

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



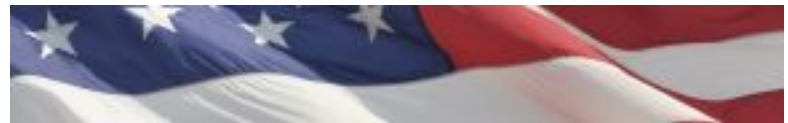
## Bay Village

Jack McClellan ..... Executive Director  
 Alec Weitzel ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Bill Seigh ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 Larry Buczkowski ..... Dir. of Housekeeping  
 Cathy Petz ..... Dir. of Health Services  
 Kris Rutherford ..... Dir. of Res. Services  
 Ann Aldrich ..... Dir. of Human Resources  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Our Mission Statement

Established on Christian principles,  
 Bay Village of Sarasota, Inc.  
 offers a dynamic, secure and comprehensive  
 residency for older adults, providing meaningful  
 community life with continuing care.

## July 2013



### Celebrate America's Birthday

Members of the Second Continental Congress adopted the final draft of the Declaration of Independence on July 4, 1776.

In the years following the Revolutionary War, July Fourth would be marked with speeches, military events, parades and fireworks.

In 1941, Congress declared July Fourth a federal holiday.

Ask your grandchildren how they plan to celebrate the Fourth of July. Tell them how you celebrated at their age. Most municipalities do not allow people to set off their own fireworks, but it used to be a common practice.

Share with your grandchildren special memories you have of the holiday: potluck picnics, baseball games or a trip to the beach. Maybe you won a watermelon-eating contest!

At Bay Village, we hold our annual picnic in the dining room at noon, 2:00 p.m. and 4:00 p.m. Enjoy the song stylings of jazz vocalist *Shelly Torman at the 4 p.m. seating!* Shelly plays piano and flute and will treat you to some patriotic favorites along with other "great American songbook" standards!

Following the picnic, we will show the musical/comedy "*1776*" in the auditorium at 7:30 p.m. So, if you missed it at the Asolo last season, here is your chance to see the film.

## Village Vibes

### New Magnolia

There is a beautiful new dwarf magnolia out by the lake! It was donated by the Lommel family in loving memory of their mother Doris. For those of you who did not know Doris well, she was a genuine friend to "Mother Nature" over her lifetime, including during her years at Bay Village! She helped maintain our butterfly garden and took care of the bird feeders and the fish until she could no longer do so. Thank you to the Lommel family for their donation!



New Magnolia!

### Premium Painter

Andrew Wyeth, one of the best-known U.S. artists of the 20th century, was born July 12, 1917, in Pennsylvania.



### Entertainment Programs

On Thursday, July 25, at 7:30 p.m., we welcome the "The Eastman Clarinet Duo" to the Bay Village stage for the first time! Tiffany Valvo is a native Sarasotan and Eastman graduate (as well as a Kiltie Band alumni) and got her first symphony job at the age of 21. Tiffany is currently working on her masters degree in clarinet performance. She is joined this evening by Richard Li, Eastman graduate, charismatic performer and teacher. Together, they have found a niche performing a mixture of classical music with popular favorites!



Tiffany Valvo & Richard Li



### Transportation News

Every once in a while it's good to give everyone who uses Bay Village transportation helpful hints regarding safety, courtesy and some of the "rules" we have.

On the shopping bus, the drivers really appreciate it if you use reusable bags with your name and apt. number on them. ESPECIALLY when we go to Wal-Mart.

If you like to use the "doctors bus," (which is a misnomer, because we'll take you ANYWHERE you need to go, not just to the doctor) we do not have a "LIMIT" on how many people sign up. This is why, at times, you have a long wait to be picked up. If the driver has 10-12 people scattered around Sarasota, it is going to take him quite a while to pick you up. Incidentally, we do not go SOUTH of Bay Village and we do not go NORTH of Fruitville Road. 17th street is north of Fruitville, so please use the limo to go there or further. Most of the time, you get wonderful service on the "doctors bus" for an extremely LOW fee, but we need everyone who uses it to realize that there are times when service is going to be slow. If this causes a serious inconvenience for you, please see resident services to book the limo.

Thanks everyone!

## The Village Vibes

### Day Trips and Travel

We enjoyed some fun trips last month! The highlight was the wonderful dinner at Park Shore Grill & an amazing performance by Jackie Evancho at Mahaffey Theater in St. Petersburg. Speaking of Mahaffey Theater, we have tickets reserved for Englebert Humperdinck on September 11. We're having dinner at Bella Brava Italian restaurant before the show, so, it should be another fun evening in St. Pete!

This month, we have tickets to Summer Circus Spectacular at The Historic Asolo on July 24. This circus features a wide variety of amazing performers that change every year. Our group has really enjoyed the last three summer circuses and we're sure you'll enjoy this one! Following the circus, we'll head to St. Armand's to enjoy lunch at The Shore Diner.

### Wellness News

Congratulations to all participants in the "Walk Across Europe." Your enthusiasm was fantastic!!! --- and your endurance for so many weeks outstanding!!!

The map of Europe in the Wellness Center is marked by 120 pins representing residents. Great participation!!!

The final International Party to mark the end of our Walk together will be on July 2 at 2:30 pm in the auditorium. We have some very special surprises planned this afternoon, including some fantastic entertainment, food and other fun things planned!

Summer has started and we all are slowing down just a little during the extreme heat and humidity. But no rest for the weary, you always need to stay active to stay healthy and fit.

Classes will be running through the summer but watch for the time change for Splash! and Strength.

Try a class you have not taken so

far and keep an open mind in your expectations.

Petra is always available to answer questions or help you build a fitness program designed for you. She can show you how to use the equipment in the Wellness Center and give you exercises to do in your apartment.

Enjoy the beautiful grounds for your walks and the beaches that are so close .



THANK YOU Leesa and Sandor Rencdeczky who treated us to poppyseed & walnut rolls at our recent Salute to Hungary!

**More Outings!**  
On Tuesday, July 16, we have space reserved on the Marina Jack Dining Yacht. If you have never had dinner on their Sunset Dinner Cruise, it's a "must do"! Enjoy cocktails, a delicious buffet and the company of friends as you sail into the sunset over the Gulf of Mexico.

For this month's wellness outing, we'll head to South Gate Mall and do a mall walk & lunch. You'll be "on your own" for this, so feel free to walk or shop (or both of course!) We'll meet at the new restaurant ZITI for lunch before heading home.

Looking for a unique musical experience? Be sure and sign up for the Russian Music Festival at the Sarasota Opera House on Saturday, July 11. This concert features Soloists, singers & a 100-member Balalaika Orchestra! Have fun everyone!



## REMINDERS

Our Book Group, Men's Breakfast & Resident Council all take a summer break, so no meetings this month.

## CHATS

CHATS will be held on July 11. See you at the usual time~ 10 A.M. in the auditorium!


## KEY

- A=Auditorium
- D=Dining Room
- C=Card Room
- W=Wellness Center
- B=Bus Service Provided
- CR=Craft Room
- RT=Rooftop Terrace
- P=Poolside
- BD=Board Room
- M=Meeting Room
- GR=Game Room

## Local Goods

July is National Independent Retailers Month. Make an effort to shop in local stores and support your community. Maybe you'll find a new favorite!

Sunday	Monday	Tuesday
	1 9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Wal Mart Bus (B) 7:00 Progressive Bridge (GR)	2 8:30 SPLASH (P) 9:30 Strength (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: The History of Baseball- Final Class! (A)
7 10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Zero Dark Thirty" (A)	8 9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Wal Mart Bus (B) 7:00 Progressive Bridge (GR)	9 8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: " Before 1776: Life in the American Colonies" (A)
14 10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Flight" (A)	15 9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Wal Mart Bus (B) 7:00 Progressive Bridge (GR)	16 8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 4:30 Marina Jack Dinner Cruise (B) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: " Before 1776: Life in the American Colonies" (A)
21 10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Princess Kaiulani"	22 9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 2:30 Trader Joe's Bus (B) 7:00 Progressive Bridge (GR)	23 8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 10:00 How Novel? (BD) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: " Before 1776: Life in the American Colonies" (A)
28 10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Mao's Last Dancer" (A)	29 9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee & Conversation (CR) 7:00 Progressive Bridge (GR)	30 8:30 SPLASH (P) 9:30 Strength! (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Aqua Fit (P) 7:00 Hand & Foot (C) 7:30 B.I.L.L.: " Before 1776: Life in the American Colonies" (A)

Wednesday	Thursday	Friday	Saturday
3 8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Les Miserables" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	4 <i>Independence Day Picnic Will Be Held at Noon, 2:00 p.m. Or 4:00 p.m. Call Ext. 2113 For Reservations!</i> <i>Shelly Torman Entertains at the 4:00 Seating.</i> <i>7:30 Movie Special: "1776"</i>	5 9:30 Tai Chi (W) 10:00 Writer's Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	6 8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A) 1:00 Banyon Theater (B)
10 8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) <i>11:15 Episcopal Svc (C)</i> 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Zero Dark Thirty" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	11 8:30 SPLASH (P) 9:30 Strength (W) <i>10:00 CHATS (A)</i> 11:30 Sit & Fit (A) 2:00 Wii Lessons (W) <i>2:30 Birthday Party (A)</i>	12 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	13 8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A) <i>1:00 Asolo Theater (B)</i> <i>6:45 Russian Festival Concert at the Opera House (B)</i>
17 8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Flight" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	18 8:30 "SPLASH" (P) 9:30 Strength (W) 11:30 Sit & Fit (A) 2:00 Wii Lessons (W) <i>7:30 Wellness Lecture: Dr. Dingle (A)</i>	19 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	20 8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A) <i>7:30 Movie Special-Disney/Pixar's "BRAVE" (A)</i>
24 8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) <i>10:00 Summer Circus (B)</i> 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Princess Kaiulani" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	25 8:30 "SPLASH" (P) 9:30 Strength (W) 11:30 Sit & Fit (A) 2:00 Wii Lessons (W) <i>7:30 "The Eastman Clarinet Duo" In Concert (A)</i>	26 9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	27 8:00 Men's Shuffleboard (courts) 8:30 SPLASH (P) 9:30 Strength Class (W) 11:00 Balance Class (W) 11:30 Sit & Fit (A)
31 8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) <i>10:00 Mall Walk &amp; Lunch (B)</i> 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Mao's Last Dancer" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)			

## "Village Vibes"

America's love affair with cars has been going on since the earliest models rolled off the assembly line, becoming a part of our pop culture history. And while it would be impossible to profile every model that has been treasured or coveted over the years, here are a few that still make us smile:

### *The '57 Chevy.*

From its chrome trim to those famous tail fins, the 1957 Chevy was available in three series models: the 150, the 210 and the top-of-the-line Bel Air.

### *The '65 Mustang.*

The wide array of options that could be purchased for the 1965 Ford Mustang made it appealing to a broad audience.

### *The '66 Charger.*

Introduced to viewers during the 1966 Rose Bowl, the Dodge Charger became a favorite with its fastback roofline, hidden headlights and state-of-the-art interior.

### **RAINBOWS AND SHOWERS**

**RAINBOWS** for Eva Papp who did a beautiful job with the presentation she gave about her native land, Hungary at our recent Hungarian party.

**RAINBOWS** for those who remember to dial "9" before placing a long distance call! For example, if you only dial a "1" before dialing an "866" number, you wind up calling a Bay Village apartment.

**SHOWERS** for anyone who does not return our shopping carts in a timely manner and to the correct location.

**RAINBOWS** for SEAN MILLER, Gardener: "He takes care of the green we enjoy, wears a smile and a glow about his job, and has turned our park into the "Garden of Eden." Thank you, Sean!

**RAINBOWS** for Ellie and the rooftop luncheon she planned for our Terrace residents! It was grand!

**RAINBOWS** for people who RETURN the transport wheelchairs to resident services when they are finished using them!!!!!!

**RAINBOWS** for Grace Ellison who put the biographies of our 400 current residents neatly into new binders in the library! Whew! It took her a YEAR to get this BIG job done!



Grace Ellison pictured with our librarian Martha Bonham. The books can be found in the library

### **B.I.L.L. Series News**

Our next DVD series is from The Teaching Company. Since it is the month we celebrate America's birthday, we thought we should show something patriotic.

**"Before 1776: Life in the American Colonies"** is taught by Dr. Robert J. Allison, chairperson of the history department at Suffolk University and is a long series, so we will cut it in half, showing the first half this summer.

Between 1500-1800, the world was transformed. The discovery and colonization of America created the nations of modern Europe and the idea of empire. In bringing together the peoples of Europe, Africa and America- often in conflict-the process of colonization created a New World, which in turn transformed the old. We begin this series on Tuesday, July 9, at 7:30 p.m.

We will also have a summer "How Novel" series with Alice Blueglass. There will only be two books to read this time, so it's a good time to try out Alice's class as we are all less busy in summer and have more time to read!



## **JULY Birthdays**

**July 1**

*Joe Guardino & Elayne Peabody*

**July 4**

*Shirley Winter*

**July 7**

*Paul Lindskog & Bettye Miller*

**July 8**

*Roberta White*

**July 9**

*Shirley Shaw*

**July 10**

*Babe Baptist, Suzanne Fensterwald &*

*Charles Goode*

**July 13**

*Kathy Hunt*

**July 14**

*Betty Adams*

**July 18**

*Jean Anderson*

**July 19**

*Bunny Raabe*

**July 20**

*Edna Stirling*

**July 22**

*Pauline Medenis*

**July 23**

*Virginia Wilson & Ruth Gulick*

**July 24**

*Ray Komerek*

**July 27**

*Don Amick & Ken Fake*

**July 29**

*Irene Egyed*

## **JULY Anniversaries**

**July 3**

*Francis & Betty Campbell*

**July 21**

*Tom & Marie Crusinberry*

**July 22**

*Roger & Ruth Woodrow*

**July 31st**

*Robert & Joyce Van Zandt*

## **JULY Vespers Ministers**

**July 5**

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

**July 12**

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

**July 19**

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

**July 26**

*Rev. Virginia Herring, Pastor*

*St. Wilfred Episcopal Church, Sarasota*

## **Employee of the Month**

Congratulations to Bruce Scott, CNA! He was recently named Bay Village's "Employee of the Month" for May. Next time you see him on the Health Center, feel free to give him a pat on the back!

While you are at it, congratulate May Hawkins as well! She is a CNA in our Terrace and was named "Employee of the Month" for June.

## **Housekeeping News**

If it is a weekend, please be mindful that Larry and Denise are not here. If you leave a message for them on Saturday or Sunday, they will not get it until Monday. So, if you have an immediate need, call the front desk.

Thank You!

## **The Village Vibes**



### **Dog Days of Summer**

The term "dog days" was first used by the ancient Romans to refer to late July and early August. That is when Sirius, the "dog star," would rise and set in conjunction with the sun. The Romans believed the star added to the heat produced by the sun.



- Jesse & Elizabeth "Betsy" Hannan moved in to apartment #806 on May 29
- Gretchen Jungst moved in to apartment #303 on June 3
- Frank & Yvonne George moved in to apartment #501 on June 11



Current Resident  
12345 Sample Address  
City, ST 00000

### Chaplain's Corner Rev. Dr. Chuck Moffett

Bay Village is getting a face-lift. In addition to finishing the renovation and upgrading of our Health Center, the exterior of our 12-story home is being cleaned, grouted, and re-painted - another example of maintaining the high standard of excellence here at Bay Village.

The other day I was talking with one of the young men on the painting crew. He shared with me that in his young career he had been on the top of many high buildings, but never before had he hung on the side of a tall building, suspended only by two ropes. He admitted to "a bit of nervousness" the first time he went over the side, but it was becoming easier as he gained trust in his support system. I told him about my incredible excitement when I went skydiving on my 70th birthday, but admitted I would have had more than just a "bit of nervousness" doing what he was doing.

Several years ago I saw a cartoon strip depicting a man who had fallen over the side of a cliff. Falling through air, he grabbed onto a branch protruding from the face of the cliff. Holding on desperately, he called out, "God, if you are there, save me!" A voice rumbled from the clouds, "I am here. Trust me. Let go." Quickly the man screamed, "Is there anyone else out there to help me?!"

Many of us, when fretting over a crisis situation, have been given the advice: "*Let go and let God.*" It has a comforting pious ring if you assume God is a magical genie who exists only to make you happy. To "let go and let God" does not mean we do nothing and God will do everything. Trusting in God does not mean the troubles will go away, but we can count on receiving Divine guidance that will lead us beyond our finite ideas of what is possible and best. To trust is to fear less and love more. SHALOM