

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

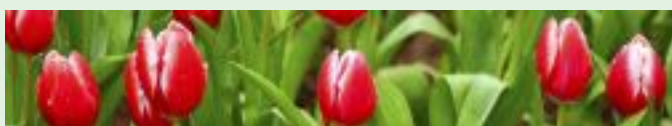


Bay Village

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 Alec Weitzel Chief Operating Officer
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 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



April 2015

Happy Easter to All!

The Easter Bunny, while seemingly unrelated to the Christian origin of Easter, actually can be linked to the holiday quite easily. According to *Snopes.com*, the hare itself was revered in pre-Christian times as a holy creature associated with fertility and spring. "Important divinations about the character of the coming year were made from studying its movements," writes Barbara Mikkelsen.

The more "modern" figure of the Easter Bunny is found in 16th century German literature as a deliverer of eggs—a sort of springtime Santa Claus who rewarded well-behaved children with colored eggs.

Eggs have other, additional links to Easter. For eons, they have been an obvious symbol of resurrection, continuing life and fertility. Early humans viewed the egg as a natural wonder and proof of the renewal of life. Early Christians adopted the egg as a symbol of Christ's resurrection from the tomb (an enclosure from which new life emerges).

The modern incorporation of Easter eggs partly stems from the fact that, for centuries, eggs were a forbidden food during Lent. Thus, people considered eating them to be a special treat at Easter. Today's colorful Easter eggs have a more serious origin. People dyed hardboiled eggs red in memory of Christ's blood. Children then received them as talismans to preserve their health over the next 12 months.

On Good Friday, Bay Village will serve Holy Communion at vespers. We hope everyone joins us for our annual Sunrise Service on the rooftop terrace at 7:30 a.m. We'll have light refreshments following.

Village Vibes

3 Things You Need to Know

April is Stress Awareness Month—here are three ways to unwind.

1) Meditate: It can reduce blood pressure and decrease muscle tension.

2) Take a walk: It will improve circulation and force you to breathe deeply.

3) Listen to a favorite album: Studies show music can slow the heart rate and increase endorphins, which are hormones that make us feel good.



Cleared for Takeoff

The U.S. Air Force Academy was established on April 1, 1954.



WELLNESS CORNER By Petra Mueller

Our “Walk around Florida” continues through the month of April. Take advantage of our beautiful grounds here. One lap around the pond is 0.4 miles.

On **April 9** we are offering the **Big Top Tour** around Sarasota combined with lunch at Bob’s train.

April 14 at 2 p.m., Stuart Hill from the Sarasota Audubon Society will be speaking about the Celery Fields. This lecture will be followed up by a trip to the Celery Fields on **April 22**. Do not miss this trip, especially if you like to walk and watch birds.

Dr. Ronald White, orthopedic surgeon in Sarasota, will be here and give a lecture on **April 16 at 4 p.m.** in the auditorium.

The next **Ringling Bridge Walk** is scheduled for **Friday, April 24**. We will leave early, conquer the bridge, then enjoy a breakfast at **C’est la Vie** in Sarasota.

Keep track of your physical activities, as well as lectures and outings. *Keep active, it will enhance your life!!!*



Doug Renfroe Performs!

It’s always a pleasure to announce that the internationally-acclaimed **Doug Renfroe** is going to perform! A true professional in every sense of the word, Doug never ceases to please. With his rich baritone voice and pleasing personality, he has really become a Bay Village favorite over the years.

Doug made his Lincoln Center and Carnegie Hall debuts under the direction of Loren Mazzel and Leopold Stakowski. He has performed in opera houses all over the world, including Sarasota’s. Currently, he serves as cantor at Temple Bat Yam in Sanibel and has been the Artistic Director of the Voices of Naples since 2010. Doug has performed all over the world.

Join us on **Thursday, April 16, at 7:30 p.m.** for another great evening of music with Doug Renfroe!



BASEBALL’S OFFICIAL OPENING DAY: APRIL 5!

The Village Vibes

B.I.L.L. Series News

Our current DVD series from the Teaching Company is "*The American Revolution.*" This is taught by *Professor Allen C. Guelzo.* Has there ever been a more unlikely war than the Revolution that won America its independence? Why did 13 colonies, with nothing resembling a unified and trained army and no navy to speak of, believe that they could defeat the most powerful nation on the planet? Join us for this fascinating series and find out! The final class in this series is April 28.

We hope everyone is enjoying the series on Southeast Asia with Paul Sarno! Paul has other classes on this subject and we are happy to bring him back if everyone is enjoying the current series.

Our next series from The Teaching Company is about The Smithsonian, which will begin in May. Further details will be on the flier you receive in your mailbox!

Two DO NOT MISS Performances in APRIL!

Go to your calendars everyone and pencil in these dates!

On *April 23,* we've invited *violinist David Pedraza* back as he has become a popular young violinist here at Bay Village. He recently completed his master's degree on a full scholarship from Lynn Conservatory of Music. Mr. Pedraza was born in Mexico and began studying music at age 14. Currently, David is with the Miami Symphony. He is joined this evening by *pianist Olga Kim.* Ms. Kim also attended Lynn Conservatory of Music and has won many awards including this year's state MTNA Chamber Music Festival.

We are thrilled to report that talented pianist *Dr. Catherine Lan* will return to perform again this year (you remember her from three past appearances with David Pedraza). On *SATURDAY, April 25, at 7:30 p.m.* Catherine will perform, but tonight her partner will be her

husband, *pianist Tao Lin!*

Described by critics as possessing "keen musical intelligence and excellent facility" (Miami Herald) as well as "opulent and romantic tone" (Fanfare), Chinese-American pianist and *Steinway Artist* Tao Lin has performed worldwide and has numerous recordings to his credit.

In demand as a pedagogue as well, Mr. Lin gives master classes at universities throughout the U.S. and Europe.

Recognized as a child prodigy, Dr. Lan made her solo debut following her winning at the Yamaha "J.O.C." International Composition Competition at age 8. Since then, she has won countless awards and outstanding reviews throughout the world. She also plays the harpsichord.

Tonight, you will hear both musicians solo as well as "four hands," so we are really looking forward to an exciting concert.

Arrive early for the best seats, everyone! ENJOY!!

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Healing & Anointing Service

A priest from *St. Thomas More Church* will be here on Tuesday, April 14, at 10:30 a.m. in the auditorium.

Pine View Students Perform!

A group of talented students from *Pine View* school will be here to perform for you! They have a fantastic afternoon of favorite music planned, so be sure to join us on Sunday, April 12, at 2:30 p.m. in the auditorium!

CHATS MEETINGS

Our next CHATS meetings are April 9 & 23 at 10 a.m. in the auditorium! Stay informed: come to CHATS!



Sunday	Monday	Tuesday
	April	
5	6	7
<p>7:30 Easter Sunrise Service (R) <i>Easter Dinner Will Be Served at Noon, 2 p.m. And 4 p.m. Call 2113 For Reservations!</i> 10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Million Dollar Arm" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:15 Venice Theater (B) 7:30 B.I.L.L.: "The American Revolution" (A)</p>
12	13	14
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 Asolo Theater (B) 2:30 Pine View Students in Concert (A) 7:30 Movie: "The Theory of Everything" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:30 Healing & Anointing (A) 11:30 Sit N' Fit (A) 12:30 Duplicate Bridge (A) 2:00 Stuart Hill From the Audubon Society (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The American Revolution" (A)</p>
19	20	21
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 4:15 "Ring Sarasota" At Pine Shores (B) 7:30 Movie: "Whiplash" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 7:00 Progressive Bridge (GR)</p>	<p>8:00 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 4:30 Dine Out at Antoine's (B) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The American Revolution" (A)</p>
26	27	28
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Imitation Game" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 6:15 Venice Concert Band (B) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel! (BD) 11:30 Sit N' Fit (A) 12:30 Duplicate Bridge (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The American Revolution" (A)</p>

Wednesday	Thursday	Friday	Saturday
1 8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 10:30 Southeast ASIA Series 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Son of God" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	2 9:00 Desoto National Memorial Trip (B) 11:30 Sit & Fit (A) 7:30 DISNEY NATURE Presents~ African Cats (A)	3 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 2:00 PASSOVER Service (D) 3:30 Good Friday Communion Service~ Vespers (A) 6:15 Duplicate Bridge (GR) Passover Begins Good Friday	4 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)
8 8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 10:30 Representative From the Asolo Here (C) 10:30 Southeast ASIA Series 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Million Dollar Arm" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9 10:45 BIG TOP TOUR of Sarasota's Circus History! (B) 10:00 CHATS (A) 11:30 Sit & Fit (Video) 7:30 Movie Special: "JUMBO" (A)	10 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	11 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) Passover Ends
15 8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 10:30 Southeast ASIA Series 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 12:30 UTC Mall Trip (B) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Theory of Everything" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	16 9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 "Is Normal Aging Memory Normal?" With Stefan Crynen, PhD, From the Roskamp Institute 11:30 Sit & Fit (A) 4:00 Hip & Knee Arthritis: Biologic Therapy vs. Minimally Invasive Surgery With Dr. White (A) 7:30 Doug Renfroe Sings(A)	17 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	18 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 2:45 Venice Symphony (B)
22 8:00 Men's Shuffleboard 9:00 Celery Fields & Save Our Seabirds (B) 10:30 Southeast ASIA Series 11:30 Sit N' Fit on Video (A) 1:30 Line Dance (W) 2:30 Pop/Movie "Whiplash" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	23 9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 CHATS (A) 11:30 Sit & Fit (A) 7:30 Olga Kim, Piano & David Pedraza, Viola Perform (A)	24 9:00 Ringling Bridge Walk & Breakfast at C'est La Vie (B) 11:30 Sit & Fit (video) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)	25 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:30 Children's Orchestra (A) 7:30 Special Concert~ Tao Lin & Catherine Lan- Piano Duets (A)
29 8:00 Men's Shuffleboard 11:30 Sit N' Fit (Video) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Imitation Game" (A) 6:15 Duplicate Bridge (GR) 6:45 Players Theater (B) 7:15 BINGO (A)	30 11:30 Sit & Fit (video) 12:30 Annual Volunteer Luncheon (D) 7:30 Movie Special "March of the Penguins"		

"Village Vibes"

Upcoming Day Trips and Travel!

We have two trips to The Broadway Palm coming up! Mark your calendars! "Seven Brides For Seven Brothers" will be on Thursday, May 21, and the comedy "Church Basement Ladies" will be on Thursday, June 11.

As part of our "Walk Around Florida" we will visit the DeSoto National Memorial in Bradenton on Thursday, April 2. This historic site has a visitors center as well as a nature walk and tells the history of the landing of Conquistador Hernando de Soto. Following our visit, we'll have lunch at the scenic Blu Mangrove Grill in Palmetto. The bus departs at 9 a.m.!



RAINBOWS AND SHOWERS

RAINBOWS for the completely fun time everyone had at the Pater Salomon concert! A great performer for sure! Yes, we'll invite him back! RAINBOWS for Civil War presentation by Bill Schustik and Gene Jones...even our "Civil War buffs" learned something!

RAINBOWS for the impressive presentation about ancient synagogues that Carole Landon's grandson, Brad Erikson made. Brad is working on his PhD in Archeology and is studying abroad in the Middle East.

RAINBOWS for our month of Dale Chihuly Art Glass events! We enjoyed the videos about his life and the visit to the museum in St. Petersburg.

RAINBOWS for the great presentation by local celebrity Jack Perkins at the recent Book Group meeting.

SHOWERS for people who arrive LATE for your transportation!



Jack McClellan and Board Members get ready to Burn the Mortgage

Everyone had a great time at our "Burn The Mortgage" party! Here is a photo of Jack and some current and former Board Members "lighting up" the mortgage. Glad everyone enjoyed the party!

Finding Florida

About five hundred years ago, on April 2, 1513, Spanish explorer Juan Ponce de Leon first saw the land he named "Florida," which means "flowery."

Passover

Passover is an eight-day festival celebrated in the spring, from the 15th through the 22nd of the Hebrew month Nissan.

The holiday celebrates the freedom of the Israelites from slavery in ancient Egypt. The book of Exodus tells how God sent Moses to deliver a message to Pharaoh to free the Jewish slaves. When Pharaoh refused, God sent a series of plagues to Egypt. The final plague was the death of all the firstborn. God "passed over" the houses of Jews, sparing those families.

A Seder meal is held the first two nights of Passover and follows a series of rituals from a book called the Haggadah.

The story of the first Passover is read from the Haggadah, prompted by the youngest person asking a set of questions.

The Passover celebration here is Friday, April 3, in the Back Bay Dining Room at 2 p.m.



APRIL Birthdays

April 1

Marie Burgett & Fran Hillier

April 2

Carolyn Hart & Nancy Gail Heins

April 3

Kathleen Hodges & Dorrie Youngdale

April 4

Stella Messineo

April 5

Billie Peters

April 8

Anne Marshall

April 10

Art Johnston, Ann Robinson & Betty Berta

April 12

Helen Healy, Otto Plescia & Joyce Menk

April 13

Betsy Hannan & John Swift

April 14

Betty Gough

April 16

Jacqueline Scott

April 18

Jean Morrill & Edie Watson

April 23

John Daunt & Geraldine Martin

April 24

Don Healy & Haydee Nazali

April 26

Millie Hightower

April 28

Miriam Horvath & Helene Spencer

April 29

Marjory Ramsdell & Aram Papazian

APRIL Anniversaries

April 1

Robert & Carol June Wright

April 11

Carl & Geri Fisherkeller

April 22

Jim & Carolyn Hart

April 26

Ray & Rhetta Garcia

April 27

Eugene & Pat Hoeffler

APRIL Vespers Ministers

April 3

Rev. Dr. Chuck Moffett

Bay Village Chaplain

April 10

Rev. Dr. Chuck Moffett

Bay Village Chaplain

April 17

Rev. Dr. Chuck Moffett

Bay Village Chaplain

April 24

Mr. Bob Gaiten

Deacon

St. Thomas More Roman Catholic,

Sarasota



DERBY DAY!

Even though the Kentucky Derby isn't until early May, we wanted to let you know that BAY VILLAGE will be having a Kentucky Derby Party here on Saturday, May 2, in the auditorium! We'll have mint juleps, hot browns, snacks a hat fashion show, and of course, play the horse racing game for cash! SO, if your floor was planning a party, you can still do that, of course, or feel free to come to the auditorium and save yourself the work!

The Village Vibes

Welcome New Residents

- Mrs. Helen Buchholtz moved into apartment 859 on March 6



Book Group News!

Bay Village favorite Ehsan Shah will speak at the Book Group meeting on Friday, April 10, at 10 a.m. in the auditorium. He will review "The Second World" by Parag Khanna. The book is a sweeping survey of contemporary geopolitics. Mr. Shah brings interesting insight into every book he reviews and his appearances are eagerly anticipated.
... Louise Porter



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

Lectures can "lullabilize." Sermons can "snoozerize."

But STORIES always SPEAK!!

A young couple was invited to spend the weekend with his boss at his palatial mansion on the waterway, where his cars cost more than their home.

All went well, and the couple was delighted to have a rare glimpse into how the wealthy live. Their host had made arrangements for all of them to enjoy an evening at one of the finest up-scale restaurants in the entire area.

As the three were entering the restaurant, the boss suddenly stopped, looked down at the pavement, and stared for a long, silent moment, reached down, and picked up a penny. He held it, smiled, and put it in his pocket.

Throughout dinner, the entire scene nagged at the young wife. She finally asked the boss if the penny he had found had some particular value.

The boss held the out the penny to her and asked her to read what was printed on the coin.

She began, "United States of..."

"No, no, turn the coin over," he said.

"IN GOD WE TRUST."

"Yes, that's it. Whenever I see that inscription, I pray to see if my trust IS in God - do I really trust GOD?! I think it is God's way of starting a conversation with me. God is patient. And pennies are plentiful."

So may it be with each of us at Bay Village.