

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



## Bay Village

Jack McClellan ..... Executive Director  
 Alec Weitzel ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Bill Seigh ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Cathy Petz ..... Dir. of Health Services  
 Kristine Korngut ..... Dir. of Res. Services  
 Ann Aldrich ..... Dir. of Human Resources  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Our Mission Statement

Established on Christian principles,  
 Bay Village of Sarasota, Inc.  
 offers a dynamic, secure and comprehensive  
 residency for older adults, providing meaningful  
 community life with continuing care.



## November 2016

### The First Thanksgiving

Festivals with the spirit of giving thanks have been common in many cultures, so determining the original Thanksgiving celebration proves difficult. But tradition recognizes the 1621 feast between the Pilgrim settlers at Plymouth Colony and neighboring American Indians as America's first Thanksgiving.

Sailing from England aboard the Mayflower, the Pilgrims arrived in present-day Massachusetts in the fall of 1620, yet remained on the ship for several months. When the colonists moved ashore the following spring, they were visited by two English-speaking Indians, Samoset and Squanto, who showed the Pilgrims how to hunt and grow their own food. Squanto also served as an interpreter and mediator between the settlers and the neighboring Wampanoag tribe.

Sometime between Sept. 21 and Nov. 1, the Pilgrims organized a feast to celebrate the success of their first crop. Around 90 Wampanoag, including Chief Massasoit, joined the colonists for the festivities, which lasted for three days and included games, singing and dancing, in addition to the elaborate meal.

The Pilgrims' records indicate that regional fowl, such as ducks, geese, swans and, yes, probably turkey, were served at the feast, along with venison brought by the Wampanoag. Historians believe that other foods present at the meal included fish and shellfish, beans, onions, porridge made from cornmeal, berries, squash and pumpkin—but no pumpkin pie.

AFTER you receive your Thanksgiving menu, we begin taking reservations for dinner. We have seatings at noon, 2:00 p.m. and 4:00 p.m. Dial ext. 2113.

## Village Vibes

### ACTIVE MINDS Presentation

Join Kim Sheffield from Active Minds on Monday, Nov. 7th, at 11:00 a.m. in the auditorium (no sit & fit today). She will present the topic "The Supreme Court", which we thought was timely the day before the election. Active Minds was founded 20 years ago in Denver, CO. Founder Zane Robertson was convinced that our senior population needs to expand their lives and minds through outstanding educational programs and experiences. His company provides enriching lectures and presentations as well as local "learning-based" field trips, similar to Sarasota's popular "Classroom on Wheels". The company just started up in Florida, so we invited Kim to do a presentation, so you can see what they are all about.

For more information, go to [www.activeminds.com](http://www.activeminds.com).



### WELCOME CHAMBER ACCORD

We are absolutely thrilled that this group is on our November concert schedule!

"Chamber Accord" features local cellist Ann Alton who received a full scholarship to attend Julliard, Principal violist of the Venice Symphony, Shawn Snider, who graduated from the renowned Eastman School, pianist Gabrielius Alekna, who holds a doctoral degree from Julliard, and former Concertmaster of the Venice Symphony, violinist Sean O'Neill.

All four musicians have earned countless performance awards throughout the U.S. and Europe.

It was Ms. Alton's idea that the group form out of her wish to present a variety of chamber music combinations in a single concert.

Tonight's concert, "A Celebration of French Music for Piano and Strings," features music from the baroque era to the 20th century!

Join us on Thursday, November 3rd, at 7:30 p.m. for an unforgettable evening!



### TALENT SHOW

We just wanted to again give another "shout out" to the folks who participated in the talent show!

It's not easy getting up in front of your peers and performing, unless, of course, you are Jackie LeClaire!! Everyone seemed to have had a great time at this "Standing Room Only" event! Pictured here are our talented performers.

We've scheduled another for next year, so you've got some time to work on your act.



The Talent Show Cast



### Veterans Day

Join us as we salute a true group of American heroes—our VETERANS! Our vespers service on Friday, November 11th, will have a "Veterans Day Theme" and our special guest speaker is Tom Callaghan, a retired veteran and great speaker. Remember what happened last year? We invited Tom to speak and he suffered a bad stroke a few days before our party and had to cancel. We're glad you are OK, Tom, and warmly welcome you back!



## Wellness Corner ... By Petra Mueller

In November, it is time to give thanks for all the blessings that we have in our personal life. May it be family or friends, there is someone in everybody's life to be grateful for.

To inspire you to take care of your health, I am teaching a Masterclass on Saturday, November 26th, starting at 10 am in the Auditorium, followed by a 30-minute workout in the pool. Then we will gather for healthy refreshments by the pool.

### HEALTH TIP OF THE MONTH

Do not take any Anti-infective medication with alcohol, antacids or fruit juice without checking pharmacy instructions first. Take all medications with water only.

It is a good idea to always read written instructions accompanying prescriptions. Some interactions could make prescription medications inactive or cause bad side effects. (See anti-infective drugs in Essentials of Pharmacology, 2015) This book is available for reference only in our library.

### **B.I.L.L. NEWS~**

Our next class from Sarasota County Adult & Community Education began on Tuesday, October 25th. The instructor for this, David Maino, teaches ancient civilizations/Biblical history at the University of South Florida. He has a few classes he would like to offer! Our B.I.L.L. committee chose "The History of the New Testament." If everyone seems to enjoy the class, we can invite Professor Maino back to present another topic.

On Tuesday, November 29th, we have a special treat for you! Jason Weintraub, an English horn player who is very well known to Bay Village, and his wife, Nancy, "The Weintraub Duo," have been performing here for many years. Jason also does lectures and he will present "The Symphony From The Inside Out" at 7:30 p.m. in the auditorium. The lecture gives you a "behind the scenes" look at the symphony orchestra without actually

going behind the scenes. He'll speak about the history of the symphony, prominent conductors and composers and the nuts and bolts of how a symphony operates. Because this is an educational presentation, we are holding it on a Tuesday, under the auspices of B.I.L.L. Did you know that Jason has been the managing director of the Chautauqua Symphony for 24 years? This makes him uniquely qualified to discuss this subject, so we hope to see a packed house! We certainly have a lot of symphony lovers at Bay Village.

On Tuesday, December 6th, we will begin part 3 of "Essential Italy", the DVD from The Teaching Company everyone has been enjoying so much! This is the final part for that class and it is six weeks long, taking us into 2017.



## The Village Vibes



### **VISION STATEMENT**

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.

## KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

## REMINDER


Petra Mueller is attending a wellness conference in Orlando on November 17th-19th. We are not planning on getting a substitute because it's such a short time, but we will have "Sit & Fit" on video those days and Bridgett will teach "Hand Class" on Friday at 1:00 p.m.

## VOTING NEWS

If you haven't voted by absentee ballot (if you want to save the postage on your ballot, you must get it to the resident services office by the 7th), the bus will run a continuous shuttle from Bay Village to our polling place (Faith Lutheran Church) between 9:00 a.m. and noon on Tuesday, November 8th.



Sunday	Monday	Tuesday
<h1>HAPPY Thanksgiving</h1>		<b>1</b> 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 <i>How Novel!</i> (B) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 2:00 <i>Residents' Council</i> (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The History of the New Testament" (A)
<b>6</b> 10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 <i>Sarasota Orchestra</i> (B) 7:30 Movie: "Miracles From Heaven" (A)	<b>7</b> 9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 <i>Kim Sheffield From Active Minds Presents: "The Supreme Court"</i> (A) 6:15 <i>Venice Concert Band</i> (B) 7:00 Progressive Bridge (G)	<b>8</b> 9:00 Strength! (W) 9:00-noon <i>Voting Shuttle</i> (B) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 12:45 <i>Duplicate Bridge</i> (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The History of the New Testament" (A)
<b>13</b> 10:30 St. Thomas More Catholic Service (Bd. Rm) 2:15 <i>Sarasota Pops</i> (B) 2:30 <i>Suzuki School Recital</i> (A) 7:30 Movie: "HARVEY" (A)	<b>14</b> 9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 2:30 <i>Special Presentation: Terry Gannan From Senior Friendship Center</i> (A) 7:00 Progressive Bridge (G)	<b>15</b> 8:30 <i>Men's Breakfast</i> (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 <i>How Novel!</i> (B) 11:30 Sit N' Fit (A) 12:30 <i>Pizza Birthday Bash</i> (R) 2:00 Open Gym (W) 7:00 Hand & Foot (C) 7:15 <i>Venice Theater</i> (B) 7:30 B.I.L.L.: "The History of the New Testament" (A)
<b>20</b> 10:30 St. Thomas More Catholic Service (Bd. Rm) 2:30 <i>Suzuki School Recital</i> (A) 7:30 Movie: "Genius" (A)	<b>21</b> 9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)	<b>22</b> 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 12:45 <i>Duplicate Bridge</i> (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The History of the New Testament" (A)
<b>27</b> 10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 <i>A solo</i> (B) 7:30 Movie: "Touch of Evil" (A)	<b>28</b> 9:00 Ladies Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 7:00 Progressive Bridge (G)	<b>29</b> 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The History of the Symphony With Jason Weintraub" (A)

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture &amp; Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie "Abbott &amp; Costello Meet Dr. Jekyll &amp; Mr. Hyde" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>3</p> <p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit &amp; Fit (A) 12:00 <i>Guys Only Luncheon! (D)</i> 2:30 <i>Floor VS. Floor Shuffleboard (courts)</i> 7:30 <i>Chamber Accord (A)</i></p>	<p>4</p> <p>9:00 IPAD (beg) 9:30 Tai Chi (W) 10:45 IPAD (Adv.) 11:00 Posture &amp; Balance (W) 11:30 Sit &amp; Fit (W) 1:30 Hand Exercise (CR) 3:00 Shabbat (M) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>5</p> <p>9:00 Strength (W) 8:30 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture &amp; Balance (W) 11:30 Sit &amp; Fit (A) 7:30 Downtown Abbey Marathon (A)</p>
<p>9</p> <p>8:30 Men's Shuffleboard 9:00 <i>Solomon's Castle (B)</i> 11:15 Episcopal Svc. 11:30 Sit N' Fit (Video) 2:30 Popcorn &amp; A Movie "Miracles in Heaven" (A) 6:15 Duplicate Bridge (GR) 6:30 <i>Opera Guild (B)</i> 6:45 <i>Players (B)</i> 7:15 BINGO (A)</p>	<p>10</p> <p>9:00 Strength Class (W) 10:15 "EVITA" At "The Broadway Palm." (B) 11:30 Sit &amp; Fit (VIDEO) 7:30 <i>Movie Special: "Dances With Wolves" (A)</i></p>	<p>11</p> <p>9:00 IPAD (beg) 9:30 Tai Chi (W) 10:00-2:00 p.m. <i>Gift Shop Bazaar (lobby, Etc)</i> 10:45 IPAD (Adv.) 11:00 Posture &amp; Balance (W) 11:30 Sit &amp; Fit (W) 1:30 Hand Exercise (CR) 3:30 Veterans Day Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>12</p> <p>7:45 <i>Alzheimer's Walk &amp; Breakfast at KIKI's Breakfast Cafe (B)</i> 8:30 Men's Shuffleboard (courts) 11:30 Sit &amp; Fit (video) 7:30 Downtown Abbey Marathon (A)</p>
<p>16</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture &amp; Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie "Harvey" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>17</p> <p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 CHATS (A) 11:30 Sit &amp; Fit (A) 12:00 <i>Guys Only Luncheon (D)</i> 3:00 <i>Art Show &amp; Piano Music With Renee Pagen (A)</i> 7:30 <i>Stephen Ditchfield Performs! (A)</i></p>	<p>18</p> <p>9:00 IPAD (beg) 10:45 IPAD (Adv.) 11:30 Sit &amp; Fit (video) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) **Photographers From LIFETOUCH Will Be Here to Photograph Those Who Missed It Last Time!</p>	<p>19</p> <p>8:30 Men's Shuffleboard (courts) 11:30 Sit &amp; Fit (Video) 1:00 <i>Sarasota Ballet (B)</i> 2:45 <i>Venice Symphony (B)</i> 7:30 <i>Downtown Abbey Marathon (A)</i></p>
<p>23</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beg. (W) 11:00 Posture/Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie "Genius" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A) CINEBISTRO: "RULES DON'T APPLY" we'll let you know what time on the flier!</p>	<p>24</p> <p><b>HAPPY THANKSGIVING EVERYONE!!</b> <i>We Have Dinner at Noon, 2:00 p.m. And 4:00 p.m.~ Please Call Ext. 2113 To Make Your Reservations</i> 7:30 <i>Movie Special: War Room (A)</i></p>	<p>25</p> <p>9:30 Tai Chi (W) 11:00 Posture &amp; Balance (W) 11:30 Sit &amp; Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>26</p> <p>8:30 Men's Shuffleboard (courts) 10:00 MASTER CLASS With Petra! Fun Refreshments and Fitness~ Auditorium to the POOL!! 2:30 Children's Orch. (A) 7:30 Downtown Abbey Marathon (A)</p>
<p>30</p> <p>8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture &amp; Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie "Touch of Evil" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>ON NOVEMBER 23RD, WE'RE GOING TO "CINEBISTRO" TO SEE THE NEW FILM ABOUT HOWARD HUGHES' "RULES DON'T APPLY." IT WAS DIRECTED BY WARREN BEATTY AND STARS COLIN FIRTH AND ALEC BALDWIN. THEY RELEASE THE MOVIE TIMES ABOUT 10 DAYS PRIOR.</p>	<p style="text-align: center;">  </p>	



## "Village Vibes"

### BOOK GROUP NEWS

We have A LOT going on November 11th! We are going to cancel our Book Group meeting this month. See you in December!



### BINGO???????

We KNOW that there are dozens of people here who are dying to help out at Bingo!!

We are in need of callers and people to take money. Let Leesa know if you would like to help out! We meet every Wednesday at 7:15 p.m. Skills required: a background in high finance for money counting and mechanical ability so you can fix the machine if it breaks. KIDDING, of course!

**OUR ANNUAL FOOD DRIVE IS NOV. 14-19. BARRELS WILL BE IN THE LOBBY!**

### RAINBOWS AND SHOWERS

RAINBOWS for the two fantastic concerts we were privileged to host in celebration of the Hungarian Revolution in October! The talented folk dancers, the Enyedi Salamon group, brought smiles to every face in attendance and pianist Tunde Krasznai brought the house down! The Hungarian Club of Sarasota wanted to pass along THANKS for the donations that were given to attend.

RAINBOWS for the flu shot clinic!

Organized and on time as usual!

RAINBOWS for our annual Halloween Party! Everyone looked great in their costumes and fall/Halloween colors!

RAINBOWS for OKTOBERFEST!!

When there is a conga line involved, you are pretty sure everyone is having a great time.

RAINBOWS for our LEGACY SOCIETY. The annual dinner to thank these generous folks was held on October 26th. Don't know about the Legacy Society? Ask about it in administration.

### GIFT SHOP NEWS

Have you been to the Gift Shop lately? Sally Lutz is our new official decorator and she, along with her able assistant, Dan, have done a stellar job on the walls and windows. Don't forget to check out her latest creations. Christmas is coming and so is the Bazaar (Nov. 11th from 10 a.m.-2 p.m.)

Come check out what's there.

If you have any ideas for decorating, please contact Sally and she will be glad to work with you. We need all the help and ideas we can get.

HAPPY SHOPPING!!



The "River Walk" in Bradenton was fun!

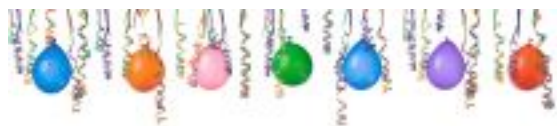
### WELCOME STEPHEN DITCHFIELD

We were privileged to hear the tight harmonies of "My Three Sons" barbershop quartet a few months ago! This month, the patriarch of Sarasota's version of the Von Trapps, Stephen Ditchfield, will entertain solo! The consummate performer, Stephen's highly acclaimed bass baritone voice has been described as "one of the best" around today.

Stephen treats us to a variety of music, including Broadway, classical, and everyone's favorites from the Great American Song Book. If you've never been to a Ditchfield family concert, be sure to join us on Thursday, November 17th, at 7:30 p.m.! You'll be among audience members who join us every time this family performs!

### Take the Chill Off

The root herb ginger promotes blood circulation. If you feel cold, eating gingerbread or other foods containing ginger can make you feel warmer.



## NOVEMBER Birthdays

**November 3**

*Joy DeCarolus, Eleanore Flagg & Irene McCallister*

**November 4**

*Peg Wickham & Phyllis Peterman*

**November 5**

*David Laux*

**November 6**

*Rita Wallace*

**November 7**

*Francis Maxwell & Evelyn Anderson*

**November 9**

*Dotti Kattell*

**November 11**

*Margaret Beisswenger*

**November 12**

*Joan Maxwell & Sibyl Hardeman*

**November 13**

*Chuck Hendricks, Jesse Hannan, Sonnie Brooks & Betty Gasch*

**November 14**

*Viola Troia*

**November 17**

*Joan Bullen*

**November 18**

*Barbara Heistand*

**November 19**

*Betty Bridgman, Dale Goris & Margaret Roberts*

**November 20**

*Sally Bell & Janet Marine*

**November 22**

*Marian Wissenberg & Elaine Mintz*

**November 24**

*Beverly Ford & Jim Symons*

**November 25**

*Jim Blanchard*

**November 28**

*Loretta Mack, Helen Williams & Wolf Shindlebower*

## NOVEMBER Anniversaries

**November 1**

*Michael & Imogene Rigdon*

**November 19**

*James & Theresa Wallace*

**November 21**

*Milt & Marletne Heinowitz*



## NOVEMBER Vespers Ministers

**November 4**

*All Saints Day*

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

**November 11**

*Veterans Day*

*Tom Callaghan*

*Retired Chief Warrant Officer*

*United States Army*

**November 18**

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

**November 25**

*Giving Thanks Gathering*

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*



\* Mr. & Mrs. Tom & Judy Evenson moved in to apartment 1043 on September 22nd.

\*Mr. Edward Savoy moved in to apartment 504 on September 30th.

## The Village Vibes

### HOUSEKEEPING NEWS!

Expecting company this upcoming holiday season? Want to freshen up your apartment with a sparkling clean carpet? Call Denise in housekeeping at ext. 2110 and she will set you up with an appointment for our housekeeping department to come and work their magic! ALSO, a helpful hint to prevent falls! The staff who clean your apartment are reporting that some of you have CLUTTER issues!! Even something like a small table in your bathroom or a pile of magazines can easily cause a fall. Do a "safety check" and make sure your bathroom and pathways are clear. If you need help moving anything, put in a work order at the front desk.

### 'Leaf' Is One

How many words can you come up with using the letters in "gratefulness"?



John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

Chaplain's Corner  
Rev. Dr. Chuck Moffett

**"A DIFFERENT PERSPECTIVE ON THANKSGIVING"**

In his book, **The Transforming Friendship**, British theologian and pastor Leslie Weatherhead offers this perspective which has transformed my life over the years:

*"Has God given you a friend to whom you can turn; who will minister to you without weakening you; who will accept you when you are embittered with all the stress and strain of life ... can that friend hush your fevered spirit; laugh with you; rejoice in your success without making you vain; go down with you into the deep places of failure without making you morbid; receive you when you have made an utter fool of yourself; listen to your hot, foolish, resentful words, guide your feet into the way of peace? Then on to your knees, every night of your life, in humble gratitude that God is near you – so near you. You think you have only a loyal friend....*

*...."HUSH, I PRAY YOU!"*

**WHAT IF THIS FRIEND HAPPENS TO BE GOD?!"**

Thanksgiving = a time to give gratitude to God for those who have blessed us ... and a time to give thanks for the times when we have been blessed to be that special friend to someone else. Hush, I pray, you, what if those were the times when you were God's presence to someone else?!