

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



September 2014

DRUM THERAPY With Edsel/ COMEDY MAGIC With Todd

We are so happy to welcome two new performers this month! Both have very unique performances planned. First, we'll try out a little drum therapy with Edsel van de Wall Arnemann, who will lead us in Bay Village's very first "Drum Circle." He has a few drums for you to borrow, but if you happen to own a drum, a bucket, or anything else you might want to "drum" on, bring the item with you on Tuesday, Sept. 30, and join us in the auditorium at 2:30 p.m.! You do not have to participate in the actual Drum Circle to attend. Edsel will also talk about the history of drumming and drum "therapy," as

this is something that has been proven to have numerous psychological health benefits, such as reducing tension, anxiety and stress. Plus, it's fun! Also this month, join Comedy Magician Todd Charles on Thursday, Sept. 25, at 7:30 p.m. in the auditorium for some fun. Todd is described as "simultaneously intelligent and wacky," using his background in stand-up and musical comedy, theater, circus arts and magic to create an evening of laughter and fun. Todd plays the banjo, so he uses that, along with other hilarious props, to provide an evening of off-the-wall fun! He has performed all over the world and we are happy that he calls Sarasota his home now and is available to perform for us!

Have fun, everyone!



Village Vibes

WREATH- MAKING MANIA With Betty & Leesa

We are getting ready to remodel the LAST area of Bay Village that *hasn't* received a makeover in the past few years: the Craft Room! We have a lot of extra supplies and general crafty "stuff" that we would have to find storage for during the remodel, so we thought it would be fun to have a free wreath-making class for anyone who wants to create a homemade gift for someone or adorn their own door! Betty Campbell and Leesa Renczky will lead the class.

Bow-making helpful hints included! We have limited space, so we need you to sign up if you want to participate! The class will be held in the craft room on Monday, Sept. 8, at 2:30 p.m.



Salute to Labor

"I believe in the dignity of labor, whether with head or hand, that the world owes no man a living but that it owes every man an opportunity to make a living."

—John D. Rockefeller Jr.

We'd like to salute the efforts of all working people this Labor Day, and we hope you enjoy the holiday to the fullest.

At Bay Village, we celebrate Labor Day with our annual picnic, which will be held in the dining room at noon, 2 p.m. and 4 p.m. You may make reservations by dialing ext. 2113.

Also, please keep in mind that there is no Bay Village transportation today! Happy Labor Day, everyone!



WELLNESS CORNER ...

Since we aren't sure exactly when Petra will return and begin to teach classes, this serves as a reminder to pay close attention to BVTV (channel 195) and your floor bulletin board, where we will post adjustments to the wellness schedule. On your calendar, we have the classes listed as if Petra will NOT be teaching during the whole month of September. Maryann will be here until Petra comes back, but at press time, we do not know the exact date of Petra's return. Thanks for your patience, everyone, and we hope you have chosen to remain active during this time!! We have a wellness lecture this month on Monday, Sept. 15, at 2 p.m. in the auditorium. We welcome acupuncture physician Martha B. Huie, who will speak about the history of acupuncture and what it can be used to effectively treat. Many people are apprehensive about trying this form of treatment. Dr. Huie will bring actual patients with her today and will do a simple demonstration of how acupuncture works.



The Book Shelf

If you like to read about characters who have adventures throughout a series of books, you might enjoy the Ladies of Covington. Author Joan Medlicott writes of three ladies "of a certain age" (over 60) who leave their dreary boarding house to make a new life for themselves in the little town of Covington, North Carolina.

Grace, Hannah and Amelia create a new place called "home." In spite of the misgivings of children, they pool their resources to make lives that sing with adventure and mis-adventure, supporting each other with laughter and a few tears of fear and frustration. Can these intrepid "girls" find challenge, fun and even love? In stories that are spiritual and up-lifting, you will experience wonder and humor of women's friendship and strength. Look on the paperback shelves for these new volumes.

By Jean Morrill

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



READY FOR SOME FOOTBALL?

B.I.L.L. Series News

Beginning on Monday, Oct. 20, Dr. David Tschanz will teach "The Crusades" in the auditorium at 10:30 a.m. This is a 6-week class from Adult & Community Education. The Crusades have been hailed as the driving force that brought Western Europe out of the Middle Ages and condemned as the beginning of European imperialism in the Muslim Near East. But what were the Crusades? What were the forces that led to one of history's most protracted and legendary periods of conflict? How did they affect the three great civilizations that participated in them and ultimately, why did they end and what did they accomplish? Come to this class and find out!

Our next DVD series from the Teaching Company is titled "Optimizing Brain Fitness." This is taught by Professor of Clinical Neurology at George Washington University, Richard Restak. Come

and learn how to increase the power of your brain by your own effort! The good news about this type of "fitness" is that it doesn't MATTER how old you happen to be! You can improve your brain function at any age. This should be a fun and fascinating course, so we hope to see you all there! Classes are at 7:30 p.m. every Tuesday night beginning on Sept. 23 for six weeks.

MYSTERY TRAIN!

WHO DONE IT???? You get to decide when we head to Fort Myers for "TRAINED FOR DECEPTION" (cute pun, huh?) on the Seminole Gulf Coast Railway. The newly formed allied forces must thwart a spy ring aboard a French train at the onset of the Second World War. It's your job to help them as you enjoy your three-course sit-down meal! Our charter bus departs at 4:45 p.m. on Wednesday, Sept. 24! The train is handicapped-accessible with a RAMP, so it's easy to board, even if you use a walker.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center



**Resident Council,
the Book Group and
Bible Class Resume
Meetings This
Month!**

**CHATS Will Be Held
on Thursday,
Sept. 18, at 10 a.m.
in the Auditorium**

Jewish Holidays
Keep an eye on your floor
bulletin board! We are in
the midst of planning
celebrations for Rosh
Hashanah and Yom
Kippur during September
and will post notices on
the bulletin boards and
put it on BTV (channel
195) once we have days
dates and times.

**In Light of the
Tragic Death of
Robin Williams, We
Will Show All Robin
Williams Movies
This Month**

Sunday	Monday	Tuesday
	1	2
	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) <i>noon, 2:00 & 4:00 Labor Day Picnic (D)</i> 7:00 Progressive Bridge (GR)	10:00 Craft Class (CR) 11:30 Sit N' Fit (A) <i>2:00 Residents' Council (A)</i> <i>4:30 Dining Room Renovations Dine Out: "Salt Water Cafe" (B)</i> 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The Louvre" (A)
7	8	9
10:30 St. Thomas More Catholic Service (Bd. Rm) <i>4:30 Dine Out at Clayton's Siesta Key (B)</i> 7:30 Movie: "HOOK" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 10:00 Strength Class (W) 10:30 Balance Class (W) <i>2:30 Wreath Making With Betty & Leesa (CR)</i> <i>4:30 Dining Room Dine Out-(B)</i> 7:00 Progressive Bridge (GR)	10:00 Craft Class (CR) 11:30 Sit N' Fit (A) <i>12:45 Duplicate Bridge (GR)</i> 7:00 Hand & Foot (C) <i>4:30 Dining Room Renovation Dine Out: "Rosebuds" (B)</i> 7:30 B.I.L.L.: "The Louvre" (A)
14	15	16
10:30 St. Thomas More Catholic Service (Bd. Rm) <i>4:30 Dine Out at Roesslers (B)</i> 7:30 Movie: "Good Morning Vietnam" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 10:00 Strength Class (W) 10:30 Balance Class (W) <i>2:00 the History of Acupuncture With Dr. Martha B. Huie (A)</i> <i>4:30 Dine Out at the Monkey Bar</i> 7:00 Prog. Bridge (GR)	10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "The Louvre" (A)
21	22	23
10:30 St. Thomas More Catholic Service (Bd. Rm) <i>3:00 Sing Along With Josi & Dave (L)</i> 7:30 Movie: "Good Will Hunting" (A) - (Robin Won an Oscar for This Film)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 10:00 Strength Class (W) 10:30 Balance (W) 7:00 Progressive Bridge (GR)	10:00 Craft Class (CR) 11:30 Sit N' Fit (A) <i>12:45 Duplicate Bridge (GR)</i> 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Brain Fitness" (A)
28	29	30
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Mrs. Doubtfire" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 10:00 Strength Class (W) 10:30 Balance (W) <i>2:30 Sarasota County Library Presentation (A)</i> 7:00 Progressive Bridge (GR)	10:00 Craft Class (CR) <i>10:30 the Flavors of Autumn Birthday Brunch (D)</i> 11:30 Sit N' Fit (A) <i>2:30 Drumming With Edsel (A)</i> 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Brain Fitness" (A)

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">3</p> <p>8:00 Men's Shuffleboard 10:00 Strength (W) 10:30 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 4:30 Dine Out at Schnitzel Kitchen (B) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">4</p> <p>9:30 SPLASH! (P) 11:30 Sit & Fit (A) 4:30 Dine Out at Miguels (B) 7:30 Movie Special: "The Birdcage" (A)</p>	<p style="text-align: right;">5</p> <p>9:30 Tai Chi (W) 10:00 Strength (W) 10:00 Writer's Group (M) 10:30 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 2:00-4:00 "ENCORE" Jewelry Sale (L) 3:30 Vespers (A) 4:30 Dine Out at "Beckhams" (B) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">6</p> <p>8:00 Men's Shuffleboard (courts) 10:00 South Gate Mall Trip (B) 11:30 Sit & Fit (A) 4:30 Dine Out at "The Grasshopper" (B) 7:30 Movie Special: "The World According to Garp" (A)</p>
<p style="text-align: right;">10</p> <p>8:00 Men's Shuffleboard 10:00 Strength (W) 10:30 Posture Balance (W) 11:15 Episcopal Svc (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Pop & Movie "Dead Poets Society" (A) 5:00 Dine Out at Captain Eddies (B) 6:15 Dup. Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">11</p> <p>9:30 SPLASH! (P) 11:30 Sit & Fit (A) 4:30 Dine Out at Javiers (B) 7:30 Movie Special: "August Rush" (A)</p>	<p style="text-align: right;">12</p> <p>9:30 Tai Chi (W) 10:00 Strength (W) 10:00 Book Group (A) 10:30 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 4:30 Dine Out at "Mama Leones" (B) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">13</p> <p>8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 4:30 Dine Out at WaterfronToo (B) 7:30 Movie Special: Patch Adams (A)</p>
<p style="text-align: right;">17</p> <p>8:00 Men's Shuffleboard 10:00 Strength (W) 10:30 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Jumangi" (A) 6:15 Duplicate Bridge (GR) 6:45 Players Theater (B) 7:15 BINGO (A)</p>	<p style="text-align: right;">18</p> <p>9:30 SPLASH! (P) 10:00 CHATS (A) 11:30 Sit & Fit (A) 7:30 Movie Special: "Father's Day" (A)</p>	<p style="text-align: right;">19</p> <p>9:30 Tai Chi (W) 10:00 Strength (W) 10:30 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">20</p> <p>8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 7:30 Movie Special: "The Survivors" (A)</p>
<p style="text-align: right;">24</p> <p>8:00 Men's Shuffleboard 10:30 Strength 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Awakenings" (A) 4:45 Seminole Gulf Coast Murder Mystery Train (B) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p style="text-align: right;">25</p> <p>9:30 SPLASH! (P) 11:30 Sit & Fit (A) 4:00 End of Summer Salsa Soiree/Happy Hour With Dance Dynasty (A) 7:30 Comedy Magician Todd Charles Performs (A)</p>	<p style="text-align: right;">26</p> <p>9:30 Tai Chi (W) 10:00 Strength (W) 10:30 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR)</p>	<p style="text-align: right;">27</p> <p>8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 7:30 Movie Special: "Moscow on the Hudson" (A)</p>
			<p><i>Grandparents Day</i> <small>1st Sunday after Labor Day</small></p>

"Village Vibes"

Welcome New Residents

- Mrs. Evalyn Hill moved in to apartment 663 on July 17
- Mr. & Mrs. John & Nancy Swift moved in to apt. 1262 on July 18
- Mr. Dennis Ziemann moved in to apt. 708 on July 24
- Mrs. Yvette Sarrett moved in to apt. 1032 on Aug. 4th.
- Mr. & Mrs. Don & Carolyn McGarvey moved in to apt. 532 on Aug. 12th

Old Glory

Francis Scott Key saw Fort McHenry's garrison flag flying over Baltimore the morning of Sept. 14, 1814, signaling an American victory over British troops. Inspired by the vision, Key wrote "The Star-Spangled Banner," which later became our national anthem.

RAINBOWS AND SHOWERS

RAINBOWS for Martha Seyler, who donated a gorgeous grandfather clock to our library! By the way, if you haven't been to the library recently, we are updating the carpet and decor in there, so stop by and see!

RAINBOWS for The Presidents and Their First Ladies! As usual, Bill and Sue Wills really gave a fantastic presentation of The Roosevelts!

RAINBOWS for both the JEOPARDY game as well as the Panama Canal talk by Tom and Lorraine Callaghan. They will return for another Jeopardy game in October!

RAINBOWS for people who return their PAPERBACK books to our library in a timely manner!

SHOWERS for people who don't prepare properly for hurricane season. RAINBOWS for Bill McCampbell who is a wonderful substitute pianist and organist when Cheryl is away from vespers! Thanks, Mr. McCampbell; it's appreciated!

GIFT SHOP News

By Gift Shop Volunteers

The Gift Shop buyers are getting ready for our Nov. 19 Holiday Bazaar. They would love to have articles handmade by some of our residents. If you are talented in that way and would like to participate, please call Betsy Hannan at 1806 and tell her what you can provide.

GREAT-GREAT-Grandparents

Centenarians (people 100 years old and over) are officially the fastest growing population, believe it or not! This means, of course, that the longer you live, the greater the chance that you get to actually meet your great-great-grandchildren!! We asked you to let us know who at Bay Village might hold this "title" and we have THREE great-great-grandmas here: Estelle Estes, Dorothy Kirkpatrick and Fran Micka. Mrs. Micka is also a centenarian, so she gets that "title" as well!

COME AND SING ALONG WITH JOSI & DAVE!

We're going to welcome autumn with a sing along! Maybe the weatherman will hear us and cool things off a bit in response to our beautiful singing! Stop by the living room at 3 p.m. on SUNDAY, SEPT. 21, for some songs of Faith and Joy! Thanks to Dave Pyle and Josi Madigan for leading the singing!

Book Group News~ Louise Porter

Local author Clarissa Thomasson will review her book "Surviving Sarasota" at the Book Group meeting on Friday, Sept. 12, at 10 a.m. in the auditorium. The book is about the lives of Sarasota's first settlers, William and Mary Jane Whitaker, during the Civil War. An article about the Whitakers appeared in the Aug. 4 edition of the Sarasota Herald Tribune. The Book Group is pleased to present this interesting program to begin the new season. Everyone is welcome.



SEPTEMBER Birthdays

September 2

Robert Hornsby

September 5

Ernest Grove & Bud Snell

September 6

Trudy Miegel & Elaine Hedrick

September 7

Barbara Hill

September 8

Peggy Hiple

September 9

Mary Louise Rohrer

September 10

Jane Daly & Janet Steele

September 13

Ruth Woodrow

September 15

Phillip Goddard

September 17

Harriett Booth, Anne Moffitt &

Nelson Gay

September 18

Phyllis Howell

September 19

Jane Early

September 20

Eileen Palermo & Florrie Hornsby

September 21

Phyllis Raad, Jane Kern & Erskine Hopkins

September 22

Marie Harness

September 24

Art Graham, Alvar Elbing & Mary

Ann Hartley

September 25

Dorothy Russell

MORE September Birthdays

September 27

Tom Jardine & June Hasse

September 29

Cecile Chamberland, Bill Bridgman &

Mary Jo Hopkins

September 30

Dan Brabeck & Mary Belle Hirons



SEPTEMBER Anniversaries

September 2

Ernie & Kay Gerlach

September 7

Bill & Ruth Gulick

September 12

David & Jean Morrill

September 15

Warren & Pattie Eastman

September 20

Ray & Betty Berta

September 25

Bill & Betty Brigman

SEPTEMBER Vespers Ministers

September 5

Rev. Dr. Chuck Moffett

Bay Village Chaplain

September 12

Rev. Dr. Chuck Moffett

Bay Village Chaplain

September 19

Rev. Dr. Chuck Moffett

Bay Village Chaplain

September 26

Fr. Michal Szyszka

St. Thomas More Roman Catholic

Church

Sarasota, Florida

The Village Vibes

Sarasota Library Presentation

Join us on Monday, Sept. 29, at 2:30 p.m.

in the auditorium as

Librarian Pamela

Brown will be with us

to talk about free-talking books for those with low vision.

They also have

newspapers,

magazines and other publications on tape.

You may also qualify for this FREE service if

you can no longer

turn pages due to stroke, Parkinson's or

MS. Refreshments!

DANCE DYNASTY "DEMO"

On Thursday,

Sept. 25, we're going

to host a dance

demonstration by

"Dance Dynasty Dance

Club" in the

auditorium at 4 p.m.

Stop by for this

"Summer Salsa Soiree"

(Happy Hour-style)

dance party! Dance

Dynasty will have

students and teachers

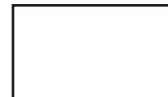
with them and will

talk a little bit about

their organization and

do some dancing

for you!



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

MINORITY REPORT

There is a most obvious minority here at Bay Village: **MEN**. This month's column has some exciting news for our "minority" ... but all you women will be interested also!

On the 3rd Tuesday of each month (October through June), the Men's Breakfast Group gathers for a delicious breakfast buffet at 8:30 in the Main Dining Room. Following the breakfast comes the real treat, which is open to **ALL - MEN AND WOMEN!!**

Each month we host a special guest speaker who informs, inspires and challenges each of us. Here is the schedule for the coming nine months:

- October**=Non-partisan insights on election issues;
- November**=Virginia Haley, CEO of "Visit Sarasota";
- December**=Nikki Coberts, Dir. of "Sci-Brain" dementia resource;
- January**=Carroll Scribner, Shriners Childrens Hospital
- February**=John Rosentrater, Dir. of Sarasota National Cemetery;
- March**=Scott Malcom, Dir. of All Faiths Food Bank;
- April**=Bill Wilson, Dir. of Resurrection House;
- May**=Bill Church, Exec. Editor, Sarasota Herald Tribune;
- June**=Alvar & Carol Elbing, BV residents, on their incredible professional histories.

MARK YOUR MONTHLY CALENDARS NOW!