

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

September 2018

NICHOLS' NOTES

September is here, and I cannot believe it was a year ago this month that our campus dealt with Hurricane Irma. This past July I held the annual hurricane preparedness campus update and reviewed the items that one needs to prepare for in the event the Sarasota area experiences another hurricane this year. I was recently watching the Tampa newscast, and they mentioned the hurricane season has been downgraded in the number of storms that the experts feel will form, but they also reminded everyone that one must be prepared because it only takes one storm to create a mess. All of our apartment residents should have received a Hurricane Preparedness Information Sheet in your mailbox last month that highlights various items you need to be aware of and plan for in the event our area experiences a hurricane. If you did not receive this, please see Heather Beckwith, and she can provide one to you.

Bill Seigh, Director of Facilities Maintenance, is retiring this month after eighteen years of service to Bay Village. He is an avid golfer, so I am sure his retirement days will be spent swinging the golf clubs and working toward that hole in one that every golfer dreams about. I am actively interviewing for his replacement and I will make an announcement once this person is hired.

Labor Day is this month and constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. I would like to take this opportunity to thank our wonderful staff who do such an excellent job!



Bay Village

Eric Nichols President/CEO
Alec Weitzel Chief Operating Officer
Christina Wizba Chief Financial Officer
Denis O'Connor Dir. of Dining Services
Bill Seigh Dir. of Maintenance
Laura Pitcher Dir. of Marketing
Larry Buczkowski Dir. of Housekeeping
Kim Joynes Dir. of Health Services
Kristine Korngut Dir. of Res. Services
Ann Aldrich Dir. of Human Resources
Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

www.bayvillage.org

www.facebook.com/BayVillageSRQ/

Village Vibes



Housekeeping News!

Our housekeepers would REALLY appreciate it if you would make your apartment a few degrees COLDER the morning of your scheduled day. They are working pretty hard and get overheated in a warm apartment!! Also- putting a cover (paper towel for example) over food is a GREAT way to keep your microwave cleaner. It's tough to get it clean once something splatters and isn't covered. THANK YOU!



Foreign Language Lesson: 'School'

Finnish: *Koulu*
Somali: *Dugsiga*
Latvian: *Skola*



Upcoming Elections!

We have invited the *League Of Women Voters to come and give a presentation on Friday, September 28th, at 10:00 a.m.* in the auditorium. *Phyllis Vogel* from the

League will be our speaker.

As a reminder, the League is a non-partisan political organization dedicated to promoting political responsibility through informed and active participation of citizens in government and by acting on selected governmental issues.

Welcome Back Kim Sheffield!

Welcome back Kim Sheffield from "Active" Minds

On Monday, September 10th, she will present "The History of..." MEXICO. On Monday, September 17th, she will present "the History of the Panama Canal."

Both presentations will feature Caribbean refreshments and other fun things and are at 2:30 p.m. in the auditorium. You may remember Kim from her D-Day, History of New York and the Supreme Court presentations she has done here over the past few years!

"The Music of Your Life" With Stephen Ditchfield

On *Thursday, September 13th*, we have the distinct pleasure of welcoming *Stephen Ditchfield back to the Bay Village stage at 7:30 p.m. in the auditorium.*

Stephen always performs a wide variety of favorites and is the head of Sarasota's famous singing family, "*The Ditchfield Family Singers*," who are favorites here and have been performing regularly here for about 20 years.

Considered by many to be the consummate performer, Stephen Ditchfield is a crowd-pleaser from start to finish. Whether performing Broadway showstoppers, tender love ballads, popular standards or inspirational favorites, he connects with his audience and conveys the words of the songs like they've never heard them before. Sharing anecdotes and stories that bring the songs to life, Stephen enjoys encouraging his listeners to remember the good times, live life today with enthusiasm, and anticipate the future with hope and purpose!

Arrive early for the best seats! If the advertisement has the word "Ditchfield" on it, we assume a packed house!



Wellness Corner~By Petra Mueller

"Sail our Seas" is going well! The map pins with the names are "sailing" across the map of the Caribbean in the Wellness Center and the competition is heating up. The T-shirt contest will be decided by the time you are reading this, and our pool dolphins will have new names.

On September 15th, we are doing a Ringling Bridge Walk, and having breakfast afterwards.

A treasure hunt is planned for October as well as a day trip to YBOR CITY!

Keep walking, swimming, playing bridge and so on... collecting points and having an impact on your wellbeing.

Health Tip of the Month: Keep records of the time and date that you take your medicine. Do not trust your memory. Do not mix medicine with alcohol!

Ruth Woodrow, Essentials of Pharmacology for Health Professionals, 8th Edition. Available in the Library.

MORE "SAIL OUR SEAS" TRIPS

A few years ago, we had the distinct pleasure of visiting the "DRUM CIRCLE Rum Distillery" It wasn't because of the great rum the group sampled (although we loved that part, too); it was because the owner, Troy Roberts, told us the scary and fascinating decision he made to go from corporate world computer executive to rum distiller! We learned what it takes to make a highly regarded rum and the work that goes into each bottle of "Siesta Key Rum." It's so highly regarded these days that he beat Bacardi a few times!

Join us on Wednesday, September 5th, departing at 11:00 a.m. if you'd like to join us for the tour, which is about 45 minutes-one hour long depending on questions.

Prior to our visit, we're headed to Mi Pueblo, one of Sarasota's most popular Mexican restaurants for lunch.

The tour of the distillery is free. Lunch at Mi Pueblo is "on your own."

Then, it's fun on Clearwater Bay as we set sail on the "Calypso Queen" party boat! Depart at 10:00 a.m. on a motorcoach and set sail at noon for a tropical buffet luncheon and a 90-minute tour of the Clearwater Bay by your captain. The boat has THREE decks and restrooms. We thought it would be fun to have a contest: Whoever shows up in the dressed as their "tackiest tourist" outfit gets their bus ride for FREE!

Have fun, everyone!



Anna Maria Princess Trip!

The Village Vibes



Mini Golf was hot but FUN!

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

**BIBLE CLASS,
RESIDENTS'
COUNCIL, BOOK
GROUP AND
WRITER'S GROUP
ALL RESUME
THIS MONTH!**


Men's Breakfast resumes in October.


**No MAIL or
TRANSPORTATION
on Labor Day-
Monday, September
3rd**



Harvest Ha-Ha

Q: Why did the scarecrow get a promotion?
A: Because he was outstanding in his field.

Sunday	Monday	Tuesday
<p><i>Happy</i> Grandparents Day!</p>		<p><u>PLEASE NOTE: OUR TUESDAY B.I.L.L. CLASSES ARE NOW BEGINNING 30 MINUTES EARLIER AT 7:00 P.M.!!</u></p>
2	3	4
<p>10:30 St. Thomas More Catholic Service (HC) 7:30 Sunday Night Movie: "Casino Royale"(A)</p>	<p>10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) 12:00, Noon and 4:00 P.M.. Labor Day Picnic! Call 2113 When You Receive Your Menu to Reserve! (D) 7:00 Progressive Bridge (GR) 7:30 <i>Movie Special: "The Devil Wears Prada (A)</i></p>	<p>10:00 Craft Class (CR) 11:30 Sit & Fit on Video (A) 1:00 Pinochle (C) 2:00 <i>Residents' Council (A)</i> 7:00 B.I.L.L. "The American Wild West"(A)</p>
9	10	11
<p>10:30 St. Thomas More Catholic Service (HC) 7:30 Sunday Night Movie: "The Shawshank Redemption" (A)</p>	<p>10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) 2:30 <i>Special "S.O.S." Presentation - Kim Sheffield From Active Minds Presents: Mexico (A)</i> 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (A) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit & Fit (A) 12:45 <i>Duplicate Bridge (GR)</i> 1:00 Pinochle (C) 2:00 Open Gym (W) 7:00 B.I.L.L. "The American West "(A)</p>
16	17	18
<p>10:30 St. Thomas More Catholic Service (HC) 7:30 Sunday Night Movie: "Castaway" (A)</p>	<p>10:00 Crafts, Coffee & Computers (CR) 11:30 Sit and Fit - Video (A) 2:30 <i>Special "S.O.S. Presentation: Kim Sheffield From Active Minds Presents: "The History of the Panama Canal" (A)</i> 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (A) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 <i>Tropical Lunch Buffet on the Starlite "Calypso Queen" Boat Cruise in Clearwater.</i> 11:30 Sit & Fit-video (A) 1:00 Pinochle (C) 2:00 Open Gym (W) 7:00 B.I.L.L. "TBD"(A)</p>
23/30	24	25
<p>10:30 St. Thomas More Catholic Service (HC) 7:30:30 Sunday Night Movie: "The Day of the Dolphin" (A) 9/30: 10:30 St. Thomas More (HC) 7:30 Sunday Night Movie: "Papa Hemingway in Cuba" (A)</p>	<p>9:30 Bible Class (A) 10:00 Crafts, Coffee & Computers (CR) 11:30 Sit & Fit on Video (A) 2:30 <i>Caribbean Trivia/Bingo 2(A)</i> 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (A) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 <i>Duplicate Bridge (G)</i> 1:00 Pinochle (C) 2:00 Open Gym (W) 7:00 B.I.L.L.: "TBD"(A)</p>

Wednesday	Thursday	Friday	Saturday
			1 8:30 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:30 Sit & Fit (A) 7:30 Documentary Special-The Presidents: "Kennedy" Part One (A)
5 8:30 Men's Shuffleboard 11:00 <i>Siesta Key Rum Tour and Lunch at (B)</i> 11:30 Sit N' Fit on Video (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie "Casino Royale"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	6 9:00 Strength Class (A) 9:30 Splash! (P) 11:30 Sit & Fit (A) 12:30 <i>Guys Only Luncheon (D)</i> 7:30 <i>The "Romig Duo" Performs (A)</i>	7 9:30 Tai Chi (W) 10:00 <i>Writers Group (M)</i> 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 2:00 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8 8:30 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance and Posture (W) 11:30 Sit & Fit (A) 7:30 Documentary Special-The Presidents: "Kennedy" Part Two (A)
12 9:00 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:15 <i>Episcopal Svc. (C)</i> 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie "The Shawshank Redemption"(A) 4:00-6:30 <i>ALL-AMERICAN PICNIC (D)</i> 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	13 9:00 Strength Class (A) 9:30 Splash! (P) 11:30 Sit & Fit (A) 3:30 <i>CUBA-THEME HAPPY HOUR - Mojitos, Anyone? (p)</i> 7:30 <i>Stephen Ditchfield Performs (A)</i>	14 9:30 Tai Chi (w) 10:00 <i>Book Group (A)</i> 11:00 Posture & Balance 11:30 Sit & Fit (A) 2:00 Hand Exercise (CR) 2:00 <i>Shabbat (M)</i> 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	15 8:30 Men's Shuffleboard (courts) 9:00 <i>Ringling Bridge Walk and Lunch (B)</i> 11:30 Sit and Fit-video (A) 7:30 Documentary Special-The Presidents: "LBJ" Part One (A)
19 9:00 Men's Shuffleboard 9:30 Beg. Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie "Castaway"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	20 9:00 Strength Class (A) 9:30 Splash! (P) 11:30 Sit & Fit (A) 12:30 <i>Guys Only Luncheon (D)</i> 4:00 <i>MEXICO HAPPY HOUR (A)</i>	21 9:30 Tai Chi (W) 11:00 Balance & Posture (W) 11:30 Sit & Fit (A) 2:00 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	22 8:30 Men's Shuffleboard (courts) 9:00 Strength (W) 9:30 Splash (P) 11:00 Balance & Posture (W) 11:30 Sit and Fit (A) 7:30 <i>Special Documentary Presentation: LBJ- Part 2 (A)</i>
26 8:30 Men's Shuffleboard 11:30 Sit N' Fit on Video (A) 2:00 Line Dance (W) 2:30 Popcorn & A Movie "The Day of the Dolphin"(A) 2:30 <i>Kitchen Tour With Denis (D)</i> 6:15 Duplicate Bridge (GR) 7:15 MEGA BINGO (A)	27 9:00 Strength Class (A) 9:30 Splash! (P) 10:00 <i>Campus Update (A)</i> 11:30 Sit & Fit (A) 12:30 <i>Guys Only Luncheon (D)</i> 7:30 <i>Movie Special "20,000 Leagues Under the Sea" (A)</i>	28 9:30 Tai Chi (w) 10:00 <i>Phyllis Vogel From the League of Women Voters (A)</i> 11:00 Posture & Balance 11:30 Sit & Fit (A) 2:00 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	29 8:30 Men's Shuffleboard (courts) 9:00 Strength (A) 9:30 Splash (P) 11:30 Sit & Fit (A) 2:30 <i>Children's Orchestra (A)</i> 7:30 Documentary Special-The Presidents: "Nixon" (A)

"Village Vibes"

BOOK GROUP NEWS!

We begin our Book Review series on Friday, September 14th, with Martha Bonham presenting "Finding Moosewood, Finding God."

This book tells what happened when a TV newsman abandoned his career as correspondent, commander and anchorman for life on an island. At age 52, at the height of his career, Jack Perkins and his wife, Mary Jo, leave the public eye and move to a cabin on an uninhabited island off the coast of Maine.

The move creates a spiritual awakening in Jack. While he never felt the presence of God during his busy years in Los Angeles, he began to rethink priorities during his adult life.

Be sure to join us at 10:00 a.m. in the auditorium for this inspirational beginning to our series!

...Terry Butner

Welcome Back Karen & Chris

It's been a couple of years since Karen and Chris Romig have performed, so we're happy to report that they are planning another terrific concert on Thursday, September 6th, at 7:30p.m.

KAREN ROMIG - FLUTE

Karen Romig began playing the flute at the age of eight. In high school and college, Ms. Romig continued to develop her artistic abilities under the tutelage of Arthur Hoberman, flutist with the famed 20th Century-Fox studio orchestra. Ms. Romig graduated summa cum laude from Chapman University in Flute Performance. She has won numerous awards and has played in orchestras in California and Florida, including the Venice Symphony Orchestra. She has been a featured soloist at various venues, including the Crystal Cathedral at the age of 14, the Palos Verdes Peninsula Young Artists Music Festival, with the Venice Symphony, the Venice Chamber Orchestra, and the South Shore Symphony.

CHRISTOPHER ROMIG - PIANO

Christopher Romig plunged into piano lessons at the age of seven after attending a live performance by Liberace. Beginning on a three-octave toy piano, Chris soon advanced to an upright piano borrowed from his grandparents' home. He began playing frequently at his home church in Adelphi, Maryland and became the church organist at 14. During his undergraduate study at the University of Maryland, Mr. Romig performed extensively as a pianist in the Washington D.C. area, entertaining audiences with a variety of piano styles. As a Pastor, Mr. Romig continues his musical avocation as an ordained minister, bringing an artist's creativity to worship planning at Venice Presbyterian Church, regularly offering meditative piano music at worship services, and accompanying his wife and other musicians for concerts and special events.

RAINBOWS AND SHOWERS

RAINBOWS - For our new favorite Comedy Historian, "Lenny Dave!" What a unique presentation he had! We're happy to report he will return in January, with his pianist, to present PART 2.

SHOWERS - On anyone who "borrows" bridge items that don't belong to your group.

RAINBOWS - For our NEW dolphins by the pools. Stay tuned for their names! Thank you, Jim and Chris, for putting them up!

RAINBOWS - for the fantastic trip to Anna Maria and especially the fun group of 32 we had!!

RAINBOWS - for our HOT but FUN Golf Outing!

RAINBOWS - for our recent beach trip and fantastic breakfast at Da Vinci German Restaurant!!

September Birthdays

September 2

William Danner & Linda Pierce

September 3

Joyce Tyler & Ida Andalora

September 5

Ernest Grove

September 6

Elaine Hedrick

September 7

Nancy Sneider

September 8

Peggy Hiple & Elizabeth Farkas

September 10

Jane Daly & Janet Steele

September 13

Ruth Woodrow & Eileen Fagan

September 17

Harriet Booth & Anne Moffitt

September 18

Janice Berrier

September 20

Florrie Hornsby & Carolyn McGarvey

September 21

Erskine Hopkins & Margaret Ann

Ross-Hudson

September 23

Irene Ballschneider

September 24

Art Graham, Alvar Elbing & MaryAnn

Hartley

September 25

Judy Evenson

September 27

Tom Jardine, June Haase & Georgette

Golfinos

September 28

Muriel Palram & Mary Testa

September 29

Cecile Chamberland, Inge Wray, Bill

Bridgman & Mary Jo Hopkins

September 30

Dan Brabeck

September Anniversaries

September 1

Bill and Bobbie Bacon & George and

Evelyn Prytola

September 2

Ernie and Kay Gerlach

September 7

Doyle and Mary King

September 10

Jim and Pauline Kennedy

September 25

Bill and Betty Bridgman

B.I.L.L. Series News

News from ADULT & COMMUNITY ENRICHMENT:

We are always happy to report the dates for our next "How Novel" class with Alice Blueglass. If we know the books ahead of time, we will now be reporting that information in the newsletter, so you can get reading sooner if you wish! October 2nd:- Before We Were Yours by Wingate (\$9.52); October 23rd: A Separate Peace by Knowles (\$8.98) and November 6th: The Rent Collector (\$12.53). As always, class is free if you reside at Bay Village, but we ask that you purchase your own books. Please sign up in the activity book by September 7th and make a note in the margin if you are getting your own books or if you would like us to purchase them for you. We will put the cost on your Bay Village bill.

At press time, our goal to present another "live" presenter from Adults & Community Education will start on September 18th. We will let you know who it is as soon as we have confirmation!

The Village Vibes

September Vespers Ministers

September 7

Rev. Wismer

Co-Pastor, Pine Shores Presbyterian

September 14

Rev. Wismer

Co-Pastor, Pine Shores Presbyterian

September 21

Rev. Dr. Chuck Moffett

Bay Village Chaplain

September 28

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Welcome New Residents

** Mr. & Mrs. Terry

Kall moved into apartment 732.

** Mrs. Cynthia

Simon moved into apartment 1031.

** Mrs. Catherine

(Cathy) Dobbs moved into apartment 913.

** Mr. & Mrs.

George & Evelyn Prytola moved into apartment 765.

*** Mrs. Irene

Burkhardt moved into apartment 608.





John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

CHAPLAIN'S CORNER

Rev. Dr. Chuck Moffett

For over 50 years, I have had an addiction: PHOTOGRAPHY: self-taught, self-nurtured, self-administered. My addiction began in innocence, with a basic box camera, and progressed to mainstreaming with a full SLR. My emphasis was on using macro lens in nature photography: thousands of slides of flowers, insects, spider webs, butterflies, bees That was THEN.

THEN everything went "digital." No longer could I afford the expense of processing film, nor the expense of a digital camera. My lifelong companion – my camera – was relegated to a closet shelf.

Finally, I saved the money to buy a DIGITAL camera. I was sure I was back to my addiction: adrenalin flowing - nerves alert – images vibrant – my camera and I surely would be one again.

But not so. All the buttons, bells & whistles confounded and confused me. My camera was an alien, no longer a natural extension of myself. Back to the shelf went my new camera. Back to the closet went my addiction, forever to be hidden from public view.

Then recently, I talked with a friend who shares a lifelong addiction to photography. He now uses a digital camera. I asked if he would help me with my addiction.

His simple answer was: "Forget the setting for "A" (automatic), and go back to "M" (manual)!"

"Chuck, earlier you were engaged with your subject and you knew your camera, and you knew how to respond. Now you are going with pre-set data where there is no YOU being engaged in the final product."

WOW! What does that say about other aspects of my life? Have I given in to living on "A" – predetermined response to life...or am I willing to risk being personally involved in shifting to "M", so as to be part of setting the culture, color, and commitment of creating a healthy photograph of life for ALL?