

Bay Village



OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
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 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.

Warm With a Word

“One kind word can warm three winter
 months.” —Japanese Proverb

January 2017

Welcome 2017 With Great Music!

We have some great concerts planned this month, all are *“returning favorites!”*

On *New Year’s Day*, **Paul Golden** will perform some music from a time “when music was music,” as he puts it. We say, “bring it on!”

Paul is a graduate from the prestigious Manhattan School of Music and has been delighting audiences since he was sixteen, from the resorts of the Catskill Mountains to the country clubs and retirement communities of Florida.

Tonight’s show is titled *“Musical Legends” and begins at 7:30 p.m. in the auditorium.*



KATIE EAGLESON RETURNS!

Join us as *jazz vocalist Katie Eagleson* performs *“New York To Paris”* for us on *Thursday, January 19th, at 7:30 p.m. in the auditorium.*

Come and enjoy a show with a decidedly “New York Theme” with shows from Broadway, songs written about New York, and a medley by Rogers and Hart. It also includes a few French songs made famous by Edith Piaf, plus a few surprises.

As one critic wrote, “Eagleson’s voice is beautiful, but it’s how she utilizes that beauty to communicate the beauty of the lyrics that makes her singing so memorable.”

Katie will be joined by her husband, Lenny Pierro, on piano.

Village Vibes

GIFT SHOP NEWS!

The holidays have flown and we are ready to settle down for a long winter's nap. However, there are bargains to be had and new merchandise coming into the Gift Shop every day, so keep your eyes open and hearing alert.

Be ready to take advantage of the hot items at the Bay Village Gift Shop. If you have time on your hands, consider a job selling in the Gift Shop. Call Margaret Gutzmer (phone 1563), our manager, who will introduce you to new people as well as the "ins and outs" of the shop. Maybe advertising or decorating is your forte? See Sally Lutz (phone 1331). She is the head of the art department. We would love to have you join our team! Thank about it. Submitted By the Gift Shop Staff



"The Merling Trio" At Pine Shores

This trio performed at Bay Village a few months back and got rave reviews! We are happy to report that they are scheduled to perform at Pine Shores Church on Sunday, January 29th! This trio is recognized as one of today's premier ensembles and brings together musicians from Japan, Poland and the Netherlands, making them truly "international."

"The Merling Trio" released their first CD in collaboration with conductor Dennis Russell Davies in 1995 to critical acclaim and since has continued to do so. We'd like to remind everyone that the food served after each concert at Pine Shores is quite adequate to replace having dinner at Bay Village!

Those who attended the Marimba Quintet a few months ago had a fantastic time (reminder: it is free) and really enjoyed the refreshments! Join us, won't you?

The Lopez Tabor Duo Return!

It's been two years since Dr. Michelle Tabor, piano, and Mr. Alfonso Lopez, violin, have performed for us. The Lopez-Tabor Duo have enjoyed their fair share of standing ovations over the years, so if you missed them last time, join us Thursday, January 12th, in the auditorium, at 7:30 p.m.

Dr. Tabor received her doctoral degree in piano from Florida State College. She grew up in Venezuela and now resides in Florida.

Mr. Lopez is Concertmaster of the Venezuelan Symphony Orchestra and was nominated for a Latin Grammy Award for "Best Instrumental CD." Speaking of CDs, they will have some available for purchase following the concert!

This duo always performs a nice variety of music from around the world.



Michelle Tabor & Alfonso Lopez

Sky Watch: Wolf Moon

In early January, watch the sky for the Wolf Moon. Native Americans named the month's full moon phase for the wolves who howled outside their villages during the cold and snowy midwinter.

The Village Vibes

MOVIE NEWS!

"Award season" is upon us! The Academy Awards are at the end of February, so leading up to that, we're going to choose a decade and show the ten "Best Picture" winners from each year. We thought beginning with the '40s would be fun! This is why the "movie extras" you see on the calendar have a year listed next to the film. We got some really positive comments on the "art theme" movies we showed in December and we are happy everyone enjoyed them.

Holiday Transportation

Just a reminder that there is no transportation on Sunday, January 1st. On Monday, January 2nd, transportation will run as usual, but there is no mail delivery that day.

B.I.L.L. NEWS

On Tuesday, December 6th, we began part 3 of "Essential Italy," the DVD from The Teaching Company everyone has been enjoying so much! Join us each Tuesday evening at 7:30 p.m. in the auditorium. Our final class for part 2 is January 10th. Ciao!

At press time, we have reached out to our contact at Adult & Community Enrichment about having Dr. David Miano teach another class beginning on January 17th, but have yet to hear back. You will receive a flier in your mailbox with an update as soon as we know. The class from them that is "set in stone" is another "How Novel!" book club series. Alice Blueglass is a popular instructor who has been teaching this class here for a number of years now! The books for the series were listed on the flier you recently received in your mailbox. If you haven't joined in on one of Alice's classes, try it! Class meeting dates are: Tuesday, January

31st, and February 14th & 28th at 10:00 a.m. in the board room.

SAVE THE DATE:

Bob Clementis, whose classes are also provided by A.C.E, had to stop teaching after class last time he was here due to a health issue. We are happy to report that he is fine now and is set to return for another 6-week, "Foreign Affairs" class beginning on March 7th. Meetings are in the auditorium from 10:30 a.m.-noon. Bob's classes are discussion-based and focus on current events currently happening in the world.



Words From MLK

"Life's most persistent and urgent question is: 'What are you doing for others?'" —Martin Luther King Jr.



VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

NOTE: On January 4th, There Will Be No Popcorn or Movie. We Are "un-decking" The Halls!



HANUKKAH NEWS!

On Friday, January 6th, we will hold our Hanukkah celebration in the board room at 3:00 p.m.

HAPPY 100th

Reverend Julian Alexander is celebrating the century mark! We're having a celebration in the living room at 3:00 p.m., "open house"-style! Stop by any time between 3:00 and 4:00 p.m. on Jan. 2 and wish Julian the best and enjoy some cake and piano music.

Sunday	Monday	Tuesday
1	2	3
<p>HAPPY NEW YEAR! <i>New Year's Day Dinner Will Be Served at Noon, 2:00 p.m. And 4:00 p.m.</i> 7:30 "Musical Legends" Concert With Pianist/Vocalist Paul Golden! (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 11:30 Sit & Fit on Video (A) 3:00 HAPPY 100th BIRTHDAY JULIAN ALEXANDER! (L) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit 'N Fit (A) 2:00 Open Gym (W) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "ITALY!" (A)</p>
8	9	10
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 Sarasota Orchestra (B) 7:30 Movie: "Florence Foster Jenkins" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength (W) 9:30 Splash (P) 11:30 Sit 'N Fit (A) 12:30 Anniversary Luncheon (D) 2:00 Open Gym (W) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "ITALY!" (A)</p>
15	16	17
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Sully" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit 'N Fit (A) 2:00 Open Gym (W) 7:15 Venice Theater (B) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "" (A)</p>
22	23	24
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Magnificent Seven" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Town Hall Series (B) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit 'N Fit (A) 2:00 Open Gym (W) 12:45 Duplicate Bridge (G) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "" (A)</p>
29	30	31
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 2:30 The "Pine View Concert Crew" Returns! (A) 4:15 Pine Shores Concert: "The Merling Trio." 6:00 Florida Studio Theater (B) 7:30 Movie: "Deepwater Horizon" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 6:15 Venice Concert Band (B) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel! (B) 11:30 Sit 'N Fit (A) 2:00 Open Gym (W) 2:30 Cake & Ice Cream Birthday Party on the Roof! (R) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "How Novel!" (A)</p>

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit 'N Fit (A) 1:30 Line Dance (W) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>5</p> <p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 TAMPA MUSEUM OF ART & Dinner at "Roux" (B) 11:30 Sit & Fit (A) 7:30 Movie EXTRA: "Rebecca" (1940 Best Picture) (A)</p>	<p>6</p> <p>10:00 Writers Group (M) 11:30 Sit & Fit~ Video (A) 1:30 Hand Exercise (CR) 3:00 Hanukkah Shabbat (M) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>7</p> <p>8:30 Men's Shuffleboard (Courts) 11:30 Sit & Fit (video) 7:30 Movie EXTRA: "How Green Was My Valley"- Best Picture 1941 (A)</p>
<p>11</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners 11:00 Posture & Balance 11:15 Episcopal Svc. (C) 11:30 Sit 'N Fit (A) 1:30 Line Dance (W) 2:30 Popcorn/Movie "Florence Foster Jenkins" (A) 3:00 Cirque Dreams At Mahaffey (B) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>12</p> <p>9:30 Shuffleboard Tournament (COURTS) 11:30 Sit & Fit on Video (A) 4:00 Welcome 2017 Happy Hour on the Roof! (R) 7:30 The Lopez/Tabor Duo Perform (A)</p>	<p>13</p> <p>9:30 Tai Chi (w) 10:00 Book Group (M) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 Shabbat (M) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>14</p> <p>8:30 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 2:45 Venice Symphony (B) 7:30 Movie EXTRA: "Mrs. Miniver- Best Picture 1942</p>
<p>18</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit 'N Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Sully" (A) 6:15 Duplicate Bridge (GR) 6:45 Player's Theater (B) 7:15 BINGO (A)</p>	<p>19</p> <p>9:00 Ringling Bridge Walk and Lunch (B) 11:30 Sit & Fit~ Video (A) 2:30 Movie EXTRA: "Casablanca"- Best Picture 1943 (A) 7:30 Katie Eagleson Presents: "From New York to Paris" (A)</p>	<p>20</p> <p>9:30 Tai Chi (w) 10:30 APPLE Digital Photography Class (A) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>21</p> <p>8:30 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Movie EXTRA: "Going My Way"- Best Picture 1944 (A)</p>
<p>25</p> <p>8:30 ECHO Farms Trip & Lunch (B) 8:30 Men's Shuffleboard 10:00 Tai-Chi (beg.) 11:00 Posture & Balance (W) 11:30 Sit 'N Fit (A) 1:30 Line Dancing (W) 2:30 Popcorn & A Movie" The Magnificent 7" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>26</p> <p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 2:30 Cynthia Alicea Presents: "Create Health One Dance at A Time" (A) 7:30 Movie EXTRA: "The Lost Weekend"- Best Picture 1945 (A)</p>	<p>27</p> <p>9:30 Tai Chi (w) 10:30 APPLE Digital Photography Class (A) 11:00 Posture & Balance 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 West Coast Black Theater Troupe (B)</p>	<p>28</p> <p>8:30 Men's Shuffleboard (courts) 9:00 "CABARET" At the Straz Center and Dinner at Bahama Breeze (B) 11:30 Sit & Fit~ Video (A) 1:00 Sarasota Ballet (B) 7:30 Movie EXTRA: "The Best Years of Our Lives" (A)</p>
<p>★ ★ ★ ★ ★ ★</p> <p>I HAVE A DREAM</p> <p> </p>	<p>MARTIN LUTHER KING JR. DAY IS MONDAY, JANUARY 16TH. NO MAIL THAT DAY!</p>	<p>AT P</p> <p>AT PRESS TIME WE DO NOT HAVE THE "CHATS" SCHEDULE FOR 2017. WE'LL LET YOU KNOW ON BTV AND YOUR FLOOR BULLETIN BOARD</p>	 <p>Warm Wishes</p>

"Village Vibes"

BOOK GROUP NEWS!

Former Bay Village Chaplain Dr. James Bailiff will speak at the Book Group Meeting on Friday, January 13th, at 10:00 a.m. in the auditorium.

He will discuss his new book, Anxiety Yields to Faith: Reflections on How Faith Helps us Control Our Anxiety. If you have gnawing feelings of anxiety in your own life, then Anxiety Yields to Faith can help you understand the workings of anxiety, appreciate the gifts faith pours out in the face of anxiety, and celebrate the opportunities to live by this therapeutic faith in service and witness. Please save the date and plan to attend.

Louise Porter



RAINBOWS AND SHOWERS

RAINBOWS for the FOOD DRIVE DONATIONS! Great job everyone. We received our confirmation letter in early December! You donated 911 pounds! Way to go everyone!

RAINBOWS for the HOLIDAY DECORATIONS!!! Leesa Rencdeczky amazes us every year, doesn't she? RAINBOWS for our annual Holiday Party! What a fine job dining services, housekeeping, resident services and marketing did to arrange another fun-filled, festive, and well-attended event!

RAINBOWS for NOAH! That's all we need to say, right?

RAINBOWS for everyone who contributed to our health center Christmas gift fund! Diana had a large enough amount of items and cash, she was able to buy two gifts for each person. Wow!

DOUBLE AND TRIPLE RAINBOWS for the incredible people who reside here who REALLY outdid themselves donating to our staff Christmas fund!!

Your committee set the goal at \$250,000. They received QUITE a few thousand more! Our staff is speechless.

(NOTE: We are starting off the year with ALL Rainbows. Let's keep it up!)

* MORE DAY TRIPS*

We have some wonderful opportunities to get out and have some fun this month, beginning on Thursday, January 5th, when we head to the Tampa Museum Of Art for a docent led tour of their visiting exhibit, "Self-Taught Genius: Treasures from The American Folk Art Museum." The bus departs at 11:00 a.m. and we will visit the museum first (they have portable stools for you to carry if you need to sit, and we will have a wheelchair as well), and then on to dinner at "ROUX," the unique New Orleans-style restaurant that has been getting quite a bit of buzz since it opened two years ago!

MORE DAY TRIPS

We haven't been to ECHO in a few years! Join us on Wednesday, January 25th, if you have never been, or if you'd like to visit again! "Echo" is a charity just north of Fort Myers that has been teaching sustainable farming methods for 35 years. Echo helps feed the 925 million people around the world who go to bed hungry each night. You will enjoy an informative tour of this incredible place and learn more about this organization on our Global Farm Tour, a fascinating guided walking tour of the most creative working farm you have ever experienced. Along the way, you will find unique demonstrations, plants, and techniques useful to farmers and urban gardeners in developing countries.

Experience the seven settings of the Global Farm which feature crops, techniques and animals from around the world. Goats, chickens, ducks, fish and rabbits are all found on our farm! Following our tour, we will have lunch at a local restaurant! Bus departs at 8:30 a.m.!

JANUARY Birthdays

January 2

Julian Alexander (Wow! Happy 100th, Julian),

Alan Hester, Jane Camarota

January 3

Richard Wallace, Joyce Van Zandt

January 4

Jean Carter, Sally Bahlman, Shirley Brabeck

January 5

Joan Symons

January 7

Eva Papp, Joanna Cleary

January 8

Robert Grant, Etta Anderson

January 9

Dick Fernstrum

January 11

Bessie Zauner

January 12

Jane Pyle

January 13

Estelle Estes

January 16

Nora Heenan

January 17

Tom Cliff

January 18

Elaine Staudt, Anna Marie Crane

January 20

Pat Ling, Don Loos

January 21

Evelyn Ruda

January 22

Eli Chatson

January 23

Betty Schattschneider, Luise Sheffield

January 24

Philip Brown, Marguerite Polley, Warren Eastman,

Jackie Endres

January 25

Mary Roldan

More Birthdays

January 29th

Priscilla Ruppe

January 31st

Art Williams



Wellness Corner, By Petra Mueller

All the best wishes for the new year!

We are starting it off with a

Shuffleboard Contest between the different floors on **Thursday, January 12th, at 9:30 am.** You can win a Pizza Party for your floor. Second prize is a Bagel Party. Two players will represent the floor. Come out to support your team!

On **Thursday, January 19th,** we are walking the **Ringling Bridge,** leaving Bay Village at 9 am. As always, you can walk the bridge once or twice or not at all and enjoy the park. Breakfast will be afterwards.

Cynthia Alicea from Mindful Moves LLC will offer a presentation/participation **Workshop: "Create Health...One Dance at a Time"** on **Thursday, January 26th, at 2:30 p.m. in the auditorium**

Research shows that dancing improves brain health, so let's give it a try. Come listen to her presentation and participate in the exploration of a few chosen elements of creative movements.

More information about this can be found on Cynthia's website, www.mindfulmovesllc.com
We'll serve refreshments as well!

The Village Vibes

JANUARY Vespers Ministers

January 6

Rev. Dr. Chuck Moffett
Bay Village Chaplain

January 13

Rev. Dr. Chuck Moffett
Bay Village Chaplain

January 20

Rev. Dr. Chuck Moffett
Bay Village Chaplain

January 27

Rev. Dr. Julian Alexander

Bay Village Resident

JANUARY Anniversaries

January 15

Erskine & Mary Jo Hopkins

January 18

Chuck & Betty Hullhorst

January 22

Herman & Marian Wissenberg

January 24

Donald & Nancy Sweetland

Moves and Move Ins

Mrs. Janice "Jan" Bogart moved in to apartment 831 on December 12th.





John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner

Rev. Dr. Chuck Moffett

The message that infiltrates our every fiber at this time of year is one of *new policies, new programs, new products*, and through our own New Year's resolutions, we promise ourselves *new personalities, new bodies, new behavior!* We yearn for some new product, some new procedure, some new panacea which will make us into the new person of our dreams, our remembrances, our yearnings.

The only way to become the person we want to be cannot be achieved by a resolution based on sentimentality. We can be changed only by an inner conviction to be renewed, not so much as in practice as in the focus of our being.

The Old and New Testaments speak of this truth:

- “*I make all things new...*” Rev. 21:5
- “*And now new things I declare...*” Is. 42:9
- “*I will do new things...*” Is. 43:19
- “*If anyone is in Christ, he is a new creation...*” 2 Cor. 5:17

God does NOT say, “*I will make all new things.*” We have Microsoft to give us new “things.” Only God promises to make us new. Only as we open ourselves to the power and presence of God will we become “new,” not as a new product but as a new person.