

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

May 2019

NICHOLS' NOTES

Last month Bay Village underwent the CARF Accreditation survey. This survey is done every five years and Bay Village is the only Life Plan Community in Sarasota that undergoes this voluntary certification. The Department Directors and staff all did an outstanding job preparing for the three day survey and by answering various questions that the surveyors had about Bay Village operations. The surveyors even spoke with residents and family members in different meetings. I am pleased to announce that Bay Village will continue to be a CARF Accredited Campus. Thanks to all the staff for the wonderful job they did in order to have Bay Village CARF Accredited again.

Diana Caughron is our new Resident Services Director. Diana has been a Bay Village employee for over five years now working in our Health Center as the activities coordinator. I believe she will do a wonderful job in her new position. Please welcome Diana to her new position when you see her.

At last month's Board of Directors dinner meeting, the board approved the construction company ME&S to be the company that will build memory care and remodel the various areas of Bay Village campus to go with the master plan. ME&S was the company that built the Health Center/parking garage addition in 2008. I look forward to working with them in the years ahead.

It was two years ago on May 1st that I started here at Bay Village. The past two years have flown by very quickly. I expect the next two years to go by quickly too, as the concepts for memory care and the master plan begin to become realities.



Bay Village

Eric Nichols President/CEO
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Marvin Lunsford Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Kim Joynes Dir. of Health Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain
 Diana Caughron Dir. of Resident Service

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

Village Vibes

NOAH WADDELL IS COMING BACK!

Since the day he last performed at Bay Village, we have been getting requests to bring Noah Waddell back. Well, he is coming May 30. For those of you who are not familiar with Noah, he began playing the piano shortly after his 7th birthday. For the first few years, he looked forward to his weekly lesson, but it was simply an extracurricular activity among his many other interests. In 2011, Noah discovered his amazing God-given gift after winning a competition and started to practice regularly. Noah has built a unique reputation as an explosive and physical young performer not afraid to take risks. He is serious and sensitive with an innate musicality rarely found in an artist of his age.



HOW NOVEL

Alice Blueglass will be doing another "How Novel" series! The books are:

May 14: Where the Crawdads Sing by Delia Owens

May 28: Eleanor Olipant is Completely Fine by Gail Honeyman

June 11: The Prime of Miss Jean Brodie by Muriel Spark

BOOK GROUP NEWS

Come and get some great ideas for Summer Reading on Friday, May 10 at 10:00 in the auditorium. If you would like to take a few minutes to share a favorite book, please call Beverly Ford at 836. A list of suggested books will be available a few days following the meeting.

LIBRARY FUNDRAISER

Thursday May 9th from 10:00-12:00 our library will be having a fundraiser. There will be a variety of books both regular and large print available for purchase. There will also be refreshments available. Remember the library is supported solely by your contributions.

MEMORIAL DAY

SPECIAL PROGRAM

Babe Baptist is going to lead us in a special Memorial Day Program. There will be music and a presentation from Babe about his memories of "Decoration Day." Join us at 10:00 on Monday May 27th in the auditorium.

MEMORIAL DAY DINNER

Dinner times for Memorial Day will be 12:00, 2:00 and 4:00. Please do not call until menus have been posted.

MOVIES

You may also notice that our movies for the month of May will pay tribute to Memorial Day. To honor the men and women who have served our country we will show movies that depict various war times including: "Midway," "To Hell and Back," "Sergeant York," "Good Morning Vietnam," and "Bridge of Spies." Please note that these movies may include graphic scenes and language.

THERE WILL NOT BE
TRANSPORTATION SERVICES OR
MAIL ON MEMORIAL DAY



Wellness Corner...by Petra Mueller

In response to the overwhelming sign up for the **Breakfast at the Beach** we offer another trip to the Beach on Thursday, **May 2nd**.

A visit to the **Bradenton Riverwalk** on **May 11th** is a chance to get your steps in, walking along the river, and there are plenty of benches along the scenic walk for rest periods.

Dr. Angela Boldo, a local endocrinologist, will talk about: **"Prevention of and Treatment Options for Osteoporosis"** on **May 14th**.

That same week on **May 16th**, the **Health Center** is having an **Open House and offering tours** of the facility. Everything you always wanted to know about the Health Center will be addressed.

May 30th, **Petra E. Mueller** will give a talk about **"Maintaining Balance"**.

We renamed Sit and Fit to Chair Fitness -- come give it a try as you stay in your chair and do fundamental strengthening exercises.

B.I.L.L. MAY

In April we started the video series "The History of Spain: Land on a Crossroad." We will continue with this series for the month of May.

Spain has played a unique and pivotal role in western civilization. It has historically stood at a critical crossroad—a crossroad of geography, of cultures, of religions, of ideas, of trade, and more. Spain's strategic location through the centuries has made it a magnet for multiple different peoples, and it has participated in and witnessed numerous major shifts, trends, and historical moments.



This course is taught by Joyce E. Salisbury, Professor Emerita of Humanistic Studies at the University of Wisconsin-Green Bay. She earned her Ph.D. in Medieval History at Rutgers University. Professor Salisbury began her career performing research in Spain, and she has continued to travel there to conduct further research, lecture, and guide students and other travelers.

May 7: Rome Conquers the Iberian Peninsula

May 14: Christianity Comes to Hispania

May 21: Barbarian Tribes Divide the Peninsula

May 28: The Visigoths Unite Spain



The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2020 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to remain debt free.



KEY


- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

MAT MAKING WITH IDA

Did you know our own Ida Andalora helps make sleeping mats for homeless people? She could use a little help and would like to train anyone interested in helping with this program. All you need is a pair of scissors! Just show up Wednesdays at 2:00 in the craft room and Ida will show you how to cut and prepare the bags.

CALLING CREATIVE SOULS!

IF you are or have been an artist, i.e. a painter or a sculptor, and have a collection of your work ... we would enjoy seeing your creations for a one person show. The Art Committee is looking for fresh, new ideas-if you are an artist, won't you join us? Call June Hines, Chairman Apt. 906.

Sunday	Monday	Tuesday
<p>Older Americans Month</p>		
<p>5</p> <p>10:30 St. Thomas Moore Catholic Service(HC) 1:00 Asolo Theater(B) 2:00 Suzuki Recital(A) 3:00 Suzuki Recital(A) 7:30 Sunday Night Movie "Good Morning Vietnam"(A)</p>	<p>6</p> <p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A) 3:30 Happy Hour (C)</p>	<p>7</p> <p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Chair Fitness(A) 1:00 Pinochle (C) 2:00 Residents' Council (A) 7:00 B.I.L.L. Spain on a Crossroad-DVD (A)</p>
<p>12</p> <p>10:30 St. Thomas Moore Catholic Service(HC) Mother's Day Dinner at 12:00, 2:00, And 4:00 7:30 Sunday Night Movie "Midway"(A)</p> <p>MOTHER'S DAY</p>	<p>13</p> <p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A)</p>	<p>14</p> <p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel(BD) 11:30 Chair Fitness(A) 1:00 Pinochle (C) 1:30 Dr. Boldo(A) 12:45 Duplicate Bridge (GR) 7:00 B.I.L.L. Spain on the Crossroad -DVD(A)</p>
<p>19</p> <p>10:30 St. Thomas More Catholic Service (HC) 2:00 Recital(A) 3:30 Recital(A) 7:30 Sunday Night Movie "12 O'Clock High"(A)</p>	<p>20</p> <p>9:30 Bible Class (A) 11:30 Chair Fitness on Video (A)</p>	<p>21</p> <p>9:00 Strength! (W) 9:30 Splash (P) 9:45 Selby Gardens Trip(B) 10:00 Craft Class (CR) 11:30 Chair Fitness(A) 1:00 Pinochle (C) 7:00 B.I.L.L. Spain on a Crossroad-DVD (A)</p>
<p>26</p> <p>10:30 St. Thomas More Catholic Service (HC) 7:30 Sunday Night Movie "Sergeant York"(A)</p>	<p>27</p> <p>10:00 Memorial Day Program(A) 11:30 Chair Fitness on Video (A) Memorial Day Dinner at 12:00, 2:00, And 4:00</p> <p>MEMORIAL DAY</p>	<p>28</p> <p>10:00 Craft Class (CR) 11:30 Chair Fitness on Video(A) 12:45 Duplicate Bridge(GR) 1:00 Pinochle (C) 7:00 B.I.L.L. Spain on the Crossroad -DVD(A)</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making With Ida(CR) 2:30 Popcorn & A Movie"Good Morning Vietnam"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">2</p> <p>9:30 Breakfast at the Beach (B) 11:30 Chair Fitness on Video (A) 12:30 Guys Only Luncheon (D) 7:30 David Pedraza (A)</p>	<p style="text-align: right;">3</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Writers Group (C) 11:00 Posture & Balance(W) 11:30 Chair Fitness(A) 2:00 Hand Exercise (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">4</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture(W) 11:30 Chair Fitness (A)</p>
<p style="text-align: right;">8</p> <p>8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:15 Episcopal Svc (C) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making With Ida(CR) 2:30 Popcorn & A Movie"Midway"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">9</p> <p>9:00 Strength Class (W) 9:30 Splash! (P) 10:00 Library Fundraiser(L) 11:30 Chair Fitness (A) 7:30 Early Bird Special Improv(A)</p>	<p style="text-align: right;">10</p> <p>9:30 Tai Chi, Advanced (W) 10:00 Book Group (A) 11:00 Posture & Balance(W) 11:30 Chair Fitness(A) 2:00 Hand Exercise (CR) 2:00 Open Gym (W) 2:00 Shabbat(HC) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:30 Outdoor Pops Concert(B)</p>	<p style="text-align: right;">11</p> <p>8:15 Men's Shuffleboard (courts) 9:30 Bradenton River Walk(B) 10:00 Recital(A) 1:30 Recital(A) 5:30 Recital(A)</p>
<p style="text-align: right;">15</p> <p>8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 10:00 FLICRA Annual Meeting(A) 11:00 Posture & Balance (W) 11:30 Chair Fitness (W) 1:00 Wilkinson Concert(A) 2:00 Line Dance (W) 2:00 Mat Making With Ida(CR) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">16</p> <p>11:30 Chair Fitness on Video (A) 12:30 Volunteer Luncheon (D) 2:00 Open House Health Center 7:30 Special Movie "Bridge of Spies" (A)</p>	<p style="text-align: right;">17</p> <p>9:30 Tai Chi Advanced) 11:00 Posture & Balance (W) 11:30 Chair Fitness(A) 2:00 Hand Exercise (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">18</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture(W) 11:30 Chair Fitness (A) 2:30 Children's & Adults Orchestra (A)</p>
<p style="text-align: right;">22</p> <p>8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making With Ida(CR) 2:30 Popcorn & A Movie"Sergeant York"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">23</p> <p>9:00 Strength(W) 9:30 Splash(P) 10:00 Quarterly Meeting(A) 11:30 Chair Fitness(A) 7:30 America The Beautiful With Brian Gurl(A)</p>	<p style="text-align: right;">24</p> <p>9:30 Tai Chi Advanced (W) 11:00 Posture & Balance(W) 11:30 Chair Fitness(A) 2:00 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">25</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture(W) 11:30 Chair Fitness (A)</p>
<p style="text-align: right;">29</p> <p>8:15 Men's Shuffleboard 10:00 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Chair Fitness (A) 2:00 Line Dance (W) 2:00 Mat Making With Ida(CR) 2:30 Popcorn & A Movie"To Hell and Back"(A) 6:15 Duplicate Bridge (GR) 7:15 MEGA BINGO (A)</p>	<p style="text-align: right;">30</p> <p>9:00 Strength Class (W) 9:30 Splash (P) 11:30 Chair Fitness (A) 12:30 Guys Only Luncheon (D) 2:00 Maintaining Balance Presentation by Petra(A) 7:30 Noah Waddell (A)</p>	<p style="text-align: right;">31</p> <p>9:30 Tai Chi Advanced (W) 11:00 Posture & Balance (W) 11:30 Chair Fitness (A) 2:00 Hand Exercise (CR) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="font-size: 2em; font-weight: bold; margin: 0;">MILITARY APPRECIATION MONTH</p>

"Village Vibes"

MUSIC EDUCATION

"Nine tenths of education is encouragement" - Anatole France.

Bay Village residents have the opportunity to encourage young music students in the month of May. We will be hosting music recitals for several groups in our auditorium. Bay Village residents are welcome to attend any of the performances: May 5th at 2:00 and 3:00, May 11th at 10:00, 1:30, and 5:30, and May 19th at 2:00 and 3:30. Please note that there will be parents and other guests attending these performances.

Another opportunity to encourage children in their music education will be on May 15 at 1:00 in the auditorium. The children from Wilkinson School will put on a wonderful concert for us.

MORE GREAT EVENTS!

David Pedraza is a violist born in Reynosa, Mexico. He studied at the Shenandoah Conservatory and was then part of the Youth Orchestra of the Americas under Placido Domingo, Carlos Prieto, and Gustavo Dudamel. David Holds a Professional Performance Certificate and a Master's of Music from Lynn University Conservatory of Music. David will perform at Bay Village May 2nd at 7:30.

Brian McGurl will be joined by Katherine Alexandra and Michele Pruyn to present "America the Beautiful, a Heart and Soul Tribute to our Nation" on Thursday May 23rd. This is a traditional Americana show with a contemporary flair and an uplifting message of harmony. The show will include arrangements of songs by Irving Berlin, George M Cohan, Elvis Presley, Elton John, and Lee Greenwood.

The Early Bird Special Improv Troupe will be entertaining us on May the 9th at 7:30. The Troupe will take a suggestion from the audience to get a scene started. From that suggestion the actors create a whole new, totally unscripted, live, fast, and funny theatre with audience participation.

The Resident Services Department is curious about your interests. We are hosting a Happy Hour on Monday May 6 so we can visit with our Bay Village residents. We are looking for suggestions for upcoming socials, outings, and performers. There will be a raffle for all those who give us a suggestion. Join us for a fun afternoon!



RAINBOWS & SHOWERS!

RAINBOWS for Alan Wissenberg for his wonderful presentation on BREXIT and Germany. Alan is the son of Herman and Marian Wissenberg.

RAINBOWS for Kenneth Bradt for bringing speaker Gary Powers Jr. to Bay Village. Gary provided a wonderful program about his father.

RAINBOWS for The Afternoon Delight Barbershop Quartet. They really did delight us with their wonderful music and comedy interludes.

SHOWERS for those who don't shower before entering the swimming pool.

RAINBOWS for our Health Center residents who entered artwork and craft projects into the Sarasota County Fair. 10 residents entered a total of 25 pieces.

RAINBOWS for all the generous people at Bay Village who contributed over 300 books to Wilkinson School, as well as funds to help the book fair which was a huge success and meant so much to the children.

May Birthdays

May 2

Pat Savage & Linda Righter

May 3

Robert Van Zandt

May 4

Ray Berta

May 7

Jim Hensal

May 9

Lillie May Geyer

May 10

Verlyn Smock

May 12

Irene Palmer

May 13

Gary Butner & Nancy Hood

May 14

Gretchen Shepherd & Winnie Miller

May 17

Grace Ellison

May 18

Norma Roembke

May 20

Sony Krajcovic

May 21

Theresa Phelan

May 22

Mary Stults

May 25

Emily Danner

May 26

Pat Hoeffler, Dennis Ziemann, Peter Huber & Mary Day-Karl

May 29

Jack Sneider & Joan McKniff

MAY ANNIVERSARIES

May 10

Jack & Nancy Sneider

May 20

Gary & Terry Butner

May 28

Curtic & Nancy Hood

OUR VOLUNTEERS ANSWER THE CALL

We will be having our annual volunteer luncheon May 16 at 12:30 in the dining room. We have a tremendous number of volunteers who work tirelessly on so many aspects of the day to day functions of Bay Village. We want to honor all of our volunteers! If you are an active volunteer and have not received your invitation by May 2, please call Leesa in Resident Services.

ENVIRONNEWS

Some Bay Village residents who are committed to the environment met recently. We are hoping that Bay Village will take environmental concerns into account as they make alterations and additions to our campus community. To kick off these conversations, we invited Denis O'Connor from Dining Services to talk and he shared numerous ideas that they are researching and will be implementing in coming months. For example, we discussed substituting more environmentally sustainable containers for residents who take leftovers to their units. Our group is excited about holding additional conversations with other Bay Village departments.

Toward that goal, we are eager to share with you what we learn in this monthly column-EnviroNews. We believe that it is an ideal time to ensure that Bay Village not only upholds twenty-first century environmental standards, but perhaps leads other retirement communities in the region.

We welcome your input. Please contact any of the group members: Janet Mahler, Anne Moffit, Judy Evenson, Laura Pardee, Elaine Suau.

The Village Vibes

Welcome New Residents

**Barbara Peterson moved into apartment 940.*

** Ed & Dorothy Schaeffer moved into apartment 309.*

**Ann Baynes moved into apartment 704.*

**Dorothy Schnabel moved into apartment 1010.*

May Vespers Ministers

May 3

Rev. Dr. Chuck Moffett

Bay Village Chaplain
May 10

Rev. Dr. Chuck Moffett

Bay Village Chaplain
May 17

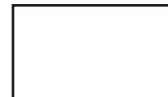
Rev. Dr. Chuck Moffett

Bay Village Chaplain
May 24

Rev. Dr. Chuck Moffett

Bay Village Chaplain
May 31

Rev. Chris Romig
Venice Presbyterian Church



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

There are two ways to get up and greet the morning:

"Good morning, Lord!" OR *" Good Lord, morning!"*

At this point let me be honest and quote from a favorite author of mine, William Willimon:

"This is the day the Lord has made" (Ps. 118 24)

What if, when the alarm clock clangs in the morning, we greeted the day with *"This is the day the Lord has made, let us rejoice and be glad in it?"*

What if no matter what events come our way in the course of the day, we repeated after that affirmation of faith?

To be able to look upon even the worst occurrences in the day and say even there, *"This is the day the Lord has made,"* might change how those bad events come to us.

This is the day that the Lord intends for us to live, the day for which the Lord graciously gives us resources so we can handle this day.

The claim that *"This is the day the Lord has made, let us rejoice and be glad in it"* is not some facile, Pollyanna, power-of-positive-thinking claim.

It is an affirmation based on our faith in a God who is redemptive, and takes that which we reject, and weaves it into God's purposes."

The question I ask of myself is not just what expression I will use at the beginning of the day, but what faith attitude will define every moment of my day?!