

Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



Bay Village

Jack McClellan Executive Director
 Alec Weitzel Chief Operating Officer
 Christina Wizba Chief Financial Officer
 Denis O'Connor Dir. of Dining Services
 Bill Seigh Dir. of Maintenance
 Laura Pitcher Dir. of Marketing
 Larry Buczkowski Dir. of Housekeeping
 Debra Sullivan Dir. of Health Services
 Kris Rutherford Dir. of Res. Services
 Kathleen Murphy Dir. of Human Resources
 Rev. Dr. Chuck Moffett Chaplain

Our Mission Statement

Established on Christian principles,
 Bay Village of Sarasota, Inc.
 offers a dynamic, secure and comprehensive
 residency for older adults, providing meaningful
 community life with continuing care.

March 2013

Origins of the Easter Bunny

The Easter Bunny, while seemingly unrelated to the Christian origin of Easter, actually can be linked to the holiday quite easily. According to *Snopes.com*, the hare itself was revered in pre-Christian times as a holy creature associated with fertility and spring. "Important divinations about the character of the coming year were made from studying its movements," writes Barbara Mikkelson.

The more "modern" figure of the Easter Bunny is found in 16th century German literature as a deliverer of eggs—a sort of springtime Santa Claus who rewarded well-behaved children with colored eggs.

Eggs have other, additional links to Easter. For eons, they have been an obvious symbol of resurrection, continuing life and fertility. Early humans viewed the egg as a natural wonder and proof of the renewal of life. Early Christians adopted the egg as a symbol of Christ's resurrection from the tomb (an enclosure from which new life emerges).

The modern incorporation of Easter eggs partly stems from the fact that, for centuries, eggs were a forbidden food during Lent. Thus, people considered eating them to be a special treat at Easter.

To celebrate this special time of year at Bay Village, please join us for communion on Good Friday at vespers (3:30 p.m.) as well as our annual Sunrise Service on the rooftop garden at 7:30 a.m. Easter morning. Traditional Easter dinner will be served at noon, 2 p.m. and 4 p.m. in the dining room. Reservations: ext. 2113

Village Vibes

Concerts

There are a few upcoming off premise concerts that Bay Village has a bus scheduled to go to! Irish comedian and singer Cahal Dunne performs at St. Thomas More on Friday, March 8. The bus will depart at 6:15 p.m. and tickets are \$8.

On March 17 acoustic duo "Singing Tree" performs at Pine Shores Church. They play folk music with a classical twist! Ray Belanger plays hammered dulcimer and Lloyd Goldstein plays double bass. Sounds interesting! The bus departs for this concert at 4:15 p.m.

Sign up in the activity book if you'd like to go!



Doris Parker blowing out her candles (with a little help from her friends)! Doris passed the century mark in February!



Entertainment Programs

On Thursday, March 7, we welcome back jazz pianist and singer **Betty Comora** to the Bay Village stage! Tonight she will present "Fanny Brice Tells All." We all know of Fanny Brice! Born in New York, Ms. Brice is most famous for "The Baby Snooks Show," and Barbra Streisand's portrayal of her in the musical "Funny Girl." Join Betty tonight as she salutes this Hollywood icon!

On Thursday, March 14, at 7:30 p.m., we welcome the rich vocals of **Pete Tavalin**, "The Sounds of Silents" back to the stage! Pete has a unique talent—he provides the background music for SILENT films! This is something that took him YEARS to develop ... it's harder to do that than it looks! This time, we have chosen a comedy. Charlie Chaplin's "The Kid." Read more about Peter on his website, www.petertavalin.com.

NOTE:

ALL entertainment programs take place in the auditorium unless noted otherwise! See you there!



The Suncoast Mimmers String Band

Entertainment Programs

We couldn't help but invite "The Suncoast Mimmers" back to get our string band music fix! They strut in their elaborate and beautiful costumes all over our auditorium and they have definitely won the award for "group who brings the most equipment" to Bay Village when they visit! If you have no idea what a "mummer" is, you can find out on the band's website, www.suncoastmimmers.com. Expect to hear very upbeat music tonight—they even bring a glockenspiel! They raise money at each concert for scholarships that are awarded to promising music students. Join us on Thursday, March 21, at 7:30 p.m.! You'll feel like you've been transported to Broad Street in Philadelphia on New Year's Day!

On Thursday, March 28, at 7:30 p.m. we welcome "The First Brass." Although founder and leader of this group, **Gary Reinstrom** has performed here at Bay Village on numerous occasions, this group as an ensemble has not! The First Brass is made up of professional brass and percussion musicians and is the resident ensemble of First Presbyterian Church.

Day Trips and Travel

We are in the midst of signing people up to go back to the Straz Center for the Tony-Award winning *"War Horse."* Based on the book as well as the recent movie, "War Horse" tells the intense and powerful story of one horse's journey during WWI. At the heart of this show are the astonishing and award-winning puppets, breathing life to the galloping horses on stage. The date for this show is May 2.

When we go to EPCOT, we usually go to the Food & Wine Festival. We've had numerous requests for another visit to EPCOT, but for the Flower & Garden Festival. So join us on April 17 if you'd like to go! If you have never been, the topiaries and other displays at EPCOT during the festival are really indescribable! This is something that you have to see to believe! We'll depart mid-morning and spend most of our time in World Showcase visiting the countries and enjoying the flowers, entertainment, fabulous food & fireworks.

B.I.L.L. Series News

Our current DVD series ends at the end of this month! We are glad everyone enjoyed it!

To commemorate the opening of baseball season, we will feature a documentary by Ken Burns, "The Tenth Inning." Beginning on April 2, we hope you will join us for this unforgettable series whether or not you are a baseball fan, as this is also a lesson in recent American history. Combining extraordinary highlights, stunning still photographs, and insightful commentary by players, managers and fans The Tenth Inning interweaves our national pastime with the story of America. Each session begins at 7:30 p.m. in the auditorium.



Our group at the bayfront one mile walk in January! Have they INSPIRED you to walk the bridge with us? Hope so!!

Ringling Bridge Walk

Join Petra on March 6, to walk across the Ringling Bridge. If you missed the competitive walk in January, this is your chance to walk the bridge at your own speed and enjoy the beautiful scenery of Sarasota Bay. Walk OVER AND BACK for the biggest challenge or just ONE WAY. The bus will meet you at either end!

After the walk we are heading to St. Armands Circle for lunch or shopping. Your choice.

The Village Vibes

Housekeeping Helpful Hints!

If you have a lot of boxed food like cereal, crackers, cookies, etc., it's a good idea to store it in air-tight plastic reusable containers. The food stays fresher longer and you don't drop as many crumbs, which ants love!

We are taking donations of used tennis balls ... just bring them downstairs to Larry's office and drop them off. Thank you!

We are also offering spring cleaning this time of year! Maybe you'd like your refrigerator reorganized and cleaned or maybe your furniture moved, vacuumed under? Those are just two ideas of many that our efficient and smiling housekeeping staff can assist you with. Call our supervisor, Denise, at ext. 2110 to make an appointment.

MOVIE NEWS!

This month, the movies we will show take place in the countries we are "walking through" in March: IRELAND & ITALY. We hope you enjoy the movies ... and especially the scenery!

Resident Council

Our next resident council meeting is March 5 at 2 p.m. All welcome!

Chats!



Join us for CHATS & stay informed! Our MARCH meetings are on the 7th & the 21st at 10 a.m. in the auditorium.

EASTER EVENTS

7:30 *Easter Sunrise Service (3rd floor roof)*
 10:30 St. Thomas More (bd room)
 noon, 2:00 & 4:00 dining room
 7:30 *Movie: Easter Parade (A)*

KEY

- A=Auditorium
- D=Dining Room
- C=Card Room
- W=Wellness Center
- B=Bus Service Provided
- CR=Craft Room
- RT=Rooftop Terrace
- P=Poolside
- BD=Board Room
- M=Meeting Room
- GR=Game Room

Sunday	Monday	Tuesday
<i>happy spring!</i> 		<i>St. Patrick's Day</i>
3	4	5
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 Sarasota Orchestra (B) 3:00 Suzuki School of Music-Recital (A) 7:30 Movie: "The Matchmaker"	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 7:00 Progressive Bridge (GR)	9:00 Strength Stars (W) 9:30 SPLASH (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Resident Council (A) 7:00 Hand & Foot (C) 7:30 B.I.L.L. "Events That Changed History" (A)
10	11	12
10:30 St. Thomas More Catholic Service (Bd. Rm) 12:15 Sarasota Opera (B) 7:30 Movie: "Circle of Friends"	9:00 Ladies' Shuffleboard (courts) 9:30 Town Hall Meeting at Van Wezel (B) 9:30 Crafts, Coffee & Conversation (CR) 7:00 Progressive Bridge (GR)	9:00 Strength Stars (W) 9:30 SPLASH (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Wii Lessons (W) 7:00 Hand & Foot (C) 7:30 B.I.L.L. "Events That Changed History" (A)
17	18	19
10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 Sarasota Orchestra (B) 7:30 Movie: "Under the Tuscan Sun"	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 2:00 Wellness Lecture: Dr. Kepick (podiatrist)- (A) 7:00 Progressive Bridge (GR)	8:30 Men's Breakfast (D) 9:00 Strength Stars (W) 9:30 SPLASH (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Wii Lessons (W) 7:00 Hand & Foot (C) 7:30 B.I.L.L. "Events That Changed History" (A)
24/31	25	26
10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie- March 24: "The Talented Mr. Ripley" (See Box to the LEFT for EASTER (March 31) Events)	9:00 Ladies' Shuffleboard (courts) 9:30 Crafts, Coffee & Conversation (CR) 7:00 Progressive Bridge (GR)	9:00 Strength Stars (W) 9:30 SPLASH (P) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Wii Lessons (W) 7:00 Hand & Foot (C) 7:30 B.I.L.L. "Events That Changed History" (A)

Wednesday	Thursday	Friday	Saturday
		1	2
		9:30 Tai Chi (W) 10:00 Writer's Group (M) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 <i>Shabbat (Terrace)</i> 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard 9:00 Strength Stars (W) 9:30 SPLASH (p) 11:00 Balance (W) 11:30 Sit & Fit (A) 1:00 <i>Sarasota Ballet (B)</i> 2:30 <i>Movie Special: Gideon (A)</i>
6	7	8	9
8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 10:00 <i>Bridge Walk (B)</i> 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "The Quiet Man" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 "SPLASH" (P) 10:00 <i>Chats (A)</i> 11:30 Sit & Fit (A) 1:30 Aqua Fit (P) 7:30 <i>"Fanny Brice Tells All" With Betty Comora (A)</i>	9:30 Tai Chi (W) 10:00 <i>Book Club (A)</i> 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 6:15 <i>Cahal Dunn at St. Thomas More (B)</i> 7:00 Canasta (C)	8:00 Men's Shuffleboard 9:00 Strength Stars (W) 9:30 SPLASH (p) 11:00 Balance (W) 11:30 Sit & Fit (A) 3:15 <i>Venice Symphony (B)</i>
13	14	15	16
8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 10:00 <i>Tampa Down Trip (B)</i> 11:00 Posture & Balance (A) 11:15 <i>Episcop. Svc (C)</i> 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Angela's Ashes" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 "SPLASH" (P) 11:30 Sit & Fit (A) 1:30 Aqua Fit (P) 2:30 <i>Walk Across Europe Kick Off Party- IRELAND (A)</i> 7:30 <i>Pete Tavalin: "The Sounds of Silents" (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 <i>Shabbat (Terrace)</i> 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard 9:00 Strength Stars (W) 9:30 SPLASH (p) 11:00 Balance (W) 11:30 Sit & Fit (A) 12:15 <i>Sarasota Opera (B)</i> 7:30 <i>Movie Special "Waking Ned Divine" (A)</i>
20	21	22	23
8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Tea With Mussolini" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 "SPLASH" (P) 10:00 <i>CHATS (A)</i> 11:30 Sit & Fit (A) 1:30 Aqua Fit (P) 7:30 <i>"Suncoast Mummies"</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:30 Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard 9:00 Strength Stars (W) 9:30 SPLASH (p) 11:00 Balance (W) 11:30 Sit & Fit (A) 12:15 <i>Sarasota Opera (B)</i>
27	28	29	30
8:00 Men's Shuffleboard 9:30 Walking Clinic (W) 10:00 Bible Class (A) 11:00 Posture & Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn & A Movie: "Roman Holiday (A)" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)	9:00 Strength (W) 9:30 "SPLASH" (P) 11:30 Sit & Fit (A) 12:30 <i>Anniversary Luncheon (D)</i> 1:30 Aqua Fit (P) 7:30 <i>"The First Brass" In Concert (A)</i>	9:30 Tai Chi (W) 11:00 Posture & Balance (W) 11:30 Sit & Fit (A) 1:30 Hand Exercise (CR) 3:00 <i>Shabbat (Terrace)</i> 3:30 Communion Vespers (A) 6:15 Duplicate Bridge (GR) 7:00 Canasta (C)	8:00 Men's Shuffleboard 9:00 Strength Stars (W) 9:30 SPLASH (p) 11:00 Balance (W) 11:30 Sit & Fit (A)

"Village Vibes"



Book Club Notes

This month our theme is "Writing For Fun!" which will be presented by the Bay Village Writing Group. Join us on March 8 at 10 a.m. in the auditorium for what promises to be a very interesting program. Pat Ling is the coordinator of the group.

... Betty Schattschneider

Age Is Just a Number

March 18-24 is Wellderly Week, which recognizes older adults who never act their age. Is that a good thing or a bad thing? You decide!

Cheers!

Toast like the Irish on St. Patrick's Day by saying "Cheers" in Gaelic: "Sláinte" (pronounced *slaan-cheh*). You're going to need this information at our party on the 14th!

RAINBOWS & SHOWERS

RAINBOWS for the fascinating trip we took with "Big Top Tours." Our step-a-board guides were experts on Sarasota Circus History and everyone learned a thing or two!

SHOWERS for people who carry coffee or other liquids in open mugs or cups. Small spills create a safety hazard! Reusable mugs and cups with a tightly fitting lid are an easy solution to this problem! AND- you are helping save our planet from Styrofoam waste!

RAINBOWS for the fun we had at the "NUANCE" Ragtime concert! Lots of great piano and a sing along or two made for an upbeat and fun evening.

RAINBOWS for our TEAM of WALKERS in the One Mile Fun Run in January! Yes- we'll enter the "Ringling Bridge Run" again next year! Walking along the bayfront is a real treat!

RAINBOWS for the Valentine's Day Tea! A wonderful afternoon with friends~

RAINBOWS for CIRCUS MONTH!

SHOWERS on people who don't turn in their volunteer hours!

Walk Across Europe

On March 14, we will kick off the "Walk across Europe."

Program with a big Irish Party. You guessed right, that is the first country that we will stop at.

Please sign up for this program by calling Petra at Ext. 4033. No charge. Every participant who reaches a certain point on our map will receive a T-shirt. We will have a **T-shirt Design Contest**. Watch out for a flyer in your mailbox.

All you need to do is record your physical activity and submit it every other week to Petra. She will move the pin with your name on it on the map in the Wellness Center. If you exercise 3 times per week you will reach the goal in 15 weeks.

On the way across Europe we will also stop in Italy during March. Get educated about the country and the food and have some fun together.

From the Dining Services Director

Did you know that March 7 is "Bay Village Dining Services Appreciation" Day? Back in 2002, after the completion of the kitchen renovation, the Bay Village Board of Directors decreed March 7 as Dining Services Appreciation Day. This was done in recognition for the staff's efforts during the main kitchen renovation. The staff prepared meals in a temporary kitchen at the back of the building and did not miss a beat during the five month project.

As you go about your day on Thursday, March 7, please recognize the Dining Services staff for their efforts. I know they will appreciate it.



MARCH Birthdays

Mar. 1

Earl Godfrey & Pat Kelly

Mar. 2

Miriam Sperl

Mar. 3

Martha Powers

Mar. 4

Jean Brown

Mar. 5

Marta Rapoport

Mar. 6

Clarice Jardine

Mar. 7

Robert Wright

Mar. 9

Pauline Perry

Mar. 10

Annadele Jackson

Mar. 11

Ray Woody

Mar. 12

Betty Campbell

Mar. 13

Dorothy Kirkpatrick & Willis Winters

Mar. 15

Carol Elbing & Jean Richards

Mar. 16

Catherine Allison & Virginia Nordon

Mar. 21

James Mummert & Robert Pelletier

Mar. 22

Virginia McArdle & Jack Rieke

Mar. 25

Henrietta Adair

Mar. 27

Jacques Spiero

Mar. 28

Jan Breitmayer & John Talbot

Mar. 29

Betty Brown

Mar. 30

Herman Wissenberg

Happy Anniversary

March Anniversaries

Mar. 5

Ray & Norma "Bennie" Komarek

James & Vilma Mummert

Mar. 13

Don & Helene Spencer

Mar. 26

Willis & Ruth Winters

Mar. 31

Robert & Marjory Ramsdell

March Vespers Ministers

March 1

Rev. Dr. Chuck Moffett

Bay Village Chaplain

March 8

Rev. Dr. Chuck Moffett

Bay Village Chaplain

March 15

Rev. Dr. Chuck Moffett

Bay Village Chaplain

March 22

Rev. Michael Mansperger

Presbyterian Church of the Covenant,

Sarasota

March 29

Good Friday Communion

Rev. Dr. Chuck Moffett

Bay Village Chaplain

Shabbat

Shabbat services are scheduled for March 1, 15 & 29 at 3 p.m. in our Terrace activity room.



The Village Vibes



Employee of the Month

Way to go, Roseline Georges! She was named Bay Village's Employee of the Month! Roseline is one of our dedicated health center staff members.

Welcome!

The following residents joined the Bay Village family recently!

Please join us in welcoming them warmly.

- Mr. Ernest Grove moved in to apartment #503 on Feb. 15.
- Mr. Bill Davis moved in to apartment #460 on Jan. 10.

Spring Forward

Reminder: turn your clocks ahead one hour before you go to bed on March 9! Daylight saving time begins on March 10.

March 2013

Chaplain's Corner
Rev. Dr. Chuck Moffett

The season of Lent is a journey. It is a journey of reflection, renewal, and recommitment. For Christians, it is reminiscent of the journey Jesus traveled toward his crucifixion, burial, and resurrection—a journey which entailed rejection and ridicule, but, through the power of God, resulted in new life for him and for all of us.

Oftentimes we feel we are on a journey encased in violence (Sandy Hook tragedy), war (Afghanistan), and uncertainty (personal income and federal debt). We yearn for a new beginning: socially, politically, and spiritually. Our problem is we do not know where, or when, or how to begin a new direction for ourselves and for our world. In the words of Jesus: *"Now is the time! Change your hearts and lives, and trust in this good news."*

Sounds good, but HOW? Perhaps you have seen the bumper sticker which proclaims: *"BE the change you want to see in the world."* The wisdom of this saying is the truth that renewal must begin with each of us as we are open to the Spirit of God at work. We cannot leave renewal to the next person, for the next person often will not change unless they see it in us.

The good news is that every day we have a chance to make a difference. Some days we do better than others, but do not lose heart. Each day is a new beginning to try again. Start today. Start with yourself. Imagine what the world would be like if each of us lived by the values of our God. Let us begin today—and let us begin here at Bay Village.



Current Resident
12345 Sample Address
City, ST 00000