

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

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 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

November 2018

NICHOLS' NOTES

Soon we will celebrate Thanksgiving. It is at this time of year we look around us and give thanks to the many blessings that are bestowed upon us. Here are a few of my blessings as we head into Thanksgiving:

- The residents of Bay Village continue to impress me with all of your experiences and talents. I have talked with airplane pilots, boat captains, interior decorators, educators, a professional circus clown, pastors, and many others with various talents and experiences. Your variety of backgrounds and talents help make Bay Village an interesting and special place to live and work.
- The staff of Bay Village is a blessing. Their caring attitudes, knowledge, top level service, and the care they provide are a blessing to all of the residents. We have some of the most dedicated staff that work hard every single day to make Bay Village what it is.
- I am blessed to have a strong Director Team here at Bay Village. Their tireless work in leading their departments is what gives our campus direction. Their input into our strategic plan, master planning, and memory care is providing the campus the road map toward the future.
- The Board of Directors here at Bay Village is a supportive and proactive board. As CEO, I am blessed to have their wisdom and insight in leading Bay Village.
- Again, this year I am blessed to not be shoveling snow in a few more months!

I wish everyone a very Happy Thanksgiving!

Village Vibes



Welcome New Residents

*Cathy Dobbs moved in to apartment 913.

Welcome Back Weintraubs!

Join us on Thursday, November 29th at 7:30 p.m. in the auditorium for another performance from "The Weintraub Duo!"

Jason and Nancy Weintraub have been on the "Bay Village Favorites" list for over 20 years!

Both graduates of the Eastman School, Nancy, piano, and Jason, English horn always please their audience with a variety of classical and non-classical favorites!

Next-Day Nibbles

In a recent survey, nearly 80 percent of Americans said they looked forward to Thanksgiving leftovers more than the actual holiday meal.



Honoring Veterans

Veterans Day on Nov. 11 is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I.

Here at Bay Village we are saluting our veterans on the legal holiday date for 2018, Monday, November 12th with some patriotic music on our beautiful piano in the lobby! Wear your patriotic colors!!

Due to the success of the initial theatrical release, Fathom Events is bringing "BANDSTAND: The Broadway Musical on Screen" back to cinemas nationwide November 19th in celebration of Veterans Day. The high-octane performance of Richard Oberacker and Robert Taylor's Broadway musical, directed and choreographed by three-time Tony Award winner Andy Blankenbuehler (Hamilton). We are going for dinner at the new Mellow Mushroom prior!

Wellness Corner...by Petra Mueller

We begin the month with a lecture you are SURE to want to attend. Dr. Paul Chomiak presents: "Lung Cancer: Minimally Invasive Technologies for Early Diagnosis & Treatment. Dr. Chomiak is a well-established thoracic surgeon known for using state-of-the-art technologies along with innovative treatment to offer patients multiple options in diagnosis and treatment of thoracic (lung) diseases. It is Lung Cancer Awareness Month, so he chose the perfect time for his presentation, which is scheduled for Thursday, November 1st at 2:30 p.m. in the auditorium. The flier listing further details is enclosed in your newsletter.

On Monday, November 19th, at 2 pm, Dr. Amy Roth an Internist at Lerner/Cohen, a Concierge Medical Practice will give a presentation on "Fitness for Seniors". This will be an interesting topic for everyone living here at Bay Village, if active or not.

Walking the Ringling Bridge on Saturday, November 17th, with surely lower temperatures, is your chance to put the new knowledge into practice, while socializing!



B.I.L.L. Series News

S.I.L.L. Day At B.I.L.L.: 10:00 a.m. and 2:00 p.m. Monday, November 12th:

Get ready to explore the diverse menu of lectures on global issues and musical conversations offered in 2019 by SILL (Sarasota Institute of Lifetime Learning).

First, SILL board member and resident Peter Huber will briefly explain SILL and how it provides high quality lectures and performances for as little as \$8.00 per event during the first quarter of each year.

Edward Alley, a board member and producer/host of the music program, will provide a review of 2019 performers and use multi-media to feature several of them, including world renowned pianist Olga Kern.

Retired USF professor and board member Bob Barylski will recap speakers and topics for Global Issues 2019 and also give a short talk on Russian leader Putin.

SILL 2019 program books will be given to attendees. It includes dates, times and locations for each event, a summary of each session and bios of the presenters.

More B.I.L.L. News!

Furthermore, at 2:00PM there will be a DVD of a lecture on the Middle East given last season by Dennis Ross, a former high-ranking State Department official, who returns to SILL in 2019.

Don't miss this opportunity for a sneak preview of SILL 2019. Refreshments will be provided.

Bay Village will provide bus service to Music Mondays at 10:00 AM on Mondays, and for the Global Issues lectures at 9:45 AM on Fridays. As always we need 8 residents to make a group!

Our current DVD series from The Teaching Company, "The Life of Benjamin Franklin" continues this month, part one ending on November 20th.

On Tuesday, November 27th at 7:00 p.m. we are happy to announce that a research scientist Dr. Katherine Hubbard from Florida Fish and Wildlife Institute in St. Petersburg, will be with us to present, RED

TIDE –

You've read about it, you've smelled it, you've been saddened by the death of fish and aquatic mammals, you've sympathized merchants who have lost business, and now, you will have the chance to get up close and personal with an expert who can tell us what is being done to mitigate the problem. Dr. Hubbard will review and explain the research and the tools she and her colleagues are using now, tying these into monitoring, event response, and bloom impacts. At the Institute she supervises a laboratory of 33 full and part-time people. Dr. Hubbard will present her work in an integrated way by focusing largely on the present bloom and our overall understanding of this bloom relative to prior ones. Finally, she will discuss future steps, including those that individuals might take, to help control this.

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.



KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Movie News

we had a terrific suggestion! All of our movie "EXTRAS" this month feature the hilarious Goldie Hawn.

PINE VIEW

CONCERT CREW

Join us as we welcome back the talented group from Pine View School! The "Pine View Concert Crew" concert is on Saturday, November 10th at 3:00 p.m.

A Figure of Speech

Phrase: Talk turkey

Meaning: Talk frankly; get down to business

Origin: To talk turkey actually used to mean to speak pleasantly with one another, and likely dates back to Colonial times, when settlers and Native Americans would meet to barter over wild turkeys and other goods. The phrase evolved through the years, and the present definition of speaking plainly and directly was in use by the mid-1800s.





Sunday	Monday	Tuesday
	 Farmers' Market	THE BUS RUNS A CONTINUOUS LOOP ON ELECTION DAY FROM 10:00 A.M.-NOON.
4	9:30 Bible Class (A) 5 10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) **SHRED IT Document Shredding Service Will Be Here Between 9:00-11:00-Outside Resident Services. 2:00 Hand Class (CR) 2:30 Ice Cream Sodas (R) 6:15 Sarasota Concert Band (B)	6
10:30 St. Thomas More Catholic Service (HC) 1:30 Sarasota Orchestra (B) 7:30 Sunday Night Movie: "RBG: Ruth Bader Ginsburg Documentary" (A)	9:30 Bible Class (A) 12 10:00 Crafts, Coffee & Computers (CR) 10:00 S.I.L.L. Day at B.I.L.L.-Part One (A) 12:15 Happy 95th Birthday Joan Maxwell (R) 2:00 Hand Class (CR) 2:00 S.I.L.L. Day at B.I.L.L.-Part 2 (A) 4:00 Veterans Day Happy Hour (L)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit & Fit (A) 12:45 Duplicate Bridge (GR) 1:00 Pinochle (C) 4:00 Da Vinci Rest. (B) 7:00 B.I.L.L. John McCarthy Presents: Discoveries at the Manasota Key Offshore Dig Site (A)
11	9:30 Bible Class (A) 19 10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) 2:00 Dr. Amy Roth Presents: "Fitness for the Elderly" 2:00 Hand Class (CR) 4:30 Dinner and a PATRIOTIC MOVIE: "Bandstand" The Broadway Show- Dinner at Mellow Mushroom (B)	20
10:30 St. Thomas More Catholic Service (HC) 7:30 Sunday Night Movie: "Three Identical Strangers" (A)	9:30 Bible Class (A) 26 10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) 2:00 Hand Class (CR) 7:30 Goldie Hawn Month Movie Special: "The North Avenue Irregulars" (A)	8:30 Men's Breakfast 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit & Fit (A) 1:00 Pinochle (C) 7:30 B.I.L.L. "The Life of Benjamin Franklin" (A)
18	10:30 St. Thomas More Catholic Service (HC) 3:15 Key Choral Presents: "Misatango" (B) 7:30 Sunday Night Movie: "Here We Go Again" (Sequel to Mama Mia) (A)	27
10:30 St. Thomas More Catholic Service (HC) 3:15 Key Choral Presents: "Misatango" (B) 7:30 Sunday Night Movie: "Here We Go Again" (Sequel to Mama Mia) (A)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit & Fit (A) 12:30 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 B.I.L.L. Dr. Kate Hubbard Presents: "Red Tide"(A)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit & Fit (A) 12:30 Duplicate Bridge (GR) 1:00 Pinochle (C) 7:30 B.I.L.L. Dr. Kate Hubbard Presents: "Red Tide"(A)
25		

Wednesday

Thursday

Friday

Saturday

	<p style="text-align: right;">1</p> <p>9:00 Strength Class (A) 9:30 Splash! (P) 11:30 Sit & Fit (A) 12:30 Guys Only Luncheon (D) 2:00 Strength (W) 2:30 "Lung Cancer: Minimally Invasive..." With Dr. Paul Chomiak (A) 7:30 "The First Wives Club" (A)</p>	<p style="text-align: right;">2</p> <p>9:30 T'ai Chi (w) 10:00 Writers Group (M) 11:00 Posture & Balance 11:30 Sit & Fit (A) 2:00 Open Gym (W) 3:30 All Saints Day Commemoration Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">3</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:30 Sit & Fit (A) 7:00 Documentary Special-The Presidents: "George Bush Part 2"(A) Note Time Change!!!!</p>
<p style="text-align: right;">7</p> <p>FALL FLAVORS PICNIC IN THE DINING ROOM TODAY!! 8:15 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie"RBG"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">8</p> <p>9:00 Strength Class (W) 9:30 Splash! (P) 11:30 Sit & Fit (A) 2:00 Strength (W) 2:30 SALUTE and RECRUIT Volunteers Ice Cream Social (A) 7:30 The "My Three Sons" Perform</p>	<p style="text-align: right;">9</p> <p>9:30 T'ai Chi (w) 10:00 Book Group (A) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Rabbi Katz Presents: Jewish Holy Days (A) 2:00 Shabbat (M) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">10</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 The Bazaar at Apricot and Lime (B) 11:30 Sit & Fit (A) 3:00 Pine Crew Concert Crew (A) 7:00 Documentary Special-The Presidents: Bill Clinton Part 1 (A)</p>
<p style="text-align: right;">14</p> <p>8:15 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:15 Episcopal Svc (C) 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie"The Book Club"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A) <i>Departure Time to Be Announced: St. Pete Trip!</i></p>	<p style="text-align: right;">15</p> <p>9:00 Strength Class (A) 9:30 Splash! (P) 11:30 Sit & Fit (A) 12:30 Guys Only Luncheon (D) 2:00 Strength (W) 2:30 Organ Concert by Fletcher Music Studios (A) 7:30 Goldie Hawn Month Movie: "OVERBOARD" (A)</p>	<p style="text-align: right;">16</p> <p>9:30 T'ai Chi (w) 11:00 Posture & Balance 11:30 Sit & Fit (A) 2:00 Open Gym (W) 3:30 Vespers (A) 4:15 "The Curious Incident of the Dog in the Nighttime at Historic Asolo and Dinner at "MUSE" (B) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">17</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Ringling Bridge Walk & Breakfast! (B) 11:30 Sit & Fit- Video (A) 1:00 Sarasota Ballet (B) 2:45 Venice Symphony (B) 7:00 Documentary Special-The Presidents: Bill Clinton -part 2 (A)</p>
<p style="text-align: right;">21</p> <p>8:15 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie"Three Identical Strangers"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">22</p> <p><i>Thanksgiving Dinner Will Be Served at Noon, 2:00 p.m. And 4:00 p.m.</i> RESERVATIONS ARE TAKEN AFTER YOU RECEIVE YOUR MENU!!!! 7:00 Thanksgiving Movie Special: "Hannah & Her Sisters"</p>	<p style="text-align: right;">23</p> <p>11:30 Sit & Fit on Video (A) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">24</p> <p>8:15 Men's Shuffleboard (courts) 11:30 Sit & Fit on Video (A) 2:30 Children's & Adults Orchestra (A)</p>
<p style="text-align: right;">28</p> <p>8:15 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie"Here We Go Again!"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">29</p> <p>9:00 Strength Class (A) 9:30 Splash! (P) 10:00 Campus Update (A) 11:30 Sit & Fit (A) 12:30 Guys Only Luncheon (D) 2:00 Strength (W) 7:30 The Weintraub Duo Performs (A)</p>	<p style="text-align: right;">30</p> <p>9:30 T'ai Chi (w) 11:00 Posture & Balance 11:30 Sit & Fit (A) 2:00 Open Gym (W) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<div style="text-align: center;">  <h1>ELECTION DAY</h1> </div>

"Village Vibes"

BOOK GROUP NEWS!!

On Friday, November 9th at 10:00 a.m. in the auditorium Chuck Moffett will again treat us to a memorable book review. "The Gift of Years" (growing old gracefully) by Joan Chittister describes the last stages of life a "the capstone years", the time in which a whole life is in the making. She encourages a lifetime of learning while growing old gracefully. Some of the subjects covered in her book are challenges of dealing with regret, learning to cope with fear of weakness, the joy of accepting mystery rather than trying to control everything, the opportunity to savor relationships, the chance to immerse ourselves in the present moment, forgiveness and the gift of time. Save the date for another insightful presentation!

Even MORE B.I.L.L. News

Join us on Tuesday, November 13th at 7:00 p.m. for what should prove to be a *fascinating presentation!*

The Manasota Key Offshore Site is a new discovery, a very unique 7000 year old archaeological site that is located near Manasota Key in the Gulf of Mexico. Underwater archaeologists from the Florida Department of State, Bureau of Archaeological Research have been working to study and protect the site. Our presenter has been a member of the stakeholder team convened by the Gulf Coast Community Foundation, and will share what has been learned about this important site and let us know how we can help protect it.

Our presenter:

John McCarthy is the Executive Director of Gulf Coast Heritage Association and Historic Spanish Point in Osprey, Florida.

John is a native Floridian and has lived in Sarasota for most of his life. John attended Pine View High School

and received his BS from Goshen College (Indiana). In 2012 John retired after working 33 years with Sarasota County Government, having served as Environmental Specialist, County Historian and Director of Parks and Recreation. John has served as President of the Historical Society of Sarasota County for two terms, and in 2017 was awarded the society's Hero of History Award. John is a frequent presenter of local history lectures, educational programs and tours and has written a number of articles for Sarasota Magazine.



RAINBOWS AND SHOWERS

RAINBOWS - For Josie Madigan for cheerfully helping to transport Health Center residents to church services on Sundays.

SHOWERS - JUST A REMINDER: Employees can only get their lunch from 11-11:30 a.m. in the café. They appreciate residents going after 11:30 a.m.

RAINBOWS - For Joy DeCarolis for being right there to help a newcomer in her crafting project!

RAINBOWS - For the packed house for Bay Village favorite Stephen Ditchfield!

RAINBOWS For all who attended our recent AARP DRIVER'S REFRESHER COURSE!!

RAINBOWS to all participants of the Caribbean Contest, your enthusiasm was overwhelming! to Jack and Nancy Sneider for sponsoring the t-shirts! to Janice Berrier for helping with the reports!

November Birthdays

November 2

Inge Jasson

November 3

Joy DeCarolis, Eleanore Flagg & Irene
McCallister

November 4

Peg Wickham & Phyllis Peterman

November 5

David Laux

November 6

Rita Wallace

November 11

Margaret Beisswenger

November 12

Joan Maxwell & Sibyl Hardeman

November 13

Betty Gasch, Jesse Hannan, Chuck
Hendricks & Florence "Sonnie" Brooks

November 14

Viola Troia

November 15

Galina Sullivan

November 16

Anna Gannon

November 17

Joan Bullen

November 18

Barbara Heistand

November 19

Dale Goris, Betty Bridgman & Margaret
Roberts

November 20

Sally Bell & Janet Marine

November 22

Marian Wissenberg & Elaine Mintz

November 24

Beverly Ford, Joan Davis & Jim Symons

November 25

James Blanchard

November 28

Loretta Mack, Helen Williams &
Wolf Shindlebauer

November Anniversaries

November 1

Michael & Imogene Rigdon

November 21

Milt & Marlene Heinowitz

November 23

Robert & Irene Chesek

November 24

Mike & Doris Mayers

November 28

Peter & Jean Huber

Special Celebration

Please join Rabbi Jonathan Katz, Community Chaplain of the Jewish Federation, in welcoming in the Sabbath on Friday, November 9th at 1:30 p.m in the auditorium. Rabbi Katz will make a short -presentation with a discussion about the Jewish holidays, followed by a question and answer session. Residents and staff are welcome to come and enjoy the traditional Sabbath wine and Challah bread.

November Vespers Ministers

November 2

ALL SAINTS' DAY

Remembrance of Bay Village Residents (2017-2018)

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 9

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 16

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 23

Annual Giving Thanks Gathering

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 30

Deacon Keith Backhaus

St. Mark's Episcopal, Venice, FL

The Village Vibes

OPPORTUNITY KNOCKS!!

Every three or four years the Vespers Singers Men's Chorus has an opening or two for men who love to sing in our Friday afternoon Vespers Service. Now is such a time. We have room for up to two or even three men to come and join us each and every Friday to sing during the service, which commences at 3:30 p.m. In preparation, we have about a half hour of practice, so we start each Friday afternoon promptly at 2:45 p.m. I know what you are thinking. "I'm not sure this is something to which I want to commit long term." Is that right? To that I say, "Try it. Try singing with us for two or three weeks at least. If at the end of that time you decide it is not for you, that's fine. No hard feelings. However, if you enjoy worshiping and singing with the us, you will become an official "Vespers Singer"! We have a great time together. Contact John Gary in apt. 665 or at jonna52@comcast.net



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

Let me be very clear: these are not my words, but neither could I say it any better! I offer my summary as points for each of us to consider in these tumultuous times in our nation.

Jon Meacham, Pulitzer Prize author, leading historian of American Presidents, offered these words in a 2017 Commencement Address at Middlebury College in Vermont.

St. Augustine, early church historian (354-430 A.D.), defined a nation as "a multitude of rational beings united by the common objects of our love."

We live in a time when our nation is terribly torn by conflicting crosscurrents of polarized politics which are the outward sign of a deeper rending of the fabric of our life together...which often are rooted in fear or resentment rather than reason or truth.

How do we find our way through this morass? Only by being reminded of "the objects of our love." We need to reclaim the objects which unite us: human dignity and worth of all people; fair play; equality of opportunity, not of outcome; all people are created equal; to live in hope and not in fear; liberty and justice for ALL.

Perhaps we can find our way through these difficult times only by living out with each other "the common objects of our love." Even the person with whom I most stridently disagree might have something worth hearing. Our destruction comes when we take refuge in our certitude, rather than the fearless openness of mind and soul.

It is worth praying, voting, and working for us and our nation to be "united in the common objects of our love."