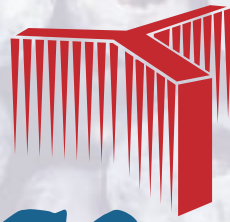


# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



## Bay Village

Jack McClellan ..... Executive Director  
Alec Weitzel ..... Chief Operating Officer  
Christina Wizba ..... Chief Financial Officer  
Denis O'Connor ..... Dir. of Dining Services  
Bill Seigh ..... Dir. of Maintenance  
Laura Pitcher ..... Dir. of Marketing  
Larry Buczkowski ..... Dir. of Housekeeping  
Cathy Petz ..... Dir. of Health Services  
Kristine Korngut ..... Dir. of Res. Services  
Ann Aldrich ..... Dir. of Human Resources  
Rev. Dr. Chuck Moffett ..... Chaplain

### Our Mission Statement

Established on Christian principles,  
Bay Village of Sarasota, Inc.  
offers a dynamic, secure and comprehensive  
residency for older adults, providing meaningful  
community life with continuing care.



## July 2016

### Declaration Details

As freedom rings this Fourth of July, explore these facts about the Declaration of Independence.

*Initial autograph.* John Hancock, president of the Continental Congress, was the first to sign the document. His signature is the largest, and the term “John Hancock” remains a common expression for a signature.

*Striking script.* Historians say Timothy Matlack, clerk to the secretary of the Congress, is most likely the scribe who wrote out the famous script using a quill pen and ink.

*Dirty details.* The bottom left corner of the document is marred by a handprint whose story and identification are unknown. It, along with other soiling, has been left alone rather than risk damage by attempting to clean it.

*Safe storage.* During World War II, the declaration was moved from the Library of Congress and stored at Fort Knox. In 1952, it was transferred to its permanent home, the National Archives in Washington, D.C., where it is housed in a state-of-the-art case, designed to protect the antique parchment.

*Colonial copies.* Paper copies of the declaration were printed on the night of July 4 to be distributed throughout the Colonies. Only 26 of these versions exist today, and most are held in museums.

On Independence Day at Bay Village, join us for our annual picnic at noon, 2:00 p.m. and 4:00 p.m. That night we will show the drama “A Few Good Men” in the auditorium at 7:30 p.m. Also, a reminder that there is no bus transportation today. Happy 4th, everyone!

## Village Vibes

### Cool Website!

If you have a computer, check out [www.airpano.com](http://www.airpano.com). They have virtual tours of about 300 places. You can re-visit places you've been and the places maybe you wished you visited but never got to! Fun!

### Creative Writers' Group

Our "Creative Writers' Group" will not meet in July or August. When they resume meetings in September, they wanted to remind everyone that this group is open to everyone! Stop by the meeting room every first Friday of every month at 10:00 a.m. if you enjoy writing!



### Summer Nights

"The summer night is like a perfection of thought." —Wallace Stevens



### Jason & Lee Return!

We are thrilled to report that Eastman School graduates pianist Lee Dougherty-Ross and baritone Jason Stearns will return to the Bay Village stage on Thursday, July 7th, at 7:30 p.m.!

Lee Dougherty-Ross debuted as a piano soloist at the age of 12 with the Norfolk, Virginia, Symphony. She is the founder of The Series concerts, which provides music scholarships to promising music students, as well as fantastic concerts each year at the Historic Asolo Theater. Jason has enjoyed a wide-ranging career singing not only great operatic roles at the Metropolitan Opera, but in many other U.S. opera houses such as the Washington Opera. Stearns won a Grammy Award in 1996 as a baritone soloist with the National Symphony Orchestra in John Corigliano's First Symphony, "Of Rage and Remembrance."

Jason will return to the Metropolitan Opera next year as Baron Douphol in Verdi's opera, "La Traviata." Hope to see a packed house tonight!!

## RAINBOWS AND SHOWERS

RAINBOWS for the thoroughly enjoyable concert by the "Piping Hot Jacobites!" They played everything from traditional Celtic music to blues to rock & roll! Good news! Gary Reinstrom will return in December with his brass quintet, "The First Brass," to treat everyone to a great Christmas concert.

HUGE RAINBOWS for Babe Baptist, Mary Jo Hopkins, special guest speaker Harry Moses and Bill & Sara Atz. They truly made our Memorial Day Ceremony one of the best received in years!

### Resident Spotlight!

You will see in your newsletter this month a "Resident Spotlight" on fairly new residents David and Elna Laux. This is something we used to do, but stopped doing because it's tough to find a resident volunteer to write the feature. The book with past "Spotlights" is in the library, and you are free to read some past articles if you want. It's fun to know the fascinating histories of the folks who live here!

Going forward, we would absolutely love it if maybe one or two residents would like to volunteer to write this column? If we have more than one person doing it, then you don't have to do it every month!

Let resident services know if you are interested and we will give you the particulars about how we've done it in the past.



### Wellness Corner ... by Petra Mueller

During July, we are going on another **bridge walk on Saturday, 7/23**. Leaving early and a breeze on the bridge will allow for a comfortable walk. Breakfast/Lunch afterwards will be at the Serving Spoon in Sarasota.

If you are interested to walk in an air-conditioned environment, go to one of the local malls and walk the parameter indoors.

The pool is a nice place to cool down in the summer months and get some exercise done at the same time.

#### HEALTH TIP OF THE MONTH:

When taking antibiotics, take a Probiotics tablet (over-the-counter) or eat yogurt to restore the "good bacteria" to intestines and prevent diarrhea. (Essentials of Pharmacology, 2015. See Probiotics.) This book is available for reference only in our library.

### B.I.L.L. NEWS~

We continue with the HBO documentary JOHN ADAMS through July 19th. We hope everyone is enjoying this mini-series, as it received high praise from critics. Our next series from The Teaching Company is titled "CHURCHILL" and begins on July 26th at 7:30 p.m. in the auditorium and is 6 weeks long. Winston Churchill was the greatest leader of the 20th century. He is proof that single leaders can change the course of history. His courage, character and genius rallied the British people to "their finest hour."

This course begins at the supreme moment in Churchill's life, his address to Parliament on June 4, 1940, declaring to the world that Britain "shall never surrender." Join us for what should be another fascinating series!!

Alice Blueglass returns for another "How Novel" book discussion series. Alice is a retired elementary school

principal and everyone who takes her class thoroughly enjoys themselves! She also brings snacks that "match" the theme of the book! Clever! Class dates are July 5th, July 26th and August 16th. They meet in the board room at 10:00 a.m.

### GIFT SHOP NEWS!

Hooray for the Bay Village Gift Shop! We have new summer stock in. Lots of watches, new jewelry and other merchandise, too. Come in while the selection is hot.

Keep in mind our bazaar in November, too. The date will be announced in the August "Vibes." You won't want to miss this event. We will repeat our more-than-successful baked goods sale and add a couple of other items.

Knitters: it's time to get out your needles and start your bazaar project!

Happy knitting!

Submitted by the staff at the Gift Shop!

## The Village Vibes

### VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial reserves so that we may have the financial strength to maintain our infrastructure and to provide our staff with a competitive compensation and benefit package.



## KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

## Neil Simon Month


As you've probably noticed by reading your calendar, it's "Neil Simon Month" for our movie extras! Enjoy the laughter!


## A NEW Lunch Group: GUYS ONLY!!

We have a new Men's Lunch group that will meet every FIRST and THIRD Thursdays of the month! No guest speaker or anything; just a "get together and talk about guy things" luncheon. Head to the dining room at NOON if you'd like to join in!

## Record-Setting High

The summer heat may have you sweating it out, but compare it to this scorcher: The mercury hit 134 degrees Fahrenheit in July 1913 at Furnace Creek Ranch in California's Death Valley, setting the record for highest temperature ever recorded. And you think it's hot in Sarasota in July!

Sunday	Monday	Tuesday
	<p>IF YOU AREN'T GOING TO DO YOUR PAINT BY NUMBER THAT WE GAVE YOU AT THE VOLUNTEER LUNCHEON, BRING IT TO RESIDENT SERVICES. WE WILL GIVE IT TO THE GIRLS AT GIRLS INC!</p>	
3	4	5
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Room" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 11:30 Sit &amp; Fit on Video (A) 12:00, 2:00 &amp; 4:00 <i>Independence Day Picnic!</i> 7:00 Progressive Bridge (G) 7:30 Movie Special: "A Few Good Men" (A)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 "How Novel" (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "John Adams" (A)</p>
10	11	12
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Big Short" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Bible Class (A) 11:30 Sit &amp; Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "John Adams" (A)</p>
17	18	19
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Revenant" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Bible Class (A) 11:30 Sit &amp; Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:30 Cake &amp; Ice Cream Birthday Party (A) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "John Adams" (A)</p>
24/31	25	26
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "CREED" (A) Movie on the 31st Is "TRUMBO"</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Bible Class (A) 11:30 Sit &amp; Fit on Video (A) 7:00 Progressive Bridge (G)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 "How Novel" (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "CHURCHILL" (A)</p>

Wednesday	Thursday	Friday	Saturday
1			2
		9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 7:30 Movie Special: "The Sunshine Boys"
6	7	8	9
9:30 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Room" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 SPLASH! (P) <i>10:00 Summer Circus Spectacular and Lunch at MUSE (B)</i> 11:30 Sit & Fit (A) <i>12:00 Men Only Luncheon (D)</i> <i>7:30 Jason Stearns &amp; Lee Dougherty Ross Perform (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	9:00 Men's Shuffleboard (courts)  11:30 Sit & Fit on Video (A)
13	14	15	16
9:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:15 Episcopal Service (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Big Short" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A)" <i>2:30 "Golden Gates" Performs (A)</i> <i>7:30 Movie Special: "Biloxi Blues" (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) <i>7:30 The Merling Trio Performs (A)</i>
20	21	22	23
9:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Revenant" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 SPLASH! (P) <i>10:00 CHATS (A)</i> 11:30 Sit & Fit (A)" <i>12:00 Men Only Luncheon (D)</i> <i>2:30 Special Presentation With Bob Clementis (A)</i> <i>4:30 Dine Out Night: "Taste of Asia"</i> <i>7:30 Movie Special: "The Last of the Red Hot Lovers" (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	9:00 Men's Shuffleboard (courts)  9:15 Ringling Bridge Walk (B) 11:30 Sit & Fit on Video (A)  <i>7:30 Movie Special: "California Suite" (A)</i>
27	28	29	30
9:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) <i>11:00 Opera Salon at Sarasota Yacht Club (B)</i> 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Creed" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength Class (W) 9:30 SPLASH! (P) <i>10:00-NOON: The Watch Doctor (C)</i> 11:30 Sit & Fit (A) <i>2:30 Special Presentation With Bob Clementis (A)</i> <i>7:30 Movie Special: "The Odd Couple" (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	9:00 Strength (W) 9:00 Men's Shuffleboard (courts) 9:30 Splash (P) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) <i>7:30 Movie Special: "Barefoot" In the Park (A)</i>



## "Village Vibes"

### Moves & Move-Ins

\*Change your directories:

\*Mr. & Mrs. Gary & Terry Butner moved to apartment 1235 on May 18.

\*Mr. Tom Cliff & Mr. Bob Wiegand moved to apartment 662 on May 17.

\*Mr. Jim Westerdale moved to apartment 1134 on May 24.

\* Mrs. Sony Krajcovie moved to apartment 1167 on June 8.

\* Mr. & Mrs. Walt & Pat Kuerschner are moving to apartment 1165. We'll let everyone know when they arrive as we don't know the exact date.



No transportation or mail on Independence Day! Have fun, everyone!



The Golden Gates Cast

### Moscow Nights Returns!

Award-winning musical ambassadors from Russia, "Moscow Nights" is an exciting, versatile group of world-recognized, prize-winning musicians. Having established themselves as one of the fastest-rising musical groups in the United States, these classically trained artists first took western Europe by storm and are now bringing enthralling music to North America.

Enjoy a glimpse into old Russia through music, song and dance. The repertoire is centered around masterpieces of Russian folklore and represents the diversity of the culture with humorous songs, pulsating dance numbers and traditional folk songs.

Join us on Thursday, July 14th, at 2:30 p.m. in the auditorium for a show you won't soon forget! We were really excited when we found out they were in the area again, so make sure you save the date and note the time!

### Summer Circus Spectacular

At press time we are planning another trip to the Historic Asolo for the "Summer Circus Spectacular!" Tentatively, we've got it planned for Wednesday, July 6th, departing Bay

Village at 10:00 a.m. for the 11:00 a.m. circus. This is always a fun show! We'll head to lunch at "Muse," the new restaurant at the museum, for lunch following the show.



### Day Trips and Travel

Thank you to everyone for attending the travel meeting we had in late May. Maeva from Palmer Ranch Travel is putting together a few ideas for trips, and once she gets everything organized, we will hang information on the travel section of our new bulletin board. There will be a sign-up list under each flyer. Sign up for whatever trip you feel you'd like most and we will pick the one that has the most signatures. As she explained at the meeting, to get group prices and low rates, we have to have a certain number of travelers.

We are planning another day trip to ECHO Farm, which is outside of Fort Myers. We've been here a number of times and everyone who takes the tour finds it extremely informative. ECHO is a not-for-profit organization that researches the best growing practices and types of seeds, etc., that will grow easily in the places on earth where it's tough to grow healthy crops. The date and time will be on the mailbox flier you will receive soon.

## JULY Birthdays

July 1

*Elayne Peabody & Jean Paulus*

July 3

*Eric West & Frank Camarota*

July 4

*Shirley Winter*

July 5

*Patricia Tway*

July 7

*Bette Miller*

July 8

*Roberta White & Ann DeCesare*

July 10

*Babe Baptist & Suzanne Fensterwald*

July 13

*Kathy Hunt*

July 14

*Polly Boegel*

July 16

*Loretta Turpin*

July 17

*Don Gasch*

July 19

*Bunny Raabe*

July 20

*Edna Stirling & Monte Marshall*

July 21

*Nancy Sweetland & Judy Hendricks*

July 22

*Pauline Medenis*

July 23

*Virginia Wilson, Ruth Gulick, Doris Linton & Kathy Reich*

July 26

*James Kennedy*

July 27

*Ken Fake*

July 29

*Irene Egyed & Virginia Siantz*

July 31

*Jim Westerdale*

## "The Merling Trio" Performs!

This is the first time this talented trio of musicians is performing here! The Merling Trio is recognized as one of today's premier ensembles. A truly international trio, it brings together musicians from Polish, Japanese and Dutch backgrounds. The Merling Trio has been hailed as a brilliantly distinguished group endowed with the remarkable gifts of precision, communication and impeccable blend of sound.

The group features Susan Wiermsma Uchimura, piano, who was class Valedictorian at The Cleveland Institute of Music; Bruce Uchimura, cello, a Julliard School graduate; and Renata Artman, violin, who has dozens of recordings to her credit and toured with Itzhak Perlman.

We will hang the full, extensive backgrounds of each musician in the glass case across from the gift shop.

Join us on Saturday, July 16th, at 7:30 p.m. in the auditorium for a "do-not-miss" concert!



The Merling Trio

## The Village Vibes

### Vespers Ministers

July 1

*Rev. Dr. Chuck Moffett  
Bay Village Chaplain*

July 8

*Rev. Dr. Chuck Moffett  
Bay Village Chaplain*

July 15

*Rev. Dr. Chuck Moffett  
Bay Village Chaplain*

July 22

*Rev. Dr. Chuck Moffett  
Bay Village Chaplain*

July 29

*Jacqueline Middleton  
Leader of BV Health  
Center Sunday Worship*

### JULY

#### Anniversaries

July 2

*Vic & Janet Mahler*

July 10

*Phil & Penny Goodell*

July 22

*Roger & Ruth Woodrow*

July 31

*Bob & Joyce Van Zandt*

### Sky Watch: Full Buck Moon

In July, scan the night sky for the full Buck Moon, named for bucks (male deer), which begin to grow new antlers during this time of year.





John Q. Public  
or Current Resident  
12345 Sample Address  
City, ST 00000

Chaplain's Corner  
Rev. Dr. Chuck Moffett

With the flurry of world events, we often find ourselves feeling overwhelmed, even to the point of being helpless. It is tempting to feel like a victim who has nothing to offer. *"I am only one person, so of what value am I?"*

Joe Albright, lead pastor for the daily devotional "Dial Hope," shared a powerful parable written by Gene Thiemann, entitled *"The Mouse and the Snowflake."*

A mouse once asked a dove to tell him the weight of a snowflake. *"Nothing"* said the dove. To which the mouse said:

*"I sat on the branch of a fir tree, close to its trunk, when it began to snow - not heavily, not in a raging blizzard - but just like in a dream without any violence. Since I didn't have anything better to do, I counted the snowflakes settling on the twigs and needles. The number reached exactly 3,741,952. When the next snowflake dropped onto the branch - the next weightless snowflake, as you say - the branch broke off."*

The dove thought about that story for a while and then mused, *"If something as light as a snowflake can break a branch when combined with the weight of many, perhaps the combined weight of people working together also can make a difference."*

My encouragement is that we not be too quick to silence our individual voices. Sometimes evil persists because *"the good people stopped being good, before the bad people quit being bad."*

Mother Teresa is known to have said, *"Not all of us can do great things, but we can do small things with great love."*

Even though we live in Florida, we still have within each of us the power of a snowflake.