

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
Alec Weitzel Chief Operating Officer
Christina Wizba Chief Financial Officer
Denis O'Connor Dir. of Dining Services
Bill Seigh Dir. of Maintenance
Laura Pitcher Dir. of Marketing
Larry Buczkowski Dir. of Housekeeping
Cathy Petz Dir. of Health Services
Kris Rutherford Dir. of Res. Services
Ann Aldrich Dir. of Human Resources
Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
Bay Village of Sarasota, Inc.
offers a dynamic, secure and comprehensive
residency for older adults, providing meaningful
community life with continuing care.



November 2013

A Salute to Veterans Day

November 11 is Veterans Day, a day to honor the heroic men and women who have served our country. It's an important day to be sure, but do you know the origins of this meaningful holiday?

In 1918, World War I was informally ended with an armistice in the 11th hour of the 11th day of the 11th month. One year later, President Woodrow Wilson proclaimed the date Armistice Day to pay tribute to American veterans who had served in the war. In 1938, Congress declared Armistice Day a federal legal holiday.

Later on, World War II and the Korean War created millions more veterans to be honored. Since Armistice Day was associated with World War I, President Dwight Eisenhower signed legislation in 1954 changing the holiday's name to Veterans Day, a day dedicated to American veterans of all wars.

If Nov. 11 falls on a Saturday, federal government closings for Veterans Day will be on the Friday before. If it falls on a Sunday, closures will be the following Monday.

We have a special treat for you on Veterans Day this year! We are happy to welcome back celebrity impressionist Rick Chapman to the Bay Village stage. He would like to invite everyone to Bay Village's very own U.S.O. Show at 2:30 p.m.! You never know who you might see on stage today! Following Rick's show, we will have patriotic refreshments for you and a special treat for our veterans. Wear your red, white and blue proudly everyone and be sure to join us on Veterans Day, Monday, Nov. 11.

Village Vibes

BOOK GROUP MEETING

On Friday, Nov. 8, at 10 a.m. in the auditorium, best selling author Lois Duncan will speak to the book group. She will review the two books she has written about her search for the person who murdered her daughter. You will not want to miss this real life mystery in the author's own words. Ms. Duncan will bring a few books with her in case anyone would like to purchase one!

ALL ARE WELCOME!

... Louise Porter

Welcome

- Miss Jane Hammond moved in to apartment 914 on Oct. 1.
- Mr. and Mrs. Richard "Dick" and Betty Hines moved in to apartment 835 on Sept. 23.



THE WEINTRAUB DUO RETURNS!

Come and see for yourself why we invite this duo of Eastman School graduates back to Bay Village on a regular basis! Jason (English Horn and Oboe) and Nancy (piano) Weintraub are true crowd pleasers with their mixture of classical favorites and newer music. Their relaxed, friendly demeanor is always welcome and they have been performing here since 2002! Jason enjoys "edutaining" as well, so you might just learn something this evening! So, we'll see you on Thursday, Nov. 21, at 7:30 p.m. for another enjoyable evening with The Weintraub Duo!



LEGENDS OF SONG

Join us on Thursday, Nov. 14, for a musical tribute to Frank Sinatra, Judy Garland, Barbra Streisand and Liza Minnelli! It's unlikely that these legendary artists would have ever toured together, but tonight, that's exactly what you'll get! Bay Village is thrilled to welcome Barbara Van Eycken back to the Bay Village stage. You'll remember her Patsy Cline tribute from a year ago which everyone talked about for months! She is joined this evening by Bill Stabile, who has been entertaining as a solo artists for many years and now performs this show with Barbara.

You'll hear songs that will bring back those special memories as these native New Yorkers bring you back to a time when "music was music."

We are expecting a large crowd this evening, so arrive early for the best seats!

Holiday ABCs

G is for Giving thanks for the bountiful feast before you

R is for Reminiscing with loved ones

A is for having Another serving of All your favorites

V is for autumn's cornucopia of delicious Vegetables

Y is for everything tasting extra Yummy this Year

The Village Vibes

Day Trips and Travel

- We have quite a few people signed up and excited for our Christmas in Nashville trip! If you'd like to go, All Around Charters has a few rooms left, so let resident services know if you're interested.
- By popular demand, we are planning day trips to Punta Gorda to Fisherman's Village and the Christmas lights boat tour, as well as another trip to the Dali Museum in St. Petersburg. Also, we haven't been on the Mote Marine Explorer's cruise in a while! Now that it's cooler, we'll head over there as well.
- Join us for a complementary tour of the Sarasota Ballet coming up on Nov. 7. We will also enjoy lunch downtown at the wonderful new Peruvian/Spanish restaurant, Jalea, after our tour!

Watch your mail for the fliers with further details of all these trips!

Wellness News~

The Tai Chi Demonstration was such a success with almost 100 residents attending!!! The first class started on Thursday morning at 11 and the Wellness Center could not hold all of the 45 people who came. In response to that, Petra will be adding another class "Tai Chi for Beginners" on Wednesday mornings at 10 in the Wellness Center. So feel free to come and try the classes. You can take one or both or alternate between them. Petra will teach the same routine in both classes.

On Thursday, Nov. 7, we start the month off with a Wellness Lecture from Dr. Torres talking about "The Aging Eye."

Dr. Stolarski will give a lecture on Saturday, Nov. 16, about "When it comes to Hip and Knee Replacements, less invasive just makes sense."

On Thursday, Nov. 21, Dr. White will give another lecture about orthopedic surgery.

More Veterans Day News

Every Veterans Day, Bay Village resident and volunteer for "Grass Roots 4 the Troops," Ethel "O"strowski, sets up a table near the dining room for the day. She collects money for this worthy organization that provides creature comforts to our soldiers abroad as well as some who are now home. Last year she collected \$1,200! The money raised goes mostly toward shipping costs associated with mailing large boxes of items for our troops overseas. If you aren't familiar with this organization, go to their website, www.grassroots4thetroops.org, to find out more.

Thank you to Ethel who gives so generously of her time creating knitted caps with the other Bay Village "Beanie Babes!" This is a perfect time of year to give a "shout-out" to that talented and hardworking group of ladies ... staff as well as residents.

Also: **NO MAIL** today, but there is a **SHOPPING BUS** and **Wal Mart bus**.



VISION STATEMENT

The vision of Bay Village of Sarasota, Inc. through 2018 is to:

1. Strive to achieve the highest quality of service to our residents.
2. Extend effective dialogue between residents and staff.
3. Promote the efforts of staff and residents to build a caring community.
4. Balance net operating revenues and financial revenues so that we may have the financial strength to maintain our infrastructure, provide our staff with a competitive compensation and benefit package and have the capability to retire our long-term debt.

KEY

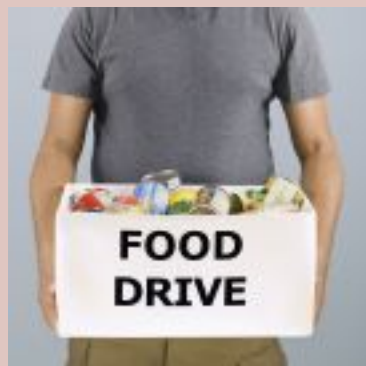
- A=Auditorium
- B= Bus Service Provided
- BD= Board Room
- C=Card Room
- CR=Craft Room
- D=Dining Room
- GR= Game Room
- M=Meeting Room
- P= Pool
- R= Rooftop Terrace
- W=Wellness Center

Residents' Council

Our next Residents' Council meeting is Nov. 5 at 2 p.m.

Winter Park Trip

We are planning a trip to Winter Park for the day on Wednesday, Nov. 20! It will include a visit to the Morse Museum with its stunning Tiffany Glass collection, then it's on to shopping the boutiques of Park Avenue and lunch at Cafe De France.



NOV. 10

Look for the blue barrels in the lobby the week of Nov. 10! Then, clean out your pantry and help out All Faith's Food Bank stock their shelves! We usually collect about 1,000 pounds of food.

Sunday	Monday	Tuesday
3	4	5
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Great Gatsby" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 11:00 Healing and Anointing Service With Fr. Michal From St. Thomas More (A) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 11:30 Lunch Out at Serendipity Country Club (B) 2:00 Aqua Fit (P) 2:00 Residents' Council (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "From Athens to Istanbul" (A)</p>
10	11	12
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 3:00 Suzuki School of Music Recital (A) 7:30 Movie: "The Dirty Dozen" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 Walmart Bus (B) 2:30 USO Show With Rick Chapman and Salute to Veterans (A) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength! (W) 9:30 Splash (P) 10:00 Gift Shop Sale! (A) 10:00 Craft Class (CR) 10:00 How Novel (BD) 11:30 Sit N' Fit (W) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (G) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "From Athens to Istanbul" (A)</p>
17	18	19
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 12:00 STRAZ Center in Tampa: "BOOK OF MORMON" (B) 7:30 Movie: "Anna Karenina" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)</p>	<p>8:30 Men's Breakfast (D) 9:00 Strength! (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:15 Venice Theater (B) 7:30 B.I.L.L.: "From Athens to Istanbul" (A)</p>
24	25	26
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 3:00 Sing-Along With David & Josi (A) 7:30 Movie: "Darling Companion" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:30 Bible Class (A) 2:30 Trader Joe's Bus (B) 7:00 Progressive Bridge (GR)</p>	<p>9:30 LIDO Beach Walk and Picnic Lunch (B) 10:00 Craft Class (CR) 11:30 Sit N' Fit Video (A) 2:00 Aqua Fit (P) 12:45 Duplicate Bridge (GR) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "From Athens to Istanbul" (A)</p>

Wednesday	Thursday	Friday	Saturday
	 <p><i>All Saints' Day</i> Nov. 1</p>	<p>1</p> <p>9:30 Tai Chi (W) 10:00 Writers' Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Special "All Saints' Day" Vespers Service (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>2</p> <p>8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 10:00 Southgate Mall Bus (B) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
<p>6</p> <p>8:00 Men's Shuffleboard 9:00 Hearing Help With Jen 10:00 Tai Chi (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Great Gatsby" (A) 5:30 Bus Departs for Legacy Society Dinner (B) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>7</p> <p>9:00 Strength (W) 9:30 SPLASH (P) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 2:30 Wellness Lecture: Dr. Torres From the Sarasota Retina Institute Presents: "Your Aging Eyes" (A)</p>	<p>8</p> <p>9:30 Tai Chi (W) 10:00 Book Group (A) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 SHABBAT (Terrace) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>9</p> <p>8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 7:30 Movie Extra: "The Journey of August King" (A)</p>
<p>13</p> <p>8:00 Men's Shuffleboard 10:00 Tai Chi (W) 10:00 Nordstrom Rack Trip & Lunch (B) 11:00 Posture & Balance (A) 11:15 Episcopal Svc. (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Dirty Dozen" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>14</p> <p>9:00 Strength (W) 9:30 SPLASH (P) 10:00 CHATS (A) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 1:00 Mah Jongg (C) 2:00 Aqua Fit (P) 7:30 Legends of Song With Barbara Van Eycken & Bill Stabile (A)</p>	<p>15</p> <p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>16</p> <p>8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 10:00 Wellness Lecture: Dr. Stolarski (A) 11:30 Sit & Fit (A) 2:45 Venice Symphony (B)</p>
<p>20</p> <p>8:00 Men's Shuffleboard 8:30 Winter Park Trip (B) 10:00 Tai Chi (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Anna Karenina" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>21</p> <p>9:00 Strength (W) 9:30 SPLASH (P) 11:00 Tai Chi - Beginners (W) 11:30 Sit & Fit (A) 3:00 Ortho. Wellness Lecture: Dr. White (A) 7:30 The Weintraub Duo in Concert (A)</p>	<p>22</p> <p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 Hanukkah Celebration (Terrace) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>23</p> <p>8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 Sarasota Ballet (B)</p>
<p>27</p> <p>8:00 Men's Shuffleboard 10:00 Tai Chi (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Darling Companion" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A) HANUKKAH BEGINS AT SUNDOWN</p>	<p>28</p>  <p>Happy Thanksgiving</p>	<p>29</p> <p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>30</p> <p>8:00 Men's Shuffleboard (Courts) 9:00 Strength Class (W) 9:30 Splash (P) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>

"Village Vibes"

GIFT SHOP

We are providing an on-site, one-stop holiday shopping experience in our auditorium on Tuesday, Nov. 12, from 10 a.m. until 3 p.m. We have a holiday cards, candy, pillows, decorations, jewelry and more. No need to travel to the crowded mall when you get everything you need here—AND many of the items are one-of-a-kind, handmade by residents and not found anywhere else. All our buyers, merchandise makers and shop workers are working very hard to make this the best HOLIDAY BAZAAR ever.

All we need is you, our valued customers. You may pay for purchases with cash, check, charge or your Bay Village account, or even use the two-week layaway plan if you wish.

For your added convenience, our Gift Shop will still be open that day.

See you there!

RAINBOWS AND SHOWERS

RAINBOWS for OKTOBERFEST!

Always a fun time when Sepp Diepolder entertains! Prosit!

RAINBOWS for everyone who is staying active by participating in the last few months' "extra active" off premise trips! We walked Nokomis beach and swam in the beautiful gulf, walked the new Bradenton Riverwalk and headed to Sharkey's restaurant in Venice after a walk around the park and beach there! Great job, everyone!

Aren't we lucky to live in paradise?

SHOWERS for anyone who did not get a flu shot!

RAINBOWS for those who properly recycle! We have included a recycling guide on one of the inserts in this month's newsletter!

RAINBOWS for Dan Stapleton and his lovely assistant, Amber! Wow! That was lots of fun! If you missed it, we will definitely have Dan back! He has LOTS of magic up his sleeve that he'd like to try out on us. We can't decide if we liked the newspaper trick or the

snow trick or the head chopper trick best!

RAINBOWS for floors who "mix things up a bit" and invite other floors to join you when you have parties and other fun events! It's SO neighborly of you!

From the Dining Services Director

It is that time when all floors book their Christmas luncheon party. All luncheons will be held in the main dining room. You may elect to have a brunch either in the main dining room or out on the pool deck. Reservations will be taken on a first-come, first-served basis, so please call extension 2112.



HAPPY HANUKKAH!

B.I.L.L. Series News

Our current DVD series is a travelog from The Teaching Company called "Greece and Turkey: From Athens to Istanbul." It is taught by archeologist and professor John Hale from The University of Louisville. Travel to the Aegean through the history of Western civilization. The final class in this series is on Dec. 3.

We will have additional classes from ACE in the works for both fall and next spring, and we will certainly invite Tom Callahan back to do another presentation, so watch your mailbox for additional information!



NOVEMBER Birthdays

November 2

Robert James

November 3

*Joy DeCarolus, Eleanore Flagg &
Irene McCallister*

November 4

*Peg Wickham, Georgette Potts, Walter
Sherwood, Phyllis Peterman &*

Betty Oldshue

November 6

Rita Wallace

November 7

*Shirley Haberman, Francis Maxwell &
Evelyn Anderson*

November 9

Donna Reed & Dotti Kattell

November 11

Margaret Beisswenger

November 12

*L.T. McKee, Joan Maxwell &
Jesse Hannan*

November 13

Betty Gasch

November 16

Dick Cook

November 17

Miklos Ivanyi

November 18

Barbara Heistand

November 19

Betty Bridgman & Evelyn Csaszar

November 20

Sally Bell & Janet Marine

November 22

Marian Wissenberg & Elaine Mintz

November 24

Beverly Ford & Joan Bullen

November 25

James Blanchard

November 28

Loretta Mack & Mary Ellen Mueller

November 29

Sally Crampton



NOVEMBER Anniversaries

November 13

Stanford & Shirley Shaw

November 15

Robert & Gerri Pelletier

November 21

Milt & Marlene Heinowitz

Richard & Betty Hines

November 28

Herbert & Marie Burgett

November 29

Julius & Helen Juron

NOVEMBER Vespers Ministers

November 1

All Saint's Day Service

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 8

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 15

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 22

Rev. Dr. Chuck Moffett

Bay Village Chaplain

November 29

Rev. Melissa Remington

St. Mark's Episcopal, Venice, FL

Housekeeping News

Get ready for holiday company with nice clean carpets! Call Denise, our housekeeping supervisor, to set up your appointment today!

The Village Vibes



**Turn Your Clocks
BACK One Hour
on Nov. 3**



SING-ALONG WITH DAVID AND JOSI!

You asked for it, you got it! Back by popular demand is another "Sing-Along" with Josi Madigan and David Pyle. We're kicking off your holidays by throwing in a few songs of the season, along with the familiar tunes you know and love. Join us on Sunday, Nov. 24, at 3 p.m. in the auditorium. Refreshments will be served.



Current Resident
12345 Sample Address
City, ST 00000

Chaplain's Corner
Rev. Dr. Chuck Moffett

Gridlock. Stalemate. Entrenched. Lines drawn in the sand. We all agree that these terms describe the style and atmosphere of our nation's capitol. We all agree this atmosphere must change in order for our country to be healed. It is my observation that, unfortunately, these terms also describe much of the fiber of our national population of which each of us is a part.

In reflecting on this phenomenon, I share with you the wisdom of a colleague, Rabbi Ann White, hospital chaplain in Tampa. Ann writes:

"Many of these heated discussions are (because) we keep the lens too small ... we dig into black and white positions with the mindset of division rather than allowing for the rainbow of colors and the mindset of inclusion. We have to open the lens to see their entire world."

"Let me give an example of what I mean by lens, or loosening our grip. If you were to roll up a piece of paper into an old-fashioned telescope and look through it, what would you see? Do it now, just to get my point. You see a piece of this, a part of that. Now loosen your grip and what do you see? A broader piece of the view. Now let go and open your eyes with no grip (on the paper): you see the entire scene."

"I think many of our heated arguments are fueled by gripping bits and pieces of fact too tightly. We set the lens too small. We miss the big picture. We purposefully look (for) division rather than allowing the picture to unfold fully so we can see it from all angles."

"Loosen the grip. By opening the lens ... we can understand what divides us so we can instead forge and create what we have in common as a goal."

Remember, the entire planet, us included, is united in (God's) Oneness.