

# Bay Village



OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611

September 2013



## Bay Village

Jack McClellan ..... Executive Director  
 Alec Weitzel ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Bill Seigh ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Cathy Petz ..... Dir. of Health Services  
 Kris Rutherford ..... Dir. of Res. Services  
 Ann Aldrich ..... Dir. of Human Resources  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Our Mission Statement

Established on Christian principles,  
 Bay Village of Sarasota, Inc.  
 offers a dynamic, secure and comprehensive  
 residency for older adults, providing meaningful  
 community life with continuing care.



Jack McClellan presents James Rowell with his well-deserved "Employee of the Year" plaque!

### Staff Appreciation Luncheon

Last month, Bay Village held its annual staff appreciation luncheon. Bay Village gives awards for those staff members who have reached "length of service" milestones. They were invited and honored with a wonderful lunch and various monetary awards. The 12 employee of the month winners from the past year were also invited and James Rowell from our housekeeping department was named "Employee of the Year." Way to go, James!

### Appreciation for American Heroes

The Veterans of Foreign Wars was established Sept. 29, 1899.

## Village Vibes



### Bible Class Move

For a number of reasons Rev. Moffett and the religious life committee have asked that we move our weekly Bible Class to Mondays at 9:30 a.m. Class will continue to be held in the auditorium. Now that our summer break is over, the first class will meet on Sept. 9 at 9:30 a.m. Please note that the first Monday in September is Labor Day (Sept. 2) and no class will be held that day.



### Holiday ABCs

F is for the colorful Foliage  
 A is for picking Apples at an orchard  
 L is for Labor Day celebrations  
 L is for Listening to the rustling Leaves



### JIMMY MAZZ Set to Perform!

We are really excited to welcome Vegas-style performer Jimmy Mazz to the Bay Village stage for the first time! Not only is Jimmy a "Vegas-Style" performer, he still performs in Vegas casinos now! On Thursday, Sept. 5, at 7:30 p.m., he will perform his "Las Vegas Legends" show. Take a musical journey back in time and hear Jimmy's renditions of "Rat Pack" favorites. Then it's on to the "King" of the strip, Elvis, and on to the likes of Tom Jones, Tony Orlando, Frankie Valli and Neil Diamond, with a few other favorites thrown in for good measure! This musical journey will have you tapping your toes and singing along for sure!



Jimmy Performing in Europe

### VOCAL VIXENS

Bob Constantino, keyboard, and Lyn Purmort, vocals, will be joined by Kathryn Parks, vocals, and Hannah Jae, vocals, on Thursday, Sept. 19, at 7:30 p.m. They will treat you to a fantastic show that they recently performed at Venice Theater, "Vocal Vixens."

You read the article about Jimmy Mazz's salute to great male vocalists that he will perform this month; this group salutes the great ladies of song! You'll hear Billie Holiday, Barbara Cook, Ella Fitzgerald, Judy Garland, Marilyn Monroe, Julie Andrews, Aretha Franklin and Whitney Houston!

Bob and Lyn, pictured below, have performed for us many times over the years, and we are thrilled to welcome Kathryn and Hannah as first-time performers here. Looks like we have TWO "Do Not Miss" concerts for you this month!



## The Village Vibes



### Welcome Chef Chris!

Aug. 13 saw us welcome Chef Chris to join the Dining Services team. Chef Chris is a native of New York and is a graduate of the Culinary Institute of America in Hyde Park.

Chef Chris spent some time in Arizona before heading back to New York, where he spent the last 14 years. He decided to move to Florida with his wife, Jennifer, and his 4-year-old daughter, Emma.

He is looking forward to spending time visiting with residents in the Dining Room and getting to know everyone. He is also excited about leading his kitchen crew and working to provide the very best Dining Services program.

Welcome, Chef Chris!

### HEALTH FAIR- SEPT. 18

This month, Paragon, Bay Village's provider of rehabilitation services, will hold a Health Fair in the auditorium.

Stop by any time between the hours of 1:30 to 4 p.m.

The offerings this afternoon include a drawing for five complimentary massages, a booth set up so you can ask questions about billing and insurance, and grip/hand testing. If you have a concern about your current cognitive function, that testing will be provided as well. You can also get your balance tested.

If you use a cane or a walker, stop by to make sure you have it adjusted properly! Even if you THINK you have it right, it's not a bad idea to stop by and let the experts in our therapy department make sure.

Refreshments will be served!

### Wellness News~

#### September a Time of Transition- by Petra Mueller

The summer is going by quickly and September will bring a few changes.

Strength Class will start at 9 a.m., followed by Splash! at 9:30 a.m. That class will be 45 minutes during the "cooler season."

I am going on vacation to Europe and hired Marian Vento to substitute during that time and teach Strength and Balance & Posture. Marian was here before and is a well-known group exercise teacher, specializing in senior fitness.

She will teach these classes on Monday, Wednesday and Friday from 9:30 to 10:30 a.m. in the Wellness Center.

Please keep attending the classes to stay in shape!!!

Sit & Fit will be shown on video during this time.

Splash attendees will work out and "splash" together in the pool

without a teacher for that time.

On Sept. 4 we have a trip to Nokomis Beach planned. Walk, swim, play or just relax listening to the waves. Lunch will be at Casey Key Fish House, a casual place to have good food.

Dr. R. White from the Kennedy/White Group will give a lecture on Sept. 24 in the auditorium. A very well-known orthopedic doctor in Sarasota, Dr. White is available for questions at the end.



## KEY

- A=Auditorium
- D=Dining Room
- C=Card Room
- W=Wellness Center
- B=Bus Service Provided
- CR=Craft Room
- RT=Rooftop Terrace
- P=Poolside
- BD=Board Room
- M=Meeting Room
- GR=Game Room

## Resident Council

Resident Council meetings resume in September. Join us at 2 p.m. on Tuesday, Sept. 3!

## Horse Racing Game


AND they're OFF! Join us on Monday, Sept. 30, for another fun afternoon at the races! Bring a few \$\$\$\$ to bet with and get ready to cheer your favorite ponies on!

## Pinochle

If anyone is interested in playing pinochle, please let anyone in the resident services department know! We have some players looking for a group!

## Bible Translating Center Presentation

On Tuesday, Sept. 17, the Wycliffe Bible Translation Center will have a representative give a presentation about what this organization does at 10 a.m. in the auditorium. There will be time for Q & A following!

Sunday	Monday	Tuesday
1	2	3
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Arbitrage" (A) Rated R and Stars Richard Gere</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) <i>Noon, 2:00 p.m. &amp; 4:00 p.m. LABOR DAY PICNIC (D)</i> 7:00 Progressive Bridge (GR)</p>	<p>10:00 Craft Class (CR) 11:30 Sit N' Fit on Video (A)  2:00 Resident Council (A) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)</p>
8	9	10
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Hunger Games" (A) Rated PG-13. Stars Jennifer Lawrence</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Bible Class (A) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)</p>	<p>9:00 Strength (W) 9:30 Splash (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (GR) 2:00 Aqua Fit (P) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: Tom Callaghan Presents: "Living and Working in Saudi Arabia" (A)</p>
15	16	17
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Big Miracle" (A) Rated PG Stars Drew Barrymore</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Strength (W) 10:00 Balance &amp; Posture (W) 9:30 Bible Class (A) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)</p>	<p>9:30 SPLASH (P) 10:00 Craft Class (CR) 10:00 Wycliffe Bible Translation Center Presentation (A) 11:30 Sit N' Fit (A) 7:00 Hand &amp; Foot (C) 4:30 Dine Out Night: PF Changs" (B) 7:30 B.I.L.L.: "Greece &amp; Turkey: From Athens to Istanbul" (A)</p>
22	23	24
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Promised Land" (A) Rated PG-13 Stars Matt Damon</p>	<p>9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 9:30 Bible Class (A) 9:30 Strength (W) 10:00 Balance &amp; Posture (W) 2:30 Walmart Bus (B) 2:30 Popcorn &amp; A Movie: Promised Land (A) 7:00 Progressive Bridge (GR)</p>	<p>9:30 SPLASH (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (GR) 3:00 Lecture- Dr. White (Ortho) (A) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L.: "Greece &amp; Turkey: From Athens to Istanbul" (A)</p>
29	30	
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Parental Guidance" (A) Rated PG- Stars Billy Crystal and Bette Midler</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 2:30 Horse Racing Game (A) 2:30 Trader Joe's Bus (B) 7:00 Progressive Bridge (GR)</p>	

Wednesday	Thursday	Friday	Saturday
4	5	6	7
<p>8:00 Men's Shuffleboard            9:00 <i>Beach Outing &amp; Lunch (B)</i>            11:30 Sit N' Fit - Video (A)            2:30 Popcorn &amp; A Movie: "Arbitrage" (A)            6:15 Duplicate Bridge (GR)            7:15 BINGO (A)</p>	<p>9:00 Strength (W)            9:30 "SPLASH" (P)            10:00 CHATS (A)            11:30 Sit &amp; Fit (A)            2:00 Aqua Fit (P)            7:30 <i>JIMMY MAZZ Presents: "Las Vegas Legends" (A)</i></p>	<p>9:30 Tai Chi (W)            10:00 Writers Group (M)            11:00 Posture &amp; Balance (W)            11:30 Sit &amp; Fit (A)            1:30 Hand Exercise (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)            7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts)            9:00 Strength Class (W)            9:30 SPLASH (P)            11:00 Balance Class (W)            11:30 Sit &amp; Fit (A)</p>
11	12	13	14
<p>8:00 Men's Shuffleboard            9:30 Strength (W)            10:00 Posture &amp; Balance (W)            11:15 <i>Episcopal Svc. (C)</i>            11:30 Sit N' Fit (A)            2:30 Popcorn &amp; A Movie: "The Hunger Games" (A)            6:15 Duplicate Bridge (GR)            7:15 BINGO (A)</p>	<p>9:30 "SPLASH" (P)            11:30 Sit &amp; Fit (A)</p>	<p>9:30 Strength (W)            10:00 Posture &amp; Balance (W)            10:00 <i>Book Group (A)</i>            11:30 Sit &amp; Fit (A)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)            7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts)            9:30 SPLASH (P)            11:30 Sit &amp; Fit (A)            7:30 <i>Cirque Du Soleil: World's Away (A)</i></p>
18	19	20	21
<p>8:00 Men's Shuffleboard            9:30 Strength (W)            9:45 <i>Ringling School Tour &amp; Lunch (B)</i>            10:00 Posture &amp; Balance (W)            11:30 Sit N' Fit (A)            1:30-4:00 <i>Health Fair-Paragon Rehab (A)</i>            6:15 Duplicate Bridge (GR)            7:15 BINGO (A)</p>	<p>9:30 "SPLASH" (P)            10:00 CHATS (A)            11:30 Sit &amp; Fit (A)            7:30 <i>"VOCAL VIXENS" In Concert (A)</i></p>	<p>9:30 Strength (W)            10:00 Posture &amp; Balance (W)            11:30 Sit &amp; Fit (A)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)            7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts)            3:30 SPLASH (P)            11:00 Balance Class (W)            11:30 Sit &amp; Fit (A)</p>
25	26	27	28
<p>8:00 Men's Shuffleboard            10:00 <i>Shop at TOPAZ and Lunch at "Carmel Cafe" (B)</i>            11:30 Sit N' Fit (A)            1:30 Line Dance (W)            6:15 Duplicate Bridge (GR)            6:45 <i>Players Theater (B)</i>            7:15 BINGO (A)</p>	<p>9:00 Strength (W)            9:30 Splash (P)            11:30 Sit &amp; Fit (A)            1:00 <i>Birthday Pizza Party (A)</i></p>	<p>9:30 Tai Chi (W)            11:00 Posture &amp; Balance (W)            11:30 Sit &amp; Fit (A)            1:30 Hand Exercise (CR)            3:30 Vespers (A)            6:15 Duplicate Bridge (GR)            7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts)            9:00 Strength (W)            9:30 SPLASH (P)            11:00 Balance Class (W)            11:30 Sit &amp; Fit (A)</p>

## "Village Vibes"

### SHOP Til You DROP!

TOPAZ FASHION has an OUTLET in Sarasota! The owner of the clothing line, Suezette Rice, has invited the Bay Village ladies to shop there on a "private" shopping day! She is in the midst of preparing for fall fashions to arrive, so she has gorgeous items for you at BARGAIN prices! She can only accommodate a few shoppers at a time, so we have scheduled two trips on Wednesdays, Sept. 25, as well as Oct. 2. We will depart at 10:30 both days and have lunch following shopping! Sept. 24: "The Carmel Cafe" and Oct. 2: "The Half Shell Oyster House."



### **RAINBOWS AND SHOWERS**

**RAINBOWS** for George Williams for taking the HUGE amount of donations for Resurrection House that piled up quickly on the 12th floor after our last request for stuff!

**RAINBOWS** for top floor residents who move to the back of the elevator car when entering in the lobby!

**SHOWERS** for staff, residents and guests who do not shut the light off in the laundry rooms when finished!

**RAINBOWS** for the Country Store volunteers who helped out during our "water emergency" last month.

**RAINBOWS** for independent residents who STOCK UP on NON-PERISHABLE food during hurricane season.

**RAINBOWS** for those who use walkers and wheelchairs and keep RIGHT in our hallways.

**RAINBOWS** for "The Eastman Clarinet Duo," who really "wow-ed" us with their musicianship!

**SHOWERS** on those who do not cover their mouths when they cough!!

**RAINBOWS** for Bill and Sue Wills who did it again with another informative and fun presentation of a President and first lady with "The Fords"!

### **More Shopping!**

We will also have an in-house shopping opportunity this month as we welcome Linda Tilson, a Venice "Wearable Artist" who designs hand painted scarves and clothing (she used to own "Wild Orchid" in downtown Venice). She will be joined today by Carol Generoso, a local silversmith, who creates handcrafted silver jewelry! The two will set up a booth near the card room on Friday, Sept. 17, from 10 a.m. to 2 p.m. Staff and family members are welcome to shop, too!



### **B.I.L.L. Series News**

Our current DVD series is from The Teaching Company. "Before 1776: Life in the American Colonies" ends on Sept. 3. This class was very well received, so we will definitely show the remaining classes later on.

On Sept. 10 we welcome special guest speaker Tom Callaghan. Tom will speak about his years living and working in Saudi Arabia. He will chronicle three years of his life there building the King Faisal Hospital in Riyadh and living day to day in this secret kingdom. This class will be held at the usual B.I.L.L. time, 7:30 p.m. Following that, we begin a travelog from The Teaching Company called "Greece and Turkey: From Athens to Istanbul." It is taught by archeologist and professor John Hale from The University of Louisville. Travel to the Aegean through the history of Western civilization. This class is 12 weeks long.



## SEPTEMBER Birthdays

September 1

*Tom Crusinberry*

September 2

*Robert Hornsby & Vera Einhaus*

September 5

*Ernest Grove & Bud Snell*

September 6

*Trudy Miegel Elaine Hedrick*

September 7

*Barbara Hill*

September 8

*Peggy Hiple*

September 9

*Mary Louise Rohrer*

September 10

*Jane Daly & Janet Steele*

September 13

*Ruth Woodrow & Elsie Nicholson*

September 15

*Phil Goddard*

September 17

*Harriet Booth, Anne Moffitt & Nelson Gay*

September 18

*Phyllis Howell*

September 19

*Jane Early*

September 20

*Eileen Palermo & Florrie Hornsby*

September 21

*Phyllis Raad & Jane Kern*

September 22

*Marie Harness*

September 24

*Art Graham & Alvar Elbing*

September 25

*Dorothy Russell*

## MORE September Birthdays

September 26

*Jacqueline DeLavigne*

September 27

*Tom Jardine*

September 29

*Cecile Chamberland & Bill Bridgman*

September 30

*Betty Moon, Dan Brabeck & Mary*

*Belle Hirons*



## SEPTEMBER Anniversaries

September 7

*Bill & Ruth Gulick*

September 12

*David & Jean Morrill*

September 15

*Warren & Pattie Eastman*

September 20

*Ray & Betty Berta*

September 25

*Bill & Betty Bridgman*

## SEPTEMBER Vespers Ministers

September 6

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

September 13

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

September 20

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

September 27

*Rev. Dr. Karl Kling*

*Bee Ridge Presbyterian Church,*

*Sarasota*

## The Village Vibes



- Mrs. Francine Buhl moved in to apartment 703 on Aug. 14
- Mrs. Stella Messineo moved in to apartment 314 on July 23

NOTE: On Labor Day, Monday, Sept. 2, there is NO TRANSPORTATION!



## Labor Day Picnic

Our annual Labor Day Picnic will be held in the dining room. We have seatings at noon, 2 p.m. and 4 p.m. Please call Dining Services at ext. 2113 for a reservation!



**Fall Begins on  
Sept. 22!**



Current Resident  
12345 Sample Address  
City, ST 00000

Chaplain's Corner  
Rev. Dr. Chuck Moffett

**"PERFECTION" = An attribute we demand of others,  
but not of ourselves.** Allow me a few notations:

--There is a beautiful Gothic stone church in St. Paul, MN, which covers an entire city block. In all of its exquisite structure, there is a FLAW: on the back wall of the ornate sanctuary are two doors ... neither one opens, intentionally!

--The intricate floor rugs woven by Afghani peasant women always will have an intentional FLAW;

--Native Americans have a tradition of leaving a BLEMISH in the corner of a blanket being woven as a place for the Spirit to enter;

--18th century American Shakers deliberately introduced a MISTAKE into every item of furniture they made.

The underlying message of each of these artists is a conviction that "perfection" is a God Thing. Some appropriate quotes:

--"The (man) with insight enough to admit (his) limitations comes nearest to perfection." --Goethe

--"Perfection is not attainable, but if we choose perfection, we can catch excellence." --Vince Lombardi

--"I am careful not to confuse excellence with perfection. Excellence I can reach for; perfection is God's business." --Michael J. Fox

--"When you stop expecting people to be perfect, you can like them for who they are." --Donald Miller

Perhaps much of the dysfunction in our society hinges on this attitude of perfection. A more sincere attitude of humility would lead to a more peaceful world.