

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

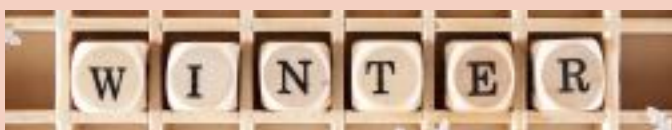


Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



February 2014

SMILE!

We've got another theme for everyone for 2014! We have decided to declare 2014 "The Year of a Million Smiles." Did you know that laughing actually lowers your blood pressure? You'll be doing quite a bit of smiling and laughing this year as we plan activities and outings with this theme in mind. Join us for our first "dare you not to smile" outing at Sarasota's *"Marietta Museum of Art & Whimsey"* on Thursday, Feb. 27. This is a fairly new museum filled with whimsical art and sculpture.

Exercising will make you smile and feel better and you will be rewarded with a "Smiley" for taking classes regularly over the next few months.

We'll have special parties and get-togethers planned, with a SMILE-related theme throughout the year.



Village Vibes



- Mrs. Joan Bullen moved into apartment 567 on Jan. 9.
- Mrs. Shirley Rifkin moved in to apartment 508 on Dec. 24.
- Rev. Paul and Mrs. Margaret Binder moved in to apartment 705 on Dec. 27.
- Mr. and Mrs. Vic and Janet Mahler moved in to apartment 1266 on Dec. 30.
- Mr. and Mrs. Erkin and Mary Jo Hopkins moved in to apartment 1102 on Jan. 14.

Please update your directories and welcome our newest residents warmly!

Miracle on Ice

On Feb. 22, 1980, the U.S. hockey team defeated the USSR in the semifinals of the Olympics.



Chef's Corner

Greetings, everyone! Chef Chris Mandzik here ... I hope everyone had a happy and healthy holiday season. As we dive into 2014, I would just like to say that the Dining Services department staff did a phenomenal job over the holidays, especially at the Resident Christmas party.

I am working with my team to develop more new events for your dining pleasure. On Feb. 1, I will roll out an updated special function menu that will include many of the old favorites along with some new menu items. A copy of this menu will be available at the Hostess podium and as usual a 48-hour notice is required for this menu.

I will also be having a "Chef's Table" dinner event. Please watch your mailbox for more details about this.

Thank you all for your comments and suggestions; they are all taken to heart!



The Russian Duo Performs!

Terry Boyarsky, piano, and Oleg Kruglyakov, balalaika, are performing at Bay Village for the first time! Join us on Thursday, Feb. 13, at 7:30 p.m. for an enchanting evening of great music with **RUSSIAN DUO**.

Russian Duo is an international project, born out of love for traditional music and classical elegance. Oleg Krglyakov is a balalaika virtuoso from Siberia and Terry Bryarsky is an American concert pianist with Russian heritage. Their program combines the diverse flavors of traditional Russian music, lilting voices, chamber music classics and unique transcriptions of favorites from around the world. The Hartford Advocate said, "Explosive talent ... see these dazzling musicians in action!"

Won't you join us so you can see them "in action" as well?

See you there!



"The Russian Duo"

Fighting for Freedom

Civil rights pioneer Rosa Parks was born Feb. 4, 1913.

Day Trips and Travel

AND THEY'RE OFF! It's that time of year again! Time to head up to Tampa Downs Race Track for a day of racing excitement! A surprisingly delicious buffet lunch, transportation and RESERVED cushioned seating in the climate controlled clubhouse. We'll stay until after RACE 7, so you should be home in time for the Bridge game.

We are in the beginning stages of planning a trip to Caladesi State Park in Pinellas County in April for lunch and a nature walk on the beach.

In May, we will hit the high seas (kidding of course, the trip is in the calm and beautiful bay) and do some learning aboard the "Mote Marine Explorers Cruise." We have the whole boat chartered, so it'll be just our group! If you have never experienced this marine biology learning opportunity, it's a "must-do" event here! Following our cruise, we'll head to the "Old Salty Dog" for lunch.

Watch your mail for the flyers with further details about these trips!

B.I.L.L. Series News

Our final lecture in our current DVD series, "*Before 1776: Life in the American Colonies*" is on March 11. We'll take a break from this series on *Tuesday, March 4*, and welcome *Marc Newman, A.K.A. MYSTER HISTORY!* This is Marc's first time presenting at Bay Village and your BILL Committee is very excited to welcome him, as he has a very unique presentation for us.

Marc Newman is a well-known historian and author with more than 70 publications both national and international. He is also a radio host.

As a teacher he has received numerous awards for history, including the National Teacher's Medal for Excellence.

Tonight he will present: "*Unheard of American Legends: Heroes and Heroines.*" These are seven "legends:" men and women, of various nationalities, race and religions from The American Revolution to the 1920s. These are all REAL

action-adventure people, who were idolized by U.S. presidents, political and military leaders, but have been obscured with the passage of time.

During this presentation, Myster History will appear in period clothing and will depict their accomplishments as well as present original artifacts to pique your interest. Join us at 7:30 p.m. in the auditorium for a presentation you won't soon forget!



Positive Thought

"Laughter is the sun that drives winter from the human face."
—Victor Hugo

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



**PRESIDENTS'
DAY IS FEB. 17!
No Mail Today**

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Residents' Council

Our next Residents' Council meeting is Feb. 4 at 2 p.m.

Hearing Help

Jennifer, the audiologist from Dr. Marlowe's office, is here every first Wednesday of the month! Call ext. 4005 for an appointment.

South Gate Mall

A reminder that our shopping bus goes to Southgate Mall every first Saturday! No need to sign up to go, just come to the resident entrance at 10 a.m.! We depart from the mall at 1 p.m., so you'll be back to Bay Village around 1:30 p.m. Happy Shopping!



Great Movies Are Showing This Month! Join Us Every Sunday and Wednesday!

Sunday	Monday	Tuesday
FEBRUARY		
2	3	4
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 <i>Sarasota Orchestra</i> (B) 7:30 Movie: "Remember the Titans" (A) It's Groundhog Day! It's Also Super Bowl Sunday! Enjoy the Game, Everyone!</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 ENCORE CHOIR Rehearsal- All Welcome! (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 "How Novel" (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:00 <i>Residents' Council</i> (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)</p>
9	10	11
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 4:15 <i>Elisabeth Van Trapp in Concert at Pine Shores Church</i> (B) 7:30 Movie: "Enough Said" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 9:30 <i>TOWN HALL at Van Wezel</i> (B) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 <i>Duplicate Bridge</i> (GR) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776" (A)</p>
16	17	18
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 12:30 <i>Sarasota Opera</i> (B) 7:30 Movie: "The Butler" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR) It's Presidents' Day- No Mail!</p>	<p>8:30 <i>Men's Breakfast</i> (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 "How Novel" (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)</p>
23	24	25
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 <i>Asolo Theater</i> (B) 1:30 <i>Sarasota Orchestra</i> (B) 7:30 Movie: "Last Vegas" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 <i>Duplicate Bridge</i> (GR) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:15 <i>Venice Theater</i> (B) 7:30 B.I.L.L.: "Before 1776" (A)</p>

Wednesday	Thursday	Friday	Saturday
			1
			8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 10:00 South Gate Mall Bus (B) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 Sarasota Ballet (B)
5	6	7	8
8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Remember the Titans" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 SPLASH (P) 10:30 Icons Art Exhibit at St. Boniface- Lunch at Turtles (B) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P)	9:30 Tai Chi (W) 10:00 Writer's Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 Shabbat (Terrace) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)
12	13	14	15
8:00 Men's Shuffleboard 10:30 Special Wellness Presentation: "Running With Scissors" (A) 11:15 Episcopal Svc. (C) 12:30 Anniversary Luncheon (D) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Enough Said" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 SPLASH (P) 11:30 Sit & Fit (A) 1:30 Mah Jongg (C) 2:00 Aqua Fit (P) 2:30 Valentine's Tea (D) 7:30 The Russian Duo Performs (A)	9:30 Tai Chi (W) 10:00 Book Group (A) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 5:00-6:30 Chalyce Sullivan Performs Favorite Romantic Tunes in the Dining Room (D) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 2:30 Children's Orchestra (A) 2:45 Venice Symphony (B)
19	20	21	22
8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 10:30 Lunch Out and Circus Sarasota (B) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Butler" (A) 6:15 Duplicate Bridge (GR) 6:45 Players Th. (B) 7:15 BINGO (A)	9:00 Strength (W) 9:30 SPLASH (P) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P)	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:45 Chorus of the Keys Concert (B)
26	27	28	
8:00 Men's Shuffleboard 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 1:30 "Hold the SALT" With Dietitian Delores Pufahl (A) 2:30 Popcorn & A Movie: "Last Vegas" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 SPLASH (P) 10:30 Marietta Museum of Art & Whimsy 7 Lunch at Yummy House (B) 11:30 Sit & Fit (A) 1:00 Mah Jongg (C) 2:00 Aqua Fit (P)	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C) 7:00 West Coast Black Theater Troupe (B)	

“Village Vibes”

“I wonder what fool it was that first invented kissing.”

—Jonathan Swift

“They invented hugs to let people know you love them without saying anything.”

—Bil Keane

“The recommended daily requirement for hugs is four per day for survival, eight per day for maintenance, and 12 per day for growth.”

—Virginia Satir

“Kissing is like drinking salted water. You drink, and your thirst increases.”

—Chinese proverb

“Kiss and make up, but too much makeup has ruined many a kiss.”

—Mae West

“What of soul was left, I wonder, when the kissing had to stop?”

—Robert Browning

“And if you see me, smile and maybe give me a hug. That’s important to me too.”

—Jim Valvano

“Her lips on his could tell him better than all her stumbling words.”

—Margaret Mitchell

RAINBOWS AND SHOWERS

RAINBOWS for MAGICAL MUSIC MONTH! Each and every concert was an absolute treat! We are so fortunate at Bay Village to be able to hire musicians of this caliber to perform for us. Your entertainment committee is headed by Eva Papp and we love your comments and suggestions regarding music programs!

RAINBOWS for Sally Bahlman, who recently passed the reigns to Eva Papp as head of the entertainment committee! Sally held that job for YEARS and we truly appreciate her efforts!

SHOWERS for people who do not leave enough travel time between the departure time from Bay Village and your doctor’s appointment on Doctor’s Bus days.

RAINBOWS for the HUGE groups we are getting in exercise class! We HOPE you keep it up for the whole year, gang! Keep smiling! It’s the Year of a Million Smiles, after all!

RAINBOWS for people who allow our drivers to do their jobs without interruption. Please do not try to tell our drivers the “best way” to get places. It’s very distracting.

Thanks, everyone!

GIFT SHOP

The *Bay Village Gift Shop* has some new buyers who will provide wonderful items for sale starting this month! They are here to help with the new merchandise while our regular buyer is recovering from an illness. We already have some new Valentine’s Day items, so you can be ready to celebrate Feb. 14 in style.

As always, we welcome your suggestions! Ask the shop volunteer to leave a note with your ideas and we will get it to one of the buyers.

... Jane Pyle



From the Dining Services Director

On Feb. 26 at 1:30 p.m., our consultant dietitian, Delores Pufahl, will once again have a panel discussion relating to food and nutrition. Delores brings a wealth of knowledge from her years of experience in elder nutrition. This panel discussion is titled “You are what you eat; hold the salt.” As the title suggests, Delores will discuss salt in the diet and following her presentation, there will be plenty of time for Q&A. Please mark your calendar for this very interesting topic!



FEBRUARY Birthdays

Feb. 1

Claire Mader & Bennie Komarek

Feb. 2

Mary Alice Blanchard & Janet Schmidlein

Feb. 4

Margaret Gutzmer

Feb. 5

Doris Parker & Geri Fisherkeller

Feb. 6

Elva Stookey & David Pyle

Feb. 11

Roberta Bragg

Feb. 12

*Ginny Lewis, George Timco &
June Carol Hines*

Feb. 13

*Fred Lee, Madelyn Nordmark &
Don Spencer*

Feb. 14

Robert Gifford

Feb. 15

Sarah Barlow

Feb. 17

Ellie Tiemann

Feb. 19

Wren McHargue

Feb. 20

*Elaine Hevrdejs, Ruth Haas &
Edna Stirling*

Feb. 23

Jack Darvill

Feb. 24

James Halkiotis

Feb. 25

Richard Bailey & Carole Landon

Feb. 26

Margaret Cassin

Feb. 27

Marti Corry

Feb. 28

*Opal Akscin***FEBRUARY Anniversaries**

Feb. 3

*Leo & Marta Rapoport**Jack & Jacquie Rieke*

Feb. 12

Alfred & Cecile Chamberland

Feb. 18

Tom & Clarice Jardine

Feb. 23

John & Donna Gary

Feb. 26

Bob & Helen Gifford**FEBRUARY Vespers Ministers**

Feb. 7

*Rev. Dr. Chuck Moffett
Bay Village Chaplain*

Feb. 14

*Rev. Dr. Chuck Moffett
Bay Village Chaplain*

Feb. 21

*Rev. Dr. Chuck Moffett
Bay Village Chaplain*

Feb. 28

*Rev. Roy Shepherd, Ass't Pastor
St. Wilfred Episcopal, Sarasota***Say What?**

swivet \SWIV-it\ noun

A state of extreme agitation
or anxiety.Example sentence: The bride is all in
a swivet over the wedding plans.**The Village Vibes****BOOK GROUP MEETING**

The Book Group will meet at 10 a.m. on Friday, Feb. 14, in the auditorium. The program will celebrate the history of our Lois Parsons Library, its present and the hopes for its future. Plan to attend and learn more about this important amenity that enriches our life at Bay Village. ALL ARE WELCOME!

... Louise Porter

**U.S.A.!!! U.S.A.!!!**

Get ready to cheer on our athletes! The 2014 Winter Olympics from Sochi, Russia, begins on Feb. 6!
Go team!



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

You could accuse me of being a "*bumper-sticker theologian*," ... and you would be right. I am an inveterate reader of bumper stickers. It is a sort of "hobby" of mine. I learn a lot about what people think and value by seeing what they are willing to paste on the back of their cars.

The other day I noticed a car in our very own BV parking lot hosting a sticker of only four words which cut to the chase: '**REDUCE**' - '**REUSE**' - '**RECYCLE**' - '**RESPECT**.'

Four words which invite and challenge us to consider who each of us is as an inhabitant of this world with which God has graced us.

REDUCE - Even in downsizing to our present living quarters, we still possess more "stuff" than we need for very sufficient survival. The MAJORITY of the people in the world would be ecstatic simply to have our garbage and castaways.

REUSE - So inconvenient to our lifestyle ... but so important to the preservation of God's planet, and the welfare of all humanity.

RECYCLE - We all *know* the benefits to our economy, corporations, individuals and environment ... BUT! How could we at Bay Village improve our commitment to recycling paper, plastic and/or Styrofoam?

RESPECT - Perhaps the most crucial, critical and compelling of all the four words. When we live in an attitude of *respect* for all of God's blessings to us; when we *respect* EVERY person as a child of God; when we *respect* that we are temporary stewards—not owners—of this planet, then everything comes together ... not until then! These are some of the "life and death" decisions each of us is called on to make for the survival of our grandchildren.