

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

October 2014



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



Team Salute

Each year, Bay Village holds its annual *Staff "Years of Service" Appreciation Luncheon* to thank our wonderful staff for all the hard work they do to keep Bay Village the fantastic place it is to live and work!

This year, the luncheon will be held on Wednesday, Oct. 1. The staff members who are invited to this event are those celebrating 3, 5, 10, 15, 20, 25 and 35 years of employment. We have 35 employees celebrating that milestone this year! Fifteen-year staff: James Rowell of our housekeeping department and Lisa Horvath from dining services. Bob Burtner from resident services is celebrating 20 years of employment. Those celebrating 25 years are Denis O'Connor, our director of dining services, and Delzerie Wrather from the health center. Ardith Wright from our housekeeping department is celebrating 35 years of employment! We will also honor Barbara Griffin from administration, for her 39 years of employment with Bay Village. Lunch will not be served in the dining room that day, by the way, but the poolside cafe will be open the usual hours.

Village Vibes

Book Group News!

The Book Group will meet on Friday, Oct. 10, at 10 a.m. in the auditorium. The speaker will be Bay Village resident, the Rev. John Hartley, who will review the book Jonathan Swift:

His Life and His World by Leo

Damrosch. Swift is best remembered as the author of *Gulliver's Travels*. One reviewer writes: "Damrosch writes with wit and constructs a compelling portrait of the Irish clergyman, whose satires delighted and scandalized eighteenth century Britain." Plan on attending this interesting program. Everyone is welcome.
... Louise Porter



Halloween Happenings!

We will hold our annual Halloween "Boo Bash" on Friday, Oct. 31! We welcome the Al Hixon Band back to the Bay Village stage to provide the music, and we will also have refreshments. As usual, we'd love it if you come in costume, and everyone who does gets a raffle ticket. We have some great prizes to give out, but only those who come in costume receive raffle tickets!! You get ONE ticket if you wear Halloween colors or accessories ... TWO tickets for coming to the party in an actual costume! See you in the auditorium at 7:30 p.m.!

Stephen Ditchfield Returns!

We are happy to welcome back the patriarch of the Ditchfield Family Singers, Stephen Ditchfield, for another evening of song. Stephen was here a few months ago with his "My Three Sons" barbershop quartet, and they received a standing ovation! He is solo tonight, but always gets rave reviews for his song variety and fine baritone voice. So join us on Oct. 16 at 7:30 p.m. in the auditorium for another great concert!



WELLNESS CORNER ...

At press time, the PLAN going forward with group exercise classes is to put the "regular" schedule back in place. However,

Petra may not be able to PHYSICALLY teach class for a while. She will LEAD classes, but not physically. We'll see how she feels when she returns to work, and any changes to the October schedule from the "norm" will be posted on the bulletin boards and on channel 195.

ALSO—thank you so much for everyone's attendance when MaryAnn Vento was teaching!! Nice to see you keeping up while Petra "wasn't looking."

An issue came up during this time, and it really needs to stay in place going forward: PLEASE allow the folks finishing exercise class to EXIT the wellness center before the next group enters. This can really be a safety hazard, everyone tripping over one another, so please be mindful of that.

FLU SHOTS will be given on Monday, Oct. 6! If you have never gone to Bay Village's "Flu Clinic," we break you up by floor as to when to come down to the auditorium. The visiting nurses will be here 8:30 a.m.-1:30 p.m. Alec will send out a flyer regarding flu shots about a week before the clinic. There is some paperwork to fill out, and bring your Medicare information as the cost of the shot is covered!

The Village Vibes

Day Trips and Travel

We've got some fun events coming up that you'll want to get on your calendar! First, it's "*Free Monday*" at *Ringling Museum* on Oct. 13! There are two wonderful visiting exhibits there now, "Bandits, Beauties, and Beggars: The Etchings of Salvatore Rose" and photographer Danny Lyons work: "The Bikeriders," so we'll visit those and have some lunch at the Treviso restaurant.

Also, we'll spend the day in *Punta Gorda* on Oct. 29. First, we'll visit the rescued wildlife at *Octagon Wildlife Sanctuary*, and then to *Fisherman's Village* for shopping and lunch. The sanctuary has been caring for animals in need of rescue for over 30 years. You'll see bears, tigers, lions, monkeys and even wolves and coyotes.

Further details of these trips will be on the mailbox flyer! Have fun everyone!

B.I.L.L. Series News

Beginning on Monday, Oct. 20, Dr. David Tschanz will teach "*The Crusades*" in the auditorium at 10:30 a.m. This is a six-week class from *Adult and Community Education*. The crusades have been hailed as the driving force that brought Western Europe out of the Middle Ages—and condemned as the beginning of European imperialism in the Muslim Near East. But what were the crusades? What were the forces that led to one of history's most protracted and legendary periods of conflict? How did they affect the three great civilizations that participated in them and ultimately, why did they end and what did they accomplish? Come to this class and find out! **NOTE: Bible class will start EARLIER on the Mondays that this class is held: see you at 9 a.m.!**

Our current DVD series from the Teaching Company is titled "*Optimizing Brain Fitness.*" This is taught by Professor of Clinical

Neurology at George Washington University, Richard Restak. Come and learn how to increase the power of your brain by your own effort! The good news about this type of "fitness" is that it doesn't MATTER how old you happen to be! You can improve your brain function at any age. The final class for this series Tuesday, Oct. 28.

COMPUTER CLASSES

Beginning on Tuesday, Oct. 14, at 10 a.m. in the *auditorium*, we will have a series of four computer classes for BEGINNERS! Jim Cerny, who has taught here many times, will be back.

Classes are on the WINDOWS 7 operating system, so those of you who are interested in learning about APPLE software should not sign up for these classes. You will learn the basics of computer operation including basic Windows, email, and Internet basics. There is a nominal fee to attend and class size is limited to 12. Once you receive the mailbox flyer with further details, sign up in the activity book if you want to attend.

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Men's Breakfast

Our Men's Breakfast resumes meetings this month! Ladies, remember that you are welcome to attend the meeting following breakfast for the speaker at 9 a.m.


Jewelry by Barbara


By popular demand, we have invited Barbara the *jewelry* lady back for another sale! She'll be in the *lobby* on *Thursday, Oct. 2, noon-4 p.m.* Great prices (\$8 each piece) and watch batteries are available as well.

CHATS

"CHATS" meetings will be held on Thursdays, Oct. 2 and 16, at 10 a.m. in the auditorium.



Sunday	Monday	Tuesday
		
5	6	7
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "October Sky" (A)</p>	<p>8:30-1:30 Flu Shots (A) 9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:15 Venice Theater (B) 7:30 B.I.L.L.: "Brain Fitness" (A)</p>
12	13	14
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Cider House Rules" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 9:30 Ringling Museum and Lunch at Treviso (B) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Computer Class (A) 10:00 How Novel (BD) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Brain Fitness" (A)</p>
19	20	21
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Heaven Is for Real" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 10:30 B.I.L.L. Presents: "The Crusades" With David Tschanz (A) 7:00 Progressive Bridge (GR)</p>	<p>8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 Computer Class (A) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Brain Fitness" (A)</p>
26	27	28
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Grand Budapest Hotel" (A)</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:00 Bible Class (A) 10:30 B.I.L.L. Presents: "The Crusades" With David Tschanz (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 Computer Class (A) 10:00 How Novel (BD) 11:30 Sit N' Fit (A) 12:45 Dup. Bridge (GR) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Brain Fitness" (A)</p>

Wednesday	Thursday	Friday	Saturday
1	2	3	4
<p>8:00 Men's Shuffleboard 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) Noon "Years of Service Staff Luncheon" (D) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "NOAH" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 CHATS (A) 11:30 Sit & Fit (A) Noon-4:00 Barbara the Jewelry Lady (L) 2:00 Aqua Fit (P) 2:00 Good Tyme Groove Band (A)</p>	<p>9:30 Tai Chi (W) 10:00 Writer's Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 Rosh Hashanah & Yom Kippur Celebration (Terrace) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 10:00 South Gate Mall Trip (B) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
8	9	10	11
<p>8:00 Men's Shuffleboard 11:00 Posture & Balance (W) 11:15 Episcopal Svc. (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "October Sky" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 2:00 "The Good Tyme Groove Band" (A)</p>	<p>9:30 Tai Chi (W) 10:00 Book Group (A) 10:00 Scarecrow Festival at Spanish Point (B) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
15	16	17	18
<p>8:00 Men's Shuffleboard 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Cider House Rules" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 10:00 CHATS (A) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 2:00 Good Tyme Groove Band (A) 7:30 Stephen Ditchfield in Concert (A)</p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p>8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
22	23	24	25
<p>8:00 Men's Shuffleboard 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:00 Tea at Three Sisters (B) 2:30 Popcorn & A Movie "Heaven Is for Real" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 7:30 An Autumn Evening in Paradise (R)</p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 West Coast Black Theater Troupe (B)</p>	<p>8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 Sarasota Ballet (B) 2:30 Children's Orchestra (A)</p>
29	30	31	
<p>8:00 Men's Shuffleboard 9:30 Octagon Wildlife Refuge and Fisherman's Village (B) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "The Grand Budapest Hotel" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>9:00 Strength Class (W) 9:30 SPLASH! (P) 11:30 Sit & Fit (A) 12:30 Anniversary Luncheon (D) 2:30 Herman & Marian Wissenberg Present: "Iceland: The Land of Fire & Ice" (A) 2:00 Aqua Fit (P)</p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:30 Halloween "Boo Bash" With the Al Hixon Band (A)</p>	

"Village Vibes"

Welcome New Residents

- Mr. and Mrs. Frank and Jane Camarota moved in to apartment 965 on Sept. 2.
- Mr. and Mrs. John and Nancy Swift moved in to apartment 1262 on Sept. 9.

Gift Shop News!

The Gift Shop elves are busy making their crafts for the annual Bazaar on Nov. 19. Elves, please put your handiwork for the Bazaar in the large white round basket in the resident services office by Nov. 10. Many thanks to the people who contribute to the crafts for the Gift Shop and the Bazaar. Look for our fall items in the Gift Shop. We have some really "cool" merchandise.
... Betsy Hannan



RAINBOWS AND SHOWERS

RAINBOWS for all our resident substitute exercise instructors who "pinch hit" for Petra while she was out! Benny Komarek, Jane Guardino, Dave Pyle, Marie Millett, Don Burgett, and anyone else who taught class for the past two months gets a HUGE DOUBLE RAINBOW of thanks!

RAINBOWS for Karen and Chris Romig and the positively delightful program they presented in August with 3 additional musicians! Unusual pieces and fantastic musicianship from all in the group!! We loved it!

RAINBOWS for our dining services department for getting us smoothly through the recent renovations!!

RAINBOWS for the committee that worked so diligently to get the fantastic lineup of speakers for the Men's Breakfast!

SHOWERS for people who don't get a flu shot!

SHOWERS for those who don't read their VIBES so you know what's going on each day in our busy community!

What's Cooking

Hello, everyone!

Chef Chris here ... I hope everyone had a wonderful and healthy summer; before we know it, the holidays will soon be upon us. I have another chef's table coming in October, so be on the lookout for that. We are in the process of instituting a fresh fish program that I hope works out for us, as well as blending in new recipes and more healthy alternatives.

This past Aug. 13 marked my first year here at Bay Village. It has been both fun and educational, and I look forward to many more!

That's all for now, and as always, your comments and concerns are all taken to heart.

MAHAFFEY THEATER TRIPS

Wow! We are so excited to have been able to secure inexpensive and PRIME seats for these "soon to be sold out" shows at the wonderful Mahaffey Theater! Get ready to be amazed at the talented and funny ventriloquist (and friends, of course) Terry Fator on Sunday, Nov. 23. Terry won the million dollars in 2009's "America's Got Talent" and then was awarded the largest contract in Mirage Theater (Las Vegas) history, where he has performed for the last 5 years to sold-out shows every night. Now, he is on tour, so you get to see this amazing ventriloquist in person. We'll have dinner at Cassis American Brasserie prior to the show! Then, we'll kick off the holidays when we enjoy the incomparable Kenny Roger's Christmas Show on Sunday, Nov. 30! Kenny Rogers is a true American icon with three Grammys and 18 American Music Awards. He has sold over 120 million albums! Come find out why! We'll have dinner at Parkshore Grill before the show!

Both shows start at 7 p.m., so you will be home early!



OCTOBER Birthdays

October 1

Donald McGarvey

October 2

Ruth Palma

October 3

June Wright

October 5

Lillian Schein

October 7

Mary Lu Mertz

October 10

Janet Meyer

October 13

George Williams

October 15

Thyra Wexler, Helen Juron and Donald Sweetland

October 16

Ernie Gerlach

October 17

Beth Johnson and Yvette Sarrett

October 18

Aleen Arnold and Jane Cann

October 20

Bill Atz

October 21

Anne Kassan

October 23

Pat Woody

October 24

Norman Beisswenger, Jay Flagg and Betty Wild

October 26

Robert Fechtel and Bill Davis

October 28

Helen Gifford and Peg Binder

OCTOBER Anniversaries

October 3

Pat and Nora Heenan

October 11

Bill and Ruth Gulick

October 13

Paul and Peg Binder

October 19

Norman and Margaret Beisswenger

October 23

Don and Helen Healy

OCTOBER Vespers Ministers All Services Begin at 3:30 p.m.

October 3

World Communion Service

Rev. Dr. Chuck Moffett

Bay Village Chaplain

October 10

Rev. Dr. Chuck Moffett

Bay Village Chaplain

October 17

Rev. Dr. Chuck Moffett

Bay Village Chaplain

October 24

Rev. Dr. Chuck Moffett

Bay Village Chaplain

October 31

Annual All Saints' Day Service

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Housekeeping News

Are you tired of where your furniture is? Then call our handy housekeepers and have them re-arrange it for you! Denise can put you on the schedule if you call her at ext. 2110!

REMINDER

If you are calling a resident who resides in our health center, please dial 2 before you dial their room number, not 1 like you do for the independent apartments.

The Village Vibes

Happy Rosh Hashanah and Yom Kippur

On Friday, Oct. 3, we will hold a celebration of Rosh Hashanah (Jewish New Year) and Yom Kippur (the Day of Atonement), the Jewish High Holy Days. The celebration will be held in the Terrace Activity Room at 3 p.m. We'd like to thank the volunteers from Jewish Family and Children Services for providing this for us!

Holiday ABCs for October

F is for Fall's glorious color displays
O is for breathtaking hues of Orange

L is for Leaves dropping from trees

I is for sunlight Illuminating the branches

A is for a refreshing chill in the Air

G is for Green's transition to brown

E is for the Excitement of changing seasons



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

"This is scary—what can we do?" That statement has been asked of me many times over the last few weeks. Each time it reflects the person's deep anguish over the traumatic events happening in Israel/Gaza; ISIS/Iraq; Ebola in Africa; Al-Shabab in Djibouti; killing in Ferguson; beheading of James Foley in Syria.

Let me assure you right now: I ask those same questions from a very personal position ... not just as a "preacher." Recently I received word that my son is being deployed in late October to Djibouti in the Horn of Africa = the hotbed of Al-Shabab terrorism in northeast Africa and Yemen. This will be his fifth deployment overseas. Dave is Builder Petty Officer 1st Class with the U.S. Navy Seabees (construction battalion). You understand why the feeling of *"this is scary—what can we do?"* is deep in my soul.

I am not a politician who has the best answer or insight. The best I can offer is what I do for myself. I find it helpful for me to re-frame the question. *"What can I do?"* means I am concerned about ME = "What can I do to protect MY safety?" If I truly care about the plight of others and the world, my question needs to be more like: *"How do I need to live to regard all others as children of God?"*

To re-frame that question is NOT easy! Some may regard it as naively unreal. I suggest the only solution to the "political" question is to ask the more important "value" question. This moves us from a position of "revenge" to a position of "respect" for each of us as a child of God. How can we create a world with less violence and division? Can we offer respect WITHOUT negating our own beliefs? Can we dialogue instead of destroy?

I offer a book by Rabbi Brad Hirschfield, **You Don't Have to Be Wrong for Me to Be Right: Finding Faith Without Fanaticism**. With so much divisiveness in the world, this book offers a concrete and accessible approach for mending fences among people around the world—even here at Bay Village.