

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



March 2014



Word for March: Green

As St. Patrick's Day celebrations abound, it's no wonder we think "green" this month. According to *M-W.com*, there are just as many meanings of "green" as there are shades of the color. The beginning of the "fresh, new" season of spring will find nature "covered by growth or foliage," making many excited for milder days ahead. Others might have "a pale, sickly or nauseated appearance," though, as allergies start to kick in. Don't be "envious" of nature lovers, even if you're "deficient in training." Anyone these days can pitch in and "preserve environmental quality."

At Bay Village we have two events to help you celebrate the "wearing of the green!" First, on St. Patrick's Day, we will have our own chorus, ENCORE, perform for us in the auditorium at 2:30 p.m. Part of this concert is a sing along of Irish favorites (of course), and we will enjoy some Irish treats, following the concert, to celebrate St. Patrick. Slainte everyone!

On Tuesday, March 18, we will have an educational presentation about the Emerald Isle. Educator Tom Callaghan returns to present for us during the usual Bay Village Institute of Lifelong Learning (B.I.L.L.) time (7:30 p.m.) in the auditorium.

Village Vibes

Welcome New Residents

- Mrs. Jackalyn "Jacky" Endres moved into apartment 702 on Jan. 29.
- Mrs. Nancy Heins moved in to apartment #336 on Feb. 14.
- Mrs. Gretchen Shepherd moved in to apartment 801 on Feb. 13.

Please update your directories and welcome our newest residents warmly!

PELICAN COVE LUNCHEON

If you are a former resident of beautiful Pelican Cove you are invited to a "get-together" luncheon in the Bay Village dining room on Friday, March 21, at 12:30 p.m. If you'd like to join us please call Sally Bahlman in apt. 713 by March 14!



Chef's Corner

Greetings everyone! Chef Chris Mandzik here ... I hope everyone had a wonderful February. With the help of my team I have rolled out the updated Special Function Dinner menu and I hope it is to your liking.

We have our "Chef's Table" dinner event coming out this month, and I hope it is a great success. The Dining Services management team has worked hard on this and I hope you take advantage of it as it is one more option for your dining pleasure. The "Chef's Table" menu will change every month to incorporate seasonal menu items, as well as new food trends in the industry.

That's it for now, and as always thank you all for your comments and suggestions; they are all taken to heart!

Ash Wednesday

The first day of Lent, Ash Wednesday, is on March 5 this year. Chaplin Moffett will have ashes for anyone who would like to have their forehead marked.

RAINBOWS AND SHOWERS

RAINBOWS for everyone who walked in the FREEZING COLD in January's "Ringling Bridge Run!" (See photo below for evidence)

RAINBOWS for our dedicated group of office workers (you know who you are) who help us every month with the monumental task of stuffing the inserts in the newsletters!

SHOWERS for people who do not return our SHOPPING CARTS when finished! DID YOU KNOW...that our housekeeping department will come and get the cart if you are too tired to bring it back down? Just put in a work order with the front desk.

RAINBOWS for the fantastic wellness presentation, "Running with Scissors" with Kay Van Noorman! Thanks to Dottie Kattell for helping to make that happen!

RAINBOWS for people who wear appropriate attire in the wellness center. No wet bathing suits, please!

RAINBOWS for the fantastic performance by "The Russian Duo!" Oleg and Terry were thrilled with their standing ovation!



The BAY VILLAGE ROAD WALKERS

Entertainment News

Remember how much fun you had last year when NUANCE performed their "Salute to Ragtime?" We'll this year (March 6, at 7:30 p.m.) they've got another educational and entertaining program for us titled, "A Trip to Berlin...Irving!" Baibe Vegners, vocals and Dan Wascoe, piano will treat us to an evening of up-tempo tunes and ballads as well as some little known information and photographs of the most American of composers--who wasn't born in the country!

We also have a new performer this month, Mr. John Schmid, who is the founder and director of "Common Ground Ministries," an organization based in Ohio that focuses on prison ministry through music. John has a country western style, mixed in with some gospel and folk, Johnny Cash was a big influence. We're happy that John was able to get us on his busy schedule while he was passing through Sarasota. You can listen to this music on his website, www.johnschmid.org.

B.I.L.L. Series News

On Tuesday, March 4, we welcome Marc Newman, A.K.A. "MYSTER HISTORY." This is Marc's first time presenting at Bay Village and your BILL Committee is very excited to welcome him as he has a very unique presentation for us, "Unheard of American Legends: Heros and Heroines." You read the details about this in your February Vibes, so we hope you will join us at 7:30 p.m. in the auditorium!

Currently, from Sarasota Adult & Community Education (ACE), we have Evadne Mela as a guest lecturer teaching an interesting class titled "Generations." It will continue each Monday morning through March 24, from 11 a.m.- 12:30 p.m. Also from A.C.E., we are very happy to welcome back Bob Clementis for another "Foreign Affairs" series. Bob has taught this here many times and since it revolves around current world news, it is a different discussion each time. This begins on

Wednesday, March 12 from 9:30-11 a.m. and runs for five weeks. BY THE WAY- if you have never been to one of Bob's classes, give it a try!

Our next DVD series from the Teaching Company is titled, "The World's Greatest Geological Wonders." This is taught by Professor of Earth and Planetary Sciences at Washington University, Dr. Michael Wyession, who will introduce you to the Earth's most outstanding geological destinations.

Each class is about ONE UNIQUE place, so the lectures don't "build" on each other. This way, you can come to the ones that you're interested in and do all your learning in one evening!

Just a few examples of lecture titles include, "Santorini- Impact of Volcanic Eruptions"; "Mount Fuji- Sleeping Power"; "Great Blue Hole- Coastal Symmetry in Sinkholes". We hope you find this series fascinating! It begins on Tuesday, March 25, at 7:30 p.m. We'll show the first 12 lectures and see how everyone likes it!

The Village Vibes

VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.



First Day of Spring: March 20

KEY

- A=Auditorium
- B=Bus Service Provided
- BD=Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR=Game Room
- M=Meeting Room
- P=Pool
- R=Rooftop Terrace
- W=Wellness Center

Residents' Council

Our next Residents' Council meeting is March 4, at 2 p.m.




Movie News!

All the movies we are showing this month have each been nominated for multiple Academy Awards! Including the Best Picture award. Please note: we will show MOST of the 10 BEST PICTURE nominees in the auditorium. However, a few this year were a little "over the top" for an "auditorium" showing. We WILL still PURCHASE all the movies for the Bay Village library, so you can still watch them in your apartment.

WELCOME SURVEY TEAM FROM C.A.R.F.!
March 17-19

Sunday	Monday	Tuesday
2	3	4
10:30 St. Thomas More Catholic Service (Bd. Rm) 3:00 Suzuki School of Music Recital (A) 7:30 Movie: "Captain Phillips" (A)	9:00 Ladies' Shuffleboard 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 "GENERATIONS" With Evadne Mela (A) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:00 Healing & Anointing Service- Priest Will Visit (A) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:00 Resident Council (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Myster History Presents: Unlikely Heros" (A)
9	10	11
10:30 St. Thomas More Catholic Service (Bd. Rm) 12:15 Sarasota Opera (B) 1:30 Sarasota Orchestra (B) 3:00 Sing Along With Josi & Dave (A) 7:30 Movie: "GRAVITY" (A)	9:00 Ladies' Shuffleboard 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 "GENERATIONS" With Evadne Mela (A) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR) 4:30 Dine Out Night: KUMO (B)	8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)
16	17	18
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:00 Asolo (B) 7:30 Movie: "Nebraska" (A)	9:00 Ladies' Shuffleboard 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 "GENERATIONS" With Evadne Mela (A) 2:30 ENCORE CHOIR St. Patrick's Day Concert (A) 7:00 Progressive Bridge (GR)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 10:30 Book Discussion With Rebecca Dartt (A) 11:30 Sit N' Fit (W) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: Tom Callaghan Presents: "Ireland" (A)
23/30	24/31	25
March 24: 10:30 St. Thomas More (BD) 7:30 Movie: "12 Years a Slave" (A) March 30: 10:30 St. Thomas More Catholic Service (Bd. Rm) 11:00 Ski-A-Rees (B) 7:30 Movie: "Philomena" (A)	9:00 Ladies' Shuffleboard 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 "GENERATIONS" With Evadne Mela (A) 2:30 ENCORE CHOIR Rehearsal (A) 7:00 Progressive Bridge (GR) (no "Generations" On March 31)	9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 11:45 Birthday BBQ- (P) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Greatest Geological Wonders: Santorini"

Wednesday	Thursday	Friday	Saturday
			1 8:00 Men's Shuffleboard (courts) 10:00 South Gate Mall (B) 1:00 Sarasota Ballet (B) 11:30 Sit & Fit- Video (A) 2:15 Todd Oliver and Friends (B) 6:45 Tamboritzans Folk Dancing (B)
5 8:00 Men's Shuffleboard 9:30 TAMPA DOWNS (B) 10:00 Tai Chi- Beginners (W) 10:00 Ashes Given (A) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Movie "Captain Phillips" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	6 9:00 Strength Class (W) 9:30 SPLASH! (P) 9:30 Town Hall (B) 10:00 CHATS (A) 11:00 Beginner Tai Chi (W) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 7:30 Nuance Duo Presents: "A Trip to Berlin.....Irving!" (A)	7 9:30 Tai Chi (W) 10:00 Writers Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 Shabbat (Terrace) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 2:00 Barbary Coast Dixieland Band (B)
12 8:00 Men's Shuffleboard 9:30 Foreign Affairs (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:15 Episcopal Svc (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Gravity" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	13 9:00 Strength (W) 9:30 SPLASH (P) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 7:30 John Schmid in Concert (A)	14 9:30 Tai Chi (W) 10:00 Book Group (A) 11:00 Posture & Balance (W) 11:30 Creators S& Collectors Art Tour & Lunch at Hillview Grill (B) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	15 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 12:15 Sarasota Opera (B) 2:30 Sun City Center Annual Follies on Video (A) 2:45 Venice Symphony (B)
19 8:00 Men's Shuffleboard 9:30 Foreign Affairs (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "Nebraska" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	20 9:00 Strength (W) 9:30 SPLASH (P) 9:30 Town Hall (B) 10:00 CHATS: Quarterly Meeting (A) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 7:30 Violist David Pedraza in Concert (A)	21 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 12:30 Pelican Cove Residents Luncheon (D) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	22 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 12:15 Sarasota Opera (B)
26 8:00 Men's Shuffleboard 9:30 Foreign Affairs (A) 10:00 Tai Chi- Beginners (W) 11:00 Posture & Balance (W) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie "12 Years a Slave" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	27 9:00 Strength (W) 9:30 SPLASH (P) 10:00 the Watch Doctor (C) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 2:00 Aqua Fit (P) 7:30 The Suncoast Mummies String Band (A)	28 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	29 8:00 Men's Shuffleboard (courts) 9:00 Strength Class (W) 9:15 Breakfast Out & 50th Anniversary Sailor Circus: Salute to Veterans (B) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 2:30 the Sarasota Children's Orchestra (A)

"Village Vibes"

GIFT SHOP

***A FIRST AT BAY
VILLAGE***

Come get super bargains from the *gift shop sale* on Wednesday, March 19, from 10 a.m.-4 p.m. or until SOLD OUT! The sale will be in the hall by the elevators, convenient to all. We will have jewelry, watches, caps, toys and lots of other stuff!
... Betsy Hannan

SING ALONG!

HMMM, the Olympics are over and baseball hasn't started yet...what should you do with your Sunday afternoon? Come and sing along with us! Back by popular demand, we're happy to report that we've scheduled another fun afternoon of sing along favorites on Sunday, March 9, at 3 p.m. in the auditorium! Join our favorite resident pianist and song leader, Josi Madigan and David Pyle! Refreshments will be served

SPRING Has Sprung!

Even though we certainly didn't suffer the lousy winter the rest of the country endured, we certainly had some chillier than normal stretches of cold and wind over the past three months! So, we thought we'd offer some extra day trips and outings that involve being outside this spring!

On Sunday, March 31, we're headed to see the "SKI-A-REES," who perform near Ken Thompson Park, every Sunday. They have bleacher-type seats and the show is free to attend! Check out the photos on their website to see the photos of the show they put on each week at www.skiarees.com. We'll also have lunch on the patio at Marina Jacks.

We invited bird enthusiast Owen Comora back to speak at Bay Village. On March 31, he will present, "Birds of Southwest Florida" at 11 a.m. in the auditorium. We are going to visit the celery fields again with Owen as our guide. That trip was extremely well-received last year. Even if you

don't consider yourself a "bird watcher," you'll enjoy the opportunity to see the celery fields park! They have a boardwalk-style walkway and pavilion that goes out over the fields, making it easy to view the abundant wildlife! We spotted about 20 different species last year. Save April 16, on your calendar if you'd like to go. We'll have lunch at Yoders following! In May, we have rented out the WHOLE BOAT at Mote Marine Explorer's so we will be the only "Mote Marine Explorers" on the cruise. Save May 7, on your calendar if you'd like to join us. We'll head to The Old Salty Dog for lunch following. If you've never been, it takes place on an "easy to board" pontoon boat. This is not only a beautiful cruise through the bay, it's educational as we have a marine biologist with us who will narrate and drag a net through the bay and see what creatures we catch! It's a mini-marine biology course!

From the Dining Services Director

Did you know that March 7, is "Bay Village Dining Services Appreciation" Day? Back in 2002, after the completion of the kitchen renovation, the Bay Village Board of Directors decreed March 7, as Dining Services Appreciation Day.

This was done in recognition for the staff's efforts during the main kitchen renovation. The staff prepared meals in a temporary kitchen at the back of the building and did not miss a beat during the five month project.

As you go about your day on Friday, March 7, please recognize the Dining Services staff for their efforts. I know they will appreciate it.



MARCH Birthdays

- March 1
Pat Kelly
- March 3
Martha Powers
- March 4
Jean Brown & Richard Loeber
- March 5
Marta Rapoport
- March 6
Clarice Jardine
- March 7
Robert Wright
- March 9
Pauline Perry & Roger Woodrow
- March 10
Annadele Jackson
- March 11
Ray Woody
- March 12
Betty Campbell
- March 13
Dorothy Kirkpatrick
- March 15
Jean Richards & Carol Elbing
- March 16
Virginia Nordon
- March 19
Joe Bac
- March 21
Robert Pelletier, James Mummert & Jim Hart
- March 22
Jack Rieke & Virginia McArdle
- March 25
Henrietta Adair & Yvone George
- March 27
Jacques Spiero
- March 28
Jan Breitmayer
- March 30
Herman Wissenberg

MARCH Anniversaries

- March 5
James & Vilma Mummert
Ray & Bennie Komarek
- March 13
Don & Helene Spencer
- March 31
Robert & Marjory Ramsdell

MARCH Vespers Ministers

- March 7
Rev. Dr. Chuck Moffett
Bay Village Chaplain
- March 14
Rev. Dr. Chuck Moffett
Bay Village Chaplain
- March 21
Rev. Dr. Chuck Moffett
Bay Village Chaplain
- March 28
Rev. Dr. Chuck Wiggins
Trinity Presbyterian Church, Venice



Our BRAVE group of "Road Walkers" who toughed it out in the lousy weather and did the one-mile Ringling Bridge Walk!

DINE OUT WITH US!

Join us on Monday, March 10, for DINE OUT NIGHT! We are headed to KUMO Japanese Steakhouse in Venice! The menu is in the activity book. They also have sushi rolls, an extensive saki menu, a full bar and other dishes in case you don't care for the hibachi grilled entrees. We're early birds, so we get \$2 off each meal! The bus departs at 4:30 p.m.

The Village Vibes**BOOK GROUP MEETING**

The Book Group will meet on Friday, March 14, at 10 a.m. in the auditorium. The theme of the meeting will be poetry with audience participation. Bring a poem to read- a favorite or one you have written. Or come listen! And anticipate surprises!

ALL ARE WELCOME!

... Louise Porter

HOUSEKEEPING NEWS!

Spring is upon us! If you would like to freshen your space with a SPRING CLEANING, call Denise at ext. 2110 to schedule your appointment!

ALSO- a safety note- if you break glass, it might be a good idea to call the front desk and have housekeeping come and clean it up for you! They can ensure that all the pieces are picked up and nobody gets cut.



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner Rev. Dr. Chuck Moffett

A TV commercial of several years ago zoomed in a lone salesperson behind a stark metallic desk housing a bank of black desktop phones. As the phones rang in succession, the salesperson responded: "Paris on Monday?"; "Dallas on Tuesday?"; "LA on Wednesday?"; "New York on Thursday?"; "London on Friday?" Each request was answered with an enthusiastic, "I can do that!" The commercial ends with the bewildered salesperson exclaiming: "**How can I do that?**" Then came the pitch for the product.

So often you and I look at our schedules and wonder, "*How can I do all that?*" The answer is: it cannot be done! We cannot meet the needs of all. I would invite us to take the advice for ministry I received: "**consider carefully where you need to be present.**" I try to choose well where a simple ministry of "presence" makes a difference. My ministry is one of "presence, not merely one of "words."

Each of us have many demands on our time. It is most important for us to choose where to be present...and why. On what values do you choose to be "present" with certain people, or at certain events? Who is being served by your presence: others, or self? Are you intentionally expanding your sphere of contacts to be "present" with those who may feel out of the welcome circle? Are you being "present" with those who hold different viewpoints than yours, to learn who they are as persons? Do you reach into the community, as you can, to be "present" with those who need more than a handout? Where, and with whom, are you challenging yourself to be present as a person of grace and compassion?

Our God has chosen intentionally to be very present with us. It is our choice whether or not we will receive the "presence" of God's spirit in our lives. Let us choose wisely.