

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Cathy Petz Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Ann Aldrich Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.



August 2013

We MADE IT!

After four months and hundreds of "miles," we had over 100 people make the journey across Europe in our recent spring wellness contest. You all look fabulous in your T-shirts! We sure enjoyed the eight themed parties we had over the course of the event, each saluting a different European country, as we journeyed across the map in the wellness center.

Our top point scorers were George Haas, Al Chamberland, Estelle Estes, Dan Brabeck, Barbara Hill, Jane Pyle, Josi Madigan, Francis Mason, Cecile Chamberland, Mary Ann Mason, David Pyle and Mary Clark.

We'd like to congratulate everyone who achieved their goals and certainly thank you for your participation!



Resident Services Staff at the finale!

Village Vibes

Housekeeping News!

Tired of where your sofa is? Then call our housekeeping department! We offer "re-arranging" services for furniture. What a great way to freshen up the look of your "space!" Denise can set you up with an appointment, so give her a call at ext. 2110.

Correction ...

... Grace Ellison completed the books of biographies of FORMER residents, not the book of CURRENT residents.

Roy Donnelly Returns!

On Thursday, Aug. 8, at 7:30 p.m., we welcome vocalist and guitarist Roy Donnelly back to the Bay Village stage! Originally from Ireland, Roy usually sings Irish folk favorites and others. This time, he is doing a salute to American song writers. He receives wonderful reviews every year, so we continue to invite him to return. Have fun!



Presidents and First Ladies Return!

An annual highlight at Bay Village is the presentation by "Presidents and Their First Ladies, Dramatically Speaking." Bill and Sue Wills transform themselves into a former President and First Lady, giving real historical insight into what things were like for them during their time in the White House. This year, we will be visited by Jerry and Betty Ford, who were thrust into a very tense situation following the Watergate scandal. Make sure you join us on Thursday, Aug. 22, at 7:30 p.m.

Taylor Marie's Shopping Event!

On Tuesday, Aug. 20, from noon to 3 p.m. in the auditorium, Taylor Marie Fashions is celebrating their Florida grand opening with a fun, festive shopping event right here at Bay Village. They carry ladies' apparel, jewelry and other accessories. Stop by and shop anytime during the above time frame. We will have an actual fashion show that afternoon at 2 p.m.



Recognition Luncheon

On Wednesday, Aug. 14, we have a "Years of Service" luncheon planned for the Bay Village staff members who have the most longevity. We will not be serving lunch in the dining room that day, but the sandwich shop will be open.

One of the awards that will be given that day is the "Employee of the Year" award. At press time, that person has not been named, but the previous 12 "Employees of the Month" are those in the running. The prize is \$500 and the "coveted" Employee of the Year parking space.

Spider-Man Debuts

On Aug. 1, 1962, a new hero joined the ranks of Marvel Comics' superhero pantheon. Peter Parker, an average teenager blessed with brains but not social savvy, was bitten by a radioactive spider, and the world met Spider-Man in Amazing Fantasy #15. Since then, Spider-Man has followed in the footsteps of other popular heroes and starred in cartoons, movies, novels and many other media.

We'll show the blockbuster film "Spiderman" on Aug. 24 at 7:30 p.m.

Day Trips and Travel

This month, we are headed to two concerts. First, on Aug. 16 at Player's Theater. Tap your toes to the smooth sounds of jazz by two of the world's great jazz pianists, *Dick Hyman and Shelly Berg*. Proceeds from this benefit concert go toward the Jazz Club of Sarasota's scholarship fund. Next, on Aug. 27, enjoy the West Coast Black Theater Troupe's presentation of "*Sammy Tonight,*" featuring the songs and dance of one of America's greatest entertainers, Sammy Davis Jr.

Also, we'll head back to Main Street Lakewood Ranch to see the new film *The Butler*, which is already receiving critical acclaim. You'll be "on your own" before the movie, so you can dine and shop on Main Street.

Then, we're headed to the first show of the new season at *Broadway Palm Dinner Theater* in Ft. Myers. Join us for "*Burt & Me,*" a show that features the music of Burt Bacharach. Details will be in your mailbox about all these trips soon! Hope to see you there!

Wellness News~

This month, it is our pleasure to welcome **Mrs. Helen Fleder** on Aug. 15 at 2 p.m. to Bay Village to present a seminar about posture. She is a resident of Lakehouse West in Sarasota and the author of a fitness book. She has been active in the fitness industry for over 60 years.

Mrs. Fleder will talk about the critical role of posture when it comes to our energy level, balance, strength of our back and health of our organs. We will do some practical exercises together and there will be a chance to ask questions.

I encourage all residents to come and listen even if you are in a regular exercise program right now or not. Who would want to walk more upright, feel better and strong.

Dr. Dan Fouts will present a lecture about Nutrition on Aug. 1.

Dr. Evguenia Gonzalez, a foot and ankle specialist, will come on Aug. 26 in the afternoon.



On July 13, "Splash" participants had the beautiful sight of a rainbow in the sky while working out in the pool. What a wonderful experience to share early in the morning!!!

If you are interested in pool exercise classes, but "Splash" is too early for you, Petra is offering an afternoon class every Tuesday at 2 p.m. Call extension #4033 for more information.



The Village Vibes

Remember Me?

Dr. Jonas Salk was the medical researcher who gave the world a polio vaccine in 1955. Here are some highlights of his extraordinary career:

- Salk had no interest in making money from the discovery. He declared that the polio vaccine belonged to everyone, and when asked who owned the patent, famously said, "There is no patent. Could you patent the sun?"
- To save time in conducting human trials of the vaccine, Salk volunteered himself and his family as test subjects.
- The scientist continued to conduct medical research throughout his life and tried to develop a vaccine for AIDS.

Game Day!



Love board games? Then join us on Monday, Aug. 19, for an afternoon of GAMES! We'll have skip-bo, apples to apples, Scattergories, and we're teaching two new games, "Bananagrams" (word game similar to scrabble) and "left, right center," a game you play using special dice. Come down at 2 p.m.! Refreshments will be served!

"American Moderns"

Join us as we head to Ringling Museum on Monday, Aug. 5, for a private tour of the visiting exhibit, "American Moderns, 1910-1960: From O'Keeffe to Rockwell." This exhibit is part of the collection of the Brooklyn Museum and showcases. Following our tour, we will enjoy lunch at Treviso Italian Restaurant.

KEY

- A=Auditorium
- D=Dining Room
- C=Card Room
- W=Wellness Center
- B=Bus Service Provided
- CR=Craft Room
- RT=Rooftop Terrace
- P=Poolside
- BD=Board Room
- M=Meeting Room
- GR=Game Room

Sunday	Monday	Tuesday
		
4	5	6
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Safe Haven" (A)	9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 9:45 Ringling Museum Presents: "American Moderns" (B) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)	8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 10:00 How Novel (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 2:30 Archeology Presentation With Brad Erickson (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)
11	12	13
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "The Guilt Trip" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)	8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 1:00 Duplicate Bridge (GR) 2:00 Aqua Fit (P) 4:30 Dine Out: P.F. Chang's (B) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)
18	19	20
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Forty Two" (A)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Game Day (A) 2:30 Walmart Bus (B) 7:00 Progressive Bridge (GR)	8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (W) 12:00-3:00 Taylor Maries Clothing Event- Fashion Show at 2:00 (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)
25	26	27
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Quartet" (A)	9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Trader Joe's Bus (B) 3:00 Wellness Lecture: "Foot & Ankle Issues" With Dr. E. Gonzalez, Podiatrist (A) 7:00 Progressive Bridge (GR)	8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 1:00 Duplicate Bridge (GR) 2:00 Aqua Fit (P) 6:45 "Sammy Tonight!" (B) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: "Before 1776: Life in the American Colonies" (A)

Wednesday	Thursday	Friday	Saturday
	1	2	3
	<p>8:30 "SPLASH" (P) 9:30 Strength (W) 10:00 CHATS (A) 11:30 Sit & Fit (A) 2:00 Wellness Lecture: <i>Nutrition~Dr. Dan Fouts (A)</i></p>	<p>9:30 Tai Chi (W) 10:00 <i>Writer's Group (M)</i> 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 <i>Banyon Theater (B)</i> 7:30 <i>Movie Special: Random Harvest (A)</i></p>
7	8	9	10
<p>8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: <i>"Safe Haven" (A)</i> 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>8:30 "SPLASH" (P) 9:30 Strength (W) 11:30 Sit & Fit (W) 2:00 Aqua Fit (P) 7:30 <i>Roy Donnelly in Concert (A)</i></p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
14	15	16	17
<p>8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 11:00 Posture & Balance (A) 11:15 <i>Episcopal Svc. (C)</i> 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: <i>"Guilt Trip" (A)</i> 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>8:30 "SPLASH" (P) 9:30 Strength (W) 11:30 Sit & Fit (A) 2:00 <i>Balance/Posture & Wellness Presentation by Helen Fleder (A)</i> 7:30 <i>"The Eastman Clarinet Duo" In Concert (A)</i></p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:45 <i>Hyman/Berg Jazz Concert (B)</i> 7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>
21	22	23	24
<p>8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 11:00 Posture & Balance (A) 11:00 <i>Movie & Lunch at Lakewood Ranch Main Street (B)</i> 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "42" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>8:30 "SPLASH" (P) 9:30 Strength (W) 10:00 CHATS (A) 11:30 Sit & Fit (A) 12:30 <i>Anniversary Luncheon (D)</i> 2:00 Aqua Fit (P) 7:30 <i>"The Presidents & Their First Ladies" Present~ The Fords (A)</i></p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 <i>Banyon Theater (B)</i> 4:30 Bus Departs for the Baseball Game! Be at Lowes at 4 :15 p.m. Go Rays! 7:30 <i>Movie Special: Spider Man (A)</i></p>
28	29	30	31
<p>8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:45 <i>"Burt & Me" At Broadway Palm (B)</i> 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: <i>"Quartet" (A)</i> 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	<p>8:30 "SPLASH" (P) 9:30 Strength (W) 11:30 Sit & Fit (A) 2:00 AQUA Fit (P)</p>	<p>9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)</p>	<p>8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A)</p>

"Village Vibes"



MASTER CLASS participants had both a WATER workout and WEIGHTS. Good job, everyone!



Yankees vs. Rays on Aug. 24! Have Fun, Everyone!

Gift Shop News

One of our buyers is back from vacation and now the gift shop has several new items for sale! Come and check it out! Our volunteers enjoy helping you find the perfect gift or card. Give us a try!



Thanks for fixing the water fountain, Jim! It was a long, arduous road, but you did it!



RAINBOWS AND SHOWERS

RAINBOWS for Petra Mueller who did a beautiful job with the presentation she gave about her native land, Germany, at our recent "Salute to Germany" party.

RAINBOWS for the fantastic European Song and Dance show Tahja put on with her friends from "International Productions." WOW! That was fun ... and a perfect finale to "Walk Across Europe."

RAINBOWS for everyone who RSVPs when requested on a party invitation. RAINBOWS for Petra Mueller (again) for her "Master Class." Participants really got a great workout ... and are STILL talking about it!

RAINBOWS for the folks who walked across the Ringling Bridge (finally!).

Great job, everyone! RAINBOWS for the informative trip to Mixon Fruit Farms.

RAINBOWS for SPORTS-themed display that was recently in the game room! What fun it was looking at all that memorabilia!

RAINBOWS for PUBLIX! What a great job they did on the CAKE for the finale of "Walk Across Europe!" RAINBOWS for "A Slice of Heaven" bakery who did an outstanding job on our specialty cakes for our MAY, JUNE & JULY birthday party.



Everyone enjoyed this cake that Publix worked so hard on for us!

B.I.L.L. Series News

Our current DVD series is from The Teaching Company. "Before 1776: Life in the American Colonies" is taught by Dr. Robert J. Allison, chairperson of the history department at Suffolk University.

Between 1500-1800, the world was transformed. The discovery and colonization of America created the nations of modern Europe and the idea of empire. In bringing together the peoples of Europe, Africa and America—often in conflict—the process of colonization created a New World, which in turn transformed the old. The final class in this series is Tuesday, Sept. 3, at 7:30 p.m.

Coming up this fall from Adult & Community Education is "Generations," a series about how our attitudes develop based on what generation you were born in.

Look for more computer classes on the schedule as well!

Of course, specifics on these classes will be on the flyer you receive in your mailbox once we have everything firmed up.

AUGUST Birthdays

August 1

Ann Snellgrove & Rose Sprague

August 2

Stanley Wehling & Helen McKown

August 3

Wanda Witt & Woody Woodfield

August 5

Jack Brown

August 7

Anne Plescia & Marlene Heinowitz

August 8

Jean Burget & Ron Cota

August 10

Roy Heistand, Lucy Martinez &

Bob Kitterer

August 11

David Morrill & Bill McCampbell

August 12

Dora Mix & Jacquie Rieke

August 16

Dee Christian & Donna Gary

August 17

Helen Schlecht, Stanford Shaw &

Larry Ream

August 19

Marjorie McLoughlin

August 20

Marie Crusinberry, Joyce Harrell & Allen

Schattschneider

August 21

Bill Miller

August 23

Betty Wittinghill

August 24

Hazel Seeger

August 25

Don Burgett & Bonney Miller

August 28

Gina Buck

August 30

Norma Welch, Richard Schmidlein,

Herbert Burgett & Marion Oeth



AUGUST Anniversaries

August 2

John & Carol Talbot

August 8

Jack & Marta Brown

August 10

Don & Betty Gasch

August 16

Jim & Josi Madigan

August 27

Ed & Anne Brown

August 28

Otto & Anne Plescia

Ray & Pat Woody

August 29

Ron & Jean Cota

August 31

Bob & Carole Landon

AUGUST Vespers Ministers

August 2

Rev. Dr. Chuck Moffett

Bay Village Chaplain

August 9

Rev. Dr. Chuck Moffett

Bay Village Chaplain

August 16

Rev. Dr. Chuck Moffett

Bay Village Chaplain

August 23

Rev. Dr. Chuck Moffett

Bay Village Chaplain

August 30

Rev. Steve Jeantet

Covenant Life Church

The Village Vibes



- Mr. & Mrs. Donald & Nancy Sweetland moved in to apartment 614 on June 25
- Mr. & Mrs. Jim and Carolyn Hart moved in to apartment 305 on June 27
- Mr. & Mrs. Don & Betty Gasch moved in to apartment 1109 on June 28
- Mrs. Magda Vajta moved in to apartment 660 on July 2
- Mr. & Mrs. Charles & Elizabeth Hullhorst moved in to apartment 902 on July 10
- Mrs. Flora Gertzof moved in to apartment 602 on July 9
- Mr. & Mrs. Ernie & Kay Gerlach moved in to apartment 335 on July 15.



Current Resident

12345 Sample Address

City, ST 00000

Chaplain's Corner

Rev. Dr. Chuck Moffett

The Guinness World Records book states: *"Although it is impossible to obtain exact figures, there is little doubt that the Bible is the world's best-selling and most widely distributed book. A survey by the Bible Society concluded that around 2.5 billion copies were printed between 1815 and 1975, but more recent estimates put the number at more than 5 billion."*

It must be said that *"best selling and most widely distributed"* do not translate into *"most read."* Nor does it mean that those who read it have read more than just some of the familiar or famous passages/chapters. Part of the reason for the lack of readership is the hard work it takes to grasp the history, culture, politics, and faith needed to understand the biblical writings.

Here at Bay Village, we offer weekly Bible Study sessions to help each of us delve into deeper and clearer understandings of the Judeo-Christian faith traditions contained in the Bible. While the sessions are guided by the Bay Village Chaplain, the sessions are times of dialogue in which the participants are invited to share their personal experiences, insights, and faith journeys. A basic conviction is that God's Spirit speaks to, and through, each person, and that we need each other's faith stories to understand the faith story of the Bible.

To help understand the bridge between the Hebrew Old Testament faith community and the Christian New Testament faith community, the focus of the fall study will be the *Gospel of Matthew*. This series will begin on Monday, Sept. 9, and will meet in the Auditorium each Monday morning from 9:30 to 10:30. Every resident of Bay Village is encouraged to join in these studies. This includes people of all faiths and people of various exposure to the Bible. Let us do our part to change *"ownership"* into *"readership."*