

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

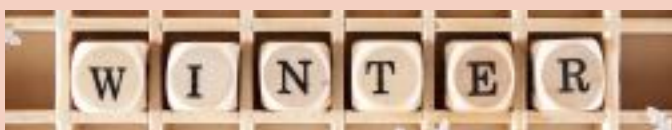


Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



February 2015

MARVELOUS MUSIC!

We have so many wonderfully talented performers for you in February, we've made it "front page news!"

We are elated to report that on Tuesday, Feb. 17, at 7:30 p.m., highly sought-after cellist Emilio Colon has agreed to perform! When reading reviews of his performances, you'll find words such as "lively," "expressive" and "full of warmth" used to describe his playing. Mr. Colon is also a conductor and composer.

His career has taken him throughout the world. Accompanying Emilio is pianist Derek Han, who has been called "one of the leading American pianists of his generation."

Full biographies of both musicians are hanging in the glass case. Arrive early for the best seats!



Emilio Colon performed to a packed house last time he was here.

Village Vibes

Book Group News!

The Book Group will meet on Friday, Feb. 13, at 10 a.m. in the auditorium.

Question of the day: "Is the Group going to the dogs?" Countless authors have written books and stories about dogs. Attend the meeting and hear mini-reviews about unforgettable dogs and share your memories of favorite literary canines.
... Louise Porter

BANJO'S Anyone?

We're headed to a "real" wild Florida setting on **Feb. 12 at 10:15 a.m.!** Wear **VERY** comfortable shoes as we are headed to **Snook Haven!** They have a free banjo concert and casual food in a casual setting (think picnic tables). If you haven't been to Snook Haven, it's filled with history and it sits on the banks of the Myakka River, so if you get tired of banjo music, take a stroll along the water.



WELLNESS CORNER By Petra Mueller

February will give you the chance to get ready for our upcoming "Walk around Florida."

Participation in Wellness Classes, Lectures and Outings as well as workouts on your own will add up to miles, which we walk around Florida. The walk is starting in our own town, Sarasota and the kick-off date is March 1.

You can record your activities on the back of the calendar in March and then turn it in the end of the month.

During our "Walk," we are having special speakers, outings to places near and far, historical and recent. This will give you a chance to get to know the State of Florida and its history better.

Try a new class during this time or do an extra activity to get extra miles.

The first lecture is on **March 3 at 10:30 a.m. by Jeffrey Lahurd**. He is a well-known Historian in Sarasota and will talk about the landing of the Scot Colony in 1885 through the Real Estate Boom in 1920.

More Great Music!

The Weintraub Duo was rescheduled from November to **Thursday, Feb. 12, at 7:30 p.m.** These Eastman School graduates always aim to please. Jason, English Horn and Oboe and Nancy, piano, put on an educating and entertaining performance each time they appear. First time performers, Girl & Gurl will take the stage on **Thursday, Feb. 19, at 7:30 p.m.** Joey MacDonald (Girl) and Brian Gurl (Gurl), have a high-energy, multi-faceted, colorful show for you with familiar tunes and some comedy and drama thrown in for good measure.



Happy Valentine's Day

We'd like to take a moment to wish all of our residents Happy Valentine's Day. We hope your holiday is filled with love and sweet treats! We have a treat for everyone in the dining room tonight. Popular guitarist Alex Peerson will provide romantic music to dine by from **5-6:30 p.m.**

B.I.L.L. Series News

Our current DVD series from the Teaching Company is "The American Revolution." This is taught by Professor Allen C. Guelzo. Has there ever been a more unlikely war than the Revolution that won America its independence? Why did thirteen colonies, with nothing resembling a unified and trained army and no Navy to speak of, believe that they could defeat the most powerful nation on the planet?

Join us for this fascinating series and find out! The final class in this series is April 28.

We are happy to report that we have Tom Callaghan returning on Tuesday, Feb. 10, at 7:30 p.m. to present "ISLAM". Since we are in the midst of the 6-week course on Islam with David Tschantz, it will be interesting to compare the two classes. Please note that we are taking a break from BILL Video Series on Feb. 17 for the cello performance!

The Book Shelf

Yes, "the Boat" was an eight-man racing shell, "the Boat" was nine young men who competed and achieved rowing glory in the early mid-1930's on the University of Washington crew team. Yes, these young men won gold at "Hitler's Olympics: in 1936." "The Boat" was something bigger, greater, more ethereal than anything or any individual on the team.

In this true story of Joe, one member of the team, you will revisit the hardships of the Great Depression, the struggle just to survive growing up in Sequim, Washington. A rowing scholarship would allow Joe to study engineering at the University of Washington, leaving behind a hard scrabble existence.

If you know about the sport of rowing as I, the book will open you to the knowledge as well as drawing you into a suspense-filled tale of nine young men from disparate backgrounds who learn to compete

as one. They finally get "the Swing" in race after race until "the Boat" wins the ultimate challenge in Berlin.

Maybe we will be ready to cheer as Sarasota becomes a world-class rowing venue!

Reviewed by Jean Morrill

Chef's Corner

Greetings everyone!

Chef Chris here. Another beautiful winter in Florida. This is my family's second and we definitely made the right decision moving here. January's Chef's Table was another success. The next one will be in March, so be on the lookout. My team and I have been working hard to streamline the dinner line in order to serve the entrées faster, and we have succeeded. I hope this is noticed and appreciated, as it is good for everyone, resident and staff alike. We have some exciting chef's specials and theme nights planned and are watching industry trends.

As always, your questions and comments are all taken to heart.

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



**Groundhogs Day
Is February 2nd**

KEY

A=Auditorium
 B=Bus Service Provided
 BD=Board Room
 C=Card Room
 CR=Craft Room
 D=Dining Room
 GR=Game Room
 M=Meeting Room
 P=Pool
 R=Rooftop Terrace
 W=Wellness Center

SHABBAT

The next *Shabbat* service will be held on Friday, Feb. 6, at 3 p.m. in the Terrace Activity Room.

NO MAIL ON PRESIDENTS' DAY

There is no mail on Presidents' Day, Feb. 16, but there IS Bay Village bus service!

Amazing Race

On Feb. 2, 1925, Siberian husky Balto and his team of sled dogs arrived in Nome, Alaska, delivering 300,000 units of antitoxin serum to save the town from a diphtheria outbreak. Twenty different mushers and their dog teams made the 674-mile journey from Nenana to Nome in temperatures as low as 50 degrees below zero. The trek took five days and seven hours, and has since been referred to as the "Great Race of Mercy." The annual Iditarod Trail Race is run in memory of that original sled dog relay.

Sunday	Monday	Tuesday
1	2	3
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 Sarasota Orchestra (B) 7:30 Movie: "Boyhood" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 9:30 Town Hall (B) 10:30 "Current Affairs" With Bob Clementis (A) 7:00 Progressive Bridge (GR)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The American Revolution" (A)
8	9	10
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 Asolo Theater (B) 2:15 Sarasota Pops (B) 7:30 Movie: "Gone Girl" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 10:30 "Current Affairs" With Bob Clementis (A) 7:00 Progressive Bridge (GR)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel! (B) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (GR) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: Tom Callaghan Presents "Islam" (A)
15	16	17
10:30 St. Thomas More Catholic Service (Bd. Rm) 12:15 Sarasota Opera (B) 7:30 Movie: "My Old Lady" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 10:30 "Current Affairs" With Bob Clementis (A) 7:00 Progressive Bridge (GR)	8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 Emilio Colon & Derek Han in Concert (A)
22	23	24
10:30 St. Thomas More Catholic Service (Bd. Rm) 12:15 Sarasota Opera (B) 1:30 Sarasota Orchestra (B) 7:30 Movie: "Elsa & Fred" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 9:30 Town Hall (B) 10:30 "Current Affairs" With Bob Clementis (A) 6:15 Venice Concert Band (B) 7:00 Progressive Bridge (GR)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 How Novel! (B) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:15 Venice Theater (B) 7:30 B.I.L.L.: "The American Revolution" (A)

Wednesday	Thursday	Friday	Saturday
<p>8:00 Men's Shuffleboard 4 9:30 <i>B.L.L.L. : Islamic Studies</i> (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (W) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Boyhood" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 <i>CHATS</i> (A) 11:30 Sit & Fit (A) 7:30 <i>Move: "Disney Nature: BEARS"</i> (A)</p>	<p>9:30 Tai Chi (W) 10:00 <i>"Writer's Group"</i> (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 <i>Shabbat (Terrace)</i> 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 10:30 <i>Venice Orchid Show</i> (B) 11:30 Sit & Fit on Video (A)</p>
<p>8:00 Men's Shuffleboard 11 9:30 <i>B.L.L.L. : Islamic Studies</i> (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:15 <i>Episcopal Svc</i> (C) 11:30 Sit N' Fit (W) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Gone Girl" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:15 <i>Banjo Concert at Snook Haven</i> (B) 11:30 Sit & Fit (A) 7:30 <i>"The Weintraub Duo" Perform</i> (A)</p>	<p>9:30 Tai Chi (W) 10:00 <i>Book Group</i> (A) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard 14 (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 2:45 <i>Venice Symphony</i> (B) 5:00-6:30 <i>Alex Peerson on Guitar</i> (D) 7:30 <i>Movie Special: "While You Were Sleeping"</i> (A)</p>
<p>8:00 Men's Shuffleboard 18 9:30 <i>B.I.L.L. Islamic Studies</i> (A) 10:00 Tai Chi- (W) 11:00 Balance (W) 11:30 Sit N' Fit (W) 11:15 <i>Circus Sarasota</i> (B) 1:30 Line Dance (W) 2:30 Popcorn & A Movie- "My Old Lady" (A) 6:15 Duplicate Bridge (GR) 6:45 <i>Player's Theater</i> (B) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 <i>CHATS</i> (A) 11:30 Sit & Fit (A) 7:30 <i>"GURL & GIRL" Perform</i> (A)</p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard 21 (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
<p>8:00 Men's Shuffleboard 25 9:30 <i>B.L.L.L. : Islamic Studies</i> (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (W) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Elsa & Fred" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 7:30 <i>Movie: "Disney Nature: CHIMPANZEES"</i> (A)</p>	<p>9:30 Tai Chi (W) 10:15 <i>Drum Circle Distillery Trip & Lunch on Siesta Key</i> (B) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard 28 (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 <i>Ballet</i> (B) 6:15 <i>Venice Presbyterian Concert</i> (B)</p>

"Village Vibes"



GIFT SHOP NEWS

Come to the Bay Village Gift Shop for the latest in merchandise and the most competitive prices. We have the latest in fashionable spring scarves in a variety of colors. To go with your scarf, you'll need to carry a chic new purse and wear a new watch. The watches come in all sizes with both big and small faces. Take a look at our new collection.

If you still have to rummage through the dark places in your closet for something to wear, look at our "no hands" flashlights with two levels of light plus a red light; and they come with batteries, too!

See you in the Gift Shop!

Submitted by the Gift Shop Staff

RAINBOWS AND SHOWERS
RAINBOWS for the "Phantom of the Opera" trip! Twenty-two lucky Bay Village residents were treated to a wonderfully "revamped" version of the show and some seriously talented performances by the cast!
RAINBOWS for the cake that "Slice of Heaven" bakery made for Barb Griffin's retirement party! For those of you who didn't see it before we devoured it, it had all the things Barb is going to be able to do more of now that she's retired, including a whole edible campsite. Awesome!
RAINBOWS for the great time everyone had in St. Petersburg visiting the DALI/PICASSO exhibit! The fantastic meal we enjoyed at Parkshore Grill capped the day just right!
RAINBOWS for The informative presentation by Marian Canfield's friend, healthy living author Alex Rotas! She came all the way from England to visit!
SHOWERS for anyone who elects NOT to participate in some way or

another in our "Walk Around Florida" wellness event! It's going to be a great time!



We'll Miss You, Barb!

Drum Circle Distillery Tour & Lunch!

We are working on a trip out to Siesta Key to visit "Drum Circle Distillery"! They make the popular new Siesta Key Rum, which you can find at Total Wine if you want to try it. We will enjoy a behind-the-scenes 40-minute tour to see each step in the rum-making process. At press time, it is tentatively scheduled for Friday, Feb. 27. We are waiting for confirmation of that date, so if it changes, the new date will be on the flyer you receive in your mailbox.

Before our tour, we will have lunch at "Bonjour French Cafe" on Siesta Key.

Monthly Celebrations

Have a blast enjoying these February celebrations that last all month.

- Keep your heart in mind during American Heart Month.
- Stay organized and focused for National Time Management Month.
- Give yourself a pat on the back—it's International Boost Self-Esteem Month.



FEBRUARY Birthdays

Feb. 1

Claire Mader & Bennie Komarek

Feb. 2

Janet Schmidlein

Feb. 4

Margaret Gutzmer & Nancy Gail Heins

Feb. 5

Geri Fisherkeller

Feb. 6

Elva Stookey & David Pyle

Feb. 12

*Ginny Lewis, George Timco & June
Carol Hines*

Feb. 13

*Fred Lee, Madelyn Nordmark &
Don Spencer*

Feb. 14

Bob Gifford

Feb. 15

Sarah Barlow

Feb. 16

Sara Atz

Feb. 17

Ellie Tiemann

Feb. 19

Wren McHargue

Feb. 20

Elaine Hevrdejs & Ruth Haas

Feb. 23

Jack Darvill

Feb. 24

James Halkiotis & Penny Goodell

Feb. 25

Richard Bailey & Carole Landon

Feb. 27

Marti Corry

Feb. 28

Opal Akscin



FEBRUARY Anniversaries

Feb. 3

Leo & Marta Rapoport

Jack & Jacquie Rieke

Feb. 12

Al & Cecile Chamberland

Feb. 18

Tom & Clarice Jardine

Feb. 23

John & Donna Gary

Feb. 26

Bob & Helen Gifford

FEBRUARY Vespers Ministers

Feb 6

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Feb. 13

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Feb. 20

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Feb. 27

Rev. John Hall

St. Boniface Episcopal Church, Sarasota

Hail to the Chief

Presidents' Day is celebrated on the third Monday in February. Originally established in 1885 in recognition of George Washington's birthday, and later recognizing Abraham Lincoln's birthday, the day is now viewed by many as an opportunity to celebrate all U.S. presidents. Who is your favorite president?

The Village Vibes

Welcome New Residents

- Mrs. Mary Roldan moved in to apartment 432 on Jan. 2.
- Mrs. Loretta Turpin moved in to apartment 843 on Jan. 7.
- Mr. Karl Neumann moved in to apartment 802 on Jan. 12.

SPRING CLEANING ALREADY?

It might be February, but our housekeeping department is ready to thoroughly "SPRING CLEAN" your home!

Call Denise at ext. 2110 to set up an appointment!

A Hearty Celebration

Since 1963, February has been designated American Heart Month as a way to promote awareness of cardiovascular diseases.





John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett
"WHAT NOW?"

"Whew! I am so glad that is over for another year!" That expression has echoed through the halls here as people are coming off the "hectics" of the recent holidays of Hanukkah and Christmas. The question I have been asked by many is: "So, Chaplain, what now - what am I to do with my life?" We had filled our days and nights with a tedium of parties, shopping, special events and reunions. If our "holiday" had little sense of "holyday," there can be an emptiness as we return to our routines.

Perhaps this "after holiday" time can be a call for us to find "holyday" moments for times of re-creation and renewal. Perhaps now is the time to focus on the core of our lives – intentionally finding opportunities to reconnect with the holy presence of God in our daily activities.

Hanukkah and Christmas are not over for another year. Each one is a point of beginning: a new commitment to centering our lives on the Holy. Central to both religions is the observance of SHABBAT or SABBATH. Both are intentional commitments for the individual believer to make space for quiet contemplation, prayer, teachings, spiritual renewal. In these moments we are reminded of the Commandment, "Remember the Shabbat/Sabbath day, and keep it holy." A "busy life" is not necessarily a spiritually healthy life. I need that reminder in my life and ministry. I need to remember that "the good life made better" also involves moments to connect to the core of life. These are part of the essence of life at Bay Village ... and needs to be wherever we live.