harrell

August 23

Betty Whittinghill

August 24

Hazel Seeger, Jean Huber

August 25

Don Burgett, Bonney Miller, Vivienne Smith, Ellen Cavanaugh

August 26

Doris Stade, Bob Gannon

August 30

Richard Schmidlein

August 31

Carolyn MeKush, Doyle King

The Village Vibes

August Vespers Ministers

August 2

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

August 9

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

August 16

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

August 23

Rev. Dr. Chuck
Moffett

Bay Village Chaplain

August 30

Guest Speaker: TBA

August Anniversaries

August 2

Jim & Connie Hensal

August 3

Drs. Alvar & Carol
Elbing

Wil & Inge Jasson

John & MaryAnn

Hartley

August 8

Jack & Marta Brown

Frank & Jane

Camarota

August 28

Dr. Otto & Anne
Plescia

August 29

Ron & Jean Cota



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

Many of us can remember slogan lapel buttons: "I LIKE IKE," "BEAM ME UP SCOTTIE," "MAKE LOVE, NOT WAR."

Recently, I was given a slogan button which I suggest trumps every other slogan on the market today: "*Make America KIND Again!*"

The absence of kindness is a malignancy destroying our personal interactions, our community dialogues, our national politics, our international relationships, and our faith conversations. In place of kindness, we practice malice, lies, revenge, fear, and threats. It is obvious that these tactics produce only division, suppression, anger, injustice - all in an attempt to provide and protect our selfish security.

On the other hand, kindness produces dialogue, respect, mutuality, oneness, reconciliation, and redemption of our entire universe. Without a commitment to kindness, the end result is a people who end up devouring each other (Galatians 5:15), leaving us with a landscape of rotting skeletons.

Kindness is not a milk-toast pablum of weak and watery spinelessness. Kindness is a daring, courageous, compassionate, risky stance of respectful listening and engagement to find strategies for the welfare of ALL people.

Kindness is based on the conviction that EACH of us is a child of God. Kindness also is dedicated to the principle that it is amazing what can be accomplished if no one cares who gets the credit.