

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

May 2014



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



The Day to Remember Those We've Lost

Memorial Day, originally known as Decoration Day, began in the 1860s, when people would decorate the graves of soldiers who had fought in the Civil War. Gen. John Logan, leader of a Civil War veterans' organization, officially proclaimed May 30, as Memorial Day in 1868.

After World War I, May 30, became a day to honor fallen soldiers from all wars.

In 1971, Memorial Day became a federal holiday, and Congress declared it be celebrated on the last Monday in May, ensuring a three-day weekend.

Cities across the country hold Memorial Day parades and other events. American flags are often placed throughout cemeteries for veterans. At other cemeteries, many people choose to decorate the graves of all loved ones, not just service members.

At Bay Village, we'll have our annual Memorial Day Ceremony at 11 a.m. followed by our Memorial Day Picnic at noon, 2 p.m. and 4 p.m. Please wear your patriotic colors proudly today as we honor those who died for our freedom.

Village Vibes

Welcome New Residents!

- Alice Price moved FROM apt. 531 TO apt. 432.
- Bill & Sara Atz moved in to apartment 636 on March 26.



Winery Tour, Shopping & Dinner in St. Pete!

On Thursday, May 22, join us as we head to Florida Orange Groves & Citrus Winery to taste some of their award winning citrus wines and tour their facility! Then, it's on to the charming town of Gulfport to browse the glass blowing shops and art galleries before we head to the waterfront restaurant, "The Beach Haus" for some fresh seafood or German fare before heading home! Sounds like a fun day out!



Chef's Corner- by Chris Mandzik

With Summer just around the corner I am making final adjustments to our Summer menu cycle. Menu items will include some lighter fare items as well as many Bay Village favorites.

My staff and I are also working on our next "Chef's Table" event coming up in May. I am also planning some Summer chef specials that will include some lighter fare items.

Denis asked me to mention a discussion he had with your Food Committee Chairman about menu items that are fried. Please know that my cook staff and I are happy to sauté any item that is served fried. There are just a few items that prevent us from doing this if the item is shipped to us already breaded or battered. I respect your desire to not have fried foods. I want you all to know that I follow industry trends to better your culinary enjoyment here as well as your health.

That's all for now; as always, your comments and concerns are always welcome and are all taken to heart.

RAINBOWS AND SHOWERS

RAINBOWS for the fun time everyone had at our SMILE party! Thanks for the jokes from Bam Justice, Martha Bonham and Herman Wissenberg! Thanks for the "great" line dance, ladies! RAINBOWS for all our STAFF & RESIDENT MOM'S at Bay Village! We hope everyone enjoys the day on May 11!

RAINBOWS for the series of Opera Appreciation classes taught by Baila Miller in April. The classes were thoroughly entertaining and well-presented! RAINBOWS for Pete Tavalin and his "Sounds of Silents" program! We really enjoyed the silent movie and it wouldn't have been the same watching it without Pete's soundtrack!

RAINBOWS for all of the Easter events we had in April. From the Sunrise Service, to the Communion vespers service on Good Friday, to the yummy Easter Dinner, we really had a great celebration! Thanks to all the resident volunteers and staff who were a part of those events!

RAINBOWS for the NEW BIODEX in the wellness center! Thanks again to Jack for approving that large purchase! IF YOU DO NOT KNOW what a BIODEX is, maybe you should go and see it! THEN-ask PETRA to show you how to use it safely. We have a fantastic wellness center here at Bay Village and we like it when everyone takes the time to use it.

The Village Vibes

"MY THREE SONS" SET TO PERFORM!

We are delighted to tell you that four of the wonderfully talented Ditchfield family singers will perform for us on May 1, at 7:30 p.m. in the auditorium.

Get your month off to a great start as "My Three Sons" take the stage to perform their best barbershop for you! Barbershop is a truly American art form and this quartet has won numerous national awards for their tight harmonies and smooth style. Those of you who have lived at Bay Village awhile will remember Nathanael, David and Michael (the "sons" of My Three Sons) when they were in grammar school as this group has grown up before our eyes on the Bay Village stage. Stephen Ditchfield is the patriarch of the family as was recently recognized as "one of the best bass baritone voices in America today."

Needless to say, they perform to a packed house, so arrive early for the best seats. Have fun everyone!

B.I.L.L. Series News

Currently, from Sarasota Adult and Community Education (ACE), we are in the midst of another "How Novel" book club discussion series. Also from ACE, on May 5, Dave Tschanz will teach "Disease and Civilization."

This is a six week class that will be held on Mondays from 10:30 a.m. to 12 p.m. in the auditorium. This course examines the role played by disease in the shaping of civilization. Emphasis will be on the impact on populations rather than individuals. Covered topics include the concept of the sick man in the society, disease pools, attitudes toward disease, disease and war. Your instructor for this course has advanced degrees in history, public health & archeology. He has written over 950 published articles about a wide variety of topics including infectious disease control, military affairs, demography, IT security and Middle East affairs. He also authored nine books, including

the critically acclaimed work of the Nabataean capital of Petra. This summer Mr. Tschanz will teach "The Crusades." A description of that class as well as dates and times, will be given when we get closer it's start date.

Our current DVD series from the Teaching Company is titled, "The World's Greatest Geological Wonders." This is taught by Professor of Earth and Planetary Sciences at Washington University, Dr. Michael Wysession, who will introduce you to the Earth's most outstanding geological destinations. Classes are at the usual BILL time, 7:30 p.m. every Tuesday night! Happy learning everyone!

GIFT SHOP News By Jane Pyle

Come on down to the gift shop and see all our wonderful new jewelry. We also have lots of scarves, trinkets and hand-made pillows. Our hand crafted cards are "one-of-a-kind." We also want to thank you all for shopping at the most convenient place in town—the BAY VILLAGE GIFT SHOP.

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.

Wear It for Wisdom

Like the gardens and grass of spring, May's birthstone, the emerald, dazzles with a brilliant green. Some believe wearing an emerald brings wisdom and patience.

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Residents' Council

Our next Residents' Council meeting is May 6, at 2 p.m.

"The Music Man" at Broadway Palm!

On Wednesday, May 21, we've got 30 tickets reserved for "The Music Man" matinee! The Broadway Palm is a fantastic dinner-theater, so if you've never been, here is your chance! It's affordable, handicapped accessible and every show we have seen there has been "first rate!" You should have already received a flyer for this with departure times and prices, so sign up soon if you want to go!



Sunday	Monday	Tuesday
4	9:00 Ladies' Shuffleboard 5 9:30 Crafts, Coffee & Conversation (CR) 9:30 Strength Class (W) 9:15 Bible Class (A) 10:00 Splash (P) 10:30 <i>B.I.L.L. Presents: Disease & Civilisation (A)</i> 10:45 Balance & Posture (W) 2:30 <i>ENCORE CHOIR (A)</i> 5:00 <i>Dine Out :15 South</i> 7:00 Progressive Bridge (GR)	6
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "American Hustle" (A)		10:00 Craft Class (CR) 10:30 <i>FLiCRA Annual Meeting (A)</i> 11:30 Sit N' Fit (A) 2:00 <i>Residents' Council (A)</i> 7:00 Hand & Foot (C) 7:15 <i>Venice Theater (B)</i> 7:30 <i>B.I.L.L.: "Greatest Geological Sights" (A)</i>
11	9:00 Ladies' Shuffleboard 12 9:30 Crafts, Coffee & Conversation (CR) 9:15 Bible Class (A) 9:30 Strength Class (W) 10:00 Splash (P) 10:30 <i>B.I.L.L. Presents: Disease & Civilization (A)</i> 10:45 Balance/Posture (W) 2:30 <i>ENCORE CHOIR (A)</i> 7:00 Progressive Bridge (GR)	13
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 <i>Asolo (B)</i> <i>Mother's Day Dinner - Special Menu at noon, 2:00 or 4:00</i> 4:00 <i>Alex Peerson on Spanish Guitar (D)</i> 7:30 Movie: "Steel Magnolias"		10:00 Craft Class (CR) 10:00 <i>How Novel (BD)</i> 11:30 Sit N' Fit (A) 12:45 <i>Duplicate Bridge (GR)</i> 7:00 Hand & Foot (C) 7:30 <i>B.I.L.L.: "Greatest Geological Sights" (A)</i>
18	9:00 Ladies' Shuffleboard 19 (courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Strength Class (W) 9:15 Bible Class (A) 10:00 Splash Class (P) 10:30 <i>B.I.L.L.-Disease & Civilization (A)</i> 10:45 Balance/Posture (W) 2:30 <i>ENCORE CHOIR (A)</i> 7:00 Progressive Bridge (GR)	20
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Philomena" (A)		8:30 <i>Men's Breakfast (D)</i> 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 7:00 Hand & Foot (C) 7:30 <i>B.I.L.L.: "Greatest Geological Sights" (A)</i>
25	26	27
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 <i>Patriotic Movie Special: "The Best Years of Our Lives" (A)- Special Presentation in Honor of Memorial Day</i>	9:00 Ladies' Shuffleboard 9:30 Crafts, Coffee or Conversation (CR) 11:00 <i>Memorial Day Ceremony (A)</i> 12:00, 2:00 & 4:00 <i>Memorial Day Picnic (D)</i> 7:00 Progressive Bridge (GR)	10:00 Craft Class (CR) 10:00 <i>How Novel (BD)</i> 11:30 Sit N' Fit (A) 12:45 <i>Duplicate Bridge (GR)</i> 7:00 Hand & Foot (C) 7:30 <i>B.I.L.L.: "Greatest Geological Sights" (A)</i>

Wednesday	Thursday	Friday	Saturday					
	1	9:30 Strength (W) 9:30 Splash (P) 10:00 <i>Writer's Group (M)</i> 10:45 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 <i>Shabbat (Terrace)</i> 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C) 7:00 <i>West Coast Black Theater Troupe (B)</i>	2	3	8:00 Men's Shuffleboard (courts) 10:00 <i>South Gate Mall Trip (B)</i> 11:30 Sit & Fit (A) 1:00 <i>Annie Get Your Gun at Booker High (B)</i>			
8:00 Men's Shuffleboard 9:00 <i>Mote Explorer's Trip (B)</i> 9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "American Hustle" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	7		8	11:30 Sit & Fit (A) 12:00 <i>Caribbean BBQ Birthday Party (P)</i> 2:00 <i>Good Time Groove Band (A)</i>	9	9:30 Strength (W) 10:00 Splash (P) 10:00 <i>Book Group (A)</i> 10:45 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	10	8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 7:30 <i>Movie Special: "Chasing Ice" (Documentary) (A)</i>
8:00 Men's Shuffleboard 9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:15 <i>Episcopal Svc (C)</i> 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Steel Magnolias" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	14		15	10:00 <i>CHATS (A)</i> 11:30 Sit & Fit (A) 2:00 <i>Good Time Groove Band (A)</i>	16	9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	17	8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 10:00 & 1:30 <i>Evelyn Kraft Piano Studio Recital (A)</i>
8:00 Men's Shuffleboard 9:30 Strength (W) 10:00 Splash (P) 10:30 <i>"The Music Man" At Broadway Palm (B)</i> 10:45 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Philomena" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	21		22	1:00 <i>Florida Citrus Winery Tour & Dinner at "The Beach Haus" (B)</i> 11:30 Sit & Fit (A) 2:00 <i>Good Time Groove Band (A)</i>	23	9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	24	8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 2:30 <i>Sarasota Children's Orchestra (A)</i>
8:00 Men's Shuffleboard 9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:30 Sit N' Fit (A) 12:30 <i>Volunteer Luncheon (D)</i> 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	28		29	10:00 <i>CHATS- Quarterly Meeting (A)</i> 11:30 Sit & Fit (A) 2:00 <i>Good Time Groove Band (A)</i>	30	9:30 Strength (W) 10:00 Splash (P) 10:45 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	31	8:00 Men's Shuffleboard (courts) 11:30 Sit & Fit (A) 7:30 <i>Movie Special: "Blackfish"- Documentary (A)</i>

"Village Vibes"

THE BOOK SHELF

The Invention of Wings by Sue Monk Kidd

On her 11th birthday, Sarah Grimke, a wealthy girl in Charleston receives an unwanted, surprise gift: her personal slave, 10 year old Hetty "Handful" Grimke. The author had me enthralled from Hetty's first words, "There was a time in Africa the people could fly." Over the next 35 years, Hetty and Sarah and her sister Angelina grow and evolve taking separate paths. Enjoy reading this engrossing story telling about the Quakers, the Abolitionists and Women's Rights movements and the slave uprising and run-aways in the South. Maybe you'll feel the magic of people who can fly. This story is based on real life sisters, Sarah and Angelina Grimke. Reviewed by Jean Morrill.

WELLNESS CORNER ...

By Petra Mueller

During the month of May we will have Marian Vento come and teach three Exercise Classes three times a week. The days will be Monday, Wednesday and Friday. So please check your calendars during May and make sure you take part in her classes. She has been here before and was received very well. She is experienced with Seniors and enjoys teaching.

During that time I will travel to Europe by boat and spend time with family.

Please stay active in May and I will see you back in June in shipshape!!!



OUR VOLUNTEERS ARE... "A WINNING TEAM!"

It's that time of year again...time to salute our fantastic group of volunteers with our Annual Volunteer Luncheon! This year's luncheon will be held on Wednesday, May 28, at 12:30 p.m. in the dining room. We have a SPORTS-related theme this year, so if you'd like to wear your favorite sports team t-shirt, hat, jersey or any type of sports gear, feel free! Our volunteers put in thousands of hours in volunteer time and the luncheon is just a small way of thanking you for all you do. You should receive an invitation by May 16. If you volunteer and you don't receive an invitation, please contact the resident services office so we can get you one!



Annual FLiCRA Meeting

The date for our annual Flicra (Florida Life Care Residents Association) meeting is set for Tuesday, May 6, at 10:30 a.m. in the auditorium. Following our usual business meeting we have a guest speaker that you won't want to miss. Suzanne Barksdale from Tidewell Hospice of Venice, will discuss Advanced Directives, "DNR" orders and what those mean. Cathy Petz, our Director of Health Services will also be there to discuss Bay Village's policies on these subjects. Refreshments will be served PRIOR to the meeting at 10 a.m., so come down a little before official "start time" if you'd like to enjoy the refreshments and visit with your neighbors.





MAY Birthdays

May 2

George Haas & Francine Buhl

May 3

Robert Van Zandt

May 4

Ray Berta

May 5

Susie Wallach Bailey & Jack Fernandez

May 10

Verlyn Smock

May 11

Jackie LeClaire

May 12

Irene Palmer & Judy Shanower

May 14

Gretchen Shepherd

May 15

Ethel "O"strowski

May 17

Grace Ellison, Geraldine Stanwood &

Larry Whittier

May 19

Lorraine Hester

May 21

Theresa Phelan & Ed Brown

May 23

Vitmar von Langendorff

May 25

Don Kraft, Louise Porter & Marlene Blood

May 26

Pat Hoeffler

May 27

Irene Peale

MAY Anniversaries

May 16

Ken & Phyllis Fake

May 19

Jay & Eleanore Flagg

May 24

Francis & Joan Maxwell

May 31

Walt & Betty Sherwood

MAY Vespers Ministers

May 2

Rev. Dr. Chuck Moffett

Bay Village Chaplain

May 9

Rev. Dr. Chuck Moffett

Bay Village Chaplain

May 16

Rev. Dr. Chuck Moffett

Bay Village Chaplain

May 23

Rev. Dr. Chuck Moffett

Bay Village Chaplain

May 30

Rev. Dr. Will Browne,

First Presbyterian Church, Arcadia, FL



Mother's Day is Sunday, May 11!

We will celebrate our moms that day with a special menu in the dining room and music by Spanish Guitar performer Alex Peerson at the 4 p.m. seating.

Other seatings for dinner are at noon and 2 p.m. Call 2113 for reservations!

We will show the wonderful and emotional film, "Steel Magnolias" this evening at 7:30 p.m. (bring tissues).

The Village Vibes



BOOK GROUP MEETING

Bay Village favorite Ehsan Shah will present the May Book Group program on Friday, May 9, at 10 a.m. in the auditorium. He will review the book "The Unwinding: An Inner History of the New America." The book is written by political journalist George Packer and is a riveting examination of a nation in crisis. Please put the date on your calendar now and plan to attend.

... Louise Porter



WOW!!

The Gift Shop "blowout bargains" sale raised over \$500 for the Endowment Fund AND got rid of a lot of merchandise that we needed to get rid of to make room for new items! Thanks for shopping everyone!



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

"WHEW - WHAT A WEEK!" Often our first reaction to hearing those words is to imagine a time of exhaustion -glad the week is over. Sometimes it might reflect days of pure splendor. As I write this column, my reference is to "*WHAT A WEEK OF HOLINESS AND GRATITUDE!*"

In the Jewish tradition, this day begins a week of "PASSOVER." What a week which calls for remembering and celebrating God's amazing deliverance of the people of Israel from slavery in Egypt, and setting them on their way to freedom in the Promised Land. *WHAT A WEEK OF GRATITUDE FOR GOD'S GRACE!*

In the Christian tradition, this week is known as "HOLY WEEK/EASTER." What a week which calls for remembering and celebrating God's amazing deliverance of the Christian believer from the penalty and life of sin and death, and offering the gift of eternal life in Jesus Christ. *WHAT A WEEK OF GRATITUDE FOR GOD'S GRACE!*

Right now, some dear reader of this column is bound to interrupt, "Sounds great, but why are you sending these words NOW?! Those weeks are over. That is old news. Get with it!"

I suggest it is not old news at all. It is the most current, important, life transforming news you can read. Yes, the specific celebrations of "Passover" and "Holy Week/Easter" have faded to make room for the next money-maker: Mother's Day. But for the person yearning for true deliverance into a life here and now and forever, the weeks of Passover and Holy Week/Easter trumpet a call that God is not confined to the seasons as defined by Hallmark. Both Passover and Holy Week/Easter proclaim a gift of grace God offers every week of our lives. All that is necessary on our part is to say, "*God, it is not in my power or ability to gain this deliverance on my own. I need your grace.*" Then every week becomes "**WOW! WHAT A WEEK!**"