

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

September 2017

Nichols Notes

The Campus Update during July consisted of discussions about Bay Village and its Hurricane Preparedness. Moving here from Maryland, this was one area of disaster preparedness that we didn't look at in depth too much—the occasional blizzard was the worry there. In preparing for my presentation, I discussed with the department directors the preparation procedures that Bay Village uses. It is very nice not having to evacuate the campus since our structure is made out of concrete and steel. Several years ago, hurricane-rated windows were installed throughout the building. The original builders had the foresight to build the underground parking garage 13 feet above sea level and the first floor area 24 feet above sea level. The backup generators can provide up to 7 days of electricity for our campus. The well that is located on the campus can be used in the event that water from Sarasota is discontinued or compromised. Overall, I am very impressed with Bay Village and its hurricane preparedness. I am hoping we do not have to worry about implementing any hurricane procedures this year!

Sheila and I had several very enjoyable lunches with the floor representatives during the month of August. A big thank you goes out to Resident Council President Clarice Jardine, who coordinated these lunches, and a special thanks to our wonderful kitchen and dining room staff for the spectacular lunch and service that was enjoyed by all those who attended.



Bay Village

Eric Nichols President/CEO
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Kim Joynes Dir. of Health Services
 Kristine Korngut Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Mission Statement

Established on Christian principles, Bay Village of Sarasota, Inc. offers a dynamic, secure and comprehensive residency for older adults, providing meaningful community life with continuing care.

A Seasonal Smile

"Autumn—the year's last, loveliest smile." — William Cullen Bryant

Village Vibes

September Vespers Ministers

September 1

Rev. Dr. Chuck Moffett
Bay Village Chaplain

September 8

Pastoral Staff Member
Pine Shores

Presbyterian Church

September 15

Pastoral Staff Member
Pine Shores

Presbyterian Church

September 22

Pastoral Staff Member
Pine Shores

Presbyterian Church

September 29

TBA

BOTTLE CAPS

THANK YOU TO ALL WHO HAVE DONATED TOWARD THE "CHURCH WOMEN UNITED" PROGRAM THAT CREATED BENCHES USING BOTTLE CAPS. The program has ended, so you don't need to put bottle caps in Martha Bonham's mailbox anymore. But she wanted to THANK YOU for supporting the program!



My Three Sons Return!

Join us on Thursday, September 28th, at 7:30 p.m. in the auditorium as we welcome back the barbershop quartet "My Three Sons" (dad Stephen and sons Nathaniel, Michael and David) to the Bay Village stage!

Part of the renowned Ditchfield Family Singers, Sarasota's own "Von Trapps" we like to say, this award-winning quartet always brings a packed house and a standing ovation!

The youngest member of My Three Sons was 9 when they first started performing here many years ago!

Like jazz and ragtime, the Barbershop Quartet is one of the few American musical art forms and My Three Sons performs it beautifully!

To hear music samples and read the full biographies of our performers, visit their website:

www.ditchfieldfamilysingers.com.

Arrive early for the best seats! We always have a packed house when the Ditchfield family is performing!



"SECOND CHANZE" BAND Performs

This is the first time this dance band is performing here, so we're excited about that!

They play hits of the '40s, '50s and '60s and were founded in 2014 by Al Dominguez, who graduated from Jersey City State College in New Jersey and majored in music education and trombone. "Second Chanze" (yes, that's the correct spelling) is dedicated to keeping great music alive.

Vocalist Kim Sobbe plays a dozen instruments besides providing the vocals for "Second Chanze"! She moved here recently from Minnesota, where she had been performing around the Twin Cities for years.

Drummer David Morin graduated from Berkeley College of Music and is known as "Mr. Rhythm" after playing with the Naval Recruit Training Jazz Band. He has performed with many professional jazz bands over the years.

If you would like to hear music samples and read some reviews, visit their website

at www.secondchanze.com.

See you on Thursday, September 7th, at 7:30 p.m. for an evening of great music you know and love, and yes, the dance floor will be open!



The Village Vibes

Wellness Corner, By Petra Mueller

On September 14th at 9:30 a.m., we will offer "Games by the Pool" with some water aerobics, kickboard races, basketball in the pool and various games on the pool deck. Come join us, work up some sweat and (after showering) jump in the pool to cool down. We'll have a juice bar and assorted baked goods available to reward you for getting up early and heading for our beautiful pool!

A tour of the **Historical Venice Train Depot** is on the schedule for **September 26th**, where we will have our own guide telling the story of the train coming to town many years ago and what that experience was like. Lunch is next at Sharky's on the Pier on their outside deck so we can enjoy glorious views of the Gulf.

Cooler weather calls for a **Ringling Bridge Walk** on **September 30th**, followed by breakfast at Millie's Restaurant, which is always a favorite.

B.I.L.L. Series News

In September, we continue our summer of Rick Burns' documentaries about New York. A reminder that the DVDs are a bit longer than our usual one-hour class, between 100-120 minutes. The DVDs are also listed as having closed captions. There are no closed captions.

Our next class from Sarasota Adult and Community Education will be a four-week class titled: "Mennonites, Amish and the Pinecraft Community."

Sarasota has a vibrant community of Amish and Mennonites, many of whom are identified by their distinctive garb, riding their three-wheelers along Bahia Vista Street in the Pinecraft neighborhood. Have you ever wondered what they believe and why some of them have retained their unique customs over the years? This class will explore the historical developments of Amish and Mennonite beliefs, as well as current customs and practices.

Class is taught by J.B. Miller and is

held on Wednesdays beginning October 18th from 10:00 a.m.-11:30 a.m in the auditorium.

Day Trips & Travels

It has been a few years since we visited The Cat Depot. Monday, September 18th is the day and we're leaving at 12:30p.m.! We'll go for lunch at Lola Tartine, a great French restaurant in the Rosemary District and then it's on to the Depot. If you have never been there, the cats and kittens have free reign of their "houses" instead of being in small cages like a usual shelter, so visit as many kitties as you wish! They also have a donation box set up, so if you want to bring a few dollars for them feel free.

We're also headed back to Antoine's, for another fantastic dinner! They specialize in Belgian and other European food and according to their website they were named one of the top 7 restaurants in Florida. Wow! Join us on Tuesday, September 12th for that! The bus departs at 4:30 p.m.

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.



KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Bible Class News!

Bible Class will resume on October 2nd!

We will continue with our DVD series on the New Testament until then.

Summer Break Ends!

It's official: summer is over! We resume our Writers Group, Book Group and Residents' Council as well as our Men's Breakfast group.

September Is National Rice Month

Although a tiny grain, rice is a staple food source for more than half of the world's population. While brown rice is a whole grain and higher in fiber, both brown and white varieties are low in calories and contain a number of vitamins and minerals, including folate, magnesium and iron.



Sunday	Monday	Tuesday
3	4	5
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Zookeepers Wife" (A)	9:30 Crafts Coffee and Conservation (CR) <i>Our LABOR DAY PICNIC Will Be Held at Noon, 2:00 p.m. And 4:00 p.m. Call 2113 For Reservations AFTER You Receive Your Menu in the Mail.</i> 7:00 Progressive Bridge (GR) 7:30 Movie Special: "CHEF"	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 2:00 Residents' Council (A) 7:30 B.I.L.L.: "NEW YORK" (A)
10	11	12
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Ottoman Lieutenant" (A)	9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 DVD Presentation: <i>The New Testament</i> (A) 11:15 Tour Koski Studios & Lunch at Demetrios (B) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 12:45 Duplicate Bridge (GR) 7:30 B.I.L.L.: "NEW YORK" (A)
17	18	19
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Meghan Leavy" (A)	9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 DVD Presentation: <i>The New Testament</i> (A) 11:30 Sit & Fit on Video (A) 12:30 Lunch at Lola Tartine & Visit the Cat Depot! (B) 7:00 Progressive Bridge (G)	8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 7:30 B.I.L.L.: "NEW YORK" (A)
24	25	26
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "My Cousin Rachel" (A)	9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 DVD Presentation: <i>The New Testament</i> (A) 11:30 Sit & Fit on Video (A) 4:30 Painting With Catherine Thomas (CR) 7:00 Progressive Bridge (G)	9:00 Strength Class (W) 10:00 Craft Class (CR) 10:30 Venice Train Depot & Lunch at Sharkeys (B) 11:30 Sit N' Fit~ Video(A) 12:45 Duplicate Bridge(G) 7:30 B.I.L.L.: "NEW YORK" (A)

Wednesday	Thursday	Friday	Saturday
6	<p style="font-size: 2em; margin: 0;">NATIONAL ASSISTED LIVING WEEK</p>	<p>1</p> <p>9:30 T'ai Chi (w) 10:00 Writers Group (M) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>2</p> <p>8:15 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Movie Special: "The Grapes of Wrath"</p>
8:15 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Zookeepers Wife"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	7	8	9
8:15 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:15 Episcopal Svc (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Ottoman Lieutenant"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash! (P) 11:30 Sit & Fit (A) 12:30 Guys Only Luncheon (D) 7:30 The "Second Chanz Band" Performs	9:30 T'ai Chi (w) 10:00 Book Group (A) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 2:00 Shabbat (M) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 11:30 Sit & Fit~ Video (A) 7:30 Movie Special: "My Darling Clementine" (A)
13	14	15	16
8:15 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Meghan Leavy"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash! (P) 10:15 The Odd Couple at Broadway Palm (B) 11:30 Sit & Fit (A) 12:30 Guys Only Luncheon (D) 7:30 Movie Special: The Cove (A)	9:30 T'ai Chi (w) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Movie Special: How Green Was My Valley (A)
20	21	22	23
8:15 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "My Cousin Rachel"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash! (P) 10:00 Campus Update (A) 11:30 Sit & Fit (A) 7:30 My Three Sons Perform (A)	9:30 T'ai Chi (w) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Movie Special: Documentary: Becoming John Ford (A)
27	28	29	30
8:15 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Zookeepers Wife"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 Splash! (P) 10:00 Campus Update (A) 11:30 Sit & Fit (A) 7:30 My Three Sons Perform (A)	9:30 T'ai Chi (w) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8:15 Men's Shuffleboard (courts) 9:00 Ringling Bridge Walk (B) 11:30 Sit & Fit~ Video (A) 2:30 Children's/Adults Orchestra (A) 7:30 Movie Special: Drums Along the Mohawk (A)

"Village Vibes"

BOOK GROUP NEWS!

Clarissa Thomasson, author of *Surviving Sarasota*, an early history of Sarasota, is an acclaimed local author who will speak about her latest book, *Over The Bridge*, on September 8th at 10:00 a.m. in our auditorium.

Over the Bridge is set in WWII and is about five high school students and how their lives were changed by Pearl Harbor and the war. She is a prolific and acclaimed author of plays, poetry, children's literature and many historical novels, some of which are part of the North Carolina Civil War curriculum. In her spare time, she is a columnist for several magazines.



RAINBOWS AND SHOWERS

RAINBOWS for the FOLKS WHO TAKE THEIR NAMES OFF THE THEATER TRIP LISTS! If you choose not to go, it's really great if we know that ahead of time!!

RAINBOWS for one of our many MAIL SORTERS, Hazel Seeger!! She tackles that job twice a week! NEW SORTERS ARE ALWAYS NEEDED!! (hint-hint)

RAINBOWS for folks who fill in for duplicate bridge as well as those who help out! Bridge is a "team effort" and it's appreciated by all who play! A "rainbow within a rainbow" to Leesa Renczky who makes name tags for our new folks! It makes it much easier to get to know everyone that way!

RAINBOWS for our trip to the South Florida Museum Planetarium and dinner at Mattison's! We had 52 people join us! Biggest group ever! Hope everyone wore their "special glasses" when viewing the eclipse on August 21st! The glasses were a "surprise" gift that was given to all

who attended the museum trip. RAINBOWS for DUO LANA! We had a huge appreciative audience that evening and appreciate your enthusiasm!



Roger and Ruth Woodrow (background); Phil and Penny Goodell (foreground) enjoy a recent Anniversary Dinner Celebration

Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans, who celebrate with picnics and parties.

TRY SOMETHING NEW??

Join us in the craft room on Monday, September 25th, at 4:00 p.m. for PIZZA and PAINTING with Catherine Thomas!

Cathy describes her painting parties as "FUN ART, NOT FINE ART," meaning anyone can participate and you don't need any special skills or talent. Everyone will paint the same picture in this 2-hour class. Cathy creates a relaxed, fun environment; it's more of a social get-together than art class.

Cathy discovered painting later in life after the tragic loss of her teenage daughter in 2012, as she found painting to be quite therapeutic. She would like her students to uncover their "hidden artist" and have fun while doing it! Everything is provided for the students as far as supplies go, as well as a pizza dinner and drinks.

Just bring yourself to class ... with a smile, of course!

This is our first time holding a class like this, so if you enjoy it, or you didn't get to participate this time, we'll certainly have Cathy back.

September Birthdays

September 2

William Danner

September 3

Joyce Tyler & Ida Andalora

September 5

Ernest Grove

September 6

Elaine Hedrick

September 7

Barbara Hill & Nancy Sneider

September 8

Peggy Hiple & Lili Farkas

September 9

Mary Louise Rohrer

September 10

Jane Daly & Janet Steele

September 13

Ruth Woodrow & Eileen Fagan

September 16

James Wallace

September 17

Harriet Booth & Anne Moffitt

September 20

Florrie Hornsby & Carolyn McGarvey

September 21

Erskine Hopkins, Margaret Ann

Ross-Hudson & Jane Kern

September 23

Irene Ballschneider

September 24

Art Graham, Alvar Elbing & MaryAnn

Hartley

September 25

Judy Evenson

September 27

Tom Jardine, June Haase & Georgette

Golfinos

September 29

Cecile Chamberland, Inge Wray, Bill

Bridgman & Mary Jo Hopkins

September 30

Dan Brabeck

Day Trips and Travels!

We're resuming our walks over the Ringling Bridge for this month! If you haven't participated in a bridge walk, please join us! The views from the top are spectacular and the bus waits for everyone in Bird Key Park. Some elect to do the span twice, but only going over once is fine too! The bus will pick you up wherever you wind up! Bird Key Park is BEAUTIFUL, so if you just want to hang out in the park and skip the bridge, that's fine too! Reward yourself with a nice breakfast afterward. We pick different restaurants throughout the year. This month is ***MILLIE'S!*** You already read about our upcoming trip to the *Venice Train Depot on September 26th* in Petra's wellness article.

On *Monday, September 11th*, we will depart Bay Village at **11:15 a.m.** for a tour of *Koski Scenic Studios in Bradenton*. They create scenery and props for local theaters such as Sarasota Opera, Sarasota Ballet and Asolo Theater, but they also create for organizations such as Universal Studios, The Straz Center in Tampa, and other theaters throughout the U.S. This one-hour walking tour will take you through the expansive rehearsal halls, thousands of costumes, props and amazing theatrical creations! You'll see the scenic Painting Floor, watch sets being built for upcoming plays and learn all about the the wonder of technical theater. You'll gain a true understanding of what it is to put on a show. After our tour, we'll enjoy lunch at *Demetrios Restaurant*.

Have fun, everyone!

The Village Vibes

September Anniversaries

September 1

Bill & Bobbie Bacon

September 2

Ernie & Kay Gerlach

September 7

Doyle & Mary King

September 10

James & Pauline

Kennedy

September 12

David & Jean Morrill

September 25

Bill & Betty Bridgeman



Instrument String Company

If you weren't able to attend the first two trips to John and Ellen Cavanaugh's "*Super Sensitive Strings*"

manufacturing plant, we have an additional trip planned on *Wednesday, September 20th*. We're departing at **10:30 a.m.** and having lunch at *Sommers Dutch Family Restaurant* again as well!



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner

Rev. Dr. Chuck Moffett

An ancient Asian tale offers a description of the difference between heaven and hell.

In both places there is a large banquet hall. In each place the hall is prepared with all the finest furnishings: Black Forest oak table and chairs, linen cloths, bone china, sparkling crystal goblets. The meal is an elaborate display of gourmet food which has been prepared to perfection. Curiously, the eating utensils in each hall are of the finest sterling silver, but they are very long, heavy, and cumbersome.

The guests in each banquet hall are dressed in their finest formal attire. However, the guests in hell are malnourished to the point of being gaunt. They also are irritated and angry. The guests in heaven are well fed, happy, and full of laughter.

You see, in hell when the guests sit at table, many are unable to lift the heavy utensils. Those who do manage are unable to maneuver them so as to be able to feed themselves.

In heaven, the guests realize that the utensils will not allow them to feed themselves. So, as they sit at table, those who can lift the utensil pick up some food and feed a neighbor. Sometimes it takes two persons to lift the utensil in order to feed a third, but in turn, all are fed.

Perhaps all of us can benefit as we consider this metaphor about our life on this earth. *Life is HELL when we are selfish and care only about "feeding" ourselves. However, everyone experiences HEAVEN when we "feed," serve, and love others.*