

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
Alec Weitzel Chief Operating Officer
Christina Wizba Chief Financial Officer
Denis O'Connor Dir. of Dining Services
Bill Seigh Dir. of Maintenance
Laura Pitcher Dir. of Marketing
Larry Buczkowski Dir. of Housekeeping
Cathy Petz Dir. of Health Services
Kristine Korngut Dir. of Res. Services
Ann Aldrich Dir. of Human Resources
Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
Bay Village of Sarasota, Inc.
offers a dynamic, secure and comprehensive
residency for older adults, providing meaningful
community life with continuing care.



October 2016



YEARS OF SERVICE LUNCHEON

We all know the staff members at Bay Village do their best to go "Above & Beyond" each day to ensure the nearly 400 people who reside here are not only happy, but feel that they certainly made the right choice by choosing Bay Village.

To thank them, and specifically those reaching certain "milestones" (with regard to length of employment), we hold our "Employee Appreciation Luncheon" each October. We also honor the twelve staff members who were named "Employee of the Month". From that group, our "Employee of the Year" is chosen.

The employee of the year receives \$500, a covered parking space and his or her photo appears on the plaque across from the beauty salon.

This year, the luncheon will be held on Wednesday, October 26th, so no lunch will be served that day in the dining room.

A Seasonal Smile

"Autumn—the year's last, loveliest smile." —William Cullen Bryant

Village Vibes

RAINBOWS AND SHOWERS

SHOWERS for folks who don't exercise patience in the elevator by letting the door close instead of holding it for others who are trying to get in.

RAINBOWS for the presentation by former professional wrestler Rev. Dr. Chris Whaley!

Chris wrote a book, *The Masked Saint*, which tells the true story of his switch from wrestling to the ministry. There were some happenings in the town he and his family moved to when they began their life in their new church that upset him (violence for one) and Chris took the matter into his hands on a few occasions, becoming a sort of vigilante. The book, as well as the movie, are in the Bay Village library in case you missed his

presentation. Another "RAINBOW" for Mike in maintenance for telling us about Chris; they are good friends.



HAPPY HALLOWEEN

Join us for our annual "BOO! Bash" on Thursday, October 27th! The dance floor will be wide open and by popular demand, we have invited the Al Hixon Band back to perform again. As usual, we are giving away door prizes to those of you who show up in COSTUMES! You will receive 1 ticket for the drawing for arriving in fall or Halloween colors and 3 tickets for an ACTUAL costume. This is always a fun time, so we hope to see everyone there!



Tunde Krasznai Will Perform the Music of Hungarian Composers in Concert on October 20th (article is to the right of this photo)

Welcome Tunde Krasznai
Bay Village is proud to hold two concerts this month at the request of the Kossuth Club, Sarasota, in recognition of the 60th anniversary of the Hungarian uprising (See pg. 6 for information about the Enyedi-Salamon Quartet).
On Thursday, October 20th we welcome Liszt Academy of Music graduate pianist Tunde Krasznai at 4:30 p.m.

A representative of the Hungarian Embassy, Mr. Zsolt Nemeth will be giving a presentation about the 1956 revolution prior to the concert at 3:30 p.m. Mr. Nemeth is a well-known politician and served as Secretary of State for foreign affairs. You are welcome to join us for that if you wish. Tunde Krasznai's concert will feature the classical music of Hungarian composers. She was born in Transylvania and first studied at Weiner Leo Conservatory in Budapest prior to being admitted to the renowned Liszt Academy, where she earned her master's degree in 2006.

Also a Steinway Artist, Ms. Krasznai was the first to officially present the Steinway piano in concert in Dubai. She holds numerous awards and recognition's and has received many scholarships to further her studies, including a Master Class with Lang Lang.

Ms. Krasznai's concert will begin at 4:30 p.m. If you plan on attending and usually eat during this time, please adjust your dining time.

Wellness Corner ... By Petra Mueller

October will be a busy month, with a Ringling Bridge walk on the 15th, followed by breakfast at the Holiday Inn on Lido Key.

On the 10th, the physicians assistant of Dr. Leonard Slazinski will give a talk on Dermatology. Very interesting if you lived under the Florida sun for a while.

On the 18th, Dr. Ronald White will be here and talk about an orthopedic topics.

HEALTH TIP OF THE MONTH: Over-the-counter sleeping pills frequently contain Benadryl (diphenhydramine). Because of slower metabolism the older person is more susceptible to *side effects*, such as blurred vision, dizziness, confusion, decreased coordination and "morning after" problems.

These medications should not be used for extended periods of time because of potential psychological and physical dependence. Never combine these drugs with alcohol. (Essentials of Pharmacology, 2015. See Sedatives and Hypnotics). It is available for reference only in our library.

B.I.L.L. NEWS~

Our current DVD series ended on September 6th.

Our next DVD from the Teaching Company is *The Guide to Essential ITALY.* Although this is a "Teaching Company" DVD, it was produced by "Smithsonian Journeys," the travel arm of the Smithsonian. Taught by Professor Kenneth R. Bartlett from the University of Toronto, it takes you through all of Italy, giving you insight into the history of each region, as well as current information about each place. It's like a travelogue! It also has **CLOSED CAPTIONS!** We are breaking it into 3 parts. The final class in part one is on October 18th.

At press time we are awaiting confirmation of the start date of our next class from Sarasota County Adult & Community Education. We hope that it will begin on Tuesday, October 25th, after Italy ends. The instructor for this, David Maino, teaches ancient civilizations/Biblical

history at the University of South Florida. He has a few classes he would like to offer! Our B.I.L.L. committee chose "*The History of the New Testament.*" If everyone seems to enjoy the class, we can invite Professor Maino back to present another topic. We'll pop a flier in your mailbox once we confirm everything. Thanks for your patience!

Gift Shop News!

SAVE THE DATE: November 11th, 2016!

Don't forget the Gift Shop Christmas Bazaar will be held this day from 9:00 a.m.~ 2:00 p.m.

Come early, (9 a.m.) for your homemade cookies (made by Bay Village residents) and coffee in the hall right across from the elevators. After coffee and cookies, head to the "Christmas Room" usually the card room, where we have Christmas decorations, decorated trees and wreaths and other Christmas merchandise.

CONTINUED ON PAGE 7

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.



KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Rosh Hashanah & Yom Kippur

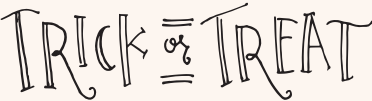

Rosh Hashanah, or the *Jewish New Year*, takes place on October 3rd-4th this year. *Yom Kippur*, or *The Day Of Atonement* is on October 12th this year. Please help us celebrate! We are holding a special service on Friday, October 14th, at 2:30 p.m. in the meeting room to commemorate these events.

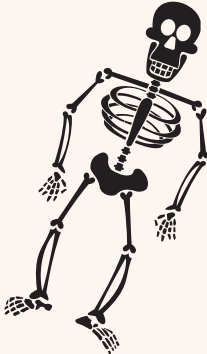
Men's Breakfast News

Good news! After a summer hiatus, our *Men's Breakfast* meetings will resume on Tuesday, October 18th. A reminder to the ladies: you are welcome to join the presentation once the gentlemen are finished eating. The sign on each floor lists the speaker and topic.

Together Again

After 45 years of Cold War division, East Germany and West Germany were officially reunited on Oct. 3, 1990.

Sunday	Monday	Tuesday
		
2	3	4
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 4:15 Marimba Quartet at Pine Shores (B) 7:30 Movie: "The Secret of Roan Inish~ Island of the Seals" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 4:00 B.I.L.L. "Italy"~ Note Time Change (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:15 Venice Theater (B) 7:30 B.I.L.L.: "Essential ITALY!" (A)</p>
9	10	11
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 2:15 Artists Concert Series : Piano Grand! (B) 7:30 Movie: "The Jungle Book" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 2:00 Dermatology Presentation With Sissy From Dr. Slazinsky's Office (A) 3:30 B.I.L.L. "Italy"~ (Note Time Change!) (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:30 Ann. Luncheon (D) 2:00 Open Gym (W) 12:45 Duplicate Bridge (GR) 4:00 BYOB Happy Hour on the Roof! (R) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Essential ITALY!" (A)</p>
16	17	18
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Money Monster" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 4:00 B.I.L.L. "Italy" ~ Note Time Change (A) 7:00 Progressive Bridge (G)</p>	<p>8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 How Novel! (B) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Open Gym (W) 4:00 Wellness Lecture: Dr. R. White (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Essential ITALY!" (A)</p>
23/30	24/31	25
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: 23rd: "Abbot & Costello Meet Frankenstein" (A) Opera House Bus Departs at 12:15 On Oct. 30th. Movie 30th: "Abbott & Costello Meet Dr. Jekyll & Mr. Hyde" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:30 Sit & Fit on Video (A) 2:30 B.I.L.L. "Italy" (A) NOTE: No Italy Video on the 31st. 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) Noon: UTC Mall (B) 2:00 Open Gym (W) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "" (A)</p>

Wednesday	Thursday	Friday	Saturday
			1 9:00 Strength (W) 8:30 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Ken Burns Documentary: <i>The National Parks</i> (A)
5 8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & a Movie "The Secret of Roan Inish"(A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	6 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 12:00 <i>Guys Only Luncheon!</i> (D) 7:30 <i>Sepp Diepolder Performs! (It's Not Quite Oktoberfest, But Close Enough) We're Serving German Beer & Hot Pretzels Tonight!</i> (A)	7 9:30 Tai Chi (W) 10:00 <i>Writer's Group</i> (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	8 9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 4:00 <i>The Enyedi-Salamon Quartet Folk Dancers Perform</i> (A) 7:30 Ken Burns Documentary: <i>The National Parks</i> (A)
12 8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:15 <i>Episcopal Svc.</i> (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & a Movie "The Jungle Book" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	13 9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit~ Video (A) 10:45 <i>Bradenton Riverwalk & Lunch at Blue Mangrove</i> (B) 7:30 <i>Movie Special: "Zorba the Greek"</i> (A)	14 9:30 Tai Chi (W) 10:00 <i>Book Group</i> (A) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 2:30 <i>Rosh Hashanah & Yom Kippur Celebration</i> (M) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	15 8:30 Men's Shuffleboard (courts) 9:00 <i>Bridge Walk & Breakfast at the Holiday Inn</i> (B) 11:30 Sit & Fit~ Video (A) 7:30 <i>Downton Abbey Season 1 Marathon</i> (A)
19 8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & a Movie "Money Monster" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	20 9:00 Strength Class (W) 9:00 <i>Riverside Tours Boat Trip & Lunch!</i> (B) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 12:00 <i>Guys Only Luncheon</i> (D) 4:30 <i>Pianist Tunde Krasznai Performs All Hungarian Composers!</i> (A)	21 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 <i>West Coast Black Theater Troupe</i> (B)	22 9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 <i>Downton Abbey Season 1 Marathon</i> (A)
26 8:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & a Movie "Abbott & Costello Meet Frankenstein" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	27 9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 <i>CHATS: Budget Meeting</i> (A) 11:30 Sit & Fit (A) 7:30 <i>Halloween "BOO Bash" With the Al Hixon Band</i> (A)	28 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	29 9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:00 <i>Sarasota Ballet</i> (B) 7:30 <i>Downton Abbey Season 1 Marathon</i> (A)

"Village Vibes"



Book Group News!

At the Book Group meeting on Friday, October 14, at 10:00 a.m., in the auditorium, Bay Village resident Betty Schattschneider will review a truly scary book written by investigative journalist and TV icon, Ted Koppel. *Lights Out* reveals that a cyber attack on America's power grid is not only possible but likely and that the United States is shockingly unprepared. Such an attack could be devastating to the entire country. Save the date and plan to attend.

.....Louise Porter

Sixty Years Later

In 2016, Hungarians all over the world will observe the 60th anniversary of the 1956 Hungarian revolution. The Kossuth Club of Sarasota has invited two groups to the U.S. to help recognize this important event in Hungary's history. We have a number of Club members who reside at Bay Village, so we invited the performers here. *On Saturday, October 8th, at 4:00 p.m., we welcome the Enyedi-Salamon Quartet to the Bay Village stage.* This concert presents authentic Hungarian folk music characterized by its various styles, different variations of tunes and several types of instruments as well as different styles of dance. You will hear some unique instruments tonight including the cimbalom and different types of flutes and percussion instruments.

This concert is at 4:00 p.m. at the request of the Kossuth Club. *We ask that if you plan on attending and usually eat dinner at 4:00 p.m., that*

you adjust your dining time.

Information about the second concert by pianist Tunde Krasznai appears on page



Do Not Miss *The Enyedi-Salamon Quartet*

Folklore Forecasts

Look to these old proverbs for a possible forecast of the winter ahead:
For every fog in October, a snow in the winter.

Much rain in October means much wind in December.

When rabbits are fat in October and November, expect a long, cold winter.

Day Trips

We have a few day trips planned! It's been a few years since we walked along the scenic Manatee River! We are headed to the *Bradenton Riverwalk* and then out for lunch at *The Blue Mangrove Grill*. *Join us on Thursday, October 13th! The bus departs at 10:45 a.m.* The river walk is really quite nice, so if you didn't get to see it last time, here's your chance! They have plenty of benches, good restroom facilities and the view is wonderful! The Blue Mangrove is also on the water.

If you didn't get enough fresh air on the Riverwalk trip, join us for another day out as we head to Palmetto and board *Riverside Tours* 44-passenger boat for a 2-hour sail! Narrated by a Florida naturalist, you'll enjoy wildlife sightings and a calm sail on the bay! Following our tour, we'll head to lunch at *Riverhouse Reef*. The bus departs at *9:00 a.m. on Thursday, October 20th* for this trip. We've chosen the morning sail to be a bit cooler!

Have fun enjoying our spectacular (usually) fall weather!!



OCTOBER Birthdays

October 3

June Wright

October 5

Lillian Schein

October 6

Barbara Carpenter

October 7

Mary Lu Mertz

October 8

Elna Laux

October 9

Marilyn Lent

October 10

Janet Meyer

October 11

Jolie Ivanyi

October 13

Scottie Shanks

October 15

*Alta Haidet, Thyra Wexler, Helen Juron
& Donald Sweetland*

October 16

Ernie Gerlach

October 17

Beth Johnson & Yvette Sarrett

October 20

Bill Atz & Helen Bruskas

October 21

Anne Kassin

October 23

Pat Woody

October 24

Norm Beisswenger, Jay Flagg & Betty Wild

October 26

Pauline Kennedy & Theresa Wallace

October 28

Helen Gifford

Pine Shores Concerts

Each year, *Pine Shores Presbyterian Church* holds a fantastic concert series! There is no cost to attend! Historically we have low attendance. We think it's because they begin at 5:00 p.m., which, obviously, is right in the middle of Bay Village dinner hours. We wanted to remind everyone that the concerts have complimentary "heavier" snacks following the show, like meatballs, etc. Also, this year, not only do they have a marimba quartet, which we're scheduled to attend on October 2nd, The Merling Trio will be perform in January. The Merling Trio performed at Bay Village a few months ago and many people commented, "world class" and "that was not only one of the best concerts I've ever had at Bay Village, it was one of the finest performances I've ever seen!" Enjoy!

SAVE THE DATE (continued From Pg. 3)

Our new collections of jewelry and watches are in the Gift Shop window for all to admire and to buy. We even have easy-to-wrap and send pillows, scarves and stuffed animals. Your shopping is all taken care of in a couple of hours at the best bargain prices in town.

Now head for the cards, candy and amaryllis. The "Bananagrams" game that we sold out of last year, has been restocked. We know you will want a couple of those.

You'll find our special surprise among the Christmas stock!

Merry Christmas and have fun shopping!

ALL PROCEEDS GO TO THE GOOD NEIGHBOR FOUNDATION!

The Village Vibes

Welcome
Home

* Mr. & Mrs. Wolf
& Betsy Shindlebower
moved in to
apartment 668 on
September 13th.

OCTOBER Vespers Ministers

October 7

Rev. Dr. Chuck Moffett
Bay Village Chaplain

October 14

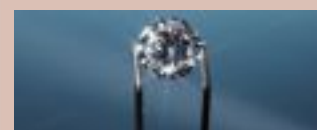
Rev. Dr. Chuck Moffett
Bay Village Chaplain

October 21

Rev. Dr. Chuck Moffett
Bay Village Chaplain

October 28

Rev. Patti Nemazie
Grace Church, Sarasota



OCTOBER Anniversaries

October 3

Pat & Nora Heenan

October 6

William & Emily
Danner

October 11

Jesse & Betsy Hannan

October 19

Norman & Margaret
Beisswenger



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

PROTESTS!!!...They are everywhere: radio, TV, social media. No matter where you turn, someone, somewhere is protesting. Many are peaceful and non-violent. Some are violent. It is the latter that get the media attention. It is these that cause us to live in fear and suspicion. To "**protest**" has become a negative, destructive, divisive definition of the world in which we live.

Too many in today's culture - which means too many of us - live on the negative side of life. If you listen to our conversations, we focus on all that is wrong; we are quick to find blame in everyone else; we condemn all who disagree with us; we are sure our generation has it right.

The concern is that it is all too easy to be *against* a policy, a position, a person. Where is the conviction to stand tall and articulate a *positive* insight, commitment, and alternative to what is destroying our world?

Take a moment and consider the word **PROTEST**. We know the expression: "pros" and "cons." The prefix "pro" means to be "for", to be "in favor." It does not mean to be against something.

To be people of faith is to live in a spirit of intentionally being **in favor** of joy, hope, justice, and compassion for ALL. Never can we be a people who only are **against** those who differ from us. May we rededicate ourselves to be a people who stare reality in the face, yet always speak of our conviction for the "pro", and not hide behind the easy way of simply being a "con."

Our God is "pro" us - not "CON" us. We are called to be the same in our lives toward ourselves and others.