

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

July 2018

## NICHOLS' NOTES

One of the areas that the Board of Directors wants to have accomplished is an engineering and architectural report on Bay Village's 43-year-old building. I have contracted with the firm SFCS out of Roanoke, Virginia, to perform this task. SFCS will look at all areas of the building to include outside architectural systems (roof, windows, and doors), HVAC systems, HVAC performance, plumbing, and electrical systems. Their findings will be placed into a report that will provide Bay Village a road map for capital replacement and improvement plans for the next 20 years.

SFCS will also be of assistance in developing the master plan for the campus. A few months ago I shared with you the strategic plan for Bay Village that was developed earlier this year. The Board of Directors has approved this plan. The master plan will take the strategic initiatives and set a timeline and costs for the strategic plan. This goes hand-in-hand with the engineering and architectural study mentioned earlier.

The third area of focus for SFCS is to assist Bay Village with the conceptual design for our Memory Care center. They will facilitate the discussions with the Bay Village team to identify opportunities, goals and successful outcomes for the new Memory Care program. They will also help Bay Village in developing the guiding principles to be utilized throughout the design and development process of the new Memory Care.

I look forward to the partnership between SFCS and Bay Village as we continue our enhancements to our campus.



## Bay Village

Eric Nichols ..... President/CEO  
 Alec Weitzel ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Bill Seigh ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Kim Joynes ..... Dir. of Health Services  
 Kristine Korngut ..... Dir. of Res. Services  
 Ann Aldrich ..... Dir. of Human Resources  
 Rev. Dr. Chuck Moffett ..... Chaplain

## Mission Statement

*Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.*

[www.bayvillage.org](http://www.bayvillage.org)

[www.facebook.com/BayVillageSRQ/](https://www.facebook.com/BayVillageSRQ/)

## Village Vibes



### **Pinocle News!**

If you play pinocle, we are starting up a group every Tuesday at 1:00 p.m. in the card room!

Thank you to Herman

Wissenberg for offering "refresher courses" as well as teaching those who have never played.

NO NEED to sign up ahead of time, just come to the card room! Have fun!

### **Playing the Pipes**

July 27 is Bagpipe Appreciation Day. Although the instrument is commonly linked to Scotland, bagpipes have been played for centuries throughout Europe, northern Africa and western Asia. In fact, Pakistan is the largest producer of bagpipes in the world.



### **Welcome Joan!**

Trained as a classical pianist starting at age 8, Joan has been playing and singing popular music her entire life. She has always been drawn to this great music and remembers feeling compelled to play any piano in sight and to sing whenever she could.

She recalls once enjoying a great jazz band playing "Embraceable You" at Baltimore's Inner Harbor years ago and spontaneously started singing while in the audience. "Before I knew it, I was invited up to sing with the band and became part of the entertainment."

Her repertoire includes songs from the 1920s to the present, with a special passion for Broadway music and the Great American Songbook, especially the Gershwins, Cole Porter, Rodgers and Hart, Jerome Kern, and Irving Berlin.

If you were at Grace Ellison's 103rd birthday party, you will recall Joan led the singing of "Happy Birthday." She was dropping off paperwork we need, so she was in the building!

**We hope you will join us on Thursday, July 5th, at 7:30 p.m. in the auditorium!**

## **RAINBOWS AND SHOWERS**

### **RAINBOWS** TO CLARIFY:

The federally-mandated 2017 tap water quality report for Sarasota County (SC) showed no violations of the federally-required quality standards. Bottled water is not needed. For more details, see <https://www.scgov.net/home/showdocument?id=32585>. In addition, SC tap water won the annual "taste competition" conducted by the local section of the American Water Works Association.

**Showers** on those Residents who do not allow their walkers to be put away when they are seated in the Dining Room. The wait staff need to store them away so they are not a safety or tripping hazard while you enjoy your meal.

**SUPER RAINBOWS** on Chuck Sidlow, Jackie Le Claire, Norika Sidlow and ALL the helpers they brought to pull off the well-attended and thoroughly enjoyable Comedy Cabaret! What a fantastic show!

### **BEALLS & BARBOSSO!**

Since there are hardly any good stores in the Westfield Mall across the street, we're planning a trip to **Bealls** at Palmer Crossing Circle. Bring your **Bealls Bucks** and your appetite.

For those of you who haven't been to **Barbosso**, there is a surprise there we aren't going to tell you about, but it makes for a completely unique dining experience!! We put the menu in the activity book, and we are getting there for their fantastic Early Bird specials!!

**The bus departs at at 3:00 p.m.!**

## The Village Vibes

### Wellness Corner ... By Petra Mueller

To kick off the celebration of July 4th, I am offering a Masterclass with patriotic music - starting at 9:30 am in the Auditorium, followed by a fun workout in the pool and then refreshments poolside.

Come in your red, white and blues and join me!

A Ringling Bridge Walk on Saturday, July 14th, will keep you smiling and in shape with the beautiful scenery and a breakfast at Millie's afterward.

Your chance to go swimming in the Gulf of Mexico at Nokomis Public Beach is on Wednesday, July 25th, with lunch following.

In July I am also having the T-shirt design contest for our "Sail Around the Caribbean" event. Keep your eyes open for the flyer and your pencils sharpened to give us your best design.



### VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.

### B.I.L.L. Series News

News from ADULT & COMMUNITY ENRICHMENT:

In last month's article, we didn't have Bob Clementis' "Foreign Affairs" class listed because we added it after we went to press! He does continue every Monday through July 30th from 9:30-11:00 a.m. in the auditorium. Alice Blueglass is teaching a summer "How Novel" book group by popular demand! The meetings are on July 10th & 31st at 10:00 a.m. in the board room.

James Johnson continues "Similarities and Differences Between Protestantism and Catholicism." Class is held every Wednesday at 10:00 a.m. until July 25. Thank you, James, for what has amounted to some spirited discussions among the students!

Our final Rick Steves, Austria, is Tuesday, July 3rd, at 7:30 p.m. in the auditorium. There is no Teaching Company DVD on July 10th, 17th & 24th. When we added the "Foreign

Affairs" class late in May, it didn't get in the newsletter, but the committee had voted in the past that three events in the same week that are B.I.L.L.-related was a bit much to attend, so we are skipping those nights.

MORE GREAT NEWS: Bay Village's favorite Art Professor KEVIN COSTELLO is returning to teach a class: "More than a Kiss Under the Mistletoe: A Spirited Romp Through The History of Christmas" on Tuesday, July 31st, at 7:30 p.m in the auditorium. Everyone is so busy at Christmas, we thought you'd enjoy this "Christmas In July" evening. There MIGHT be Christmas-themed refreshments!



## KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

## Hearing Aid News

Jennifer from Dr. Marlowe's office will be here on THURSDAY, JULY 12th. The first Wednesday is a holiday!

## HEY "SHUFFLERS": The Time Is Moving to 8:30 a.m. For Our Wednesday and Saturday Men's Shuffleboard Group!

## Movie News

We thought everyone would enjoy the Saturday evening documentaries about the American Presidents since it is JULY!


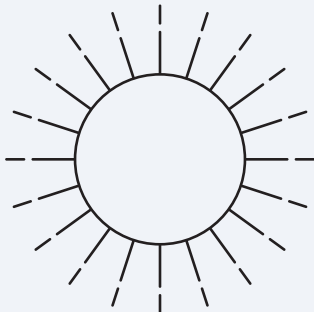
These were produced by PBS, and we will continue the series throughout the summer!



## 'Pops' Is One

How many words can you come up with using the letters in "Popsicles"?

Sunday	Monday	Tuesday
1	2	3
<p>12:00 Gospel Brunch at the Blue Rooster (B)</p> <p>10:30 St. Thomas More Catholic Service (HC)</p> <p>7:30 Sunday Night Movie: "Young Mr. Lincoln" (D)</p>	<p>9:30 Crafts, Coffee &amp; Conversation (CR)</p> <p>9:30 B.I.L.L. Presents "Foreign Affairs" With Bob Clementis (A)</p> <p>11:30 Sit &amp; Fit on Video (A)</p> <p>7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W)</p> <p>9:30 Splash (P)</p> <p>10:00 Craft Class (CR)</p> <p>11:30 Sit N' Fit (A)</p> <p>11:30 Summer Circus at Historic Asolo! (B)</p> <p>1:00 Pinochle (C)</p> <p>2:00 Open Gym (W)</p> <p>7:30 B.I.L.L.: "Rick Steves" (A)</p>
8	9	10
<p>10:30 St. Thomas More Catholic Service (HC)</p> <p>7:30 Sunday Night Movie: "Borg vs. McEnroe" (A)</p> <p><b>**We're right in the midst of Wimbledon! Enjoy this historic film about a historic tennis match!!</b></p>	<p>9:30 Crafts, Coffee &amp; Conversation (CR)</p> <p>9:30 B.I.L.L. Presents "Foreign Affairs" With Bob Clementis (A)</p> <p>11:30 Sit &amp; Fit on Video (A)</p> <p>7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W)</p> <p>9:30 Splash (P)</p> <p>10:00 Craft Class (CR)</p> <p>10:00 "How Novel!" (B)</p> <p>10:00 National Cremation Society- Special Presentation (A)</p> <p>11:00 Sit &amp; Fit (A)</p> <p>12:45 Duplicate Bridge (G)</p> <p>1:00 Pinochle (C)</p> <p>2:00 Open Gym (W)</p> <p>4:00 Happy Hour (L)</p>
15	16	17
<p>10:30 St. Thomas More Catholic Service (HC)</p> <p>1:15 Florida Studio Theater (B)</p> <p>7:30 Sunday Night Movie: "I Can Only Imagine" (A)</p>	<p>9:30 Crafts, Coffee &amp; Conversation (CR)</p> <p>9:30 B.I.L.L. Presents "Foreign Affairs" With Bob Clementis (A)</p> <p>11:30 Sit &amp; Fit on Video (A)</p> <p>7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W)</p> <p>9:30 Splash (P)</p> <p>10:00 Craft Class (CR)</p> <p>11:30 Sit &amp; Fit (A)</p> <p>1:00 Pinochle (C)</p> <p>2:00 Open Gym (W)</p> <p>7:30 Movie Extra: RAGTIME (A)</p>
22	23	24
<p>10:30 St. Thomas More Catholic Service (HC)</p> <p>7:30 Sunday Night Movie: "Franz" (A)</p>	<p>9:30 Crafts, Coffee &amp; Conversation (CR)</p> <p>9:30 B.I.L.L. Presents "Foreign Affairs" With Bob Clementis (A)</p> <p>11:30 Sit &amp; Fit on Video (A)</p> <p>7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W)</p> <p>9:30 Splash (P)</p> <p>10:00 Craft Class (CR)</p> <p>11:30 Sit N' Fit (A)</p> <p>12:45 Duplicate Bridge (G)</p> <p>1:00 Pinochle (C)</p> <p>2:00 Open Gym (W)</p> <p>3:00 Bealls &amp; Barbossa Italian(B)</p> <p>7:30 Movie Extra: "Murder on the Orient Express" (A)</p>
29	30	31
<p>10:30 St. Thomas More Catholic Service (HC)</p> <p>7:30 Sunday Night Movie: Chappaquiddick (A)</p>	<p>9:30 Crafts, Coffee &amp; Conversation (CR)</p> <p>9:30 B.I.L.L. Presents "Foreign Affairs" With Bob Clementis (A)</p> <p>11:30 Sit &amp; Fit on Video (A)</p> <p>7:00 Progressive Bridge (G)</p>	<p>8:00 Men's Breakfast</p> <p>9:00 Strength! (W)</p> <p>9:30 Splash (P)</p> <p>10:00 Craft Class (CR)</p> <p>10:00 How Novel! (B)</p> <p>11:30 Sit &amp; Fit (A)</p> <p>1:00 Pinochle (C)</p> <p>2:00 Open Gym (W)</p> <p>7:30 B.I.L.L. "More Than A Kiss Under the Mistletoe" With Kevin Costello(A)</p>

Wednesday	Thursday	Friday	Saturday
4	5	6	7
<p><b>*9:30 Master Class (A)</b>  <b>Refreshments by the pool!</b>  <b>*Independence Day Picnic is at noon, 2:00 p.m. and 4:00 p.m.</b>  <b>*7:30 Movie Special: The Young Mr. Lincoln (A)</b>  <b>Happy Independence Day Everyone!</b></p>	<p>9:00 Strength Class (W)            9:30 Splash! (P)            11:30 Sit &amp; Fit -(A)            12:30 Guys Only Luncheon (D)            2:30 Root Beer Floats by the Pool (P)            7:30 The Cabaret Singer Joan Stret Performs (A)</p>	<p>9:30 Tai Chi- Advanced (w)            11:00 Posture &amp; Balance            11:30 Sit &amp; Fit (A)            2:00 Hand Exercise (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p>8:30 Men's Shuffleboard (courts)            11:30 Sit &amp; Fit- Video (A)            7:30 DOCUMENTARY SPECIAL: The Presidents: Theodore Roosevelt (A)</p>
11	12	13	14
<p>8:30 Men's Shuffleboard            9:30 B.I.L.L. "Catholicism &amp; Protestantism- Similarities &amp; Differences"(A)            10:00 Nokomis Beach &amp; Lunch (B)            11:00 Posture/Balance (W)            11:15 Episcopal Svc. (C)            11:30 Sit N' Fit- Video (A)            2:30 Popcorn &amp; A Movie"Bjorg vs. McEnroe            6:15 Duplicate Bridge (GR)</p>	<p>9:00 Strength Class (W)            9:30 Splash! (P)            11:30 Sit &amp; Fit (A)            12:30 Guys Only Luncheon (D)            2:00 "Eating Healthy at the Country Store" With Dietitian Delores Pufahl (A)            7:30 Drum Circle on the Roof With Edsel (R)</p>	<p>9:30 Tai Chi (w)            11:00 Posture &amp; Balance            11:30 Sit &amp; Fit (A)            2:00 Hand Exercise (CR)            2:00 Shabbat (HC)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p>8:30 Men's Shuffleboard (courts)            9:00 Ringling Bridge Walk &amp; Lunch at Millies (B)            11:30 Sit &amp; Fit- Video (A)            7:30 DOCUMENTARY SPECIAL: The Presidents: Woodrow Wilson, Part 1 (A)</p>
18	19	20	21
<p>8:30 Men's Shuffleboard            9:30 Beg. Tai Chi (W)            9:30 B.I.L.L.- "Catholicism &amp; Protestantism- Similarities &amp; Differences"(A)            11:00 Posture &amp; Balance (W)            11:00Opera Guild Lunch (B)            11:30 Sit N' Fit (A)            2:00 Line Dance (W)            2:30 Popcorn &amp; A Movie"I Can Only Imagine"(A)            6:15 Duplicate Bridge (GR)</p>	<p>9:00 Strength Class (W)            9:30 Splash! (P)            11:30 Sit &amp; Fit (A)            12:30 Guys Only Luncheon (D)            7:30 Lenny Dave Performs (A)</p>	<p>9:30 Tai Chi (w)            11:00 Posture &amp; Balance            11:30 Sit &amp; Fit (A)            2:00 Hand Exercise (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p>8:30 Men's Shuffleboard (courts)            9:00 Strength Class (W)            9:30 Splash! (P)            11:00 Balance and Posture (W)            11:30 Sit &amp; Fit (A)            7:30 DOCUMENTARY SPECIAL: The Presidents: Woodrow Wilson, Part 2 (A)</p>
25	26	27	28
<p>8:30 Men's Shuffleboard            9:30 B.I.L.L.- "Catholicism &amp; Protestantism- Similarities &amp; Differences"(A)            11:30 Sit N' Fit-video (A)            2:30 Popcorn &amp; A Movie"Franz"(A)            6:15 Duplicate Bridge (GR)            7:15 BINGO (A)</p>	<p>9:00 Strength Class (W)            9:30 Splash! (P)            10:00 Campus Update: Hurricane Prep. Meeting! (A)            11:30 Sit &amp; Fit (A)            2:30 Kitchen Tour With Denis (D)            7:30 Pianist and Bay Village Favorite Danny Zirpoli Performs (A)</p>	<p>9:30 Tai Chi (w)            11:00 Posture &amp; Balance            11:30 Sit &amp; Fit (A)            2:00 Hand Exercise (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)</p>	<p>8:30 Men's Shuffleboard (courts)            9:00 Strength Class (W)            9:30 Splash! (P)            11:00 Balance and Posture (W)            11:30 Sit &amp; Fit (A)            7:30 DOCUMENTARY SPECIAL: The Presidents- Truman (part 1) (A)</p>
<p>YES, WE ARE STILL HAVING BINGO on JULY 11TH and 18th! RAN OUT OF ROOM!</p>			

## "Village Vibes"

### BOOK GROUP NEWS- Resumes in SEPTEMBER!

Happy summer reading, everyone!

### Dining Services News!

The kitchen tour for July will be on Thurs., July 26th, @ 2:30pm. Please call Denis at extension 2112 to sign up. The tour will meet in the Carousel Dining Room and should take about 45 minutes.

Also this month, we have a panel discussion with our dietitian Delores Puhfal at 2:00 p.m. on Thurs., July 12th, in the auditorium

The title of her presentation is "Healthy Eating Choices From The Country Store."

On July 18th, we are in the planning stages of an "All-American Barbecue!" It will be from 4:00-6:30p.m. and will be held in place of dinner. The details will be in your mailbox soon!



### Welcome Lenny!

Join us as we welcome speaker Lenny Dave on Thursday, July 19th, at 7:30 p.m. in the auditorium. Lenny will present, "100 Years of Comedy", a nostalgic walk down comedy's Memory Lane!

Lenny is a nationally recognized comedy historian, speaker, humorist and creative thinker. In 2014, Lenny was selected as the featured speaker to perform in the inaugural season of the Red Skelton Entertainment Series, in conjunction with the opening of a brand new museum dedicated to Red Skelton's legacy of laughter.

Even though Lenny is not a doctor, he has been known to perform successful surgery on the human spirit! Lenny is past president of AATH, the Association for Applied and Therapeutic Humor. His background in the field of creative communications, combined with his talent as a speaker/entertainer, has enabled Lenny to serve a diverse client base over the past 30 years! He has

addressed a variety of audiences ranging from senior citizens, corporate executives and cancer patients.

Often requested as a "coach" for aspiring and existing speakers, Lenny shares his professional expertise and decades of speaking experience to speed up the learning curve for enthusiastic people with important messages to share.

Lenny is a two-time "Speaker of the Year" nominee and the recipient of 14 "showcases" from NACA and APCA, the two leading campus entertainment organizations.

Lenny believes that humor, laughter and positive emotional experiences are powerfully necessary tools to be used in creating meaningful learning and living outcomes.

This is Lenny's first time speaking at Bay Village, and we hope he will enjoy a large and enthusiastic audience!

### BLUE ROOSTER BRUNCH!

Try something UNIQUE and FUN!

The downtown Blue Rooster Bar and Café serves New American Southern fare and takes simple, locally-sourced base ingredients and transforms them into true blue Southern comfort cuisine with a down home twist.

They have music every day, and on Sundays, they offer a Gospel brunch buffet with live music by Sarasota's award-winning band, TRUALITY. Hop on their website to hear a music sample- [www.trualityband.com](http://www.trualityband.com).

Since gospel music, like jazz, is one of the few types of music started in America, we thought July a fitting month to go hear some!

Date: Sunday, July 1st, departure time is NOON!

Not that gospel music is particularly loud, but we requested seats at the rear of the restaurant.

## July Birthdays

July 1

Jean Paulus & Elayne Peabody

July 3

Frank Camarota

July 5

Patricia Tway & Irene McGarry

July 7

Bettye Miller

July 8

Ann DeCesare

July 9

John Cavanaugh

July 10

Babe Baptist, Suzanne Fensterwald &

Nate Miller

July 13

Kathy Hunt

July 16

Loretta Turpin

July 19

Bunny Raabe

July 20

Edna Stirling

July 21

Nancy Sweetland & Judy Hendricks

July 22

Pauline Medenis & Mary Jane Smith

July 23

Doris Linton

July 25

Doris Mayer

July 26

James Kennedy & Jane Clow (HAPPY  
100th, Mrs. Clow!)

July 29

Virginia Siantz &

Ann Deloach

July 30

Richard Storm

July 31

Jim Westerdale

## July Anniversaries

July 2

Vic & Janet Mahler

July 9

Nate & Winnie Miller

July 10

Phil & Penny Goodell

July 22

Roger & Ruth Woodrow

# Volunteer Corner



If anyone would like to help out in our DOWN UNDER shop on Wednesdays and Fridays, please call resident services! And, we could also use a buyer for our COUNTRY STORE.

## National Cremation Society Presentation

Join us for this important topic on July 10th at 10:00 a.m. by pre-need advisor Annie Vesey. We had a

presentation a few years ago and were surprised how many people were in attendance and had not pre-arranged their end-of-life wishes and expenses. The National Cremation Society has been in business for 42 years, helping families.

If you are in the "How Novel" book group and can't come to the presentation, information will be in the mail room following.

## Spread Sunshine

"Those who bring sunshine into the lives of others cannot keep it from themselves." —James Matthew Barrie

## The Village Vibes

### July Vespers Ministers

July 6

Rev. Dr. Chuck Moffett  
Bay Village Chaplain

July 13

Rev. Dr. Chuck Moffett  
Bay Village Chaplain

July 20

Rev. Dr. Chuck Moffett  
Bay Village Chaplain

July 27

Rev. Marcia Tremmel  
Episcopal Priest in  
Diocese of SW Florida

**Welcome**   
Home

\*\* Ms. Mary Testa  
moved in to  
apartment 1135.

\*\* Jean Paulus  
moved FROM  
apartment 860 TO  
apartment 813.

\*\* Joan Davis  
moved in to  
apartment 509.





John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

### **CHAPLAIN'S CORNER**

*Rev. Dr. Chuck Moffett*

It never is too late to confess. Never did I follow him. Never did I appreciate him. He seemed so superficial in my brief times with him on TV. Only recently have I realized how wrong, insensitive, and judgmental I had been over the years. Only recently have I bemoaned what I missed in all the years.

To whom do I refer? None other than Fred Rogers, TV icon, Presbyterian pastor, creator of the children's TV program *Mr. Roger's Neighborhood*. Unimpressed as I was with his cardigan sweaters and tennis shoes which seemed so immature, I totally missed the caring, compassion, and creativity of the deep faith he shared with the kids in his "neighborhood." He had an insight on how to speak of present-day realities (i.e. assassinations, racism) to help children - and us adults - grapple with life-changing and life-challenging experiences.

All of this has come to me as I read the story of the making of the movie, "*Won't You Be My Neighbor,*" which was released just this past June 8. This is not a documentary about the life of Fred Rogers. It is a telling of the values and ideas and convictions of a man of faith who helped generations get in touch with how to live by the grace of God.

We all have heard about "*random acts of kindness.*" Fred Rogers reminds us that only by acts of "*radical kindness*" will the world be changed. Kindness cannot just be "*random*" (as in casual) to be effective. Kindness must be the "*radical*" (as in root, core) value of our daily life experience with each other.

Thank you, Mr. Rogers, for finally getting God's message through to me. Now, all I have to do is find a theater where the movie is playing.