

# Bay Village

OF SARASOTA



8400 Vamo Road • Sarasota, FL 34231 • (941) 966-5611



## Bay Village

Jack McClellan ..... Executive Director  
 Alec Weitzel ..... Chief Operating Officer  
 Christina Wizba ..... Chief Financial Officer  
 Denis O'Connor ..... Dir. of Dining Services  
 Bill Seigh ..... Dir. of Maintenance  
 Laura Pitcher ..... Dir. of Marketing  
 L. Buczkowski ..... Dir. of Housekeeping  
 Debra Sullivan ..... Dir. of Health Services  
 Kris Rutherford ..... Dir. of Res. Services  
 Kathleen Murphy ..... Dir. of Human Resources  
 Rev. Dr. Chuck Moffett ..... Chaplain

### Our Mission Statement

Established on Christian principles,  
 Bay Village of Sarasota, Inc.  
 offers a dynamic, secure and comprehensive  
 residency for older adults, providing meaningful  
 community life with continuing care.



## November 2012

### Word for November: Service

Each year, on Nov. 11, we celebrate Veterans Day by honoring the courageous men and women of the military for their service to our country. Merriam-Webster defines service as “contribution to the welfare of others.” You can follow our service members’ example and find ways to make the community a better place. Volunteer at a school, Bay Village or other charitable organization. Or simply reach out to friends and neighbors who may need a helping hand and a smiling face. At Bay Village, we will celebrate on Monday, Nov. 12. Join us out front as we raise the flag and recite the Pledge. Then, we will head inside to the dining room to hold our annual “Thank You, Veterans” celebration. Since our veterans deserve a treat, we service ice cream sundaes! Please wear your patriotic colors!



### Holiday ABCs for November

T is for cherished family Traditions  
 H is for Hugs from those you love  
 A is for Another serving of pumpkin pie  
 N is for making New memories  
 K is for Keeping secret your wishbone wish  
 S is for Savoring the Thanksgiving feast  
 At Bay Village, we serve a traditional Thanksgiving  
 feast at noon, 2 p.m. and 4 p.m. Call ext. 2113  
 for reservations!

## Village Vibes

### “Animal Movies” Theme!

In September we featured movies that were about teachers. This month, we will feature movies that star animals or are about animals. Since there are SO MANY good movies that fit this theme, we will have additional movies on the weekends and we will not be showing the same movie twice in each week. We've got whales, horses, penguins, pigs, cats and lots and lots of dogs for you, so if you enjoy “feel good” family type movies, make sure you join us!



### Dr. Ron White Presents

Dr. Ron White from the Kennedy/White Orthopedic group will speak about advances in joint replacement on Nov. 29 at 2:30 p.m.



### Welcome Patsy!

Join us on Nov. 8 at 7:30 p.m. as we welcome Barbara Van Eycken, AKA Patsy Kline! Enjoy this spectacular musical tribute to the brash, pioneering queen of country music who stands among the greatest innovators of the cross-over from country to pop music. The show documents the singer's earlier years from obscure honky tonk to country western super stardom to her untimely death at age 30.

An unforgettable performance, you will be moved by Barbara's extraordinary vocals, her authentic costume and her fun interaction with YOU, the audience! Barbara is a new performer here, so we hope you make plans to attend! This is a “MUST SEE” event, so arrive early for the best seats ...



### RAINBOWS & SHOWERS

RAINBOWS for The SUPER performance by The Osprey Trio! Wow, these folks are talented performers and we have invited them back!

RAINBOWS for “My Three Sons!”

We hear they brought a GRANDson with them this time! Boy, we sure have watched this group of gentlemen grow up before our eyes! Glad they sang for a packed house! Join us on Valentine's Day as Stephen Ditchfield takes the stage for an evening of love songs and romance. Save the date now!

SHOWERS for people who use the Wii and don't “EXIT” properly! Also, please shut off the TV when you are through! Happy Wii!

RAINBOWS for everyone who has exercised their right to VOTE!!!

RAINBOWS for everyone who came to the Halloween Party and especially those who dressed up. RAINBOWS for the classes we get

from Sarasota Adult & Community Education! We are fortunate to have an organization such as that here in Sarasota.

RAINBOWS for everyone who obtained reusable shopping bags! You are saving the earth as well as the sanity of our bus drivers.

## The Village Vibes

### **"The Life & Times of Marjorie Rawlings"**

Welcome back to retired teacher and librarian Karen De Vos, who will present this one-woman show as a tribute to the life of author Marjorie Kinnan Rawlings. De Vos spent years researching the Pulitzer-Prize winning author's life and works and really portrays her beautifully! You'll think you're on the banks of Cross Creek as she speaks of her colorful "Cracker" neighbors and the inspiration for her writing. We'll even bake some pecan pie for your enjoyment ... the recipe is from the "Cross Creek Cookbook" which Marjorie Rawlings also wrote. The presentation is on Thursday, Nov. 29 at 7:30 p.m. in the auditorium. Last time Karen presented this, she really received wonderful reviews! We hope you will all make plans to attend this unique presentation!

"Feeling gratitude and not expressing it is like wrapping a present and not giving it."

—William Arthur Ward

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

—John F. Kennedy

"Gratitude helps you to grow and expand; gratitude brings joy and laughter into your life and into the lives of all those around you."

—Eileen Caddy

"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

—Melody Beattie

"Some people grumble that roses have thorns; I am grateful that thorns have roses."

—Alphonse Karr

### **B.I.L.L. Series News**

Our current DVD series from The Teaching Company is titled "Optimizing Brain Fitness."

The course is a set of 12 lectures that will be shown over 6 weeks. It began on Oct. 30. It is taught by Professor Richard Restak, M.D., Clinical Professor of Neurology at The George Washington University School of Medicine and Health Sciences. Dr. Restak has written 20 books on the human brain, 2 of which were national best sellers. He is a graduate of Georgetown University School of Medicine and served as President of the American Neuropsychiatric Association. You can increase the power of your brain through your own effort. The brain's ability to change in response to experience - called plasticity- is the key to understanding the brain's development. No matter how old you are, you can still take an active part in influencing brain plasticity. In this class you will learn about

how your brain works and more importantly, how to take care of it through what you eat and what you do. Generally speaking, the more education and knowledge people acquire over their lifetime, the less likely they are to be diagnosed with dementia. In other words, knowledge isn't something you are "born with" like eye color, it is a continuing process within the brain that continues throughout life.

The final class in this series is Dec. 4. As soon as we know which classes we will offer from Adult and Community Education in 2013, we will let you know.



## HAPPENINGS AND NEWS

"CHATS" will be held on Thursdays, Nov. 8 and 29 at 10 a.m. in the auditorium.

At press time, we do not have a date for "The Watch Doctor." Keep an eye on your floor bulletin board for the announcement!

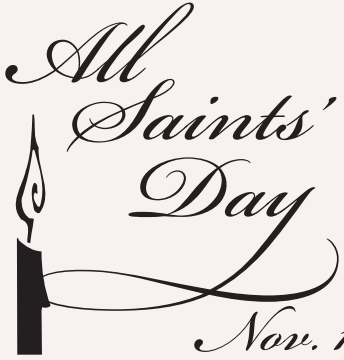
### Voting Shuttle!


On Election Day, (Nov. 6) we will have a special free shuttle to take you to vote if you have not done so already by absentee ballot. The shuttle will run continuously between 9 a.m. and noon, so come down to the resident entrance anytime.

## NO TRANSPORTATION ON THANKSGIVING!

### KEY

- A=Auditorium
- D=Dining Room
- C=Card Room
- W=Wellness Center
- B=Bus Service Provided
- CR=Craft Room
- RT=Rooftop Terrace
- P=Poolside
- BD=Board Room
- M=Meeting Room
- GR=Game Room

Sunday	Monday	Tuesday
		<p>REMINDER: The Annual Gift Shop Holiday Extravaganza/Sale Will Be Held on Nov. 15 From 10 a.m. to 3 p.m. In the Auditorium!! They ALWAYS Have Great Gift Items at Great Prices</p>
4	5	6
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "March of the Penguins" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:30 Crafts, Coffee &amp; Conversation (CR) 10:30 Current Events With Bob Clementis (A) 2:30 Rev. Rick Howell From Samaritan Counseling (A) 7:00 Progressive Bridge (GR)</p>	<p>8:30 SPLASH (P) 9:30 Strength Stars (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 2:00 Resident Council (A) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L. "Brain Fitness"(A)</p>
11	12	13
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 1:30 Sarasota Orchestra (B) 2:00 Suzuki School of Music Recital (A) 7:30 Movie: "Free Willy" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:00 IPAD Class I (A) 10:45 IPAD Class II (A) 9:30 Crafts, Coffee &amp; Conversation (CR) 12:15 Sarasota Opera (B) 2:00 Veterans Day Celebration (D) 7:00 Progressive Bridge (GR)</p>	<p>8:30 SPLASH (P) 9:30 Strength Stars (W) 10:00 Craft Class (CR) 10:00 Volunteer Inservice (A) 11:00 Tea Luncheon at Shoogie Boogies Tea Room (B) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (GR) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L. "Brain Fitness"(A)</p>
18	19	20
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Seabiscuit" (A)</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:00 IPAD Class I (A) 10:45 IPAD Class II (A) 9:30 Crafts, Coffee &amp; Conversation (CR) 7:00 Progressive Bridge (GR)</p>	<p>8:30 SPLASH (P) 8:30 Men's Breakfast (D) 9:30 Strength Stars (W) 10:00 Spanish Point &amp; Lunch at Nokomis Breakfast House (B) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L. "Brain Fitness"(A)</p>
25	26	27
<p>10:30 St. Thomas More Catholic Service (Bd. Rm) 7:30 Movie: "Zeus &amp; Roxanne"</p>	<p>9:00 Ladies' Shuffleboard (Courts) 9:00 IPAD Class I (A) 10:45 IPAD Class II (A) 9:30 Crafts, Coffee &amp; Conversation (CR) 7:00 Progressive Bridge (GR)</p>	<p>8:30 SPLASH (P) 9:30 Strength Stars (W) 10:00 Craft Class (CR) 11:30 Sit N' Fit (A) 12:45 Duplicate Bridge (GR) 7:00 Hand &amp; Foot (C) 7:30 B.I.L.L. "Brain Fitness"(A)</p>

Wednesday	Thursday	Friday	Saturday
<p><b>FOOD DRIVE!!</b></p> <p><u><i>Our Annual Food Drive Benefiting All Faith's Food Bank Is the Week of Nov. 11-17! Bring Your Donations to the Lobby!</i></u></p>	1	2	3
<p>8:00 Men's Shuffleboard 9:30 Ball Class (W) 9:30 Int. Mall Trip (B) 10:00 Bible Class (A) 11:00 Posture &amp; Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie: "My Dog Skip" (A) 6:15 Duplicate Bridge (GR) 6:00 Legacy Society Din. (B) 7:15 BINGO (A)</p>	8	9	10
<p>8:00 Men's Shuffleboard 9:30 Ball Class (W) 10:00 Bible Class (A) 11:00 Posture &amp; Balance (A) 11:15 Epis. SVC. (C) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie: "Snow Dogs" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	15	16	17
<p>8:00 Men's Shuffleboard 9:30 Ball Class (W) 10:00 Bible Class (A) 11:00 Posture &amp; Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie: "The Amazing Panda Adventure" (A) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	22	23	24
<p>8:00 Men's Shuffleboard 9:30 Ball Class (W) 10:00 Bible Class (A) 11:00 Posture &amp; Balance (A) 11:30 Sit N' Fit (A) 1:30 Line Dance (W) 2:30 Popcorn &amp; A Movie: "The Journey of Natty Gan" (A) 4:30 Dine Out: Derek's (B) 6:15 Duplicate Bridge (GR) 7:15 BINGO (A)</p>	29	30	

## "Village Vibes"

### Book Club News!

*Bay Village Book Group Celebrates Veterans Day!*

Bay Village resident, Dr. Dick Howell will discuss Laura Hillenbrand's WWII biography of Louis Zamperini, an Olympic miler. I'm sure some of you may want to comment on your own experiences of that time. The title of this book is "Unbroken: A WWII Story of Survival, Resilience and Redemption." It has been on the bestseller list and has been very popular at Bay Village. Zamperini has also written his autobiography. It is called "Devil at my Heels: A Heroic Olympian's Astonishing Story of Survival as a Japanese POW in WWII." This book tells more about his life after the war. All who lived through the war should enjoy this book group!

- Betty Schattschneider

## Volunteer Corner



On Tuesday, Nov. 13 at 10 a.m., we will hold our Annual Volunteer Inservice. After further investigation into the rules and regulations from the state regarding this, it is only necessary for those volunteers who work on the Health Center to attend.

We need entertainment committee members! If you are looking to get involved, the Entertainment Committee is an easy way to do so!

Must be willing to introduce our performers and learn the very "basics" of the sound system and lights. We have one meeting a month, so it's not too big of a time commitment! Call Sally Bahlman in 713 or see anyone in resident services if you are interested. Another thing we'd like to do is form a more "organized" group of volunteers who work in various capacities on our

health center. We've titled the committee "The Sunshine Committee" and we need a chairperson. That person will be responsible for organizing our health center volunteers from the volunteers who transport residents to events in the independent living areas to those who assist with coffee and bingo ... we really need a person to be in charge of this. You'll be working with Aaron to ensure that all who volunteer are properly trained and she will contact you with her volunteer needs. The "Angels," to clarify, will continue to function as they always have, so the Sunshine Committee Chair is not responsible for that aspect of volunteering on the health center.

If you think you may be interested in this position, contact Kris or Leesa in resident services.

### Day Trip and Travel

- Christmas is coming! The group who went to International Mall in Tampa a few months ago has requested that we repeat that trip as everyone had a great time shopping and enjoying lunch! We'll head there again on Wednesday, Nov. 7. Bus departs at 9:30 a.m.!
- We have a private party reserved at the "Shoogie Boogie" Tea Room on Nov. 13! We are sitting out in their garden which is thoroughly charming! Shoogie Boogie also has a wonderful gift shop where you can find unique gifts for the holidays!

### From the Dining Services Director

It is that time when all floors book their Christmas luncheon party. All luncheons will be held in the main dining room. You may elect to have a brunch either in the main dining room or out on the pool deck. Reservations will be taken on a first come, first served basis, so please call extension 2112.

## NOVEMBER Birthdays

Nov. 1

*Phyllis Peterman*

Nov. 2

*Robert James*

Nov. 3

*Joy DeCarolis*

Nov. 4

*Peg Wickham, Georgette Potts, Walter Sherwood & Betty Oldshoe*

Nov. 6

*Rita Wallace*

Nov. 7

*Shirley Haberman, Evelyn Anderson & Frances Maxwell*

Nov. 9

*Donna Reed & Dotti Kattell*

Nov. 11

*Margaret Beisswenger*

Nov. 12

*L.T. McKee & Joan Maxwell*

Nov. 16

*Richard Cook*

Nov. 18

*Barbara Heistand*

Nov. 19

*Betty Bridgman*

Nov. 20

*Sally Bell*

Nov. 22

*Marian Wissenberg & Elaine Mintz*

Nov. 24

*Beverly Ford*

Nov. 25

*Carroll Wilson & James Blanchard*

Nov. 28

*Loretta Mack & Mary Ellen Mueller*

Nov. 29

*Sally Crampton*

## Employee of the Month

Way to go, Svetla Tomova! Svetla was named Bay Village's Employee of the Month! She is a dedicated member of our health center staff.

## November Vespers Ministers

Nov. 2

ALL SAINTS DAY

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

Nov. 9

*Rev. Ronn Oren*

*Beneva Christian (Disciples)*

Nov. 16

## THANKSGIVING COMMUNION

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

Nov. 23

*Rev. Dr. Chuck Moffett*

*Bay Village Chaplain*

Nov. 30

*Rev. Jim Bailiff*

*Bay Village Chaplain "Emeritus"*



## NOVEMBER Anniversaries

Nov. 13

*Stanford & Shirley Shaw*

Nov. 15

*Robert & Geri Pelletier*

Nov. 21

*Milt & Marlene Heinowitz*

Nov. 28

*Herbert & Marie Burgett*

## Kitchen Classic

"The Joy of Cooking" was first published on Nov. 30, 1931.

## The Village Vibes

### Welcome New Residents

- Mr. & Mrs. Bill & Ruth Gulick moved in to apartment # 1214 on Sept. 19.
- Mr. & Mrs. Ron & Jean Cota moved in to apartment #461 on Sept. 27.
- Miss Catherine Allison moved in to apartment #413 on Sept. 28.
- Mrs. Margaret Gutzmer moved in to apartment #563 on Oct. 1.
- Mrs. Eva Papp moved in to apartment # 744 on Oct. 10.

### Housekeeping News!

Are you having guests this holiday season? Then you'll want the freshest, cleanest carpet in town! Call Denise to set up carpet cleaning at ext. 2110!

# November 2012

Chaplain's Corner  
Rev. Dr. Chuck Moffett

Halloween just "ain't" what it used to be. The name "HALLOWEEN" actually is a contraction of the ancient observance of "All Hallows Eve" on Oct. 1, the "eve" of All Saints Day, Nov. 1, when those who had died the previous year were remembered and honored.

The early belief was that the souls of the dead would have one last "eve" to seek revenge on any mortal with whom they had a dispute. The practice of masks and costumes was to hide from these vengeful souls. Other practices were added to **[(All) Hallow(s) E(v)en] - Halloween** - in later years.

All Saints Day, Nov. 1, was the day set to remember the "saints" in our lives. In this case, "saint" does not refer to people who were particularly pious or perfect. In Scripture the word "saint" means "believer." So All Saints Day is a time to celebrate and give thanks for the people who have been examples of faith—those who have been sources of encouragement and inspiration to us as they walked with their God.

Our Bay Village celebration of All Saints Day will be during our Friday Vespers on Nov. 2 at 3:30 p.m. in the Auditorium. We will remember all our Bay Village saints who died since Nov. 1, 2011. Please join us for this moving and meaningful time of thanking God for these saints who were, and always will be, significant people in our hearts and lives.



Current Resident  
12345 Sample Address  
City, ST 00000